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*Pharmacopœia Extemporanea:*

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O R, A

B O D Y

*Isane* O F *Widdrington*

P R E S C R I P T S.

*Her* I N W H I C H *Book.*

*Forms of Select Remedies, accommodated  
to most Intentions of Cure usually  
occurring in Practice.*

Together with  
Virtues, Reason of Operation, Rules,  
Cautions, Practical Observations, Manner  
of Giving, Doses, a Catalogue of  
Medicines, and copious INDEX,  
are propos'd for the Assistance of  
young P H Y S I C I A N S.

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Done into English out of Latin by the Author  
T H O M A S F U L L E R, M. D. *Cantab.*

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*With large Additions and Emendations.*

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L O N D O N,

Printed for BENJ. WALFORD, at the  
*Prince's-Arms* in St. Paul's Church-yard.  
M D C C X.

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THE  
PREFACE.

**B**Efore I ventured out into the Practice of Physic, I made a vast Collection of Forms of Medicines out of Books, Physicians Bills, and Communications, and then compil'd a Manual out of all; not to transcribe Receipts out of, but to use for an Assistant to my Memory and Invention.

Accordingly, in the course of my Business after, I never kept precisely to any Composition; but still vary'd Prescripts as Indications requir'd: Saw and Tasted every thing I order'd; observ'd its Effects and Defects, and constantly amended all I dislik'd.

By this means my Forms perpetually altering and increasing, I ever now and  
A 2 then

## The Preface.

then wrote them out again, and so new made my Book six or seven times over.

Now it chanced (which I never published before) that a certain young Gentleman, a Batchelor in Physic, having gotten one of these, and copy'd it out, carried it into Holland, and there dying, left it.

This unlucky Accident troubled me extremely, for I knew not into what Hands it might fall; and perhaps the Dutch might print it upon me rough as it was.

To prevent this, I went over it once more, and selected such a Body of pleasant, safe, effectual, regularly Compos'd, and easily procur'd Medicines, as might answer most Intentions of Cure, usually occurring in Practice. To which I subjoin'd Scholia of Virtues, Reason of Operation, Manner of giving, Doses, &c.

And so having made it a thorough new Work, and hoping it might prove of some service to Beginners, publish'd it in Latin. And as that Edition sold off, put out a Second, a Third, and a Fourth; still amending and adding every time, and never meant it should come out in English. But



## The Preface.

But such is the unfairness of the Age, that several Translations of it were abroad, in order to be printed without my knowledge. And at length, when there came forth an Advertisement in *The Post-Man*, September the 18th. 1708, that 'twas going to the Press in the Company of some other Pharmacopœia's on Michaelmas-day next, I had no remedy but do it my self.

This Relation may stand (I think) for an allowable Apology to satisfy a reasonable Reader, why at first I publish'd my Pharmacopœia? and why now in English? I was forced to it, and I meant a publick Good.

As to the Performance of this Edition, I have alter'd the places of the Medicines, to bring 'em into English Alphabetical Order; have added some new ones; and made (as I hope) considerable Improvements in the Scholia.

If any dislike my Language, and say I have fill'd it full of hard Words; I confess I have so, and that partly upon direct Design, that I might involve, and keep

## The Preface.

my self close from being searched and rifled by every illiterate Quack and busy Gossip.

And partly upon necessity ; for Philosophy, and Physic are not so naturalis'd yet, as to speak plain English, and therefore we must let 'em keep to their own Greek and Latin Terms, and many times Expressions too. And did we not so, we shou'd be not only ridiculously singular, but also less understood. And those those that are so mean, that they can't apprehend the Language I write, ought not to read it, nor dabble in Physic.

For they shou'd know, That 'tis not this, no, nor the best Collection of Receipts that ever was, will, or can be writ or printed, that can alone make a compleat Physician, any more than good Pencils and Colours alone can make a fine Painter.

And The Present State of England will inform them ; That by the Law of England, if one who is no Physician or Surgeon, or not expresly allow'd to Practise,



## The Preface.

ctise, shall take upon him a Cure, and  
his Patient Die under his Hands, This  
is Felony in the Person presuming so  
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## Antimonial Ale.

**T**ake of the best Hungarian Antimony (grossly powder'd, and tied up in a rag) 1 pound, Fumitory and Agrimony, each 4 handfuls; put them into a Bag, which hang into 4 gallons of midling Ale, after it hath done working.

I advise it to be put into the Ale after Fermentation, upon the account of the Antimony. See **Cancer Ale**.

It's for ordinary Drink against Feculencies of the Blood, and Cutaneous Affections. Mr. Boyle infuseth Cinnaber of Antimony in Rhenish Wine, and attributes to it marvelous Virtues in contumacious Surgical Cases.

Whatever some Outlandish Men may invidiously say, and others as slavishly believe, midling Ale brew'd of the best Malt, Boiled, Fermented, Depurated according to Art; that hath no burnt, musty, or otherwise ill smack; that is pale, sparkling fine, fresh, and not upon the fret; and also, is of Age just to leave its Malty taste, grow Winey, and yet not run into any degree of Sourness.



Such Liquor is the most comfortable, and coveted Drink the World perhaps ever yet found out, to pacify the loudest of Nature's Cries, under the Tortures of a burning, hot, thirsty Stomach.

For beyond all other things, it cools and moistens the parched Membranes of the Stomach; scoureth Salt, Acrid, Bitter, Frothy, Slimy Filth, from off the *Villæ* and Glands; turns it over the *Pylorus*; and leaves a balmy, benign *Litus* instead, to keep all supple and easy. Thus, it quencheth that most unsufferable Passion of Thirst, refresheth the Bowels, relieveth the Spirits, and proves a true Cordial in outrageous scalding Fevers.

After these good Offices in the Ventricle, it detergeth and openeth the Mouths of the Lacteals, that were almost baked up with Slime; dilutes and refrigerates the Blood, allays the fervent Heat, and Crispations of the parboil'd *Fibrillæ*, repairs all the wafts with nutritious Chyme; cleanseth the minutest Passages and Emunctories; and helpeth the whole Mass to circulate freely and duly, to nourish and cherish the parts; and to throw off its Recrements by Urine, and (where there is an Aptitude) by Sweat and Spittle.

The sweeter, softer and thicker Ale is, the more it suppleth, filleth and nourisheth.

The

The smarter and staler, the more it openeth and detergeth; and Hops (which give it the Name of Beer) are for that Intention such an Ingredient (not bad for the Stone) and so particular, that Nature seems to have put it into the World for this very Use, without a Fellow: For when the covetous publick Brewers have, in dear times, used all their Endeavours to find out a *Succedaneum* to it, never could they light upon any thing that would Clarify, Relish and Preserve Beer, as that doth.

Yet in Rawness, Windiness, Weakness, and Sourness of the Stomach and Intestines, occasioning Belching, Vomiting, Looseness, Colick: Also in Pleurisies, Catarrhs, vagous Pains, Dropsies, and such Affects as arise from great Irritability of the Fibres and Nerves; and colliquation of the Blood and Humors: In these Cases, (and perhaps some more) the best Ale, by reason of its Coolness, Detergency, Smart, Pricking, Cutting, and Springy Particles, is not adviseable: But Vapid, Thick, Heavy, Fretting, Hard, Sour, Stale, Old, Strong, &c. are manifestly mischievous.

In truth the Dieteticks merit handling anew. If a Man of a right Genius, Leisure and Application, were to make true



Experiments, and rational Rules of Life, as to the Six *Non-Naturals*; he'd supply Physick with one of its main *Desiderata*; for now (as we have it in Books) it's a rich Field untill'd, lying all in Heaps and Generals; and so over-run with first and second Qualities, that it produceth little or nothing of fruit in Physick. I hope this may pass for an Apology, for my stumbling upon a Parergon at my first setting out, it being so considerable, and lying so directly in my way, that I could not get by without touching it.

### Apperient Ale.

*Take Roots of Succory, Male-Fern, Liquorice, and the 5 opening Roots, each 2 ounces; Harts-Tongue, Liverwort, Ground-Ivy, Tamarisk-tops, each 2 handfuls; Juniper-berries, sweet Fennel-Seed, each 2 ounces; Raisins of the Sun stoned 8 ounces; prepare these to be hang'd in a Bag in 4 gallons of Ale, to be fermented together.*

The best way to fetch out the Faculties of most Ingredients is, to work the Ale together with them in it; for that now being run into a notable pungency and smartness, penetrates into their inmost Substance, and soaks it, and makes it soft; and then the gentle Intestine motion of  
Fer-



Fermentation knocking afunder their *Vin-  
cula* of mixture, they naturally fall to pieces, and separate into parts; and those parts are readily taken up into the body of the circumambient Menstruum; and fill it according to its respective Congruity and Capacity.

But Scurvy-Grass, and such like Vegetables, whose Physical Force lieth in a very fugitive Salt, ought not to be put in 'till Fermentation be past; and then must be stopped up close.

It opens Obstructions, corrects torrid, acrid, salt Blood, and sends off its Recrements by Urine. It's serviceable after Fevers that have vitiated the Mass of Blood; as also in the hot Scurvy, Rickets, &c. the common Dose is 1 pint twice a Day.

### Arthritic Ale.

Take Guaiacum, Sassafras, each 1 ounce; Ground-pine, Germander, each 2 handfuls; boil in Wort (instead of Hops) from 6 to 4 gallons; into which hang the following Bag of Ingredients, to ferment.

Take Roots of Avena half a pound, Hermodactyls 4 ounces; Agrimony, Sage, Betony, each 4 handfuls; Dodder of Thyme, Stechas Flowers, each 2 handfuls; Raisins stoned half a pound, dispense according to Art.

*Guaiacum*, &c. give out their Vertue as willingly by Decoction, as Fermentation; and therefore they are first boil'd, and strain'd out again, that there may be the more room in the Vessel for the other Ingredients.

Its us'd with laudable success in the Gout, Vagous Pains, Rheumatick Affections, the Dropsy, and Diseases caus'd by too much, and too sharp *Serum*, and from Relaxation of the Tone of the Parts: Let the Patient off with 1 pint twice a Day.

### Astringent Ale.

Take Roots of Comfrey, Solomon's Seal, each 8 ounces; boil them in 6 gallons of very strong Wort to 4; strain it off, and when you Tun it up pour into it Juice of Plantain and Tarrow, each 1 pint; hang into it (in a Bag) Shepperd's Purse, Knot-grass, Sanicle, Mouseear, each 4 handfuls, Raisins stoned 12 ounces: Let all work together.

It gives strength to the Blood, when its Compages is too lax, and soluble; conglutinates ruptur'd Vessels: Is of singular avail against pain and flux of the Hamorrhoids, all sorts of Bleedings, the Whites, immoderate Sweating, and Ichorose Ulcers.



### Berry Ale.

Take Berries of Wild-briar (dried and bruised) half a pound, of Juniper 4 ounces, of Holly and Ivy, Seeds also of Daucus and sweet Fennel, each 1 ounce; Herbs of Marshmallows, Pellitory of the Wall, Cleavers golden Rod, each 4 handfuls, Raisins half a pound; dispense these for 4 gallons.

It breaks off Wind, and cleanseth the Kidneys and Bladder from Slime and Gravel.

### Bitter Aromatic Ale.

Take dried Wormwood 4 handfuls, Roots of Calamus Aromaticus 1 ounce and half, Zedory 2 ounce, Spanish Angelica, Elecampane, Ginger, Galangale, Winters-bark, Cinnamon, Seeds of Caraway and Coriander, each half an ounce Long-pepper, Cubebs, Cardamum, Cloves, Mace, Nutmeg, each 2 drams; prepare all for 4 gallons.

It warms a cold Stomach, and strengthens it when flaccid, assists Concoction, dissipates Wind, takes off Loathing, and stops Vomiting. Also it exalts the Blood, attenuates gross and digests crude Juices, opens Obstructions, and furthereth Transpiration.



## 1. Cancer Ale.

Take Roots of Spanish Angelica, Burdock, Filipendula, each 4 ounces; Elecampane 2 ounces; Gentian, Virginy Snake-root, each 1 ounce; Herb Robert, Ragwort, Sage, each 4 handfuls; Scordium, Rue, each 2 handfuls; live Millepedes 1 pint, crude Antimony (broken into small pieces, and tied up in a rag) 1 pound; put these in a Bag for 4 gallons.

N. B. This Ale must, by no means, be kept till stale and eager; and that not only upon the account of the Millepedes, whose volatile Salt will be destroyed by the Acid; But chiefly for the sake of the Antimony, which when unlocked by an Acid, is very inclinable to turn Emetic.

Let it serve for constant Drink for a Month together.

## 2. Cancer Ale

Take Guaiacum 4 ounces; Sassafras, Roots of Sarsaparil, sharp-pointed Docks, Filipendula, Hounds-tongue, and Walnut-tree rind, each 2 ounces; Herb Robert, Arch-angel, each 4 handfuls; Millepedes 1 pint, dispense for 4 gallons.

This may profitably be prescribed for Scrophulous People also; especially such as are of a coldish Constitution.

I have a thousand times observed (saith *Sylvius*) that mild Alteratives are used to much more advantage just before, after, or at Meals, than at any other times : For so the Virtue of the Medicine kindly mingles with, and insinuates it self into, not only the Saliva in the Stomach ; but also all the Humours that flow together into the right Ventricle of the Heart, and all the Arteries, and Veins ; and by that means the desired Emendation and Correction of them, is the sooner and more easily and happily performed

### Cephalic Ale.

*Take shavings of Guaiacum and Sassafras, each 2 ounces ; boil them (instead of Hops) in small Wort from 6 gallons to 4, into which hang the following Bag.*

*Take Roots of Male Piony 8 ounces, Angelica 4 ounces ; Calamus Aromaticus, Galangale, each 2 ounces ; Herb Betony, Sage, Ground-Pine, white Horehound, each 4 handfuls ; Rue, Stechas-flowers, each 4 handfuls ; Juicy Orange peel 2 ounces ; Juniper-berries, Cardamum, each 3 ounces ; prepare all according to Art.*

It assists Chylification, and Sanguification ; edulcorates the Serum of the Blood, corroborates the Brain ; depurates the Spirits, extricates them from their ill-sorted



ted Copula, and is of use in Soporose, Convulsive, and Paralytick Distempers.

### Chalybeate Ale.

*Take Filings of Needles half a pound; Roots of Bittersweet 1 pound, mash them well together in a Marble Mortar, and put them into a Bag for 4 gallons.*

Thus a Physician of good note was wont to order it; and to these may be added Sassafras, Juniper-berries, each 2 ounces, dried Worm-wood 2 handfuls.

Let half a pint be drank twice a day, with moderate exercise; to mend the Poverty of the Blood, and break through Obstructions.

You may Chalybeate any sort of Ale by this easie process.

*Take Filings of Steel 1 pound, white Tartar 4 ounces; beat them in a (not Brass) Mortar, pouring on by little and little juice of Lemons, as much as needful to bring it into a Mash; after it hath remained 12 hours, tie it up in a rag, and put it (with the other Ingredients) into 4 gallons; and let it all ferment together.*

### Chlorotic Ale

*Take Guaiacum, Sassafras, each 2 ounces; Roots of Madder, Smalage, Butchers-Broom*  
*Le-*



*Zedoary, each 4 ounces; Herb-Motherwort, Pennyroyal, Mugwort, each 4 handfuls; Feverfew 2 handfuls; Thyme Dittany of Creet, each 1 handful; Daucus seed 3 ounces; Grains of Paradise 1 ounce; Filings of Steel (tied up in a rag 1 pound make a Bag for 4 gallons.*

When the Fermentation of the Blood is grown low and languishing, this rouseth it up again afresh; concocts and incides crude, and pituitose Juices; opens Obstructions, procures a good Habit of Body, and a fresh Colour. Let those that lie under a Chlorosis make use of it for their ordinary Drink.

### Daucus Ale.

*Take Daucus Seed 6 ounces; Raisins 12 ounces; put them into a Bag for 4 gallons.*

This is the proportion given by Mr. Boyle.

It cleanseth the Reins and Ureters, expels Gravel and Sand, and prevents the breeding of the Stone.

It hath such a marvellous Diuretick faculty, that I know a Gentleman, who having drank it for ordinary Drink a great many years, at length fell into a Diabetes; and upon leaving it off for that reason, grew perfectly well again, and so remains at this present, tho' he  
be

be above 90 years old, and it's a common thing for very aged Persons to be not able to hold their Water.

### Diuretic Ale.

*Take whole Mustard Seed 4 ounces; put it into a quart of Ale; after 3 or 4 days begin it; and ever as you pour out a Glass keep it filled up with fresh Ale; thus do as long as the Seed hath any strength in it.*

It attenuates pituitose, fizy Blood; dissolves its close contexture, and renders it fit to shed off its Serum. Also it detergeth the Urinary Pipes, irritateth the Papillæ and Pelvis of the Reins, provoketh them to stir and squeeze, and perform the work of Percolation. Thus it moves Urine powerfully beyond expectation, and is convenient in the Dropsy, Gravel, Scurvy, Palsy.

### Epileptic Ale.

*Take Male-Piony Roots fresh gather'd, 4 ounces; Peacocks-Dung half a pound; Raisins 12 ounces; prepare for a Bag for 2 gallons.*

It's held a Specific against an Epilepsie, and Vertigo.

Peacocks Dung is of two distinct parts, one dark coloured and chaffey, which  
con-



consists of the undigestible Relicts of the Food, and is good for nothing ; the other white and uniform, which being the Re-crement of the Blood, thrown off in the last Digestion, and enriched with Volatile Salt, is the only part that hath virtue in it.

### Hydropic Ale.

*Take Broom Ashes (sifted from the Coals) half a pound; Roots of Horse-Radish 4 ounces; Orris, Calamus, Aromaticus, Elecampane, each 2 ounces; Guaiacum, Sassafras, Juniper-berries, Daucus-seed, each 1 ounce; Mustard-seed, 2 ounces: Prepare all for 4 gallons.*

By assisting Concoction, melting down the gelly'd Lympha, removing Obstructions, and provoking Urine, it wonderfully relieves those that labour under an Anasarca; but as for the Dropsie, call'd *Ascites*, and where the Lymphatick Vessels are burst, I am of opinion, in these cases, 'twill do more hurt than good.

### Hysteric Ale.

*Take Chips of Box Wood (which the Turners make) half a pound, Misseltoe minc'd pretty small, 4 handfuls; boil these in 6 gallons*



lons of new Wort to 4, and when you tun it up, hang it into the following Ingredients.

Take fresh Male-Piony Roots half a pound, white Bryony 4 ounces; Herbs, Mugwort, Baulm, each 6 handfuls; Pennyroyal, Rue, each 2 handfuls; Seeds of Daucus, Angelica, (or of wild Parsnip) each 2 ounces; Filings of Tin, (tied up in a rag) half a pound; dispense all for a Bag.

Women obnoxious to Vapours, should make it their constant drink; or at least take it 3 times a day for a good while.

### Icteric Ale.

Take shavings of Ivory 1 ounce, white Horehound 4 handfuls; boil in 6 gallons of new Wort to 4; into which hang the under written Ingredients in a Bag.

Take Roots of sharp-pointed Dock half a pound; Turmeric, Madder, each 2 ounces; of Nettles 4 ounces; Herbs of Celandine, Cleavers, Strawberries (leaves and roots) Barberry-rinds, each, 4 handfuls; fresh Sheep's Dung (ty'd up in a rag) 4 ounces; live Mil-lepedes 1 pint; Filings of Steel 1 pound: Prepare all fit for use.

It enriches and exalts poor watery Blood, corrects crude Juices, freeth the Liver from Obstructions, and cureth Cachectic and Icteric Persons.

**Juniper Ale.**

*Take Juniper-Berries (well bruis'd and broken) 4 ounces; Raisins half a pound; mix for 4 Gallons.*

It's very grateful both to the Palate and Stomach, breaks off Wind, cleanseth the Reins, washeth out Gravel and Sand; healeth the fore and tender Passages, and is highly available for such as are troubled with Stone or Spleen.

**Pectoral Ale.**

*Take Roots of China 4 ounces; Sarsa, Comfrey, Liquorice, each 2 ounces; Orris, Elecampane, each 1 ounce; shavings of Ivory, Hartshorn, Sanders yellow and red, each half an ounce; Herbs Harts-tongue, Wall-Rue, Ground-Ivy, Scabious, each 4 handfuls; Anniseed 2 ounces; Raisins half a pound: Prepare all for 4 Gallions.*

It may be made Cock-Ale; by adding a Cock parboil'd, bruis'd and cut into pieces.

It sweetens the Acrimony of the Blood and Humours, incides clammy Phlegm, facilitates Expectoration, invigorates the Lungs, supplies soft Nourishment, and is very profitable even in a Consumption it self, if not too far gone. **Purg.**



## Purging Ale.

Take Roots of sharp-pointed Dock 12 ounces ; Polypodium 4 ounces ; Horse-Radish 2 ounces ; Herbs, Ground-Ivy, Water-Cresses, Brook-Lime, Scurvy-Grass, each 2 handfuls ; Sassafras, Juniper-Berries, Coriander-Seeds, Liquorice, each 1 ounce ; Senna 4 ounces ; Raisins half a pound : Make all these fit to put into 4 gallons. To these may be added, Rheubarb 2 ounces.

Those that are Scorbutick, Cachectic, and abound with Humours, and Fæculencies, may drink a pint of it (more or less) every Morn in the Spring for a week or two, with good advantage.

*Le Mort* tells us, that Purging-Drinks purge little or nothing, if kept till stale and soure.

## Purging Ale with Antimony.

Take Roots of sharp-pointed Dock 8 ounces ; Polypodium, Ellecampane, each 4 ounces ; Sanders, yellow and red, Juniper-Berries, each 2 ounces ; Caraway-seeds 1 ounce ; Herbs Scabions 8 handfuls ; Liver-wort, Agrimony, each 4 handfuls ; Senna 4 ounces ; Rheubarb half an ounce ; Agaric 1 ounce ; Crude Antimony (grossly bruised, and tied up in a Rag)



*Rag*) 1 pound, dispense for a Bag for 4 gallons, to which (when in the Vessel) add Juice of Fumitory 1 pint : Ferment all together

For the Itch, and all Cutaneous Maladies.

### Purging Hydropic Ale.

Take roots of common Flower de Luce 4 ounces ; Horse Radish 2 ounces ; Elecampane, Squills, each 1 ounce ; Mustard Seed, Juniper-berries, Sassaphras, each 2 ounces ; Winters Cinnamon half an ounce ; inner Rind of Elder, and dwarf Elder, each 2 ounces ; Senna 4 ounces ; black Hellebore-root, Jalap, Agaric, each half an ounce ; dispense for 4 gallons.

It contains Ingredients ( besides the Catharticks ) of subtle parts, which reserate Obstructions, and force Urine. It's exactly suited for the Cure of a Dropsie, and is to be drank every Morning, from half a pint to a pint.

### Purging Ale for Children.

Take fine Rhubarb (cut into thin Slices) 2 drams ; Liquorice, Aniseed, each 2 scruples ; Raisins stoned and shred 30 or 40 : Put them into a glass Bottle of Ale holding a quart.

It purgeth kindly, without gripes or sickness, takes off the flipperiness of the Ventricle and Intestines, and leaves them stronger than before. It's a mortal Enemy to Worms; and is given to 2 ounces, more or less, and to very young Children in proportion.

### Ricket Ale.

*Take Roots of Osmond Royal (or for want of it, Male Fern) Liquorice, Saffaphras, each 1 ounce; Bark of Ash and Ivy, each half an ounce; Tamarisk-tops, Harts Tongue, each 4 handfuls; live Woodlice 250, Raisins 4 ounces; prepare all for 1 gallon.*

It may well go for a Specific in this Distemper, and should be drunk for constant Drink.

True Rickets ate seldom rife, but in those Years when Autumnal Agues Reign: Which is worth observing, saith Sydenham. The Rickets were scarce heard of 'till the Year 1630, and were not mention'd in the Bills of Mortality, 'till 1634, and then but 14 for that whole Year, from which time, they increas'd, so as to be 521 in the Year 1660. And now they are decreas'd again; and perhaps may in some Years (like a Comet) quite disappear.



## An Extemporary Scorbutic Ale.

Take midling Ale 1 quart ; Spirit of Scurvy Grass 2 drams ; Juniper berries 1 dram ; sweet Fennel Seed, Liquorice, each half a dram ; Raisins 2 drams ; keep it in a glass Bottle. To these may be added Horse-Radish Root 2 scruples ; Winters Cinnamon 4 scruples.

You may make as many and as few as you please, at a time, so as to have them fresh one under another.

It's in Virtues much one with the warm Scorbutick Ale, easilier prepar'd, but perhaps something inferior in Virtue.

## A Sweetning Scorbutick Ale.

Take Pine (or Firr) tops cut 4 handfuls ; boil them in 5 Gallons of very strong Wort to 3 gallons and a half ; when its tunned up, pour into it the Juices of Brooklime, Water-Cresses, Dandelion, Cleavers, each 1 pint ; also hang into it the following Bag of Ingredients, and work all together.

Take Roots of sharp pointed Dock 4 ounces ; Sarsa, China, Juniper-berries, each 2 ounces ; Shavings of Sanders yellow and red, Harts-horn, Ivory, Liquorice, sweet Fennel-Seed, each 1 ounce ; Harts-Tongue, Liverwort,



*Agrimony, Ground-Ivy, each 2 handfuls; Crude Antimony 1 pound: Prepare all rightly.*

It brings adust, fervid Blood to a Temper; quieteth it when in a furious Ferment, refrigerateth the Hypochondria when enraged, and restraineth the Ebullition and inordinate *Ζύμωσις* of the Vapourous Blood and Humours therein. It in a singular manner respects the hot Scurvy, and Hypochondriac Affections: And is to be used for constant Drink.

### Warm Scorbutick Ale.

*Take Roots of sharp-pointed Dock half a pound; Horse-Radish 2 ounces; Guaiacum 4 ounces; Juniper Berries, Orange Peel, each 1 ounce; Winters Bark, Mustard Seed, long Pepper, Cloves, each 2 drams; Raisins 4 ounces; Scurvy Grass, Brook-lime, Water Cresses, Cleavers, each 4 handfuls: Prepare all for 4 gallons.*

It concocts Scorbutick Crudity, dissolves Saline Concretions, washes away Pituitose Feculencies, restores due mixture to the Blood, makes it to circulate freely through the minutest Passages, and is suited to such as are of a cool Constitution.

## Ale against Scrophulæ.

Take Chips of Guaiacum, Sassaphras, Walnut-Tree rinds, Roots of sharp pointed Dock, Filipendula and Hounds-Tongue, each 2 ounces; Herb Robert, Arch-Angel, each 4 handfuls; Raisins of the Sun stoned 1 pound; live Millepedes 1 pint: Prepare all for 4 gallons.

Its good against a Cancer, and Cutaneous Affections; but singularly, and specifically respects the King's Evil.

## Splanchnic Ale.

Take Guaiacum, Sassaphras, each 2 ounces; boil them in Water 1 gallon to 2 quarts; put the strained Liquor into a Cask with new strong Ale 3 gallons and a half; and hang a bag into it with the following Ingredients to work together.

Take Roots of sharp pointed Dock 8 ounces; Horse-radish 4 ounces; Ash-tree Bark 2 ounces; Juniper berries 1 ounce; Seeds of Daucus and Coriander, each half an ounce; Agrimony, Liverwort, Harts Tongue, Tamarisk tops, each 4 handfuls: Prepare all to be put into a bag.

It removes Atrabilarious Humours stagnating in the Viscera, and causes them to be absorp'd by the circulating Mass: It



openeth the Obstructions, and discusseth the Tumours of the Spleen, quieteth and suppresseth Convulsive Corrugations of the Fibres; and upon these accounts, admirably relieveth Hypochondriac Persons, if they continue its use as Daily Drink, for a long time.

### Spleen Ale.

*Take Barks of Tamarisk 4 ounces; of Capers and Ash-tree, Woods of Guaiacum, Sassafras, each 1 ounce; Herbs of Agrimony 4 handfuls; Wormwood, Dodder, each 2 handfuls; cut and boil these in 6 gallons of new Ale to 4 gallons, into which hang Filings of Needles half a pound; Crude Antimony 4 ounces.*

When it hath Fermented enough, and is become clear, give half a pint twice a Day.

### Ale of the Woods.

*Take Guaiacum, Sassafras, each 2 ounces; yellow and red Sanders, Ivory, Harts-horn, Sarsa and China, each 1 ounce; Liquorice, Anniseed, Juniper berries, each 2 ounces; Raisins half a pound; Antimony (broken into small pieces, and tied up in a rag) 1 pound. Prepare all for 4 gallons.*



It warmeth and drieth: Concocteth Crude, attenuateth Gross, incideth Viscid, abstergeth Clammy, and disperfeth Watery Humours. Also it increaseth Perspiration, and is very proper and fit in any Cold, Puitofe and Rheumatick Malady: As also in Serous, Oedematofe Tumours and running Ulcers.

### An Aromatic Bag.

*Take Cinnamon, Nutmeg, each half an ounce; Mace, Cloves, each 2 drams; powder all together grofly and sew up in a round bag. To these may conveniently be added dry'd Spearmint 2 handfuls; Wormwood half a handful.*

This being heated hot upon a Warming Pan lid, and sprinkled with Canary or Claret, and so applied to the Stomach, refuscitates natural Heat, helps Appetite and Digestion, and stops Vomiting.

### A Cummin Bag.

*Take Seeds of Cummin, Gromwel, each 2 ounces; Nigella 2 drams; Bay-Salt 6 drams; prapare for a Bag, which heat hot, and rub the Head with, and lay it hot upon the top of the Head.*

Its useful against a Catarrh, Tumour of the *Amygdals*, relaxation of the *Uvula*, and Inflammation of the Throat.

*Frenelius* saith, Besides Serum within the *Cranium*, there's other Excrement gathered in the external parts of the Head; especially under the *Cutis* of the *Vertex*, where the Vessels have their Extremities. For when they grow Turgid with too much Serum or other Humour, they shed forth under the Skin that which they cannot carry off, and there it remains, because the thickness and closeness of the *Cutis* permits it not to Evaporate. And there's sometimes so great a Collection here, that it causeth a soft Swelling, that manifestly heaves off the *Pericranium* from the *Cranium*. This is assuredly the Source, this the Matter of all external Destillation, which I marvel none of the Ancients observ'd. Hence Rheums fall into the Eyes, Cheeks, Teeth, Neck, Shoulder-blades, Sides, Back, Loins, Hips, Thighs and all the Joints: And this is found to be the Cause of almost every external Pain. This being a singular Opinion of *Frenelius*, *Carolus Piso de colluvie serosa*, deserves reading: I quote it that others may consider of it.



### A Bag for the Side.

*Take Bay-berries, Seeds of Cummin, Fenugreek, and Camomile Flowers, each 1 handful; Bran, Salt, each 2 handfuls: This may serve to put into 2 Bags.*

Let these be made hot, and applied alternately to the side, when outwardly pained. But if there be bloody Spitting, we must beware of hot Applications.

### A Bag for the Stomach.

*Take dry'd Mint half an ounce; Wormwood, Thyme, Red Rose Flowers, each 2 drams; Balaustines, Spanish Angelica Root, Caraway Seed, Nutmeg, Mace, Cloves, each 1 dram; make a course Powder for a Bag.*

It serves for the same uses with the Stomach Fomentation; and is to be dip'd in rough red Wine scalding hot, and apply'd.

### A Bag for Relaxation of the Tibula.

*Take Cummin Seed 2 ounces; Orris, long Pepper, each half an ounce; make a gross Powder for a Bag.*

Its to be laid upon the top of the Head. See the *Cephalick Liniment*.

### Balsam called Mirabile.

*Take Frankincense 2 ounces; Mastick, Cloves, Galingale, Mace, Cubebs, each half an ounce; Aloes Wood 1 ounce; powder and mix them with Honey half a pound; Venice Turpentine 1 pound, and Brandy, as much as is usually required to extract a Tincture. Distill them in Balneo; and when you have got all the clear Water, shift your Receiver, and then you'll have next a noble red Balsam, which rectifie.*

This was communicated to me by a French Physician, who recommended it thus. A few Drops applied, Cures all curable Wounds in 24 hours; and old Ulcers, Fistula's, Cancers, Wolf in the Breast, *Noli me Tangere*, in 15 Days, using it daily. Its good also against Carbuncles, and extinguisheth them in 3 Hours. One drop drop'd into the Eye every third Day, heals all Maladies of the Eyes. 'Tis to be given inwardly from 5 to 10 Drops for all Bruises, inward Bleedings, Consumptions, and Nervous Affections. Thus Travelers will Talk, but 'tis Experience and Reason that must Teach.



**Nephritic Balsam.**

Take Oil of *sweet Almonds* new drawn 4 ounces; Oil of *white Poppy* and *Linseed* new drawn, each 2 ounces; Oil of *Nutmegs* by expression half an ounce; Oil of *Petre* 5 drams; Balsam of *Capivy* 6 drams; Balsam of *Peru* 2 drams; Oil of *Juniper* 4 scruples; Oil of *Anniseed* 1 dram; Oil of *Vitriol* rectify'd 1 ounce; Camphire 2 scruples.

Work them about in a large Glas Mortar 'till they are very hot, and grow black; when they are cool again, digest in Balneo 2 Days, often shaking them; and so put the Balsam up to keep for use.

But these may be sooner mix'd, by first heating the Oils a little in Balneo 'till they are united, and then while it is so, adding the Oil of *Vitriol* drop by drop, and stirring 'till all are embodied together.

This most excellent Balsam is found to be very effectual in pains of the Kidneys; for it sets open their Sluces, makes the Ureters slippery, provokes Urine, and moves the Stone. Also it cures the Maladies of the Chest, for it helps Expectoration, and stops a Cough.

Its Dose is from 10 to 40 Drops, in Syrup of Marsh-Mallows or pectoral Decoction.

**Scheffers**

### Scheffers Balsam.

*Take Volatile Salt of Hartshorn and of Sal Armoniack, each 1 dram; Chymical Oil of Mace 1 scruple; highly rectify'd Spirit of Wine 1 ounce; Digest according to Art.*

Its a sort of *Sal Volatile Oleosum*, to be Dosed from 20 to 30 drops, and taken in a Vehicle suitable to the intention, against Pituitose Distempers of the Brain and Nerves; Stuffing and Heaviness of the Head by a Cold, Palsy. As also against Palpitation of the Heart, Hypochondriac and Hysteric Affections. In a word, it may be useful where ever Volatile enlivening Salts are indicated.

### A Balsamic Bolus.

*Take Conserve of red Roses, Lucatellus's Balsam, each half a dram; Balsam of Peru 3 drops, mix.*

Its a prevailing Medicine against an inveterate Cough, and recent Consumption, Spitting of Blood, Dysentery, Constusion; and wheresoever the Vessels being opened, or broken bleed inwardly.

### A Bolus for a Bruise.

*Take Sperma Ceti 1 scruple; Salt of Hartshorn 5 grains; Balsam of Peru. 5 drops; Venice*



*Venice Treacle half a dram ; Syrup of Meconium as much as needful to make it up with.*

It dissolves clotted Blood, and heals internal Wounds, provokes Sweat and Urine, is very good for Women after Labour, let those that have caught a Bruise, take it 3 times a Day after Bleeding.

For Bruises, Dr. Sydenham Bleeds and Purges, by turns each other Day, 'till the Party find himself pretty easy and well: And I judge it a rational Practice, though not found in other Authors: For Bleeding prevents a Fever, and sucks out of the part whatsoever can be absorbed into the Veins. And Purging carrieth off such Humours, as would otherwise settle in the weak part and cause Pain and Swelling.

### A Bolus of Cassia.

*Take Pulp of Cassia fresh drawn 6 drams ; Venice Turpentine (washed in Parsly Water) 3 drams ; Powder of Rhubarb 1 scruple ; Powder of Liquorice as much as wants to make it of a due consistence.*

Its prescrib'd in Case of Gravel, and in a Gonorrhæa.

### A Chalybeate Bole.

*Take Mynsichts extract of Mars half a scruple; Balm of Gilead 6 drops; Conserve of Roses 1 dram, mix.*

In failure of Appetite, languishing and wasting of Flesh (where there is no Hectick Fever) its to be given once or twice a Day for a Month together.

### A Cordial Bolus.

*Take Powder of Crabs-claws compound, God Stone, each half a scruple; Powdered Saffron 5 grains; make it up with Confectio Alkermes.*

It forceth Sweat, and at the same time gives Strength to bear it, for it recreates the languishing Spirits, and is a fine Cordial. Its of excellent and frequent use in continual Fevers, where the Spirits are, (from the beginning) struck as with Malignity; the Strength strangely failing, the Pulse low, the Urine pale, and Heat not much increased.

It's to be taken from every 12, to every 2 hours, 'till it be found that Nature riseth; and when that point is once gain'd, it must not be over-done, but left off again by Degrees, according as the present Case requires. For in such a Fever its necessary, that



that a Physician give constant attendance to make due Observation, and strike his blows right.

### An Hypochondriac Bolus.

Take of *Ens Veneris*, *Spikenard*, each 7 grains and a half; *Conserve of Borage Flowers* 1 dram, mix.

Take it twice a Day for a Month, drinking upon it a draught of some proper *Julep*, or of the *Splanchnic Decoction*, which see.

### An Hysteric Bolus.

Take *Castor*, *Asa Fætida*, each 1 scruple; *Saffron* 4 grains; *Salt of Amber* 6 grains; *London Laudanum* 2 grains; *Oil of Amber* 1 drop; *Syrup of Mugwort*, as much as sufficeth for a Bolus, to be taken at resting time.

An eminent Physician prescrib'd this often in Hysteric Cases: And I conceive its very well adapted to an Hysteric Colic.

### A common Purging Bolus.

Take powder'd *Jalap* from 1 scruple to half a dram; *Scammony* powder'd from 3 grains to 8; *Calomel* 15 grains; *Oil of Aniseed* 1 drop; *Lenitive Electuary* as much as is fit to make it up with.

By

By increasing or diminishing the Jalap and Scammony, its to be made stronger or weaker, according as the present Constitution requireth: It worketh pretty smartly; and therefore purgeth not only what lieth loose in the Ventricle and Intestines, but other Humours likewise, from the Bilious and Pancreatick Passages, and especially from the Glands of the Guts.

### A Sudorific Bolus.

*Take powder'd Virginia Snake root 15 grains; Venice Treacle half a dram; Oil of Nutmegs 2 drops; Liquid Laudanum 15 drops; Diacodium as much as wanting to make it up with.*

Its an egregious powerful Sudorific, and we have few comparable to it. Its one of the highest Alexipharmacs, and a great Medicine in malignant Fevers, especially when attended with a *Diarrhea*; Besides all this, it's also Stomachic, Cardiac and Hysteric.

### A Worm Bolus.

*Take running Mercury well cleansed 1 dram; grind it in a glass Mortar, with brown Sugar, 2 drams; 'till its Particles are so finely divided as to be invisible; towards the last dropping in 2 drops of Oil of sweet Almonds, to which*



which add powdered Scammony, from 4 grains to 10; and with Syrup of Succory with Rhubarb, reduce it into a Bolus.

It looks like a most noble Medicine: But I'll ingenuously confess, I never prescrib'd it my self, nor knew it prescrib'd by any other. 'Twas communicated to me, and I communicate it again.

### A Pellow Bolus.

Take Rhubarb (not tosted, but grated fine) from 1 scruple to 2; Oil of Cinnamon 1 drop; *Diascordium* sufficient to make it up.

Its a most efficacious Remedy in a *Diarrhea*, to be given (if the *Diarrhea* be not much) at Night, otherwise early in the Morning, and may be repeated according as the case shall require. See the compound *Infusion of Rhubarb*.

### Cock Broth.

Take candy'd Eryngo roots 2 ounces; Roots of China, *Scorzonera*, Currants and Dates, each 1 ounce; shavings of Harts-horn and Ivory, each half an ounce; the four greater cold Seeds, each 2 drams; Maiden Hair 2 handfuls; the bottom of a stale white Loaf, a Cock (pick'd, drawn and well bruised, so as the bones may be broken)-boil all these in Barly Water,  
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*from 3 quarts to 3 pints; then having strain'd it, add Canary 1 pint; Electuary of Sassafras, Juice of Kermes, each half an ounce; Syrup of Balsam, as much as sufficeth: mix them.*

### Consummate Broth.

*Take a Capon (pick'd, drawn, and cut into pieces) Sheeps Trotters and Calves Feet, each 4; Shavings of Harts-horn and Ivory, each half an ounce; yellow Sanders 3 drams; Dates 20; Raisins of the Sun stoned 4 ounces; Pearl Barly 1 ounce; boil these in Spring-Water 1 gallon to 2 quarts, adding, when its almost boil'd enough, Ox-Eye Flowers dried, Herbs of Colts Foot, Maiden Hair, Sage of Jerusalem, each 1 handful; Mace 2 Blades; 1 Nutmeg, Malaga Sack 1 pint; strain it out.*

*Its a commodious Prescription for those that are Sickly, Consumptive, and recovering out of some long, wasting Distemper; where Strength failing, rich Nourishment is requir'd, and yet the Stomach is not able to concoct solid Food; for its Digested with little trouble, assimilated without effervescence, easily distributed, soon agglutinated, and not presently dissipated by the Heat of the Body. Moreover it yields such a soft, kindly, rorid and glutinous Juice, that it qualifies the saline, hard, pricking, fermenting Particles of the Blood;*



Blood ; and so obviscates, mollifies and restrains their impetuous Torrent in the small Canals, that they cannot (by rushing and rubbing through) prey upon, and carry off the Substance of the solid Parts. A large draught may be allow'd twice or thrice a Day.

### Broth for a Consumption.

*Take Conserve of Red Roses 4 ounces ; Comfrey root 2 ounces ; Shavings of Harts-horn 1 ounce ; Maiden Hair 1 handful ; Sage of Jerusalem 2 handfuls ; Plantain half a handful ; Raisins of the Sun 2 ounces ; Dates 4 ; Boil these together with a Chicken, the crag end of a Neck of Mutton, and three ounces of Manchet in a sufficient quantity of Spring-Water ; and then strain it, and when its cold take off the Fat.*

Let the Sick drink a Porringer full, two or three times a Day.

### 1. Broth of Crayfish.

*Take 100 Crayfish, having pounded them alive in a Mortar, boil them in 2 quarts of Water to 1 quart and half a pint, adding towards the last 2 blades of Mace, 1 Nutmeg sliced, and old Malaga half a pint ; strain it, and let the Patient sup up a draught of it twice a Day.*

## 2. Broth of Crayfish.

*Take the Tails of 20 Crayfish, Cardied Eryngo roots 1 ounce; the bottom of a white Loaf; Raisins stoned 2 ounces; Liquorice 3 drams; boil these in 3 pints of Water to 1 quart, and strain it.*

Let 4 or 6 ounces be taken, three times a Day. After the same manner may be made Broth of Snails.

There's so great an Edulcorating Virtue in Crayfish, Crabs and Lobsters, that they manifestly obtund the acidity of Vinegar it self, when put into a Sawcer of it. And being receiv'd into our Bodies, wonderfully take off the bitter Pains of the Strangury: And in an Heſtick Fever and Atrophy thence arising, where the Maſs of Blood (being depriv'd of its Nourishing, Kindly, Sweet and Oleose Juice, and being grown Eager) Flushes, Flies, Ferments and Furnishes out a poor little Provision of Aliment, and that deprav'd too; these sort of Broths are found exceeding useful. Some hold also, that they are good to prevent Abortion.

## Purging Cakes.

*Take Sweet Almonds blanch'd 6 drams; powder'd Jalap root 3 drams; Rosin of Jalap  
half*



*half a Dram; fine Sugar 10 drams; Oil of Cinnamon 3 drops; with Mucilage of Gum Tragacanth; make it up into little Cakes for 6 Doses.*

### A Cataplasm of Bitters.

*Take Venice Treacle, Lupine Meal, each 3 drams; Wormseed 1 dram and a half; Species of Hiera picra half a dram; Chymical Oil of Wormwood 16 drops; Juice of Tansey, enough to embody it, mix.*

*Apply it to the Navel, against Worms in Children: See the Bitter Fomentation.*

### A Cataplasm with Cassia.

*Take Pulp of Cassia 1 ounce; Elder Ointment 2 ounces; Sperma Ceti half an ounce; Powder'd Agaric 1 dram and a half; mix all into a Cataplasm.*

*'Twas given me for an extraordinary Remedy, and a great secret against a Quinsey.*

### A Cataplasm with Cummin.

*Take Onions roasted under the Embers 1 ounce and half; Saffron clip'd small with Scissars 15 grains; Oil of Amber 12 drops; powder'd Cummin Seed, Ointment of Marsh Mal-lows, each 3 drams, mix.*

Its very available in Pains of the Ears; ought to be put on hot as can be endur'd, and renew'd every four Hours, as long as the Pain continueth.

Some are mightily against putting Opium into the Ears, for fear it relax the Tone, and cause Deafness: For my part, I have had no great Experience of it my self, but don't think its likely to do so.

### A Cataplasim of Eggs.

*Take Yolks of Eggs boil'd hard 4; Oil of Amber 2 Scruples; Linseed Oil as much as needful, mix them well in a Mortar.*

Its for the Piles when swell'd and painful.

### A Cataplasim with Elder.

*Take green Leaves (or, in the Winter time, inner Bark) of Elder 4 ounces; cut and boil them in Milk 'till soft; strain away the Milk, and to the Mash add soft Soap 1 ounce; spread it upon a double Cloth; strew it with Ceruse and apply it warm.*

It wonderfully qualifies St. Anthony's Fire.

### A Cataplasim for the Feet.

*Take Venice Treacle 2 ounces; Mustard Seed, Grains of Paradise, each 1 ounce and half;*



*half; Bay Salt 1 ounce; black Soap 2 ounces; Oil of Spike 2 scruples; Vinegar a quantity sufficient, mix all.*

That I may practically explain (according to my Notions) the several Kinds, manner of Operation, and rational use of Applications to the Feet; I say they Act,

I. By impressing a brisk touch on the Soles of the Feet; and the *Cutis* there being exquisitely sensible, the force of the Medicine is thence deriv'd on, to the minute Fibres, Membranes, Nerves, Brain and Spirits, and so, very readily to the Heart, Arteries and Blood. Of this kind, there are two sorts,

1. Those that are by Nature Quieting, and made actually Hot, as the *Lotion for the Feet* (which see) and they are used properly, when the Blood being in an high Ebullition, Circulateth unequally, and rusheth impetuously into the superior Parts: As in burning hot Head Aches and Watchings.

2. Those that are Acrid, Stimulating as the *Cataplasm of Herrings*, and of *Radish*: And they are indicated when the Spirits being oppress'd (but not exhausted and vanquish'd) grow Stupid and Sluggish, as in Soporose Cases.

II. They act (not upon the Feet primarily, but) on the Spirits, by an immediate

contact of Particles sent off into the Blood. They are of two sorts likewise.

1. Such as rouse up and expand, as Treacle, Garlick, Mustard, Euphorbium, &c. And these are requir'd where the Spirits are spent, and languish so extreamly, that not being able to make good their Continuity and even Expansion, they fall into startings, tremblings and stoppings, as in Fevers, with twitchings of the Tendons and swooning Fits.

2. Such as pacify the enraged Spirits, as Pigeons and Chickens slit open alive, Lambs Lungs, &c. warm. And we use these, when the Spirits being vehemently irritated, fly into Explosions; as in pertinacious Watchings, Phrenzies, and Convulsions in Fevers.

### A Cataplasim with Fullers-Earth.

*Take crumb of white Bread 4 ounces, white Poppy-seed bruis'd 2 ounces; Boil in Milk; strain away the clear; to the remainder, add powder'd Fullers-Earth, Oil of Roses, each 2 ounces; Oil of Mace by Expression 1 dram; Camphire 1 scruple, mix.*

Shave the Head, and apply this when the *Pericranium* (being over-heated and almost inflamed) exciteth watching and Phrenzy.

But



But when the Cause lieth wholly inward, and the Brain it self is affected, I can hardly conceive how its possible, for outward Applications to have any considerable Operation through the *Cranium* and *Meninges*.

### A Cataplasm of Herrings.

*Take white Bryony Root new digged up (or if it be dried, then the powder of it) 2 ounces; black Soap 3 ounces; Pickled Herrings (or Anchovies) 4 ounces; Salt 1 ounce and half, mix.*

Its to be bound to the Soles of the Feet, and changed every 12 Hours, and is chiefly used where the Febrile Matter assaulting the Head, and oppressing the Spirits, causeth a Stupor or Sleepiness.

### A Cataplasm with Juices.

*Take Juices of Onions, Parsley, Smallage, Fennel, each 2 ounces; Crumb of white Bread as much as will take it up, beat and mix in a Mortar.*

This is to help off Urine when it stops. Let it be applied to the *Regio Pubis*, if the Cause be in the Bladder, or down athwart the Belly, if a Gravelly Stone slipping down, and stopping by the way, have plugg'd

plugg'd up the Passage. See the *Diurelick Fomentation*.

### A Lateral Cataplasm.

*Take Meal of Linseed 8 ounces; Fenugreek, Cummin, each 4 ounces; Linseed Oil as much as requisite, mix all in a Mortar.*

It appeaseth Pain, wonderfully penetrates and discusses, hath its use in a Pleurisy, especially if it lie outward.

Its a remarkable Observation of *Wallæus* that Butter and Cummin-feed laid to the Breast, may be tasted in the Mouth.

### A Cataplasm with Orris.

*Take Orris powder 1 ounce; Honey 3 ounces, or as much as serves, mix all.*

Its profitable in a Quinsy, pituitous Affections of the Breast, and external pain of the side.

### A Cataplasm with Poppy.

*Take Red Roses dried and cut small 4 scruples; white Poppy-seeds bruis'd, Oil of Roses, each half an ounce; Barly Meal 1 ounce; Vinegar enough to temper it into a Consistence.*

It being Refrigerating, Restricting and Anodyne, is good to be applied (lukewarm)



warm) to the Forehead, in a pulsing sort of Head Ach.

### A Cataplasin in a Quinsy.

*Take Figs 4 ounces; Album Gracum half an ounce; Flower of Sulphur, long Pepper, each 1 dram; Brandy 2 ounces; Chymical Oil of Wormwood 16 drops; Diacodium as much as will serve, beat all in a Mortar 'till well mixt. To these may be added Swallows or Pigeons Dung, lay it to the Throat, from Ear to Ear, and renew it as often as it drieth.*

Altho' a Quinsy be an Inflammation, and and Repellers mostly have place in the very beginnings of Inflammations; Yet, in this Case, they are by all means to be avoided, because the part affected being full of Salivary Glands, if by Refrigerating and Repelling things wrongly applied, the *Saliva* be thickned, the Tone of the part debilitated, the Obstructions increas'd and rendered more difficult, it cannot otherwise be, but that the Sick must be Suffocated.

Now in this Distemper, the main Scopes we are to drive at, are to Liquify the *Pituita*, and comfort, and empty the Glands: And these Intentions are serv'd best by such sort of warm external Applications and Gargles: Care being taken at the same time,

time, to cut off, and prevent greater Inflammation, and a Flux to the Part, by plentiful Bleedings, Glysters, Epispasticks, and by proper Internals to appease the angry rage of the Spirits, and allay the Effervescence of the Blood and Humours.

### A Cataplasm with Radish.

*Take Roots of Horse Radish, Squills, each 2 ounces; Rue, Mustard Seed, Salt, each 1 ounce; black Soap 2 ounces; Vinegar as much as useful to beat it up with.*

Sometimes for the greater stimulation I use to add powdered *Cantharides* 2 scruples; bind it to the Soles of the Feet in Fevers. See the *Cataplasm of Herrings*, and *Lotion for the Feet*.

### A Stomach Cataplasm.

*Take Venice Treacle 6 drams, Cinnamon, Cloves powder'd, each 1 dram; Chymical Oil of Mint 6 drops; Oil of Wormwood 2 drops; beat it up with a just quantity of Vinegar.*

It helps against Nauseousness and Vomiting.



### A Cataplasm with Turneps.

*Take Turneps bak'd in an Oven 8 ounces; Rue 4 handfuls; Mustard-seed 2 ounces; Oil of Juniper 2 drams; Nerve Ointment, as much as needful, when its spread upon a Cloth sprinkle it with Powder of Euphorbium.*

*Its for Paralytick Limbs. See the Paralytick Liniment.*

### A Cataplasm for Vomiting.

*Take Quinces half a pound; having cut them in quarters; and taken out their Core and Seeds, boil them in Vinegar 'till soft, then beat them to mash in a Mortar, and add powder'd Balaustines half an ounce; when you have spread it on a double Cloth, strew upon it powder'd Cloves 1 dram; and lay it to the Stomach very hot.*

### A Cataplasm of Webs.

*Take Venice Turpentine 2 ounces; Juice of Plantain 1 ounce and half; Figs 3; the yellow pareing of Orange Rind 2 drams; Bole 1 dram and half; Soot half an ounce; Pigeons Dung 1 ounce and half; large Spiders Webs 6; black Soap 4 ounces; Vinegar enough to beat it up with.*

To drive an Ague, tie this about the Wrists, so as to make it bear hard upon the Pulses, two Hours before the Fit.

### A Cordial Caudle.

*Take sweet Almonds beaten in a Mortar 12 ; Yolks of Eggs 2 ; Conserve of red Roses and of Gilly Flowers, each 1 ounce ; Aqua Cælestis half an ounce ; Canary Wine, Damask Rose Water, each half a pint ; work them about well together, then strain and add Confection of Alkerms 2 drams ; Oil of Cinnamon 2 drops.*

It greatly Nourisheth, Recruiteth and Reviveth the Spirits, when wasted and low.

### I. A Restorative Caudle.

*Take the Pith of an Ox's back out of its Skin half a pound ; Rose Water and Tent Wine, each 1 pint ; Dates minced small 10 ; Raisins of the Sun stoned 24 ; Cinnamon 2 drams : Let it stand stewing in Balneo 6 hours, then strain and add to 6 ounces of it, the yolk of an Egg, Nutmeg and Sugar, as much as serves to make it palatable.*



## 2. Restorative Caudle.

Take *Tent Wine* 2 quarts; *white Sanders*, *Acorn Cups*, each half an ounce; *Candy'd Eryngo Roots*, *Dates*, *Figs*, each 4 ounces; *Nutmegs sliced thin* half an ounce; *Archangel* 2 handfuls; boil to 1 quart, strain it and while it is yet a little warm, add the Yolks of 4 Eggs, *white Sugar Candy* 1 ounce; mix all.

To these may be added shavings of *Harts-horn*, *Ivory*, *Priapus* of the *Sea-Horse*, *Clary*, &c. give it warm for Breakfast every day.

## Laxative Currants.

Take *Senna* 4 ounces; *Juniper berries bruised* 2 ounces; *White Wine and Water*, each 1 pint; make a close and warm Infusion for 6 Hours, then strain out the Liquor, and putting into it *Currants* (well picked and washed) 1 pound; boil gently till they are soft and plump, then run the Liquor through an hair Sieve; put into it as much *Sugar* as will serve to bring it into a thin Syrup; boil it a little, adding towards the last, *Coriander Seeds* and *Ginger*, of each 2 drams; lastly, strain out the Syrup, and pour it on the *Currants* to keep together for use.

*Manna* 4 ounces may be added to it, but then the less *Sugar* is requir'd.

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The Dose is about 2 Spoonfuls of Syrup and Currants together.

### A Decoction of Agaric.

Take *Agaric* (sliced and tied up in a Rag) 2 drams ; boil it in Water to 3 ounces adding towards the last Cloves bruised half a dram ; to the Liquor when strain'd and quite cold add *Scammony* prepared 4 grains ; Syrup of *Roses solutive* 1 ounce ; Oil of *Aniseed* 1 drop ; mix up for a Potion.

Its very convenient when clammy Phlegm, besmearing the *Viscera*, is to be purged off : And particularly, I have several times observ'd it most admirable for Green Sickness Girls, to prepare them for *Chalybeates* : And I have known it do good service in *Cutaneous Affections*. *Agaric* is also used to cleanse the Head and Lungs, when Evacuation is requir'd.

### Antiloimick Decoction.

Take Roots of *Scorzonera* 2 ounces ; *Zedoary* half an ounce ; *Contrayerva*, Spanish *Angelica*, Shavings of Harts-horn and Ivory, each 2 drams ; *Cochineal* whole 4 scruples ; boil these in fine, clear Barly Water, from 2 pints and half to 24 ounces ; throwing into it, towards the last, *Saffron* 1 scruple : To the strain'd



*strained Liquor add Epidemial and Treacle Water, each 2 ounces; Syrup of Gilly-flowers 4 ounces; Juice of Kermes strain'd half an ounce; Leaves of Gold 4; mix all together.*

When the Venom of a Malignant Fever assaulting the Spirits, stupifies, and almost strikes them Dead; these generous Alexipharmacks (timely and frequently exhibited) inspire new Vigour, shake off the deleterious *Copula*, and so sometimes snatch the Sick out of the very Jaws of Death.

But when the Malignity is of an agile, fierce and furious Nature (such as it is in the small Pox, Measles, and all those Inflammatory Fevers that partake of Malignity) then *Alexipharmacks*, which drive the Blood into Fervors, and the Spirits into Fury, are to be look'd upon as no better than Poisons.

### Antiphthific Decoction.

*Take Ox Eye Daisy flowers dry'd 1 handful; Snails wiped clean 3; Candied Eryngo Root half an ounce; Pearl Barly 3 drams; boil in Spring Water from 1 pint and half to 1 pint, and strain it out.*

It smooths and restrains the saline turbulent Particles of the Blood, so as to hinder it from rushing impetuously through

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the Canals; ravaging and tearing off the substance of the Lungs and solid Parts. Also it brings in a supply of such soft and in-offensive Nourishment, as gives no trouble to the Blood, when 'tis weak, and of a broken *Crafsis*: It takes place therefore, in a newly begun Consumption, Hectic Fever, Night-Sweats, &c. where the Colliquation and Substraction of the Humours causeth a wasting of the Musculous parts.

Let the Sick sup it off hot, from a quarter to half a pint, with an equal quantity of Milk, for Supper and Breakfast.

### An Aperient Decoction.

Take Roots of Parsly and Fennel, each 1 ounce; Barks of Capers and Tamarisk, each half an ounce; Herbs of Ceterach, Harts-Tongue, Agrimony, Liverwort, each 1 handful; boil these in Water and White Wine (added towards the last) each 1 pint and half, to 28 ounces; when 'tis strained, dissolve in it Syrup of the 5 opening Roots, and Oxymel simple, each 2 ounces.

It may contend with the temperate Scorbatic Ale for Virtues, and excels it in this, that its a more potent Diuretick.



### An Astringent Decoction.

Take Pomegranate Peels bruised 1 ounce; boil it in 3 pints of Water 'till half be evaporated, adding towards the last Cloves bruised half a dram; Nutmeg 1 dram; strain and add Syrup of dried red Roses 3 ounces; strong Cinnamon Water 4 ounces; Mint Water 1 ounce; Venice Treacle 2 drams, mix.

It strengthens the Ventricle and rest of the *Viscera*: Is of much use in an enormous symptomatick Diarrhæa, Dysentery, &c. The Dose 4 ounces; twice a Day.

### A Balsamick Decoction.

Take Malaga Raisins stoned and chop'd to pieces 2 ounces; Roots of Sarsa, China, Liquorice, each half an ounce; Shavings of Hartshorn and Ivory, each 2 drams; Tops of St. Johns Wort 1 handful; boil in fine clear Barly Water 3 pints to 30 ounces; adding (when its half boiled) Balsam of Tolu 3 drams; when its cold, strain, and add Syrup of Raspberries 2 ounces; Balsam of Peru 8 drops; Oil of Nutmeg 2 drops, mix.

Mastick 6 drams may be added as it is boiling.

Its given to good purpose in a Consumption; for as much as it corrects acrid Ichor, emptieth the stuffed Bronchia, dissipates

crude Tubercles, and healeth ruptured Vessels. The usual Dose, is a quarter of a pint, 2 or 3 times a Day a little warm'd, for things that are actually cold, injure the Lungs, when they are tender and wounded.

### A Decoction of Barberry Rinds.

*Take Barberry rinds, Turmerick, each half an ounce; Celandine 4 handfuls; Goose-dung (tied up in a rag) 2 ounces, boil in Water 2 pints and half, towards the last adding White Wine half a pint; Saffron 1 scruple; reduce it to 1 quart, and strain it out.*

This is a good Medicine against the Jaundise. Its Dose 4 ounces; together with Syrup of the 5 opening Roots, and Oxymel of Squills, each 3 drams; twice a Day.

### A Decoction for the Bite of a Mad Dog.

*Take Turners Chips of Box wood, Male Piony-seed, each 1 ounce; Herbs of Sage, Wood Sage, Betony, Sanicle, Angelica, Devils-bit, Woody Night Shade, each 1 handful; boil these in Water 5 pints to 4, and strain it off.*

Let the Party take a quarter of a pint, together with Venice Treacle half a dram,  
three



three times a day. I never used this, but that in *Pharmacopæa Bateana*, I have sometimes with success, so as to prevent Madness after a Bite, but if the least Symptom once appear, I suppose all Medicines will come too late.

### A Bitter Aromatic Decoction.

Take Roots of *Calamus Aromaticus*, *Gentian*, each 2 drams; *Galangale* 4 scruples; Herbs of *Centory* and dried *Wormwood*, Flowers of *Camomile* and *Steckas*, each 1 dram; make a Decoction in Water 3 pints to 2, adding at the last *Caraway-seeds* bruis'd half an ounce, strain it.

It enjoys all the Virtues of our Bitter Draught in the *London Dispensatory*; but with this Advantage, that it more powerfully discusseth Wind; and warmeth the Stomach. Give 4 ounces twice a Day.

### A Decoction of Burdock.

Take *Burdock Roots* 4 ounces; *Chamæpitys* 4 handfuls; boil in Water 3 pints to 28 ounces; strain and add *Magistral Worm Water* 4 ounces; *Spirit of Scurvy Grass*, *Elixir Proprietatis Tartaris'd*, each 2 drams, mix.

It's design'd against the Gout, for by reason of its Stomachick Virtue, it corro-

borates the Ventricle and Intestines, and prevents the morbid Matter from falling on them. By reason of its Digestive Faculty, it keeps the Blood in a due mixture, and hinders its Fusion. By reason of its Neurotick quality it comforts the Nerves, and restrains the raging Exandescence of the Spirits. And lastly, by reason of its Diuretick force, it drains off the Arthritic Humours by Urine, and so secures them from rushing into the Joints.

### A Cachectic Decoction.

*Take Polypodium roots 2 ounces; Ash tree-bark, Tamarinds, each half an ounce; Raisins 1 ounce; Cream of Tartar 2 drams; boil in Water 20 ounces to 12; to the Liquor when strain'd, add White Wine 4 ounces; Juice of Lemons half an ounce; Senna 1 ounce; Rhubarb, Agaric (tied up in a rag) each half an ounce; give these a warm and close Infusion for 12 hours: In the strain'd Liquor dissolve Manna 2 ounces; strain again and add at last Syrup of Succory with Rhubarb 2 ounces; Oil of Aniseed 2 drops; Spirit of Scurvy Grass, Elixir Proprietatis, each 4 scruples; mix all together for 4 Doses.*

This is something Operose, according to the manner of *Apozems*, which are not so frequently prescrib'd now, as formerly.



### A Decoction in a Cancer.

Take roots of Figwort, Mullein, each 2 ounces; Filipendula, Herb Robert, Ceterach, Agrimony, Tormentil, Scabious, Toad-flax, each 1 handful; Flowers of Elder, Rosemary, each 1 pugil; Nettle-seed 2 drams; make a Decoction in Water 3 quarts to 3 pints and half; to the strained Liquor add Altering Syrup of Apples and Syrup of Citron Juice, each 4 ounces, mix all.

Let a good Draught be taken thrice a Day.

### A Decoction in a Catarrh.

Take yellow and red Sanders, each 2 drams; Guaiacum, Sassafras, each half an ounce; Liquorice 1 ounce and half; Raisins 1 ounce; boil in fine Barly Water 3 pints to 1 quart; adding at last Juice of Hounds-Tongue leaves 4 ounces; strain it.

The Dose is a quarter of a pint, thrice a Day.

### A Decoction of Catechu simple.

Take Japanic Earth 2 drams; boil in Water 1 pint to 12 ounces; let it stand to subside then having poured out the clearest, add

*strong Cinnamon Water, Syrup of Quinces (or of dried Roses) each 2 ounces mix.*

Its useful against laxity of the Ventricle and Intestines, as also a Rheumatick disposition of the Blood. The Dose from 2 ounces to 4.

### A Decoction of Catechu compound.

*Take Guaiacum, Sassafras, each 3 drams; yellow and red Sanders, each 2 drams; the blackest part of Japanic Earth powdered half an ounce; Liquorice 1 ounce; dried Sage 1 handful; boil in Barly Water 3 pints to 30 ounces; strain it out, and set it by to settle; then pour off the clearest, and add Diacodium 2 ounces; Oil of Aniseed 1 drop, mix.*

I have often observ'd it stop a thin Catarrh, beyond almost any other Medicine whatsoever. The Dose 4 ounces, three times a Day.

### A Cephalic Decoction,

*Take Guaiacum, Sassafras, each 2 drams; Male Piony root 1 ounce; dried Sage, Marjoram, Betony, Arabian Stechas-flowers, each half an handful; boil in Water 3 pints to 28 ounces; to the strain'd Liquor, add compound Piony Water, compound Syrup of Piony, each 2 ounces; Tincture of Castor 2 drams; Oil of*



of *Rosemary*, *Nutmeg*, each 2 drops ; *white Sugar* 1 ounce, *mix*.

Its aptly prescrib'd in cold Rheumatic Affections of the Head and Nerves, for prevention of an Apoplexy, Epilepsie, Benumbedness, Palsy, Vertigo, &c. And its to be given to a quarter of a pint twice a Day.

### A Decoction of *Chamepitys*.

Take *Ground Pine* dried 2 handfuls ; *Flowers of Stechas* 2 drams ; *Male Piony root* 1 ounce ; boil in *Water* 3 pints to 1 quart ; strain and add *Spirit of Scurvy Grass*, and of *Lavender compound*, each 1 dram, *mix*.

Its a Medicine for prevention of the Gout, and Cure of Joint-pains: Let a quarter of a pint be taken (together with *Spirit of Sal Armoniac* 20 drops) thrice a day.

### A Decoction of *Coralline*.

Take *Mercury vive* 2 ounces ; *Dittany of Creet* 2 drams, powder'd *Coralline* half an ounce ; boil in *Purslane Water* 1 pint and half to 14 ounces ; when its strain'd and separated from the *Mercury*, sweeten it with *Syrup of Lemons* 2 ounces.

*Van Helmont*, commends an infusion of *Mercury* against Worms ; and its said of him,

him, he never commends any thing without Reason, tho' he sometimes commends beyond Reason.

Let it be given to Children to about 2 ounces, twice a day (for 4 days running) before the New and Full Moon, and before Purging.

### A Depurating Decoction.

*Take roots of Quich Grass, Butchers Broom, Fennel, Parsly, each 1 ounce; Herbs of Cleavers, Dandelion, each 1 handful; Currants chopp'd small 2 ounces; boil in Water 3 pints to 28 ounces; strain, and add Salt Prunel 2 drams; Syrup of the 5 Opening roots 4 ounces, mix.*

It egregiously depurates the Blood, powerfully provokes Urine, is excellent after Fevers, that have boil'd up the Blood into a retorrid *Crisis*: Is profitable for Scorbatic Persons of an hot Temperament; frees the Reins and Bladder from Gravel and Mucous. The Dose is 6 ounces twice a day.

### A Decoction in a Diarrhæa.

*Take powder'd Bole Armoniac 1 ounce; soft white Chalk 3 ounces; boil in Water 3 pints to 26 ounces; strain and set it by to subside; then having poured off the clear, add*  
Di-



*Diascordium* half an ounce; *Cinnamon Water*,  
*Syrup of Quinces* and of dried *Roses*, each 2  
 ounces; *Oil of Nutmegs* 2 drops; mix.

To repress a *Diarrhœa* give a quarter of  
 a pint, as often as the present Exigence in-  
 dicates.

### A Diuretic Decoction.

Take roots of *Fennel*, *Sparagus*, each 2  
 ounces; *Winter-Cherries* 16; *Golden rod* 2  
 handfuls; boil in *Water* and *White Wine* (ad-  
 ded towards the last) each 18 ounces to 22  
 ounces; to the strained *Liquor* add *Horse Ra-  
 dish Water* compound 2 ounces; *Juice of Par-  
 sley* depurated, *Syrup of Marsh Mallows*, each  
 4 ounces; *Millepedes* (tied up in a rag alive,  
 bruis'd, and wash'd out into it) 300, *Salt  
 Prunel* 2 drams, mix.

It causeth a very plentiful Secretion of  
*Serum*, and saline Recrements from the  
*Blood*, and effectually washeth out the  
*Reins*, *Ureters* and *Bladder*. The Dose  
 from a quarter to half a pint, or more: For  
 diluting Medicines ought to be given in  
 large quantities.

### An Edulcorating Decoction.

Take *Sarsa*, *China*, each 3 ounces; yellow  
 and red *Sanders*, *Harts-horn*, *Ivory*, each 6  
 drams:

*drams: Infuse according to art, and boil in Water 6 quarts to 6 pints; which strain off, and edulcorate with Sugar to make it palatable.*

Its said to correct the Acridness of the Lymphatic Serum, and lessen its quantity, as also to promote Perspiration gently without heating: Its accounted of great use in a recent Consumption, flying Pains, Rheumatic affections, Ulcers and Cutaneous Distempers. The Dose half a pint, twice a Day.

### An Emmenagogue Decoction.

*Take roots of Smalage 2 ounces; Calamus Aromaticus, Bay-berries, each 2 drams; Zedoary, Cubebs, each 1 dram and half; Mace 2 scruples; Galingale, Grains of Paradise, each half a scruple; Dittany of Creet, Penny Royal, each 1 handful; boil in Water 1 quart and white Wine 1 pint to 28 ounces; when its strained add Tincture of Saffron (made in Treacle Water) 1 ounce; Syrup of Stechas 3 ounces, mix.*

It excites a new Orgasm in the Mass of Blood; and forcing it briskly into the Uterine Arteries, opens the Extremities of the Vessels.

Let the Patient first Purge, and then near the time of the *Menstrua*, take from a  
quarter



quarter to half a pint twice a day, and use Exercise, and beware of catching Cold.

### An Expectorating Decoction.

*Take Orris root 2 ounces; Agaric (tied up in a piece of Linnen) 4 scruples; dried Tobacco 2 scruples; Hyssop, Thyme, each 1 handful; boil in Water 36 ounces to 28 ounces; strain and add Oxymel simple 4 ounces, mix.*

The Ingredients of this Decoction are endu'd with subtle and acrious parts; which therefore (by the way of the Blood which they pass through first) penetrate into the Tracheal Ducts, and there meeting with clammy Matter, so divide, attenuate, move and work it, that the Fibres thence irritated, and successively contracted in Coughing, they force up whatsoever is contain'd in the *Trachea* and *Vesicles*. Its a true and a very potent Medicine, and shou'd be supp'd up (like Coffee) very hot, twice a day, or oftner, if there be no Fever.

### The bitter Febrifuge Decoction.

*Take Camomile-flowers dried 2 ounces; Cochineal 16 grains; boil in Water 3 pints to 1 quart; in the strained dissolve Salt of Wormwood 2 drams; mix.*

Its

Its justly esteemed a Specific in Intermitting Fevers, and a Remedy inferior to none, but the *Peruvian Bark*, nay sometimes it hath succeeded when that hath fail'd. I use to order 4 ounces of it every three Hours, between Fits.

### The Magistral Febrifuge Decoction.

Take fine powder'd Bark of Peru 2 ounces; boil in Water 1 quart to 14 ounces; strain, and to the Mass remaining having poured a quart more of Water, boil it again to 14 ounces; adding (about the middle of the second boiling) Balsam of Tolu 3 drams; Cochineal 1 scruple; when its cold strain, and having mixed both the strained Liquors together, add Syrup of Gilly-flowers 4 ounces; Oil of Nutmegs 2 drops.

A very long and consummate Coction is requisite, to extract the whole Virtue of the Cortex: I remember, when once (for Experiment-sake) I boiled it a great many times, I could not so totally exhaust it, but that the eighth boiling was still manifestly bitter. That we may therefore the more effectually draw out the Virtue of this, and other such like obstinate things, its adviseable to make them (not into a gross, but) most fine Powder, and force it, with long and repeated Coction.

When



When Patients are so weak Stomach'd, or else Humorsome, that either they cannot or will not admit of the Bark in Substance, this Decoction useth to stand me instead; though I acknowledge its of much more avail in Substance.

The Dose is 4 ounces every 3 or 4 Hours when the Paroxysm is off; and so is to be continued from Fit to Fit, 'till the Fever be conquer'd.

### The Saline Febrifuge Decoction.

*Take Salt of Wormwood 8 scruples; white Sugar 4 ounces; boil these in Water 1 quart and despume.*

I have very often found this an effectual Medicine, and am wont to prescribe it then especially, when a remitting Fever would not obey the Cortex, and began to threaten running over to the Party of continual Fevers. Let 2 ounces be taken each other Hour.

### Fracastorius's Decoction.

*Take Diascordium 6 drams; Alexiterial Milk Water 10 ounces; boil to 8 ounces; strain and add Mint Water half an ounce; strong Cinnamon Water 2 ounces; Syrup of Meconium 1 ounce and half; mix up for 3 Doses.*

This

This has even Divine Vertues against a *Diarrhæa*, for it most potently (and almost beyond any thing else) stills and stops sick Fits, Anguish, Gripping Tortures and rage of the Ventricle and Intestines: Its of notable use, especially in such Fevers, as are accompanied with a Symptomatic Flux of the Belly.

### *Fracastorius's small Decoction.*

Take *Diascordium* half an ounce; *Cochineal* 1 scruple; boil (for 2 or 3 Walms) in Water 1 pint; adding Sugar half an ounce; strain through a Flannel, and add Cinamon Water 2 ounces.

Let it be used for constant Drink in Fevers of an ill kind, all the while they are attended with a *Diarrhæa*.

### *A Decoction for Glysters.*

Take Mallows 2 handfuls; Violet leaves, Groundsel, each 1 handful; Camomile flowers, Flax-seed, each 2 drams; sweet Fennel-seed half an ounce; make a Decoction in Water 1 pint and half to 1 pint; which strain out for use.

It differs little from the common Decoction in the *London Dispensatory*, but because Beets, Pellitory of the Wall and Mercury, may not be always at Hand; and are  
of



of no value if kept dry: I thought it worth setting down, as more parable and sooner got ready.

### A Decoction of Hemp-seed.

*Take Hemp seed bruised 3 ounces; Agrimony, Shepherds pouch, Plantain, Knot grass, each 1 handfull and a half; boil in Water, 3 quarts to 2 quarts; edulcorate the strained Liquor with Sugar 4 ounces; or with Syrup of dried Roses.*

Its accounted a Secret, and a Specifick against involuntary pissing a Bed. The Dose half a pint twice a day, or 4 ounces for a Youth.

### A Decoction of Hounds-Tongue.

*Take Hounds-Tongue leaves 2 handfulls; Liquorice half an ounce; Raisins 2 ounces; boil in Water 2 pints and half to 30 ounces; adding at last, Anniseeds half an ounce; to the strain'd Liquor add Diacodium 2 ounces; mix.*

Its an excellent thing, and well accommodated for a Cough, roughness of the Trachea, and all the Distempers of the Chest, and Organs of Breathing, arising from sharp Rheums. Let a quarter of a pint be taken twice or thrice a day.

## A Decoction of Horse Tail.

Take Horse Tail Herb 6 handfuls; midling Quinces cut to pieces 3; Sumach, Myrtle berries, each 1 ounce and half; Red Roses dried 1 handful and a half; Balaustines 3 drams; boil in Water 9 pints to 5 pints and a half; adding towards the last, Gum Tragacanth 6 drams; strain and add Honey of Roses, Syrup of dried Roses, each 3 ounces; Syrup of Myrtle berries 1 ounce half, mix.

This hath been kept as a Specifick in Ulcers of the Bladder. Give a draught three times a Day.

## An Hysteric Decoction.

Take Turners Chips of Box Wood, white Bryony root, each half an ounce; Male Piony and wild Valerian roots, each 1 ounce; Stechas flowers 2 drams; Myrrh bruised 1 dram; boil in Water 1 pint and half, (towards the end putting in Juice of Rue 1 ounce;) to 14 ounces of it strain'd, add Bryony Water compound 2 ounces; Tincture of Castor 2 drams; Oil of Amber 32 drops; white Sugar 1 ounce, mix. The Dose 5 Spoonfuls.



### An Icteric Decoction.

Take Roots of Turmeric, Madder, each 1 ounce; Celandine roots and leaves 2 handfuls; Earth worms (slit open and washed clean) 20; boil in Water and Rhenish Wine (added towards the last) each 1 pint and half to 28 ounces; to the strained Liquor, add Tincture of Saffron (with Treacle Water) 1 ounce; Syrup of the 5 opening Rots 3 ounces; mix.

It inspires the Mass of Blood with a fresh, yet mild Ferment; searcheth the Hepatic Glands, and specifically cleanseth and cleareth the bilious Passages. After due Purging, let a quarter of a pint be drank twice a day, 'till the yellowness disappear.

### An Incrassating Decoction.

Take Gum Arabick grossly powdered 3 ounces; boil it in Water (carefully stirring it, least it burn to the Skillet) from 1 quart to 28 ounces; and add Syrup of Marsh Mallows 4 ounces, mix.

It Incrassateth acrid, thin *Lympha*, and, as 'twere sheaths up the sharp points of its saline Particles. Its a very good Remedy, and easy to be had, against scalding Urine, may be useful in a troublesome, tickling Cough, and a Diabetes. I have tried it in

a Rheumatism, but did not find it answer: And (by the by) the Serum of the Blood, in that Distemper, is not more Salt then usual, to my Taste. I use to prescribe a quarter of a pint twice a day.

### A Decoction of Juniper.

*Take Juniper berries (well bruised, and tied up in a rag) 4 ounces; boil them in Canary Wine 3 pints to 1 quart, and strain.*

Its a Stomachic, Carminative, Anticolic, Splenetic and Diuretic Medicine. Let 2, 3 or 4 ounces be taken twice or thrice a day.

### A Decoction called Liberans.

*Take Sarsa 6 ounces; Currants cut small 8 ounces; Infuse (according to Art) and boil in Water 6 quarts to 3 quarts, when its cold, quench in it Calx vive half a pound; let it stand to subside, then pour off the clear, and put it into Bottles.*

Another way of making this is, to make the *Aq. Calcis* first (allowing to every gallon of Water, 1 pound of Calx) and then infuse the Ingredients in it, thus.

*Take Sassaphras, Liquorice, Anniseed, each 4 ounces; Calx Water (pure clear) 2 gallons; Infuse cold 3 days then strain.*

It



It gives great Relief in Defluxions, Struma's, Diabetes and Running Ulcers. For Calx affords an excellent Salt, by which, the Muriatic Particles of the Blood being precipitated, the whole Mass becomes more mild, and thereupon more easily embraces the new Chyle, and changeth it into its own Nature; whereby the Flux of the Chyle, to the Ulcer'd (or otherwise ill affected) Parts is rendred less, and consequently, a Cure is the sooner wrought, a quarter of a pint is to be taken thrice a day

### A Magistral Decoction of Mallows.

*Take Mallow leaves whole 8 handfals; boil in Water 4 quarts to 3; let the Liquor run through a Sieve or Cullender of it self, without squeezing, put into it more whole Mallows 4 handfals; boil again to 2 quarts, strain again as before, let it stand to settle, then pour off the clear, and put into it Marsh Mallow roots 4 ounces; Liquorice, Raisins, each 1 ounce; Gum Arabick half an ounce; Salt Prunell 2 drams; boil to 30 ounces; which after its strain'd, sweeten with Syrup of Marsh Mallows 2 ounces, mix.*

It consists of mild, soft, mucous Particles, and so, blunts the Acrimony of Humours, incrassateth the too thin Serum, refrigerateth the Fervour of the Blood, moist-

neth the parboil'd, dry, habit of the Body; is Diuretick, and as good as any thing is, in the Stone.

Dr. *Grew* saith, 1 pound of Mallow yields 5 drams and 2 scruples of Lixivial Salt, that is the 23d part of the whole: So that this Plant, tho' of a very mild Taste, yet yields more Salt, than Mint it self, a bitter Plant. Whereby it no longer seems strange, that a Plant of so soft a Taste, should be so very Diuretic, and so evidently affect the Reins.

### A Nephritic Decoction.

Take Roots of Marsh Mallows 1 ounce and half; Liquorice half an ounce; Golden rod 2 handfuls; Pellitory of the Wall, Marsh Mallows, each 1 handful; Figs 4; Juniper berries, Seeds of Macedonian Parsly, Burdock, Gromwell (the Seeds to be added about the middle of the Cocti-on) each 1 dram; boil in Posset drink (turn'd with White Wine) 3 pints to 28 ounces; strain and sweeten with Syrup of Mallows 4 ounces.

### A Pacific Decoction.

Take white Poppy Heads (without the seeds) 1 ounce, cut and boil in Water 3 pints to 28 ounces; adding at last, dried Cowslip flowers 2 drams; in the strained Liquor dissolve Dia-scordi-



*scordium* 2 drams ; Syrup of *Meconium* 3 ounces ; Syrup of Lemons 1 ounce, mix.

Its more temperate, than *Laudanum* ; easeth Pains, quieteth a tickling Cough ; procureth Sleep, and is given to 3 or 4 ounces.

### A Pectoral Decoction.

Take Pearl Barly, Raisins of the Sun ston'd each 1 ounce ; Figs, Dates, each 8 ; Liquorice half an ounce ; Aniseed (added at last) 2 drams ; make a Decoction in Water 3 pints to 1 quart ; which strain out for use.

Its endow'd with a mucilaginous, soft, and friendly Sweetness : And therefore, partly by incrassating the Blood disposed for Fluxion, and correcting it when acrid : Partly by maturing crude Phlegm impacted in the Lungs, partly by appeasing, humecting and lubricating the Branches of the Bronchia, and Membranes of the Trachea, gives mighty relief in a Cough. Its also laudably us'd in a Pleurisy, Rheumatism, Small Pox, Measles and Stone : The Dose may be 3, 4 or 6 ounces, two or three times a day.

If you would have it Purging,

Take of this Decoction 1 pint and half ; Senna 1 ounce ; Agaric, Cream of Tartar, each 2 drams ; boil to 14 ounces ; in it strain'd,

*dissolve Manna 2 ounces ; strain again for 4 Doses.*

### A Pleuritick Decoction.

*Take of the Pectoral Decoction 1 quart ; juice of Stone Horse dung 2 ounces ; Oil of Anni-seed 8 drops ; white Sugar 1 ounce, mix.*

*The Dose 4 ounces every 4 hours warm, together with Spirit of Sal Armoniack 15 drops.*

### The Portugal Decoction.

*Take Spring Water 26 ounces ; make it boil and then put into it Juice of Lemons, and fine Sugar each 2 ounces ; Cochineal 1 scruple ; let it continue boiling a very little, so as that the Scum may be taken off, then set it by to depurate, by way of settling, pour off the clear and add Damask Rose Water 4 ounces.*

*This comes recommended by its pleasant Colour and grateful Taste, and is a most desirable Drink in Fevers, for it restrains the Heat and Fervour of the Stomach and Blood, quencheth Thirst, moves Urine. Let it be drank at Pleasure without Limitation.*



### A Psoxic Decoction.

*Take Fumitory, Ragwort, each 1 handful ; Liquorice 1 ounce ; Argent vive 4 ounces ; boil in Water 2 pints and half to 1 quart ; strain, and (the Argent being taken out) sweeten with Sugar, or give it as 'tis.*

In all manner of Cutaneous Affections, give 4 ounces Night and Morn.

### The common Purging Decoction.

*Take Senna 3 drams ; Cream of Tartar 1 dram ; boil in Water 8 ounces to 3 ; in the strain'd Liquor dissolve Manna half an ounce ; Syrup of Succory with Rhubarb 6 drams ; Oil of Anniseed 1 drop, mix for a Potion to be taken in the Morning.*

It may be quickned with some Grains of powder'd Scammony, if there be occasion, for that alone may serve the Purpose, as well as Electuary of Juice of Roses, which hath nothing in it desirable for a Purge but Scammony, and therefore may be thrown by, into the common heap of abundance of old Trumpery, which we may spare in the Shop.

Perhaps the quantity of Senna may be more than needs, for Dr. Grew informs us, that 2 drams of it will impregnate 4 ounces of Water, as strongly, as if twice the quan-

quantity were infused ; because the Water will bear no more of the purgative parts of that Body.

### A Decoction of Raisins.

*Take Raisins of the Sun stoned, and chopped small 4 ounces ; boil in good drinking Water 3 pints to 1 quart ; and strain.*

Its a good pleasant Drink in Fevers to quench Thirst, it also serves very well in Distempers of the Breast and Spleen. If you mix it with an equal quantity of Lime Water, you'll have a singular good Remedy against Catarrhus Affections, that may sometimes stop the Progress of a Consumption.

If you infuse in it *Senna* 2 ounces ; you'll have a fine Laxative very particularly beneficial to Hypochondriac Persons that are Costive.

### A Decoction of Roses.

*Take Conserve of Red Roses 2 ounces ; Malaga Raisins stoned 1 ounce ; Liquorice, Melon seeds, each half an ounce ; Barly Water 3 pints, boil to 1 quart, and run it through a Flannel bag several times, 'till it be pretty clear, then set it by to fine by settlement, and decant it.*

Its



Its a proper Prescript, when muriatic Salt, acrious Serum, owzing out of the Glands, and irritating the *Aspera Arteria*, *Bronchia* and *Vesicles*; excites a most vehement tearing Cough; and yet being too thin to be taken hold of, and pump'd up, lies fretting, and exulcerating the Lungs, and so brings on a Consumption.

### The Decoction called Sacrum.

Take *Virginia Snake Root* powder'd 6 drams; boil it in *Water* 1 pint to half a pint; strain and reserve the *Liquor* by it self: boil the remaining root in a pint more of *Water* to half a pint as before (adding when it is near boiled enough, *Cochineal* half a scruple;) strain it, and having mixed together both the *Liquors*, dissolve in it *Venice Treacle* half an ounce; *Hony* 1 ounce; and then strain it once more for use.

Here I present you with a most desirable Alexipharmack, second to none, for it inspires as 'twere, the Blood and Juices flowing in the Vessels and Viscera with a new Ferment; and by moving them gently, and keeping them in an equable uniform mixture, frees them from Coagulation and Putrefaction. By the same kindly Agitation it dissipates the Poison Particles that began to gather in tumultuous Clusters, and

and hinders their coming to Maturation; and then so occupies, animates and confirms the Blood and Spirits, as to defend them from taking the Venemous Impression: Or if the pestilent Miasme hath already Infected the Blood, it snatcheth it away from its hold with a powerful Hand, and throws it out by Diaphoresis.

Its use is very great in Fevers, *Mali moris*, where the Blood and Spirits want Encouragement; particularly, I have known it eminently available in a Symptomatick Diarrhæa: Howbeit, I have seen where it has caused a loose Stool or two (even as sometimes also the *Cortex* will do) add to this its a most noble Stomachic, Histeric and Authelminthic.

Since Dr. *Sydenham* hath set a-Foot the cold Regimen in the Small Pox, Measles, &c. for which all Posterity is bound to celebrate his Memory with Honour and Gratitude: Some Physicians (who distinguish not well) have carried it on too far, and disallow'd of all hot things in all Cases. And upon this Account it hath been objected to me, that this Decoction is so hot, that 'twill Fire the Blood. Now I am something of a Judge in this Matter, having used it freely for many Years; and I profess, I never yet found any such ill Effect of it; and I must believe that these  
Ob-



Objectors are not Experimentally acquainted with it, and have not been very Conversant in the management of such Malignant Fevers, as are not Inflammatory, but Depressing.

Its Dose is 2 or 3 Spoonfuls every Hour, or seldomer as the present State of the Fever requires.

### The Decoction called Sanctum.

Take *Guaiacum* 1 ounce; boil it in Water 2 quarts to 1 quart; adding (when it is half boil'd) Raisins 1 ounce; Spanish Juice of Liquorice 2 drams, and so strain it: Sometimes I add Japanic Earth 2 drams. Sometimes I omit the Raisins and Liquorice, and in their stead (when its boil'd enough) add Conserve of red Roses 2 ounces; and when its strain'd sweeten it further with Syrup of Juice of Hounds Tongue 2 ounces.

'Tis true, its a simple, easie, and cheap thing, but for all that a pleasanter and perhaps more efficacious, than those that use to be heaped up (and sometimes clog'd) with a pompous *Apparatus*, and numerous Hodg-podg of ill sorted Ingredients. It enjoys the same Virtues with the *Decoction of Woods*, which see. Perhaps it may in a singular manner correct Acids, for *Mayow* (p. 37.) saith Spirit of *Vitriol*, drop'd into

a Decoction of *Guaiacum*, will ferment with it.

### A Decoction of Sarsa.

*Take Sarsa 3 ounces; Raisins 1 ounce and half; Infuse according to Art, and decoct in Water 2 quarts to 1 quart; in the strin'd Liquor dissolve Spanish Juice of Liquorice 2 drams.*

I was contented not to omit this, because the whole throng of Physicians with one Mouth crieth it up, and daily prescribes it, to sweeten sharp Humours, and cure vagous Pains.

Truly its a temperate Remedy, if it be any at all. But for my part (if I may have leave to speak out my own Experience and private Sense) I have often seen, where Sarsa and China, have obtunded the vigour of the Stomach; but never in all my Practice, could I once observe much good from them, to any one. Peradventure my having so slight an Opinion of 'em might take me off from continuing their use long enough to see what they would have done.

It useth to be order'd to half a pint, two or three times a day.



## The Scarlet Decoction.

*Take Nitre in Crystals 1 ounce; white Sugar 4 ounces; Cochineal 16 grains or 1 scruple; powder all together, and put it into boiling Water 1 quart; continue it boiling just long enough to scum it, then let it cool, and when its settled decant the clear.*

Because of its beautiful, resplendant red Colour, it recommends it self to the Eye, and is no very unpleasant thing to the Palate neither. Truly I have tried many forms, and never could yet find out a more grateful one, of giving *Salt Prunel*. It allayeth the Fervor of the Blood, quencheth Thirst, provokes Urine, and is a very convenient drink in Inflammatory Fevers without Malignity, and especially in Plurifies: It also stoppeth Bleedings, and driveth out Gravel and Sand.

The Patient may take a quarter of a pint twice or thrice a day. I have tried at greater quantities, and given the whole quart in the Morning, in two Hours time, but it had a different effect from what I design'd, for it proved Emetick. I hope the Reader will take this fair account of my Miscarriage in good part.

### A Decoction of Scorzonera.

Take Pearl Barly half an ounce; Roots of Scorzonera 2 ounces; Roots of Sorrel 1 ounce; Wood Sorrel leaves 1 handful; Parings of 2 Pippins; boil in Water 3 pints to 28 ounces; strain and sweeten with Syrup of Lemon and Raspberries, each 2 ounces.

Its a pleasant Drink, satisfies Thirst, represses a Febrile Flame, restrains Malignity, carries off by Urine, and is a proper thing for constant Drink, in continual Fevers.

Yet (as to my self) I am not fully satisfied, that so insipid and inodorous a Vegetable as *Scorzonera*, can have much Alexipharmack Virtue in it. I like much better such as *Serpentaria* and *Contrayerva*, that have something so indelible, that a small quantity mixt in a very great one of any other Ingredients, will not be lost, but taste through all.

### A Decoction against Scrophulæ.

Take Herb Robert, white Horehound, Smalage, Agrimony, each 1 handful; Dill seed half an ounce; boil in Water 3 pints to 1 quart, and strain.

This was communicated to me as a Specific, but I never used it. 'Tis said, it pene-



penetrates into the inmost recesses of the Body, after a very peculiar manner, visits the Glands, rectifies their Crasis and depraved Ferment, attenuates the Feculent Juices, and then casteth them out. Let a quarter of a pint be taken twice a Day for an whole Month, washing and squeezing out into every Morning Dose 40 Millepedes, tied up in a rag.

### A Decoction against the Scurvy.

*Take Pine (or Firr) tops cut small 4 handfuls; Winters bark bruised half an ounce; boil in Water 1 quart to 20 ounces; pouring into it at last, Juice of Dandelion 4 ounces; strain, and when its cold add Spirit of Scurvy grass half an ounce; Horse Radish water compound and Syrup of Elder berries, each 4 ounces.*

In the Winter Season, when Herbs have but little and poor Juice, this may opportunely be used in their stead.

It attenuates, depurates, and briskly actuates the Blood and Juices, dissolves Scorbutic Concretions, unlocks Oppilations, turns off Feculencies by Diaphoresis and Diuresis. The Dose a quarter of a pint twice a day.

### A Decoction of Sorrel Roots.

Take Sorrel roots, Raisins of the Sun ston'd and chop'd small, each 2 ounces; Liquorice, Pearl Barly, each half an ounce; boil in running Water, 3 pints to 1 quart, strain and add Syrup of Lemons 1 ounce, mix.

Its pleasant Drink for People in a Fever.

### A Splanchnic Decoction.

Take Turmerick bruised 1 ounce; Rhubarb, Spikenard, each 1 dram; Kernels of Ash keys half an ounce; Agrimony, Ceterach, each 1 handful; Tamarisk tops 2 handfuls; boil in Water 3 pints to 24 ounces; strain and add Magistral Worm Water, Syrup of the 5 opening roots, each 4 ounces; Spirit of Scurvy grass 2 drams, Elixir Proprietatis Tartarised 1 dram, mix.

It putteth the Blood into a sort of Effervescence, and its constitutive parts into a brisk Motion, whereby they being broken and divided in such a manner, as to hinder all Coagulations and Concretions, its Feculencies and Impurities are easily separated, and thrown into their respective Emunctories, and thence driven out of the Body. Thus are the vaporous Effluvia sent into the Habit of the Body, the serous Recrements into the Kidneys, the bilious  
into



into the Liver, the rest into the rest of the Emissaries adapted to each ; and thence secluded and cast off without let or stoppage. The Dose is a quarter of a pint twice a day.

### A Splenetic Decoction.

Take Bark of Capers and Ash tree, each 2 ounces ; tops of Tamarisk, Agrimony, each 2 handfuls ; Salt of Tartar 2 drams ; boil in Water 2 pints and half ; (adding at last White Wine half a pint ; Spikenard 2 drams ; ) to 26 ounces of it when strained add Magistral Worm Water 4 ounces ; Radish water compound 2 ounces ; Spirit of Scurvy grass 2 drams, Elixir Proprietatis Tartarised 4 scruples, mix.

### A Stiptic Decoction.

Take roots of Nettle and Comfrey, each 1 ounce and half ; Herbs Yarrow, Plantain, each 1 handful ; Pomgranate peel, Gum Arabic, each 2 drams ; Seeds of white Poppy, Henbane, each 3 drams ; boil in Water 3 pints to 28 ounces ; strain and add Sugar of Lead 1 scruple ; Astringent Crocus of Mars 4 scruples ; Syrup of dried Roses 4 ounces, mix.

It contemperates the acrid, incrassateth the thin, and refrigerates the hot boiling Blood : It strengthneth the Tone, corrugates the Fibres, and closeth up the

Mouths of the Vessels, and hath place in all manner of Hemorrhagies. Let a quarter of a pint be given twice a day.

### A Decoction of Tamarinds.

*Take Tamarinds 2 ounces; Raisins stoned 4 ounces; boil in fair Water 3 pints to 1 quart, which strain.*

It restrains the flame of the Blood, allayeth unquenchable Thirst, Humects, Loosens, and is proper for constant Drink, in those Fevers that bring with them Costiveness, Drought and parching Heat.

### A Decoction with Tartar.

*Take Shavings of Ivory half an ounce; Roots and Leaves of Strawberries 4 handfuls; White Wine Tartar powder'd half an ounce; Salt of Tartar 2 drams; boil in Water 1 quart to 1 pint and half; to the strained add Mint water, Magistral Worm water, each 2 ounces; Aqua Mirabilis 4 ounces; white Sugar 2 ounces; mix all.*

In the Jaundise, let 6 ounces be taken three times a day.



## The Tolutane Decoction.

Take *Guaiacum* 1 ounce ; *Odorous Tacamahacca*, *Balsam of Tolu*, each half an ounce ; boil in fine *Barly Water* 3 pints to 1 quart ; when its cold strain and add *Balsam of Peru* 16 drops ; *Oil of Cinnamon* and *Nutmegs*, each 2 drops ; *white Sugar* 2 ounces ; mix artificially.

As to its Virtues it falls in with the *Balsamic Decoction* , only 'tis somewhat hotter.

## A Traumatic Decoction.

Take *Roots of Burdock* 3 ounces ; *Madder* 6 drams ; *Rhubarb* 2 drams ; *Herbs of Dittany of Crete*, *St. Johns Wort*, *Sanicle*, *Bugle*, each 1 handful ; boil in *Water* 2 pints, and *white Wine* (added towards the last) 1 pint to 28 ounces ; when strain'd, dissolve in it *Venice Treacle* 2 drams ; *Honey* 3 ounces ; *Oxymel simple* 1 ounce, mix.

It dissolves concretions of the Cruor, wheresoever extravasated, and returns it again into the circulating Channel. It drains out Recrements by Sweat and Urine, and doth it without kindling any Fervor. It roborates the Parts that are hurt, conglutinates and heals them. The Dose is half a pint twice a day.

### A Decoction of Trefoil.

Take Water Trefoil dried, Ground Pine, each half an ounce; Bitter sweet 1 handful; Bay berries, Stechas flowers, each 2 drams; boil in Water 3 pints to 1 quart; towards the last, adding Juice of Rue 1 ounce, strain.

Buck Bean or Water Trefoil is really a good bitter Herb, but I have used it often, and in my Opinion, *Simon Paulli* (in his *Quadrep. Botan.*) celebrates it out of reason and beyond its Desert.

This Decoction is design'd for People troubled with the Scurvy, and the Gout, and promiseth relief in pains occasion'd by the Infirmary of the *Genus Nervosum*. The Dose 4 ounces three times a day.

### A Decoction of Turneps.

Take Turneps cut into slices 2 pound; Herbs Hounds tongue, Colts foot, each 1 handful; Raisins of the Sun 1 ounce; Liquorice half an ounce; boil in Barly Water 2 quarts to 1 quart, adding at last Coriander seed bruised half an ounce; let it stand close covered 'till cool, then let it run through a straining Bag of it self, without squeezing, and sweeten it with white Sugar Candy 2 ounces.

Its



Its a very good Pectoral, to temper Acrimony, Maturate and Incrassate.

### A Mariolose Decoction.

Take *Scorzonera* roots 1 ounce and half; *Liquorice* half an ounce; *Figs* 8; *Raisins* stoned 1 ounce; *shaved Hartshorn* 2 drams; boil in *Barly Water* 3 pints to 30 ounces, adding (when three quarters boiled) *Cochineal* (not bruised) 4 scruples; strain and sweeten it with *Syrup of Gilly flowers* and *Lemons*, each 1 ounce.

*Scorzonera* we are under a necessity of prescribing, because the irresistible Custom of Physicians will have it so. But seeing it hath neither Taste nor Smell, nor any other manifest Quality to recommend it, its Virtues must be allow'd to be very obscure, if any at all. And perhaps the common Wealth of Physick, would not sustain much damage, if it were for the future banish'd the Shops, together with the numerous rout of other Impertinents.

### A Decoction of Walnut rinds.

Take the Rind of *Walnut tree* root 1 ounce and half; bruise, and let it lie infusing warm (in an Earthen or Glass Vessel) 8 hours in *Elder Vinegar*, then dry it. To these Rinds

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*thus prepar'd, add Caper bark half an ounce; tops of Tamarisk, Agrimony, each 2 handfuls; boil in Water and white Wine (added at last) each 1 pint and half, 'till the whole come to 1 quart; which strain out for use.*

Its wholly *Splanchnic*, and ennobled with the same Virtues that the *Splanchnic Decoction* is, (which see) unless perhaps it have a more Specific respect to affections of the Spleen: For Specificks which are found by Experience to have respect to one part more than to another, consist of such Particles as being near of a kin, and consequently easily associated to the *Recrements* to be strain'd out by that *Viscus*, are carried thither (as 'twere electively) together with them, and there perform there Operation. And besides this Similitude in Liquids, there seems to be an organical kindred in the Solids also, whereby a Medicine may strike an Impression, particularly upon one part, and not touch another. Thus, Dr. Grew tells us, white *Hellebore* affects the Lips most, *Coloquintida* the middle of the Tongue, wild *Cucumber* the basis of the Tongue, deadly *Nightshade* the roof of the Mouth, and *Jalap*, root the Throat.



## A Decoction of Walnut rinds Purging.

Take Walnut rinds prepar'd as abovesaid half an ounce; Agarick (tied up) 1 dram; Cloves 15 grains; Salt of Tartar half a dram; boil in Water 10 ounces to 4; to the strain'd add Elixir Proprietatis tartaris'd 60 drops; Scammöny powder'd 2 grains; Oil of Aniseed, Juniper, each 1 drop; mix all for a Potion.

When Hypochondriac People are to be Purged, this is a very proper Cathartic.

## A Decoction of the Woods.

Take Guaiacum 4 ounces; Sassafras 2 ounces; Sanders both red and yellow, each 1 ounce; Ivory, Harts-horn, each half an ounce; infuse and boil according to Art in Water 6 quarts to 3 quarts; then strain, and sweeten with Sugar so as to make it grateful.

It warmeth, drieth, attenuateth and procureth Sweat: Its suitable to such as are of a cold, flabby Temperament, and is useful in Catarrhs, Gout, Palsy, Dropsy, Leucophlegmatia, Ulcers, &c. Its Dose is 4 ounces twice a day.

But for such as are of a Bilious Constitution, and have acrid Blood, the quantity of Guaiacum and Sassafras ought to be di-

diminish'd, and Sarfa and China may make it up.

### A Decoction of Parrow.

Take Tarrow 2 handfals; Archangel with a white Flower, Hounds tongue, each 1 handfals; Red Sanders half an ounce; boil in Water 2 pints and half to 1 quart; adding at last Japanic Earth powder'd 2 drams; Mace bruised 1 dram, strain.

Its design'd against a *Fluor Albus*. Give 3 ounces mixed with the white of an Egg beaten up, and as much Sugar as will make it palatable, Night and Morning.

### The White Diet.

Take Milk 2 quarts; the Breast of a Capon boiled, Sweet Almonds blanch'd and well pounded 2 ounces; beat and mash all in a Marble Mortar, strain and wring it out hard; to this add Rice Meal sifted 3 ounces, boil it, and when it begins to grow thick, add white Sugar half a pound, (perhaps that may be something too much, the Palate is the best Judge of the quantity) red Rose Water 5 ounces; boil it with a moderate Fire.

This is a Restorative in a Consumption, and also in a Gonorrhæa and *Tabes Dorsalis*.



### An Alexipharmac Draught.

Take *Alexiterial Milk Water* 3 ounces ;  
*Epidemial, Compound Piony Water, Syrup of*  
*Gilly flowers, Syrup of Saffron, each* 2 drams,  
*Diafcardium,* 2 scruples ; *Goa Stone* 1 scruple,  
*mix.*

In suspicious, ill condition'd Fevers, it raises and supports the drooping Spirits, resists Malignity, drives it out from the Center to the Circumference, and provokes Sweat. It may be given every 6 or 8 hours, according as the Case shall require.

### An Antemetie Draught.

Take *strong Cinnamon Water, Syrup of*  
*Lemons, each half an ounce ; Salt of Worm-*  
*wood* 1 scruple ; *Oil of Nutmegs and Cloves,*  
*each* 1 drop ; *Liquid Laudanum* 20 drops,  
*mix.*

Its an approv'd, most useful, and seldom failing Remedy. In a Bilious Colic, with enormous Vomiting, and pertinacious Costiveness, we may add powdered Rhubarb half a dram or more, and repeat it 'till it makes its way by Purging.

### An Astringent Draught.

*Take Waters of Plantain 2 ounces; Mint half an ounce; strong Cinnamon 1 ounce; Syrup of Meconium 6 drams; Oil of Nutmeg 1 drop; Diascordium half a dram; Bole 1 scruple; Balaustines half a scruple, mix.*

It comforts the Stomach and Bowels, retrieves the failing Tone of the Intestines, corrects their slipperiness, and represseth their continual bearing downwards. To which may be added, that it pacifies the enraged Spirits, and drives the Radii of the Humours and Steams from the Centre to the Circumference of the Body, and thence carries them off.

### A Bechic Draught.

*Take powdered Gum Arabick half a dram; dissolve it over the Fire in Scabious and Barly Cinnamon Water, each 1 ounce and half; then add Mithridate, Diascordium, each 1 scruple; Lohoch Sanans 1 dram; Diacodium half an ounce or 6 drams, mix.*

It obtunds, incrassates and restrains the acrid irritating Serum spewed out of the Glands into the Larynx: It defends those exquisitely sensible parts with a mucous Coat, sweetly causes rest, and exterminates by Diaphoresis, the Lymphatick re-  
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crements of the Blood, and so is (upon all accounts) an apposite Remedy for such a Cough, as (proceeding from catching Cold) is unmercifully troublesome, especially at Night, just after lying down in Bed.

### Our Bitter Draught.

*Take Waters of Carduus 2 ounces; of Mint and strong Cinnamon, each 2 drams; of Gentian compound half an ounce; powdered Virginia Snake root 1 scruple; mix.*

Its ennobled with the same Virtues that the *Decoctum Sacrum* is, which see. Moreover it strengthens the Stomach, stops Vomiting, and kills Worms.

### A Draught for a Bruise.

*Take Canary 4 ounces; Oil of Turpentine 10 drops; Sealed Earth, Dragons Blood powder'd, each 1 scruple; white Sugar 2 drams, mix.*

It absorbs acrious, extravasated Serum, preserves the due mixture of the Blood, impresses on it a Balsamick Consolidating Character, and stints inward Bleeding.

### A Camphorate Draught.

Take Camphire (rubbed, and dissolved in a Mortar with a few drops of Oil of sweet Almonds) 8 grains; Corn Poppy water 3 ounces; Syrup of Marsh Mallows 6 drams; Sugar of Lead 2 grains, mix.

Its highly applauded for scalding and Dropping of Urine, occasion'd either by Epispastics, or sharp Serum. Also (as I have heard) its a praise-worthy Remedy against frequent Micturition, that dangerous Symptom in the Small Pox.

### A Cardiac Draught.

Take black Cherry Water, Alexiterial Milk Water, each 1 ounce; Mint Water 1 dram; Epidemial, Piony compound Waters, each 2 drams; Confection of Alkermes 1 scruple; Oil of Nutmeg 1 drop; Syrup of Gilly flowers 3 drams; mix.

Its good in failing of Spirits, Sick Fits and Fainting.

### A Draught for a Catarrh.

Take Colts foot water 6 ounces; white Sugar Candy powder'd 6 drams; the Yolks of 2 Eggs: Having beat them up together, and set them over a gentle Fire, stir and mix them well;



*well, and give it the Patient just as he goes to Bed.*

This Draught usually gives great Relief in a (let me call it) Guttural Rheumatic and Evening Cough, caused by catching Cold, which is pretty quiet all day, but returns at Night, especially when one lies down in Bed, incessantly disturbing, and vexatiously hindring Rest. For by reason of its sweet unctuous Mucilage, it so defends the Larynx, that it feels not the pricking of the sharp irritating Serum, and so staves off the Cough, and dallies away the hour, 'till at length, the time of Coughing is slipp'd, and Sleep steals on.

But in a Pectoral Cough (which comes deep, and arises from Pituitous Blood, pouring out gross Feculencies into the Lungs) a too liberal use of Sugar seems pernicious; For as much as it renders the Mass of Blood more Feculent than it was before, and stuffs up the loaded Bronchia with a fresh income of Filth, and affecteth the Fibres with a putredinous Disposition.

In the Isle of *St. Thomas* (saith *Garciers*) under the Equator, they grind their Sugar Canes, and when they have pressed out the Juice, they throw the remainder to the Hogs, which grow so fat and tender with it, that they may vie for goodness with the Spanish Capons, and are  
given

given to People of weak Stomachs. Hence may be collected, that if Sugar hath a Faculty to produce such a tenderness in Hogs Flesh, which is the grossest and hardest of all Flesh, for the same reason 'twill promote and hasten Corruption, and a *Sphacelus* in the Lungs, which are of a soft and spongy Substance: And on the contrary, that they may be preserv'd from it, by Stypticks and Astringents.

### A Cephalic Draught.

*Take black Cherry water 3 ounces; Compound Piony water, Syrup of Piony compound, each half an ounce; Tincture of Castor 30 drops; Liquid Laudanum 15 drops; Cinna-ber of Antimony (or rather native Cinnaber) 1 scruple, mix.*

Its highly conducive in Idiopathic Convulsive Illnesses; that (beginning primarily in the Brain it self, or Nerves) are caused by an ill sorted Copula, forcing the Animal Spirits into Explosions. But in such as are Sympathetic, and excited by meer Irritation, either of sharp Humours somewhere in the Viscera or Worms, or painful breeding of Teeth, although it may do some good (by helping off the present Explosion) yet any one may easily perceive, the principal Remedies are to be fetch'd  
from



from elsewhere; according as the variety of Causes require.

For present Cure, give it (if it can be done) in the very Fit. For prevention, give it at Night, 3 Days successively before the new and full Moon.

### A Consolatory Draught.

*Take Waters of black Cherries 2 ounces; of Mint, Damask Roses, Orange flowers Cælestis, each 1 dram; strong Cinnamon, and compound Piony Waters, each 2 drams; Confection of Alkermes, Gascoin powder, each 1 scruple; Oil of Cloves 1 drop; Syrup of Gilly flowers 3 drams, mix.*

It notably succours the Spirits when sunk, and failing; and does eminent Service in Weakness, Faintings and Palpitation of the Heart.

### A Diaphoretic Draught.

*Take of Carduus water 2 ounces and half; Epidemial, Treacle Water, Syrup of Meconium, each half an ounce; Diaphoretic Antimony 1 scruple; Venice Treacle 2 scruples; Spirit of Sal Armoniac 10 drops, mix.*

It will not be perhaps an easy Matter for any one, to find out a more

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certain, pleasant and powerful Diaphoretic. For Opiates are most excellent Companions to Sudorifics, because they both increase the Evacuation, and also all the while prevent Fatigue and Turmoil. And then Cordials and Volatiles are very properly mixt with Opiates, because they opportunely hearten up the Spirits; and give them such a stoutness, that the Narcotics cannot knock them down.

If Diaphoretick Antimony (saith *Fr. Hofman*) be very well prepared, so as to partake plentifully of Nitrous Earth; it may be kept good many Years; and given without any harm at all. But if the Sulphur of the Antimony exceed, because 'twas not sufficiently calcined with Nitre, then in tract of time, being exposed to the Air, 'twill contract scurvy, malignant Qualities, that discover themselves by proving Emetick. To avoid which, it must be faithfully and carefully prepared: See further of this under the *Warwick Potion*.

Dr. Grew, saith, That *Antimonium Diaphoreticum*, with Spirit of Nitre, and Oil of Vitriol severally, makes a considerable Effervescence, wherefore, its not a useless Preparation, as (from the Calcination and Ablution used therein) some have thought. I my self have tried the Experiment with Oil of Vitriol, and know not how I mis-

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carried, for I could perceive no Effervescence at all.

### A Diuretic Acid Draught.

*Take Horse Radish water compound 1 ounce and half; Brandy, Juice of Lemons, each half an ounce; Syrup of Violets 1 ounce; mix.*

It takes away Thirst, tempers Choler, corrects the Acrimony of Salts, Refrigerates, Fuses, Liquifies the Blood, and makes it shed off its Serum plentifully: It cuts, attenuates, and scoures off slimy Phlegm, provokes Urine, and evacuates Gravel and Sand.

Its proper where there's an hot scorbutic Constitution, a febrile Disposition, and where either Viscid or Gravelly Pituita sticking in the Kidneys or Bladder (without Inflammation or Ulcer) hinders the course of the Urine.

In the *Philosophical Transactions* (Numb. 215.) there are accounts of several cured by Acids, of a total suppression of Urine, where there was not the least appearance of any Stone, nor a drop of Water in the Bladder: I have very lately known the like Case, where Chymical Acids prevail'd.

## A Diuretic Oleose Draught.

*Take French white (or Rhenish) Wine 4 ounces; Oil of sweet Almonds 1 ounce; Oil of Turpentine 20 drops; white Sugar half an ounce, mix.*

It potently expels Urine and Gravel, and is most commodious, when the Reins, Ureters or Bladder are (not much inflam'd and hot, but yet) excoriated and ulcerated. As also in Fits of Gravel and Sand (but not of the Stone) where the Urine looks limpid or blackish, turbed or bloody, or where it is chylous or purulent.

*Helmont*, will by no means allow, that its in the power of Medicines to lubricate and relax the urinary Passages, because they would then do so first to the Stomach and Intestines; and so they do, I think, and therefore his Reasoning hath nothing in it.

Now there have been many odd Instances, to make one more than suspect, that tho' Anatomy hath not discovered any other way for the Urine, but through the Blood; yet there may be a nearer cut from the Stomach and Intestines, by the convenience of which, Remedies may come entire, or but little alter'd, to the Reins and Ureters. Among many such,  
*Hoech-*



*Hoechstetter*, (*dec. 3. cas. 4.*) tells of one, that voided running Mercury with his Urine. And (to come to our very purpose) I my self was called to a Patient, where they shew'd me Oil of Almonds, which had been that day taken, and was brought off again by Urine. And when I doubted it might slip off the other way, the Party (who is one of great Veracity) assured me, and affirm'd positively, that there was no mistake, and that it came really and truly by way of Urine.

### A Febrifuge Draught.

Take *Carduus water* 3 ounces; *Treacle water*, *Syrup of Meconium*, each half an ounce; *Diascordium* half a dram; *Salt of Wormwood* 1 scruple; *Spirit of Salt Armoniac* 15 drops; *Oil of Cloves* 1 drop, mix.

It gives relief in intermitting Fevers; especially in such of them as invade with cruel cold, shivering, shaking Fits, that continue long. Let it be given an Hour before the coming of the Ague, and presently going to Bed, let him do all he can to fall into a Sweat, and keep in it two hours.

But this sort of Cure by a Diaphoresis, is not always certain, for I have observ'd in some, that while I had them in a full

smoaking Sweat, it hath strangely gone off all of a sudden, and the horror and rigor came on at the usual time, and they were the worse for it, because they lay damp in the cold Fit.

### Riverius's Febrifuge Draught.

*Take Succory water 3 ounces; Salt of Wormwood half a dram; Spirit of Vitriol 20 drops; or rather as much as is found sufficient to ballance the Salt.*

This is a Medicine in no ways despicable for the cure of Vernal Agues. Let it be drank an hour before the Paroxysm, the Patient lying in Bed and endeavouring to Sweat. And let it be repeated likewise before every succeeding Fit, 'till at length the Ague be extinguish'd.

### A Draught for Gravel.

*Take Juice of Parsly 1 ounce and half; Brandy half an ounce; Oil of Aniseed 2 drops; Spirit of Salt Armoniac 8 drops; white Sugar 2 drams, mix.*

It provokes Urine, potently expels pituitous Filth, granulating Tartar, Gravel and Sand. But where there is a larger Stone than can pass the parts, these strong Provokers must be by all means forbore, lest



lest if it lie in the Kidney, they (by forcing it into the Ureter, and plugging up its passage as close as with a Cork) occasion a fatal suppression of Urine. And if it be in the Bladder, lest they scour and wash off the viscid Mucus, which casing over and sheathing up as 'twere, its pricking Asperities, made it lie soft and easy before; and also lest it disturb and dislodg the Stone (that rested quiet in its place) and cause it to rowl and rub, and excoriate, and so excite a most terrible, cruel Paroxysm.

### An Hemoptoic Draught.

*Take Plantain water 4 ounces; Wine Vinegar, Syrup of Comfrey, each half an ounce; the white of one Egg beat up, mix.*

This is in truth, a Noble, Experimented, and easily parable Remedy. It mightily Refrigerates, Incrassates and puts a restraint on the vehement hot, bubbling, leaping Blood; constringes, purses up, closes and consolidates the apertures of the Vessels.

### A Draught of Hounds Tongue.

*Take Juice of Hounds tongue half an ounce; Corn Poppy water 1 ounce and half; white Sugar 2 drams; Oil of Aniseed 1 drop, mix.*

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This is a good useful thing in thin Rheums and Coughs, to be taken just at going to Bed.

### An Hydragogue Draught.

Take *Cambogium* powdered, Cream of Tartar, each 14 grains; Oil of Juniper (well mixed with white Sugar 1 dram and an half;) 3 drops; white Wine 3 ounces, mix.

For the Virtues, see the Hydragogue Pills.

### An Hysteric Draught.

Take Penny royal water 2 ounces; compound Bryony water 3 drams; Tincture of Castor 1 dram; Juice of Rue half an ounce; Syrup of Mugwort half an ounce, mix.

You may give it before, in, or immediately after the Fit; also for prevention, 3 or 4 Nights together before the usual Menstruous Seasons.

### A Japonic Draught.

Take Frog Spawn water 2 ounces; Syrup of dried Roses 2 drams; powder'd Japonic Earth 1 scruple; Sugar of Lead 4 grains; Oil of Cinnamon 1 drop; Liquid Laudanum 20 drops, mix.



It hath marvellous Virtues against Vomiting of Blood, Spitting of Blood, immoderate Flux of the Menfes, and all other internal Bleedings.

*Tachenius* (*Hippoc.* p. 104.) saith in distilling Frogs Spawn, it rises all into Water, except some black, dry granula, and it abounds with an occult Volatile *Alcali*, and precipitates the Lead out of a Solution of *Saccharum Saturni*, sooner, and more than any other refrigerating Water whatsoever. That 'tis to be highly esteem'd, for he knew it happily cure a desperate Hemorrhage of the *Uterus*, and tells us, that outwardly apply'd, it, without fail, takes away the pain of the Gout and Stone.

### A Milky Draught.

Take Yolk of an Egg, brown Sugar Candy powder'd fine 6 drams; red Rose water 1 ounce; Oil of Nutmeg 1 drop; mix these thoroughly well, make them Bloodwarm, and add Milk just from the Cow a quarter of a pint.

Let it be taken and continued a long time (especially all the Month of *May*) for Supper and Breakfast in an Hectic Fever, Night Sweats, and such an Atrophy as does not arise from ulcerated Lungs, but acrid fermenting Blood, which cannot assimu-

stimulate the Chyle, and turn it into Nutritious Juice.

### A Bittous Draught.

*Take red Poppy water 3 ounces ; Salt Prunel powder'd fine 1 dram ; Syrup of Violets 1 ounce, mix.*

It refrigerates the Blood, cuts its Sickness, opens Obstructions, extinguishes Inflammations thence arising ; quenches Thirst, moves Urine, and is chiefly prevalent against a Pleurisy, Peripneumonia, Quinsy, and such Inflammatory Fevers, as partake not of any Malignity.

### An Oleose Draught.

*Take new drawn (not rank) Linseed Oil 3 ounces ; Oil of Anniseed 3 drops ; Syrup of Maiden hair 1 ounce ; Spirit of Salt Armoniac 12 drops ; mix.*

Its a Nonfuch for a Pleurisy ( where there is bloody Spittle ) Inflammation of the Lungs, and Phthisic, due Bleeding not neglected.

The Patient must not drink in an Hour at least after it, for the Oil will be apt to get uppermost in the Stomach, and be cast out by Vomiting.



We always crave for new drawn sweet Oil, I suppose because its not so offensive in taking ; but I believe that which is rancid is really better, as being more Digesting and Expecterating.

To depurate it, *Ettmuller* orders to put Water into it, shake it well about, set it by to settle and pour off the clear, which Operation is to be repeated 'till it grow limpid and pure. I have heard its a good way to put into a pint of Oil 1 ounce of *Sal Nitre*, and shake it about 'till it be fine.

### A common Paregoric Draught.

*Take black Cherry water 2 ounces and half; Epidemial and strong Cinnamon Water, each 2 drams; Syrup of Meconium 1 ounce, mix.*

Its a very usual and useful Prescription to allay Pain, and procure Rest.

### A Refrigerating Paregoric Draught.

*Take red Poppy water 2 ounces; Frog Spawn water, Syrup of Lemons, each 1 ounce; Liquid Laudanum 25 drops, mix.*

Its for the same uses with that next above, but respects a Feverish Heat and Drought more than it.

### A Peruvian Draught.

Take *Carduus* (or *Alexiterial Milk*) water 2 ounces; *Epidemial water*, Syrup of *Gilly flowers*, each 2 drams; Oil of *Nutmeg* 1 drop; very fine powder'd *Peruvian bark* 1 dram, mix.

This is a good pleasant way of giving the Cortex for Intermitting Fevers.

### A Pleuritic Draught.

Take fine powder'd *Olibanum* (or instead of it fine black *Rosin*) 1 dram, mix it well in a Mortar with the Yolk of an Egg, to which add *Diacodium* 6 drams; red *Poppy water* 1 ounce and half; Oil of *Anniseed* 2 drops; Spirit of *Salt Armoniac* 12 drops, mix.

### A preparing Draught.

Take *Rhenish* (or *French white*) Wine 3 ounces; powder'd *Cream of Tartar* 1 dram; Syrup of the 5 opening Roots and *Oxymel of Squills*, each half an ounce, mix.

Let it be taken the Night before a Purge, where you judge the Ventricle and Intestines are smear'd over with viscid Phlegm, sticking to them like Glew.



### A Saccharine Draught.

*Take Damask Rose, and Barly Cinnamon waters, and powder'd brown Sugar Candy, each 2 ounces; dissolve it over the Fire for a Draught, to be taken at Bed time.*

It emulates the Virtues of the Draught for a Catarrh, for it lines the (exquisitely sensible and irritable) parts with an agreeable Slime; defends them from the Injuries of sharp Rheums, Incrassates thin and obtunds muriatic, acrid Serum. But in consideration of its extraordinary proportion of Sugar, it must not be obtruded on those, whose Stomachs are daub'd over, and burthen'd with a great Load of clammy Phlegm.

### A Saponaceous Draught.

*Take Venice Soap (scrap'd very thin) from 2 scruples to 4; boil it in Cows Milk from 6 ounces to 4; then add Sugar 3 drams, and strain it.*

Let it be given Mornings and Afternoons for 4 or 5 days. Its reckon'd a most prevailing Medicine against the Jaundise.

### A Draught in the Small Pox.

Take *Cochineal* whole 1 dram; boil it in *Alexiterial Milk water* 4 ounces to 3; in the strain'd dissolve *Diascordium*, from 1 scruple to 1 dram; *Diacodium* 6 drams; Oil of *Nutmeg* 1 drop, mix.

This blows up the Fire a little, and at the same time restrains the Spirits from sparkling too vigorously; its a fine Medicine, if judiciously given. But Quacks and Nurses were best not venture upon it.

### A Styptic Draught.

Take *Plantain*, *Frog spawn water*, each 1 ounce and half; *Barly Cinnamon water*, *Wine Vinegar*, each 3 drams; *Syrup of white water Lilies* half an ounce; *Astringent Crocus of Mars* half a dram; *Sugar of Lead* 5 grains; mix.

It succeeds happily against all the sorts of Hemorrhagies, especially overflowing of the *Menses*, and vomiting of Blood.

### A Draught of Volatiles.

Take *Volatile Salt of Harts-horn* half a scruple; *Salt of Amber* 5 grains; *Canary Wine* 4 ounces; Oil of *Nutmegs* 2 drops; white *Sugar* 2 drams, mix.

This



This is one of the most commodious forms of giving Volatile Salts, without much Affront to a nice Palate, and is really a sort of *Sal Volatile Oleosum*, prepar'd extempore. It supporteth and raiseth falling and prostrate Spirits, dissolves Grumous, cuts Sisy, moves Stagnating and depurates Feculent Blood. 'Tis usually prescribed in Colds, with a dull heavy Head Ach, Lethargy, Palsy, Fainting, Trembling of the Heart, Pleurifies and Dropsy.

### A Draught against the Whites.

*Take the white of an Egg, beat it up very well with strong Cinnamon Water 1 ounce.*

If it be taken Daily, Night and Morning, it restrains the Whites, and alleviates Weakness and Pain of the Back occasion'd thereby. But it must never be given near the time of the Menstruous returns.

### A Draught in a Vulnerary Fever.

*Take Alexiterial Milk water 2 ounces and half; Treacle water, Vinegar, each 6 drams; Crabs Eyes levigated 2 scruples; Diaphoretic Antimony 1 scruple; white Sugar Candy 2 drams; Oil of Turpentine 4 drops, mix.*

Sylvius gives a caution against putting mucilaginous Syrups into such mixtures as have

have Crabs Eyes and Acids in them, because they will grow roapy, and unfit for use. And I my self have seen the like in a Julep with Crabs Eyes and Acids, when it had been kept a while, though it were sweetned with nothing but Sugar.

### An Eleâuary against Abortion.

*Take Conserve of red Roses, Marmalade of Quinces, Candy'd Nutmeg, Juice of Kermes strain'd, Syrup of Quinces, Syrup of Corall, each half an ounce; Species of Hyacinth 3 drams; Aromaticum Rosatum, Astringent Crocus of Mars, each 2 drams; Sugar of Lead 1 dram; Oil of Nutmeg 4 drops, mix.*

It strengthens the Stomach, discusseth Wind, refresheth the Spirits, confirms the Ligaments and Tone of the Uterus, and egregiously comforts the *Fætus*. Half an ounce is to be given twice a day.

### An Acid Eleâuary.

*Take conserve of Wood Sorrel 1 ounce and half; conserve of red Roses and of Hips, each 1 ounce; Syrup of Violets half an ounce; Oil of Vitriol as much as serves to give it a grateful Tartness, mix.*

See the Refrigerating Julep, with which it vies for Virtues.



## 1. An Analeptic Eleatuary.

Take powder'd Chocolate, sweet Almonds blanch'd, double refin'd Sugar searced, sweet Butter unsalted, each half an ounce; Pulp of Conserve of red Roses passed through a Sieve 1 ounce and half; Juice of Kermes strain'd half an ounce; Balin of Gilead 2 scruples; Syrup of Balsam 2 ounces, mix.

## 2. Analeptic Eleatuary.

Take powder'd Chocolate 2 ounces; Juice of Kermes strain'd half an ounce; Ambergrise (ground with a little loaf Sugar) 8 grains; Oil of Cinnamon 1 drop; Oil of Nutmeg 2 drops; Syrup of Balsam 2 ounces; or as much as needs to give it a due consistence, mix.

It nourishes and strengthens, repairs the wasted Flesh, recruits lost Spirits, and brings assistance in pining Consumptions. But I have sometimes observ'd it fate too heavy upon weak Stomachs.

Let half an ounce be taken at 8 in the Morning, and at 4 in the Afternoon, drinking after it Asses Milk.

## An Apophlegmatic Eleatuary.

Take Betony leaves powder'd 6 drams; Root of Pellitory of Spain 2 drams; Oil of Cloves

(or of *Sassaphras*, or of *Origanum*) 4 drops ;  
*Honey as much as sufficient, mix.*

It draws out watery and pituitous Humours, by irritating and vellicating the parts of the Mouth; and hath place in a Tumour and Inflammation of the Columella and Tonsils, Quinsy, Toothach, stuffing of the Head, inveterate Cephalalgie, soporose Distempers, Epilepsy, Palsy, (especially of the Tongue) and all sorts of cold phlegmatic Diseases of the Brain and Nerves.

For these uses, let it be chew'd and rolled about in the Mouth, in the Morning fasting, for half an hour, holding down the Head and spitting it out. After it let the Mouth be wash'd with warm Water, it may also be repeated 2 hours before Supper time.

### An Astringent Eleduary.

*Take Conserve of red Roses 2 ounces ; Discordium half an ounce ; powder'd Bole 2 drams ; Dragons Blood 1 dram and half ; Balauftines half a dram ; Oil of Nutmeg and Cinnamon, each 2 drops ; Syrup of dry'd Roses 1 ounce ; mix.*

It comforts the Ventricle and Intestines, recovers the Tone of the Bowels, bridles their disorderly Peristaltic Motion ; concen-



centers Acrimony, appeaseth Gripes: In a word, its an absolute Medicine furnish'd at all points (where Astringtion is requir'd) to repress a Diarrhæa. But here it is to be observ'd, that as long as Appetite and Digestion remain sound, a Diarrhæa never doth hurt. The Dose is half an ounce.

### A Balsamic Electuary.

*Take Conserve of red Roses 2 ounces; new unsalted Butter washed in Rose water 1 ounce; Yolk of Egg half an ounce; powder'd Balsam of Tolu 4 scruples; Balm of Gilead 2 scruples, mix.*

It dissolves tough, thick Phlegm besmearing the *Bronchia*, and renders all the *Meatus* slippery, and easily passable: It repairs and heals (as a Balsam) the Vesicles of the Lungs when tumid, and tense, and strained beyond their natural Tone. Therefore those that labour under a dry Consumptive Cough, find a great deal of Benefit by it.

The Dose is 2 drams ever now and then, especially when the Cough is most urgent.

### Dr. Boyle's Electuary.

*Take white Poppy and Henbane seed powder'd, each half an ounce; Syrup of Corn*  
I 2
Poppy,

*Poppy, Conserve of red Roses, each 1 ounce and half, mix.*

It refrigerates the Blood, incrassates thin and contempers acrid Serum, closes up the Mouths of the Vessels, quiets the irritations and spasms of the minute Fibres. The Honourable Mr. Boyle gives it high and deserv'd Commendations against spitting of Blood.

The Dose is the quantity of a Walnut, twice a day, after due Bleeding, and gentle Purging.

### A Camphorate Eleâuary.

*Take Conserve of Rue 3 ounces; Venice Treacle 1 ounce; Camphir 8 grains; Oil of Amber 16 drops, mix.*

It reprimands the Animal Spirits when too furious, and ready for Tumult and Explosion, disciplines them into order again, shakes off their heterogenous *Copula*, and sometimes expels it quite. Upon these Accounts, its found by Experience to be very serviceable to Hysteric Women, howbeit some cannot away with the odious *Ructus*, which Oil of Amber causeth.

The Dose is the bigness of a Chesnut, three times a day, with an Hysteric Julep.



### A warm Cardiac Eleatuary.

Take Conserve of Gilly flowers, Conserve of the yellow peel of Lemons, each 1 ounce; candy'd Citron peel, Green Ginger, Eleatuary of Sassafras, Juice of Kermes strain'd, each half an ounce; Oil of Nutmeg 2 drops; Oil of Cinnamon and Cloves, each 1 drop, mix.

It operates primarily and properly upon the Stomach, comforting it, by being Aromatic and Warm, and from thence raising up the Spirits into a kind of Ovation, refreshes the languishing Heart, and recruits wasted Strength. Upon this account (which I note by the by) all true Stomachics, of right and due, ought to be accounted of the same Family with Cardiacs. Let half an ounce be taken three times a day.

### A temperate Cardiac Eleatuary.

Take Conserve of Gilly flowers 3 ounces; Conserve of Barberries, Juice of Kermes strain'd, each half an ounce; Pearls levigated 4 scruples, mix.

Its suitable for People in Fevers, that complain of sinking of Spirits and sick Fits; for by restoring (after a kindly gentle manner) the failing Ferment, both in the Stomach and Blood, it puts the Spirits into

a brisker Motion, without increasing the Fever. Let 2 drams be given every 6 hours, with a proper Julep.

### A carminative Eleâuary.

*Take powder'd Golden rod, Vervain, Savory, Marjoram, Thyme, Anniseed, each 1 dram; common Rosin 6 drams; Mithridate half an ounce; clarify'd Honey 2 ounces, or as much as needs, mix.*

It corrects both crude and acrid Humors, warms the Stomach, promotes Urine. It hath been kept as a Family Medicine in a Gentleman's House, and is a notable experimented thing against windy pain in the Stomach, and flatuous Stitches in the Side. The Dose from 2 drams to half an ounce twice a day.

### A Cephalic Eleâuary.

*Take powder'd Male Piony root half an ounce; Humane Cranium, Cinnaber of Antimony (or rather Native) each 2 drams, candy'd Nutmeg 1 ounce; Syrup of Piony compound 2 ounces; or as much as is requir'd, Oil of Rosemary and Sage, each 4 drops, mix.*

It chears and roborates the Brain, depurates the foul, and fixes the too Volatile Spirits



Spirits, is beneficial in Convulsions, Epilepsy, Dizziness and Idiopathic Cephalalgia.

The Dose is from 1 dram to half an ounce Mornings and Nights, especially about New and Full Moon.

### An Electuary with Colophony.

Take Conserve of white Arch Angel flowers 1 ounce and half; Diascordium, green Ginger, powder'd Colophony, each half an ounce; Oil of Cinnamon 4 drops; Syrup of dried Roses, as much as fits to make it up with, mix.

It constringes, corroborates, edulcorates, mundifies, dries, heals: Besides other its uses, its very specifically good in a *Fluor Albus*; but if the Malady be inveterate, I take it for incurable. After other things that ought to be done methodically, according as the Case shall require. Let 3 drams of this be taken twice a day, for a long time.

### A Cretaceous Electuary.

Take fine soft white Chalk washed, Conserve of Roman (or Sea) Wormwood, each 1 ounce; Oil of Wormwood 1 drop; Oil of Mint 2 drops; Syrup of Quinces enough to mix it with.

This merits a principal Seat among the noblest of the Stomachics, it causeth a comfortable glowing warmth in the Stomach, and breaks its Acidity. Its prevalent against Heart burning, pain in the Stomach, Belching, Queasiness, Vomiting, Inappetency, Diarrhæa.

Let 3 drams be given twice a day, when the Stomach is most empty.

### An Electuary with Currants.

*Take of the best Rhubarb (finely grated, without being dried) half an ounce; Currants picked clean, and rubbed with a course Cloath 3 ounces; Syrup of Succory with Rhubarb half an ounce; Oil of Aniseeds 2 drops; beat it well in a Mortar, 'till it all be exactly mixed.*

Its for 8 Doses to be taken a Mornings, after each let the Patient drink a draught of *Scorbutic Ale*, together with *Elixir Proprietatis* 20 drops.

### An Expectorating Electuary.

*Take conserve of Rosemary flowers 1 ounce; green Ginger, Millepedes powder'd (I fancy lives ones are better) each half an ounce; flower of Sulphur 2 drams; flower of Benjamin, Saffron and Virginia Tobacco, each 1 scruple;*



*scruple; Orris root 1 dram; clarify'd Honey, 1 ounce and half; or as much as wants, mix.*

It concocts cold, and cuts viscid Phlegm, opens the Bronchial Ducts, irritates the Lungs so as to provoke a Cough, and powerfully expectorates. The Dose 2 or 3 drams thrice a day.

### An Electuary with Ginger.

*Take green Ginger 1 ounce; conserve of red Roses 3 ounces; (sometimes I order a like quantity of each) Oil of Cinnamon 4 drops; Oil of Cloves 2 drops, mix.*

It comforts the Stomach, cheers the Heart, assists Digestion, takes off Squeamishness, stops Vomiting, dissipates Flatus's, and upholds native Heat. Give the bigness of a Nutmeg an hour before Dinner and Supper.

### An Hysteric Electuary.

*Take conserve of stinking Orrach 4 ounces; Oil of Amber 48 drops; mix.*

The Dose is the quantity of a Chesnut.

### A Laxative Electuary.

*Take powder'd Senna, Cream of Tartar, each 4 scruples; Pulp of Prunes passed thro'*

*a Sieve 2 ounces; Syrup of Roses solutive as much as sufficient, mix.*

This pleasantly tasted Medicine, lubricates the Intestines, and procures a Stool or two without Sickness or Gripes, and may serve for four Doses to be taken at Night, for which the Party need not keep House the next day.

### Lucatellus's Electuary.

*Take conserve of red Roses 2 ounces; conserve of Hips 1 ounce; Lucatellus's Balsam half an ounce; Species of Diatrageanth frigid 1 dram; Syrup of Balsam 3 drams, mix.*

It Increassates, Restrings, Heals; and is profitable against Hoarsness, Cough, spitting of Blood, and all inward Hæmorrhagies whatsoever. Is good even in a Consumption it self, provided it be not a confirm'd one too far gone.

Let the quantity of a small Bean be exhibited thrice a day.

### An Electuary of Mallows.

*Take conserve of common (or rather Vervain) Mallow flowers, new Butter unsalted, each 2 ounces; powder'd Nutmeg 4 scruples; mix.*



Its slimy, soft and oiley, and therefore is a commodious Remedy against a dry husking Cough, asperity of the Trachea, and all sorts of Maladies of the Thorax, and Organs of Respiration that spring from acrious Humors. Moreover it may be given to allay sharpness of Urine, and (because it anoints, as 'twere, and makes the Ureters slippery) to make an easy descent for Sand and gravelly Stones.

The Dose half an ounce twice a day, at a good distance from Meals.

### An Electuary of Mars.

*Take conserve of Roman (or Sea) Wormwood, and of Scurvy grass, each 3 ounces; green Ginger 1 ounce and half; Rust of Iron (made into fine Dust) 6 drams; Oil of Cloves and Saffaphras, each 6 drops; Syrup of the 5 opening roots 1 ounce, mix.*

It exalts depressed Blood, and gives it a lively florid Colour, opens Obstructions, makes the Fibres strong and springy. Is convenient in a Chlorosis, suppression of the Menfes, Scurvy, Jaundise, Dropsy, and (to sum up all) in Cachexies of what kind soever.

The Dose is 3 drams every Morning and Afternoon at 5, for an whole Month or 6 Weeks together.

Custom

Custom indeed hath obtain'd to give Chalybeats Mornings and Afternoons, and strictly to enjoin Exercise to promote their Efficacy; but all things are not equally expedient for all. For some have I known, in whom Steel Medicines thus taken, would always stir up great turmoil at Stomach, nidorous Belching and sick Qualms, and the way to prevent and escape these, was to take them at Night, presently go to Bed and sleep, and so would they bear them well enough. This is not only mine, and a novel Observation, for *Claudinus* (*de Ingressu ad Infirmos* p. 401.) saith, many have been cured, that took Steel in Bed, and therefore its not always necessary (as the common Opinion runs) to use Exercise after it.

### An Electuary of Mastic.

Take conserve of red Roses 2 ounces; Raisins of the Sun passed through a pulping Sieve 1 ounce; powder'd Mastic 1 dram and half; Nutmeg half a dram; Syrup of Meconium as much as suffices, mix.

It coats over the upper parts of the Throat and Larynx with a sort of Emplastic Slime, and so obtunds their exquisitely irritable Sense. It also prohibits the extillation of too thin, sharp and fluxile Serum



rum from the Glands: Remedieth a moist Cough, that troubleth most in the Evening, especially at first going to Bed.

Let the quantity of a Nutmeg be taken dissolved in the Mouth, and gradually swallow'd at every Coughing Fit.

### An Electuary of Mint.

*Take conserve of the right Spear Mint 4 ounces; Oil of Cinnamon 4 drops; Oil of Cloves 2 drops; Oil of Anise and Wormwood, each 1 drop, mix.*

It stops Vomiting, takes away Loathing of Meat, invites Appetite, helps Digestion, corrects nidorous Belching, astringes and corroborates a weak Stomach. Some hold that Mint hinders Conception, but perhaps that may be a fanciful Opinion, and grounded upon no Experience or Reason, as many others are, that Tradition hath handed down to us.

### An Electuary of Mustard.

*Take powder'd Mustard seed half an ounce; conserve of Rue 2 ounces; Syrup of Stechas 1 ounce and half; Oil of Rosemary, Lavender, each 4 drops, mix.*

It penetrates into the Nerves, opens their Obstructions, and puts a new spriteliness, into

into the clog'd Spirits. 'Tis of use in the cold Scurvy and Dropfy; but is principally design'd against Soporouse Illnesses and the Palsy. The Dose is from 2 drams to half an ounce thrice a day.

### An Electuary with Myrrh.

*Take powder'd Myrrh half an ounce; Olibanum 1 dram; Saffron half a dram; work them together in a Mortar with the Yolk of an Egg, and add fine powder'd white Sugar Candy half an ounce; Pulp of Raisins passed thro' a Sieve 1 ounce; Syrup of Balsam half an ounce; or as much as is sufficient to make it up with.*

It hath Virtues much like the Lohock of Myrrh, which see.

### A Nephritic Electuary.

*Take powder'd Seeds of Flixweed, clarify'd Honey, fresh Butter, each 1 ounce; powder'd Nutmeg 1 dram; make it up with Syrup of Marsh Mallows.*

It admirably prevents and mitigates those Colic Pains, which commonly are occasion'd by a Fit of the Stone in the Kidneys. For prevention let half an ounce be taken Night and Morning, for three days together, before the new and full Moon, and a glass of white Wine after it. To alleviate the  
pre-



present Pain, let the same Dose be taken as soon as ever any grudging of the Fit a coming is perceived, and let it be repeated every 4 hours for 6 times, and let a quarter of a pint of the *Magistral Decoction of Mallows* be drank after each Dose.

### A Pectoral Electuary.

*Take powder'd white Troches, clarify'd Honey, conserve of red Roses, unsalted Butter, each 1 ounce; Oil of Nutmeg 4 drops; make it up with Syrup of Injubes.*

Its an elegant Composition for a troublesome tickling Cough, arising from a thin, sharp defluxion. Let it be taken from the point of a Knife, and swallow'd leisurely as it dissolves, as often as the Coughing Fit assaults.

### A Peruvian Electuary.

*Take finely powder'd Peruvian Bark 1 ounce; the blackest part of Japanic Earth 1 dram; Balsam of Peru half a dram; Oil of Nutmeg 2 drops; Syrup of Raspberries 3 ounces, mix.*

Sometimes (when there's no fear of a Diarrhæa) I omit the Japanic Earth, and add fresh Butter half an ounce; for its oilyness and smoothness makes the Bark much easier to be swallow'd, and then  
it

it fits not so hard upon the Stomach neither.

If it chance to occasion a Diarrhæa, I add powder of Balauſtines: And to the Evening and Morning Doses 15 or 20 drops of *Liquid Laudanum*.

Its a true Specific against any sort of Intermitting, or fairly Remitting Fevers, and is contrived for 8 Doses, to be given every 3 or 4 hours.

### A Peruvian Astringent Electuary.

Take powder'd Bark of Peru 1 ounce; Balsam of Tolu, Japonic Earth, each 1 dram; Mr. Boyle's Syrup as much as is sufficient, mix.

Its a Specific and very effectual Remedy for spitting of Blood, for it consolidates and (as 'twere Hermetically) seals up the gaping or ruptur'd Vessels; and that without danger of an Ulcer of the Lungs, which frequently happens upon taking other Medicines, to the irreparable detriment of the Sick. Also after due Phlebotomy, it extinguishes Colliquative Hæctic Fevers, as saith the Communicator.

Its for ten Doses to be taken twice or thrice a day, with two or three Spoonfuls of Plantain or Snail Water.



## A Peruvian Epileptic Electuary.

Take powder'd Bark 6 drams; Virginia Snake root 2 drams; Syrup of Piony as much as needs, mix it up into a soft Electuary.

I (i. e. Dr. A.) have Experimentally found it a most prevalent and most certain Remedy.

If (after due Evacuations) 1 dram be given to adult Persons (and a less Dose to others) Morning and Evening, for three or four Months, and afterwards three or four days before change and full of the Moon, it absolutely eradicates Epileptic and Hysteric Diseases; and also those odd Epileptic Saltations called *St. Vitus's Dance*, in which the Affected are vexed with a thousand ridiculous Gesticulations and Leapings, after the manner of those in *Apulia*, that are bitten by a *Tarantula*, as the most ingenious *Roman* Physician, Dr. *Baglivi* hath describ'd it.

But though the said excellent Author accuse the Bark, as being the cause of incurable Mesenteric Obstructions, for my part I could never yet observe any such Effect, provided the Body were rightly prepared for it. Yet I must acknowledge, that in continual, malignant, petechial Fevers, Jaundise and Child-bed Women, (during the flowing of the *Lochia*) its ac-

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counted

counted destructive. Thus far Dr. A. but Dr. Morton is of another Opinion (*De Morbis acutis*, p. 139.) saying, *Cortex in Puerperio salubriter Ministratur*. The Bark is an wholesome Medicine for Child-bed Women.

### An Electuary of Piony.

*Take conserve of Piony flowers 1 ounce; powder'd Piony root 6 drams; Piony seed excorticated 2 drams; Balsam of Peru 4 scruples; Syrup of Piony 3 ounces, mix.*

Its prevalent against the falling Sickness, and such like Convulsive Diseases.

### Poterius's Electuary.

*Take Poterius his Antihectic half an ounce; Haly's Powder fresh made 1 ounce and half; Syrup of Fijubes as much as suffices, mix.*

It destroys all manner of exotic, corruptive Sharpness and Asperities of the Blood and Juices; and induces a Balsamic, Soft and Oleose disposition. Its second to none in an Hectic Fever, and may be taken to two or three drams twice a day, with a draught of Asses Milk.



## A Purging Electuary.

Take powder of Jalap root 2 drams; Rhubarb 1 dram; Scammony (prepared with Sulphur) 1 scruple; Cream of Tartar 2 scruples; Oil of Aniseed and Cloves, each 2 drops; Lenitive Electuary 1 ounce; Syrup of Roses solutive half an ounce; or as much as serves to make it up.

The Dose is from 2 drams to half an ounce, or 6 drams in the Morning, with due observance.

## The Quadrate Electuary.

Take powder'd Rosemary leaves half an ounce; Syrup of Stechas 1 ounce and half; Balsam of Peru 12 drops; Oil of Nutmeg and Rosemary, each 2 drops, mix.

Its design'd against cold Affections of the Head and Breast.

## An Electuary of Rhubarb.

Take conserve of red Roses 6 drams; Diascordium half an ounce; powder'd Rhubarb 2 drams; Oil of Nutmeg and Cinamon, each 2 drops; Liquid Laudanum 80 drops; Syrup of Quinces half an ounce, mix.

I like better of leaving the *Laudanum* out of the Compositions, and dropping it into each Dose at taking.

It easeth the pain of the Guts, very gently turns out the morbid Matter, and pins the door after it, and stops a Loosness. The Dose is 3 drams or half an ounce at Bed time.

### The Royal Electuary.

Take conserve of Gilly flowers 2 ounces; of Hips, Gelly of Raspberries and of Currants, Juice of Kermes strain'd, each half an ounce; Ambergrise (well ground in a Mortar, first with Sugar Candy 16 grains; and after with Oil of Vitriol 4 drops) 4 grains; having wrought it up into an Electuary, and added as much Oil of Vitriol as may make it pleasant, pass it all through a pulping Sieve.

### A Sanative Electuary.

Take Sperma Ceti 1 dram; yellow Wax 3 drams; Oil of sweet Almonds 1 ounce; having melted all together, and taken it from the Fire, keep it continually stirr'd, and when its almost cold, and hath consistence enough to stand, mix it in a Mortar with conserve of red Roses 1 ounce and half; clarifi'd Honey 1 ounce; and so make it into an Electuary.

Its



Its very profitable against a tickling Cough, erosions of the Mouth and first Passages, Thrush, Dysentery, &c. The Dose 2 or 3 drams, four times a day or oftner.

### An Electuary of Satyrion.

*Take candy'd Satyrion root 2 ounces; candy'd Eryngo root 1 ounce; candy'd Nutmeg half an ounce; Juice of Kermes, Spirit of Clary, each 2 drams; long Pepper powder'd 16 grains, mix.*

Its an Aphrodisiac, and after a singular manner, restores People that are Consumptive and Emaciated. The Dose 2 or 3 drams, Evening and Morning with a glass of old Malaga or Tent Wine.

### An hot Scorbutic Electuary.

*Take Scurvy grass 3 ounces; Currants, white Sugar searced fine, each 1 ounce and half; powder of Arum compound 6 drams; Winters Bark 2 drams; Oil of Saffaphras 4 drops; Syrup of Elder berries 1 ounce, or as much as needs.*

It abounds with a smart, pungitive, volatile Salt, and therefore Volatilifeth fixt and acid Salt; mends the Blood and Juices, when over-run with a scorbutic

Dyscrasy, dissolves Coagulations, beats open Obstructions, carries away Feculencies, both by Sweat and Urine, is available against the rancid sort of Scurvy, Jaundise, Dropsy, Palsy, &c. Let half an ounce be taken twice a day, for a Month running. Steel may be added if the Case require.

### A temperate Scorbutic Electuary,

*Take conserve of wood Sorrel 4 ounces; of Hips 1 ounce; powder of red Coral half an ounce; of Ivory, Harts-horn, each 2 drams; Syrup of the 5 opening roots 2 ounces, mix.*

Its a well suited Medicine to those that are Scorbutic, and of an hot Constitution. It restores the lost Ferment of the Stomach assists the Ventricle and Viscera serving to Chylification, in the performance of their Office, tempers and depurates the Blood, and adust Juices, discharges Stoppages and promotes Urine. The Dose half an ounce twice a day.

### A Splanchnic Electuary.

*Take conserve of Roman (or Sea) Wormwood and of Scurvy grass, each 2 ounces; candy'd Elecampane root half an ounce; powder of Arum compound 3 drams; long Pepper,*  
Salt



*Salt of Wormwood, each half a dram ; Syrup of Fumitory 1 ounce, mix.*

It has the same Virtues with the *Splanchnic Decoction*, only 'tis hotter. The Dose 2 or 3 drams twice a day.

### A Stomachic Electuary.

*Take conserve of red Roses and Roman Wormwood, each 1 ounce and half ; conserve of Mint, of yellow Orange peel, green Ginger, Venice Treacle, each half an ounce ; long Pepper 24 grains ; Oil of Cinnamon 4 drops ; Oil of Cloves 2 drops ; Syrup of Quinces sufficient to make it up, mix.*

When we would have Electuaries (or Powders) remain a good while in the Stomach, its best to give them alone, without a Liquid Vehicle, and permit no sort of Drink that may wash them off in an hour after. Upon this account also its requisite, that such Electuaries be made of a grateful Taste, and soft Consistence, that they may be the better swallow'd down.

It corrects the coldness, crudity and laxity of the Stomach, breaks off Wind, restores Appetite, helps Digestion, cures Vomiting.

Let the quantity of a Walnut be taken an hour before Meals for an Appetite, and just after Meals for Digestion.

### A Styptic Electuary.

*Take conserve of red Roses 3 ounces; Astringent Crocus of Mars 3 drams; Sugar of Lead 1 dram; Syrup of Quinces (or of dry'd Roses) half an ounce, mix.*

It stays immoderate Flux of the Menfes, and all inward Hæmorrhagies. The Dose half an ounce.

### A Sulphurate Electuary.

*Take conserve of red Roses 2 ounces; Balsam of Sulphur Terebinthinated 1 dram; mix.*

It resists Putrefaction, mundifies, consolidates, dries, roborates and tempers Acids, is used for Defluxions into the Breast, Cough and beginning Consumption. But when an Hæctic is once begun, Sulphureous Medicines are too hot, and must be forborn. And some forbid Balsam of Sulphur in a Consumption, where there hath been a breach in the Lungs and spitting of Blood. The Dose 2 drams, twice or thrice a day.

### A Terebinthinate Electuary.

*Take conserve of red Roses 4 ounces; Oil of Turpentine 80 drops, mix.*

Its



Its an excellent useful thing for a Cough that is caused by thick Phlegm impacted in the Lungs; for purulent Exulcerations, where there is no great Hectic Fever, as also to deterge the Reins, and enforce Urine. Dose 2 or 3 drams twice a day.

### An Electuary with Turmeric.

*Take conserve of Celandine leaves 1 ounce; powder'd Turmeric half an ounce; Troches (or rather dried Flesh) of Vipers 3 drams; Rhubarb, Saffron, each half a dram; Syrup of Fumitory as much as suffices, mix.*

It revives the *Σύμματα* of the Blood, adds fresh vigour to the depressed Volatile Salt, stimulates and gives motion to the Bile stagnating in the Liver, and so happily cures the Jaundise. Dose the quantity of a Walnut, twice a day, with a glass of white Wine after it.

### 1. An Electuary of Zedoary.

*Take powder'd Zedoary 1 ounce; Balsam of Peru 2 drams; Syrup of Piony 3 ounces; mix.*

Its for the Colic.

## 2. An Electuary of Zedoary.

*Take conserve of Marjoram 6 drams; Balsam of Peru 2 drams; long Pepper 16 grains; powder'd Zedoary 1 ounce; Diacodium 2 ounces, mix.*

Its helpful in a Colic Fit, and may be given, after way made through the Intestines by Cathartics: But its main use is for prevention of an habitual Hysteric Colic, where the Stomach and Guts are cold, lax, and weak. The Dose 2 drams twice a day at a good distance from Meals.

## A Cardiac Eleosaccharum.

*Take Oil of Cinnamon 6 drops; Saffron, Musk, Ambergrise, each 3 grains; white Sugar 45 grains; make it into a powder to be divided into 6 Doses, and given in a fitting Vehicle.*

## An Anodyne Elixir.

*Take Camphire, Myrrh, Saffron, each half an ounce; Contrayerva root, Cloves, each 1 ounce; Opium 2 drams; Spirit of Wine rectify'd without Heat (after describ'd) 20 ounces; Digest in a Dunghil 6 Weeks then Decant the clear Liquor for use.*



Its one of the best Medicines to cure Colic and Nephritic pains, it resists Poison causeth Sweat, and is much esteem'd, at *Leyden*, saith Dr. A.

The Dose is from 5 to 20 drops in a fitting Vehicle.

### A Cathartic Elixir.

Take *Senna* 6 drams; *Rhubarb* 2 drams; *Liquorice* 1 dram and half; *Aniseed*, *Caraways*, each 1 dram; *Cochineal* 1 scruple; *Saffron* half a scruple; *Brandy* 12 ounces; *Aqua Mirabilis*, *Cinnamon water*, each 2 ounces; after due Infusion, strain and add *Syrup of Roses solutive* 2 ounces, mix.

I account of this as the best I ever met with of this kind. The Dose is 2 Spoonfuls at Night, and 3 the next Morning; or else 5 or 6 Spoonfuls in the Morning only.

### A Stomach Elixir.

Take *Elixir Proprietatis tartaris'd* 3 drams; *Oil of Cloves*, *Nutmeg*, each 6 drops; *Oil of Mint* 2 drops; *Oil of Wormwood* 1 drop; mix.

The Dose is 15 or 20 drops in a draught of Sack, or Sherry Wine, in the Morning.

## A Stomach Elixir with Cinnamon.

Take Elixir Proprietatis tartaris'd 3 drams;  
Oil of Cinnamon 12 drops; mix.

The Dose is 15 or 20 drops in a glass of Wine.

## Emetic Forms.

Take luke warm Water 1 pint; Oil of Olive (or of sweet Almonds) 4 ounces; mix for a Draught.

Take green Thea half an ounce; boil it in Water (or Ale) from 1 pint to half a pint for a Draught.

Take Oxymel of Squills 6 drams; Salt of Vitriol 4 grains; mix for a Child 6 Years old.

Take Oxymel of Squills 3 ounces; drink it in a draught of Posset.

Take Oxymel of Squills 1 ounce; Salt of Vitriol 15 grains; Infusion of Crocus Metal-lorum 3 drams, mix.

Take Oxymel of Squills 2 ounces; Salt of Vitriol 1 dram and half; Cinnamon Water 2 ounces, mix, and let 2 or 3 spoonfuls be taken twice or thrice an hour, as long as Vomiting is desir'd to be continu'd.

Take Oxymel of Squills, Oil of sweet Almonds, each 4 ounces; let 2 ounces be taken, and repeated 'till it operate.

Take Groundsel 1 handful and half; Currants half a handful; Aniseed (added at last)



2 drams; boil in Ale 12 ounces to half a pint, for a draught.

Take inner rind of Elder 2 handfuls; boil in Milk and Water, each half a pint, 'till half be evaporated, and strain it out for 1 Dose.

Take green Assarabacca from 5 leaves to 9, bruise and pour on them Ale (or white Wine) 3 ounces; let them stand together cold an hour, and then strain and squeeze out the Liquor for a Dose.

Take Emetic Tartar from 1 grain to 5 or 6.

Take Emetic Wine (prepared with Crocus Metallorum, and glass of Antimony in white Wine) from 20 drops (which Dose I have known given to a small Infant) to 6 drams 1 ounce or 10 drams.

Take powder'd root of Ipeca coanna, from half a scruple (for a Child) to half a dram, 2 scruples, or (at most for a grown Man) 1 dram.

It were to be wished, that young Practitioners (for whose sake I compil'd this Pharmacopæia) would be very cautious in the use of, or rather would wholly forbear, the following Emetics.

Tobacco leaves.

All the sorts of Spurges.

White Hellebore.

Glass	} of Antimony	} in Substance.
Regulus		
Crocus Metallorum		
Turbith Mineral.		

Sul-

*Sulphur of Antimony.*

*Flowers of Antimony.*

*Aurum Vita.*

*Mercurius Vita*, which hath been called  
*Mercurius Mortis.*

*Hercules Bovii.*

### The Arabic Emulsion.

Take Gum Arabick 1 ounce; bruise and boil it in fine Barly water 1 quart; 'till it be wholly dissolved; with this solution, and Mallow seed, white Poppy seed, and sweet Almonds blanch'd, each half an ounce; make an Emulsion according to art; to which add Sugar of Lead 16 grains, Syrup of Marsh Mallows 3 ounces; mix.

In any scalding of Urine, caused either by Acrimony of the Blood, or by Epispasticks, or gravelly Sand, it's a present Remedy. The Dose 4 or 6 ounces, two, three, four, or more times a day.

### A Balsamic Emulsion.

Take Balsam of Tolu 6 drams; decoct it in fine Barly water 3 pints to 1 quart, when it's cold strain it, and adding sweet Almonds blanch'd 6 drams; Balm of Gilead 16 drops; white Sugar 1 ounce; make an Emulsion according to art.

It's



It's a fit Prescription for consumptive Persons, for it softens down harsh Juices ; comforts the Lungs; dissolves crude Tubercles ; corrects Putrefaction, and makes the Parts sound.

Give a Draught of 4 ounces four times a day.

### Brunner's Emulsion.

*Take Gum Ammoniacum 1 dram and a half, having dissolv'd it cold in a Mortar, in Hyssop Water, 4 ounces, and Rhenish Wine 2 ounces ; strain it out for 2 Doses.*

In an Asthma it's accounted an extraordinary, and never failing Remedy, and puts off the suffocating Fit so effectually, that I have not seen a better, saith the Author. *Consil. 34.*

### A Cathartic Emulsion.

*Take Rosin of Scammony, (or Scammony powder'd fine) half a scruple, or as much as suits the Patient's Constitution ; Yolk of Egg 2 drams ; white Sugar 1 Dram ; Damask Rose, and Barly, Cinnamon Water, each 6 drams ; mix for one Dose.*

This Rosin is wont to be faulty upon two accounts, either it will not dissolve in the Body, but be cast out again unaltered, without causing any purgation at all, or it

it will stick in the folds of the Ventricle, and Intestines, so as to work ruggedly, and cause sickness at Stomach, Vomiting, Gripes, and Hypercatharsis. But thus broken into its minute Particles, and divided, and kept asunder by the admixture of the Yolk, it's perfectly cicurated, and useth to do its business effectually, and safely enough.

### A Common Emulsion.

*Take sweet Almonds blanch'd, Cucumber, and white Poppy Seeds, each half an ounce; refined Sugar 1 ounce; beat these all together in a marble Mortar, 'till they are almost like Paste; then adding fine Barly Water, by little and little, a quart, make an Emulsion, according to art, which strain and squeeze out, thro' a linnen cloth.*

If the Sugar be thus beaten in with the Almonds and Seeds, it will fetch out their oily part, and make the Emulsion the whiter and better.

The uses of this are great and many :  
 1. For Heat, Estuosity, Erosions of the Stomach, and Thirst: 2. For Fervors and Tortors of the Bladder, scalding Urine, and Gonorrhæa: 3. For Ebullition and Acrimony of the Blood in inflammatory Fevers, Pleurifies, Rheumatism, Watchings,  
 and



and Delirium. 4. To supply and restore Serum when deficient in an ardent and in hectic Fevers, the Body being parch'd and dry'd up: Summarily to Lenify, Supple, Refrigerate and Humect.

Let the Patient take a full satisfying Draught at Pleasure: if the Stomach be very tender and weak, let it be given warm.

### A Cordial Emulsion.

*Take Epidemial and compound Piony Water, each 4 ounces; Citron seeds half an ounce; make an Emulsion, to which (when strained) add Sugar of Pearl 3 drams; Oil of Nutmeg 1 drop, mix.*

In malignant Fevers, let the Sick take 2 or 3 spoonfuls twice or thrice a day.

### An Emulsion with Harts-horn.

*Take Decoction of burnt Harts-horn (not clear but white) 1 quart; sweet Almonds blanch'd, white Poppy seeds, each half an ounce; make an Emulsion, to which (when strained) add strong Cinnamon Water 2 ounces; Oil of Nutmeg 1 drop; fine Sugar 1 ounce, mix.*

Its used with happy Success for constant drink, in such Fevers as are accompanied with a symptomatic Diarrhæa.

Calcin'd Harts-horn being a meer *Terra Damnata*, wholly bereav'd of all Salts, must needs, as it boils in Water, imbibe the Salt of that Water, and leave its Pores empty and esurient: And then that esurient Water taken into our Viscera and Vessels, will greedily suck into it whatsoever Salts it finds, and will carry them out of the Body with it. And (as I judge) this is the manner how it correcteth the Ventricle and Intestines, andedulcorateth the Blood and Juices.

Dr. *Mayow* (*de Thermis Bath*, 264.) lends us some light in this Matter, saying, if Salt of Tartar be mixt with Spring Water, a Precipitation follows, and it turns white, which is a certain Proof, that Spring Waters have an acid Salt in them.

### A Pacific Emulsion.

*Take white Poppy seed 2 drams; 1 sweet Almond blanch'd, with red Poppy water 3 ounces and half make an Emulsion; to which add Mint water 1 dram; Diacodium 3 drams; for a single Dose.*

It sooths up and composeth to quiet, the mad, raging Spirits, and perswadeth Sleep: Its more temperate than Laudanum, and lieth not so heavy on the Stomach as Diacodium.



### An Emulsion of Piony.

Take Piony and white Poppy seeds, blanch'd Almonds, each half an ounce; fine Loaf Sugar 1 ounce; Oil of Nutmeg 2 drops; when they are well beaten together, add by degrees, black Cherry water 1 quart; make an Emulsion according to Art, to which, when strain'd, add compound Piony water 2 ounces, mix.

N. B. After this manner may any Chymical Oil be commodiously mix'd up, and made fit to take. Or it may be done with the help of Yolk of Egg, as in the Juniper Mixture, which see.

Its given for the Epilepsy, and all Convulsive Diseases, but is especially of egregious use in Fevers with Head Ach, frightful Dreams, snatching of the Tendons, &c.

The Dose from 2 to 4 ounces, every eighth or sixth hour.

### A Styptic Emulsion.

Take Comfrey root, cut into thin rundles 4 ounces; boil it in water 3 pints to 1 quart; strain out the Liquor, with which and sweet Almonds blanch'd, white Poppy and Herbane seeds, each half an ounce; white Sugar 1 ounce; make an Emulsion, and dissolve in it Salt Prunel 1 dram; Sugar of Lead 1 scruple.

It refrigerates, contempers and increaseth the Blood; closeth up the Mouths of the Vessels, pacifieth the unquiet Spirits, and is a useful thing to stay Bleeding at the Nose, spitting of Blood, flux of the Hemorrhoids or Menses. The Dose 4 ounces twice a day.

### An Aluminous Epithem.

*Take burnt Alume powder'd half an ounce; Nutmeg 1 dram; Honey of Roses as much as sufficient to make it of the Consistence of an Ointment, which spread upon Paper, and bind upon that side of the Face that is in Pain, with a convenient Cloth.*

The Tooth Ach is entitl'd to it, and it hath place, when the Cause is not an hollow, rotten Tooth, but a sharp Rheum affecting the whole Jaw, and one side of the Face, which bringeth a conflux of Humours, and an Inflammation. For it repels very powerfully.

### An Anodyne Epithem.

*Take Brandy 4 ounces; Camphire half a dram; Opium 2 drams, dissolve.*

It comforts the Nervous parts, by its warmth appeaseth the raging Spirits, penetrates deep, sets open the Pores, attenuates, dissipates, obtunds the dolorific Matter, and drives it off by Diaphoresis.



## An Epithem of Calx.

*Take Calx 2 ounces; thin Honey as much as sufficient to bring it to the consistence of an Unguent, to be spread upon Leather, applied to the part affected, and renew'd as often as it grows dry.*

It must be mingled with Care and Artifice (especially if the Calx be new calcin'd and unslack'd) otherwise 'twill rise into Bubbles, and grow into Lumps. I have sometimes added common soft Soap.

Its a notable Experiment, and well proved, against fixt, scorbutic Pains and joint Rheumatisms. I never offer'd at it in the true Gout, but am of Opinion 'twould be very available, and it may be the safer ventur'd upon, because it doth not repel. Its a good thing to lay on Chilblains that are not broke.

## A Cordial Epithem.

*Take Queen of Hungary's Water 6 drams; compound Spirit of Lavender, Spirit of Saffron, each 2 drams; Apoplectic Balsam 1 scruple; Oil of Cloves 10 drops; mix.*

Its a proper Prescription against swooning Fits and palpitation of the Heart. But is not agreeable to Hysteric Women, because of its perfume, which few of them can bear.

## An Epithem of Sugar of Lead.

*Take Vinegar half a pint; Sugar of Lead 1 ounce, dissolve.*

Fold a Linnen Cloth, dip it into this Liquor, apply it absolutely cold to the Region of the Heart; and as often as it waxeth warm repeat it cold again.

'Twas communicated to me by an eminent Physician, as a miraculous Experiment, against bleeding at the Nose. He told me, 'twill at first (by reason of its Cold) strike the Patient into a little quaking and shaking like the Horror of an Ague Fit, and in a small time after, let the flux of Blood be never so pouring, 'twill most certainly stop it.

## A Saponaceous Epithem.

*Take the Spirit that comes over first in the Distillation of Magistral Worm water 6 ounces; Spirit of Scurvy gras 2 drams; Spirit of Salt Armoniac 6 drams; Venice Soap scraped thin 1 ounce and half; Camphire 6 drams; Opium 1 dram; Saffron half a dram; Give it due Digestion, and then decant the clear.*

It mightily relieves and succours Gouty People, where it proves not too hot, for it roborates the part affected without any manner of Repulsion; streightens out painful Crispations of the Fibres, appea-  
ses



ses wild rioting Spirits, sheaths up sharp points of Salts, dissipates dolorific Ichor, and draws it off by Transpiration.

*John Conrade Rhumelius*, hath given us the following pretty concise Prescript, which I suppose this was meant to be an improvement of.

*Take Venice Soap 2 ounces; Camphire from 2 drams to half an ounce; Spirit of Wine as much as needs, give it due Digestion; then having separated it from its Feces, keep it for use, and let it be applied to the pain'd Part with Linen Cloths.*

### A Chymical Errhine.

*Take Turbith Mineral half a scruple; powder of Liquorice half a dram; Nutmeg 1 scruple; Oil of Rosemary 2 drops; make it all into a powder, to be snuffed up into the Nose in a very small quantity.*

Errhines are to be us'd chiefly in the Morning, but (if need be) at any other time also. They draw out of the Head and Nose, abundance of Water, Mucus and Viscid Phlegm, and are pertinently prescrib'd against such Illnesses of the Head, as are caus'd by tough, clammy Matter, and have been of long continuance and contumacious, such as gravative Head Ach, Palsy and drowsy Distempers.

This of Turbith is wonderfully powerful, brings off especially thin Lympha (as though it raised a Salivation through the Nose) so plentifully and streamingly, that none can imagine it, who hath not seen it. But if repeated too often, 'twill fret the Membrane of the Nostrils, and make it sore, therefore after every time of using it, it would not be amiss to snuff up warm Milk or Oil.

### An Errhine of Elaterium.

*Take powder'd Elaterium 4 grains; Langius's Water 1 ounce; Oil of Nutmeg 2 drops; mix.*

Make Tents of Tobacco leaves, dip them in this mixture, thrust them up the Nose, and let them there continue as long as they can be endur'd.

### An Errhine of Euphorbium.

*Take powder'd Euphorbium half a scruple; white Wine 1 ounce; Spirit of Scurvy grass 2 drams; Oil of Marjoram 2 drops; mix.*

Dip Cotton into it, and having shaped it fitting, put it up the Nostrils.

*Ludovicus (Pharmac. p. 147.)* Decocts Euphorbium half a dram in Water half a pint, then strains out and uses it sparingly, because 'tis corrosive and semi-virulent.



### An Errhine of Juices.

Take leaves of Honey suckle 4 handfuls ;  
Primrose 3 handfuls ; Betony 2 handfuls ;  
Marjoram 1 handful ; stamp these, and strain  
out their Juice.

Put some of it in the Palm of your Hand,  
and snuff it up two or three times, or let it  
be blown up with a Quill or Tobacco  
Pipe.

### A solid Errhine.

Take Confectio Hamech, powder'd Scam-  
mony, each 2 drams ; Euphorbium 16 grains,  
make it into a Mass like Paste, out of which  
form longish Pellets to be thrust up the Nose,  
and to be there kept an hour with a Musler.

### A Vitriolic Errhine.

Take Marjoram water (or Thea made with  
Marjoram) 1 ounce ; dissolve in it Salt of  
Vitriol half a scruple.

Ettmuller Takes white Vitriol 2 drams,  
Water 8 ounces dissolves, and lets it stand  
to precipitate.

Sometimes he allows but 2 scruples to 8  
ounces ; but if it be too strong, it may  
easily be weakned, to any degree with  
Water.

'Tis one of the best Errhines, to bring  
away Mucus and plenty of Rheum : And  
if it be made mild, it may be used to new  
born

born Babes, when their Nostrils are stop't.

### A Cordial Hysteric Essence.

*Take Oil of Cloves 30 drops; Oil of Amber 6 drops; Oil of Aniseed 4 drops, mix.*

Or to these may be added *Spirit of Salt Armoniac 2 drams.*

After the same manner may be contriv'd of Chymical Oils, infinite other Essences, Stomachic, Carminative, Cephalic, Diuretic, &c. according to the various Intentions of the Prescriber.

Let 3 drops be taken drop'd on a lump of Sugar, or Sugar Cake, or in Beer, Wine, or other appropriate Vehicle.

### An Expression of Brooklime compound.

*Take Brooklime, Water cresses, Borage, Plantain, each 4 handfuls; having stamp'd them in a Stone Mortar, and pour'd on them Water 2 quarts; let them stand cold an hour, then strain out the Liquor, and drop into it as much Oil of Vitriol as will give it a convenient Tartness: This set by, and when its settled and grown very clear decant it, and keep it in glass Bottles for use.*

This easily parable, and cheap Expression hath the same Virtues with the temperate Scorbutic Expression, but Refrigerates much more.

Among



Among other its uses, I esteem it a very admirable thing against Bleeding at the Nose, and Inflammation of the Eyes.

It may be drank to half a pint twice a day.

### An Icteric Expression.

*Take Celandine 2 handfals; Juniper berries 1 ounce; to these well bruised, add Saffron (cut small with Scissors) 1 scruple; white Wine (or Rhenish) 1 pint, Aqua Mirabilis 2 ounces; after it hath stood cold 12 hours, strain out the Liquor and sweeten it with Syrup of the 5 opening roots 1 ounce and half.*

After due Purging (or Vomiting if needful) give 3 ounces three times a day, 'till the Jaundise wear off.

### An Expression of Millepedes simple.

*Take live Millepedes and white Sugar, each 3 ounces; when they are well beaten and mixed together in a Mortar, add white Wine 1 pint; and strain and squeeze out the Liquor.*

Millepedes abound in Volatile Salt (as all Insects do) they incide, and dissolve tough, clammy Phlegm wheresoever it sticks, attenuate, exalt and depurate the Blood, penetrate into the Glands, Nerves, Fibres, smallest Pipes and Passages, piercing through Obstructions, deterging, cleansing and comforting, and are famous for their Diuretic quality. They are used in  
cases

cases of Gravel, Sand, Dropsy, Jaundise, King's-Evil, Cough, Phthific, Consumption at the beginning, Hypochondriac Affects; Scorbutic Joint Pains, dimness of Sight. They procure and preserve a good Skin and fine Complexion, and are much celebrated for an internal Medicine in sore Breasts, Malign Phagedenic Ulcers and Cancers.

They seem not convenient for such as have hot, thin Blood: And I have heard (but can't say much to it from my own Experience) that if they be given at Night in large quantities, they will occasion scalding of Urine; and when they do so, the true Remedy of it is, Balsam of Capivy.

The Dose is 3 ounces every Morning for a long time.

### An Icteric Expression of Millepedes.

*Take live Millepedes 100; Saffron cut small half a scruple; Nutmeg half a dram; white Sugar half an ounce; when these are all well beaten up together, pour on the Mass Celandine (or Cleaver) water 4 ounces; Magistral worm water 2 ounces; and strain out the Liquor, squeezing it hard.*

The Title denotes its Virtues. Give half of it in the Morning, and the rest at 4 in the Afternoon every day.



## An Expression of Millepedes for a Chin Cough.

*Take live Millepedes cleansed 2 ounces; Aniseed 1 dram; Nutmeg half a dram; white Sugar 1 ounce; having beat them well, and added Penny royal water 6 ounces; compound Bryony and compound Piony waters, each 1 ounce; strain it out.*

The strange Obstinacy of this Distemper calls for an equal perseverance in the use of Remedies. Bleeding being first performed, Give Children a Spoonful after every Fit of Coughing, and give it unweariably, 'till the Cough be conquered at last, and quite drove away.

## A Pleuritic Expression.

*Take green Dandelion 4 handfuls; bruise, and pour on it red Poppy-Water 1 pint, then strain, and add Salt Prunel 1 dram; Crabs Eyes levigated 2 drams; Syrup of red Poppies 3 ounces, mix.*

It gives a check to the raging Orgasme of the Spirits; qualifies the fervour of the rarified boiling Blood; melts down gellied Lympha, and provokes Urine.

After needful Bleeding, (without which nothing will signifie much) let 5 Spoonfuls be given each other Hour.

### An Expression of Piony.

*Take Male Piony Roots, (fresh taken up and bruised) 4 ounces; Misseltoe cut small, 1 ounce; Canary Wine 1 pint, give them a hot and close infusion for 2 hours, then having wrung out the Liquor, add to it compound Piony Water, and compound Syrup of the same, each 2 ounces; Tincture of Castor 2 drams; Oil of Nutmegs 2 drops, mix.*

It clarifies and invigorates the Brain and Nerves, and it is of use in Convulsive Maladies, Essential Headach, Megrim, Vertigo, Palsey, and Hysterick Affections.

Give 3 ounces every Night and Morning.

### A Refrigerating Expression.

*Take Male Pimpernel 3 handfuls; Borage 6 handfuls; Roots of Borage cut into thin Rundles 2 ounces; Pippins 3; Salt Prunel 2 drams; white Sugar 1 ounce and a half, stamp, and pour on them Meadow Sweet Water 3 pints; when they have stood cold a night's space, strain out the clear Liquor.*

It's dedicated to the service of such melancholy Persons, as are of an adust, hot and dry Temperament, for it corrects atrabilarious Blood, qualifies its Ebullitions, tempers flatulent Estuosities of the Hypochondria, refrigerates the over-heated Brain, condenses rarified and restrains boisterous



sterous Spirits, precipitates Salts, and carries them off by Urine.

The Dose is 6 ounces twice or thrice a Day, for a good long course of time.

### A Rosaceous Expression.

*Take the softest, free, white Chalk powder'd 2 ounces; Bole Armoniac 1 ounce; boil in Water 3 quarts to 1 quart; set it by to subside, then having decanted the clear, put into it conserve of red Roses 6 ounces; digest warm for 12 hours; and so run it thro' a straining bag, 'till it be clear.*

This is truly a present and trusty Remedy for such a Diarrhæa as ought to be stop'd, whether it proceed from Acrimony and Fermentation of Humors, or weakness and slipperiness of the Guts, either with or without Gripes. If any find it too cold for them, it may easily be help, with Cinnamon water or Venice Treacle.

The Dose is 6 Spoonfuls, twice, thrice, or oftener a day, as the Case shall require.

### A Scorbutic temperate Expression.

*Take Brooklime, Water Cresses, Dandelion, Cleavers, each 4 handfuls; Oranges cut to pieces with their peel 4; stamp and add white Wine, Elder flower water, each 1 pint; when they have stood a while, strain out the Liquor, which*

*which when clear pour off, and sweeten with Sugar to make it palatable.*

Its very advantageous for those Scorbutic People, that are of an hot Constitution, and apt to be troubled with Erratic Flushings, hectic Heats, and wasting of Flesh. Let 4 ounces be drank twice a day.

### A warm Scorbutic Expression.

*Take Scurvy grass, Watercresses, Brooklime, Celandine, each 4 handfuls, to these, when stamp'd, add white Wine half a pint; Horse Radish Water compound; Magistral Worm Water each 4 ounces; after it hath stood an hour, strain out the Liquor, and add Spirit of Scurvy grass 2 drams; white Sugar 2 ounces, or as much as will make it grateful, mix.*

It emulates the Virtues of the hot Scorbutick Ale, (which turn back to) let 4 Spoonfuls be taken thrice a day, in a Draught of Ale or Beer.

### A Styptic Expression.

*Take common Daisie; Mouseear; Tarrow; Nettle each 3 handfuls, having stamp'd them, pour on Plantain water 12 ounces; after it hath stood an hour, strain it, and add Salt Prunel 2 drams; Syrup of dry'd Roses 2 ounces, mix.*



It refrigerateth, tempereth, depurateth, and incrassateth the Blood ; also it contringeth the gaping, and healeth the wounded or broken Vessels, and upon these accounts cureth spitting of Blood, and all sorts of Hemorrhagies.

The Dose is 3 ounces twice or thrice daily, till the Cure succeed : But Laxatives must be interposed at due times.

### A Pectoral Extract.

*Take the best Malt can be got, ( not burnt in drying ) ready ground 1 gallon and a half ; Water 2 gallons ; make Ale Wort according to Art.*

*To this (drawn off clear) add Malaga Raisins stoned and shred small half a pound ; Liquorice 2 ounces ; powder'd Japanic Earth 1 ounce ; boil 'till it come to half a gallon, then strain it out, and having added Cochineal 4 scruples ; set it on a moderate Fire, to evaporate 'till it come to the consistence of Honey.*

I have often caus'd this extraordinary neat and efficacious Medicine to be prepared, and ever esteem'd it the more excellent upon this account, that though it be a thick, glewy sort of Mucilage , yet by reason of its grateful Austerity, it doth not (like all other Incrassating Pectorals) relax, and sit heavy upon the Stomach ; But on the other hand, comforts it, and strengthens and confirms its Tone.

Its Business is, to moisten the Membranes of the Larynx when parch'd, appease them

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when

when Irritated, heal them when excoriated: To refrigerate the Glands when over-heated, soften them when swell'd hard, and constringe them when lax and spongy: To temper the Acrimony of the Serum, Incrassate it, when too thin, and restrain it, when flying out. And so upon these Accounts, its a most substantial and adequate Remedy for a Rheumatic Cough and Asperity of the Throat. To be taken like a *Linctus*.

### An Anodyne Foment.

Take white Poppy heads (cut, and bruis'd with their Seeds) Dill seeds, each 2 ounces; leaves of Henbane, Hounds tongue, common Nightshade, each 2 handfuls; boil in Water 3 quarts to 2 quarts, and strain it out.

It explicates the corrugated Fibres, composeth enraged Spirits, obtunds acrious Humours, attenuateth Viscid, and returns Stagnating into the common circulating Channels.

Let it be used very hot, with Flannel Stupes, and repeated as often as Pains grow strong again.

### An Astringent Foment.

Take Oak bark 2 ounces; Pomegranate peel half an ounce; Balaustines, red Roses dry'd, each 1 handful; boil in Water 2 quarts to 1 quart, strain and add rough red Wine half a pint; to these may also be added Alum 2 drams or half an ounce. It



It corrugates the relax'd Fibres, strengthens their Tone, shuts up the external Pores, and straitens the internal Passages, hinders the afflux of Humors, and repels them off. Its good in the beginning of Inflammations, during the time of Influx, and as long as the Matter is repassable. Also in Oedematous Tumors, Vomiting, Diarrhæa, immoderate flux of the Menfes or Hemorrhoids, falling out of the Womb or Intestines, and in Ruptures, after the putting back of the Guts.

### A Foment with Bitters.

*Take round Birthwort roots 1 ounce; common Wormwood dry'd, Lavender Cotton, Tansy, tops of Savine, each 1 handful; Bears foot half a handful; Coloquintida, Aloes, each 1 dram; make a Decoction in Water 3 pints to 1 quart, and strain.*

Its no unusual thing, for Worms to creep into the Plicæ of the Intestines, and lie and lurk there so closely and securely, as to elude the force, not only of altering, but purging Medicines also, which slip by, and never touch them at all. In this Case, Externals (and this Fomentation especially) are exceeding useful, to disturb and drive them out of their Dens, into the open ways of the Intestines, where Purgers finding them, may kill and expel them by Siege.

Let it be used to the region of the Abdomen with Flannel Stupes hot, before Purging.

### A Camphorate Foment.

*Take Vinegar 1 pint; dissolve in it over the Fire Nitre 1 ounce; Camphire 1 dram.*

Apply it quite cold to the Region of the Breast, and 'twill marvellously stop enormous Bleedings at the Nose. Lay it to the Region of the Pubes and Testicles, and 'twill put off a drunken Fit.

### A Colic Foment.

*Take Camomile flowers 2 ounces; Juniper and Bay berries, each 1 ounce; Crude Salt Armoniac half an ounce; boil in water 3 quarts to 2 quarts, adding at last, Seeds of sweet Fennel, Caraway, Cammin and Anise bruise'd, each half an ounce; to the strain'd add Brandy 1 pint, mix.*

This is useful, not only in a flatulent or wind Colic, but also in the terribly tortoring bilious Colic, for when the Pain rages intolterably, as though the very Guts would break, and the Sick is so excessively costive and shut up, that even the strongest Cathartics cannot work their way through: Then it is that these Foments come in to our Assistance, like help sent from Heaven; for by gratifying the Muscles of the Abdomen, with a pleasing, warm irrigation; reviving native Heat, driving off Flatus's, letting loose the spasmodic knot, and re-establishing due Peristaltic Motion



Motion through the Intestines, they happily assist Purges to do their Business to purpose, and break off the Disease.

### A Diuretic Foment.

*Take roots of Smalage 4 ounces ; roots of Fennel, Linseed, each 2 ounces ; Herbs Pellitory of the Wall, Mallows, Arsmart, Camomile flowers, each 2 handfals ; boil in Water 3 quarts to 2 quarts ; in the strain'd dissolve crude Salt Armoniac (or if you cannot get it, Salt Prunel) half an ounce ; common Soap 2 ounces, mix.*

Its used with laudable Success, in the cruellest Fits of the Stone in the Bladder, accompanied with most lamentable torture and suppression of Urine. But it doth not operate (as vulgarly believ'd) because it consists of Ingredients that are properly Diuretic, and endow'd with a Specific gift of expelling, but partly, because it relaxes and recreates (by its soft Foment and kindly Warmth) the Muscles of the Abdomen and Bladder, which the pain and afflux of Humors, had render'd tense and rigid; and partly, because (by mildly pricking them up as 'twere, and stimulating) it provokes them to fall on a fresh upon their usual Business of Constriction.

### A Dysenteric Foment.

*Take Oak leaves green 10 handfals ; boil them in a close cover'd Pot in strong Wine Vinegar as much as needful for a Foment, with which let*

*Anus* be fomented, and the hot Vapour received up into it.

This truly is *Rulandus* his Experiment, but (I declare it) I should scarce trust to such a slight Remedy alone, in so direful calamitous, and hardly superable a Malady. Howbeit, I am not unwilling to allow it place, provided it put not by the use of other proper Remedies.

### A Foment of Elder.

Take green leaves (or in the Winter time, inner Bark) of Elder 4 handfuls; boil in Water 3 pints to 1 quart; in the strain'd dissolve common Soap 1 ounce.

Its of great Effect and specific Virtue against an Erysipelas, powerfully stopping and subduing it. But when the Cuticle is corroded, and the part raw like a Burn, it will cause such smarting Pain, that it can scarce be endur'd.

### An Emmenagogue Foment.

Take roots of white Bryony 4 ounces; round Birthwort 2 ounces; Zedoary, Bay berries, each 1 ounce; Herbs Feverfew, Mugwort, Savine tops, Camomile flowers, each 2 handfuls; boil in Water 1 gallon to 5 pints; to the strain'd add Brandy 1 pint; mix for a Foment, to be used very hot, to the Region of the Abdomen and Pubes.



It warms and comforts the Parts, breaks open pituitous Obstructions, attenuates feculent gross Blood, moves it when stagnating, and enclines its course to the Vessels of the Uterus.

### A Foment in flux of the Hæmorrhoids.

*Take Mullein, Yarrow, Plantain, Elder leaves, each 4 handfuls; Pomgranate peel 1 ounce; Boil in Water and rough red Wine, each 3 pints to 2 quarts; in the strain'd dissolve Alum half an ounce; Sugar of Lead 2 drams, mix.*

It doth a great deal of good, not only in this mention'd Case, but also in immoderate flux of the Menses, Diarrhæa and beginning of Inflammations, for it wonderfully astringeth and repelleth.

### A Foment for pain of the Hæmorrhoids.

*Take Onions, Linseed, each 4 ounces; Herbs Henbane, Toad flax, Yarrow, Mullein, each 2 handfuls; boil in Water 3 quarts to 2 quarts; in the strain'd dissolve Opium 2 drams; mix and use it lukewarm.*

It relaxeth the cruel tension of the Vessels, obtunds the Acuteness of Pain, melts down and discusses those viscid and grumous Feculencies, that lay Obstructions and excite Tumors: And lastly, it repels the inundation of the Blood.

### A Foment for Inflammations.

Take roots of Marsh Mallow, white Lily, each 1 ounce and half; Herbs Mallows, Mullein, Henbane, flowers of Elder, Camomile, Melilot, each 1 handful; Seeds of Flax, Fenugreek, each 6 drams; boil in Water 3 quarts to 2 quarts, and strain.

Its Emollient and Anodyne, equals the next following; but the difference is, it doth not discuss so powerfully.

### A Lateral Foment.

Take Marsh Mallow roots, white Poppy heads (cut and bruised with the Seeds) each 2 ounces; Seeds of Flax, Fenugreek, Cummin, Bay berries, each 1 ounce; Mallows, Feverfew, each 3 handfuls; Camomile flowers 2 handfuls; boil in water 1 gallon to 2 quarts, and strain.

It mollifies, discusses, eases Pain. Is certainly very helpful in a spurious, pituitous or flatulent Pleurisy, where the Matter lieth outward, and there's no great Inflammation, for it relaxeth the rigidly tense *Fibrillæ*; quieteth the painfully agitated Spirits, attenuateth thick Phlegm, discusseth vaporous Steams, and as to the noxious Matter collected, it partly returneth it to Circulation, and partly calls it out by Diaphoresis. But in a true, internal, furious Pleurisy, with bloody Spitting, and rushing afflux of unruly Blood, such a Foment is likely to do more hurt than good,



good, because it may increase the afflux, and Inflammation.

### A Pacific Foment.

*Take Vine and Willow leaves, Lettuce, each 2 handfuls; whitewater Lily flowers, red Roses, each 1 handful; white Poppy heads (with the Seeds) 2 ounces; boil in Water 1 gallon to 2 quarts; in the strain'd dissolve Opium 2 drams.*

Use it warm with a Sponge, to the Temples, Forehead, whole Head and Feet. It deserves to be employ'd, where 'tis not altogether safe to give Hypnotics; namely in Fevers that rage impetuously, with Fervour, and pulsing pain of the Head, pertinacious Watchings, and danger of a Delirium: For by its soft Cherishment, kindly Warmth and temperate Humidity, it humects, mitigates and appeases acrious, boiling Juices, and derives them from the Head, either by Perspiration or Circulation, and so disposeth the weary, worn-out Spirits to rest, and procureth placid Sleep.

But in Fevers of a malignant Nature, where the Spirits, by the Venom being oppress'd, staggering, scarce able to sustain themselves in orderly rank and file, and almost struck Dead, are in danger of falling into Dozing or Convulsions: In this Case, I advise it to be avoided as Poison.

### A Podagric Foment.

*Take Ground Pine, Southernwood, each 4 handfals; boil in Water 3 quarts to 2 quarts; in the strain'd dissolve Salt of Tartar, and Salt Armoniac, each 2 ounces.*

It maintains and roborates the Tone of the part, appeases the irritation and exandescence of the Spirits residing in the Fibrillæ, and either fastens upon the Arthritic Salts, draws them out, or else precipitates and hinders them from dolorific Effervescencies. And (which makes it safe) in the mean time repelleth not at all, for Repellents in the Gout are sometimes most exceeding dangerous, because they may drive the Morbific matter to the Stomach or Brain.

### A Scorbutic Foment.

*Take Ground Pine, Henbane, each 2 handfals; Winters Cinnamon half an ounce; Horse-Radish root, Earth Worms (added at last) each 2 ounces; boil in Lime water 3 pints to 1 quart; to the strain'd add Spirit of Scurvy grass 2 ounces; Opium 1 dram, mix.*

Its prevalent in fixt Scorbutic Pains, for as much as it sustains the Tone of the parts, layeth the weary Spirits to rest, knappeth off the sharp points of the Salts, and forceth the acrid Ichor to evaporate either by insensible Effluvia or Sweat.



### A Splenetic Foment.

*Take dry'd Tobacco leaves 1 ounce ; infuse warm 2 hours in Water 2 quarts ; in the strain'd dissolve Gum Ammoniac half an ounce.*

Let the Region of the Spleen be fomented with Flannel Stupes dipt into it, and wrung out as hot as can be endur'd.

### A Stomachic Foment.

*Take rough red Wine 1 pint ; Brandy, Wine Vinegar, each half a pint ; dry'd Wormwood, Mint, each half a handful ; Bistort root half an ounce ; Pomgranate peel 2 drams ; Cloves, Mace, Nutmeg, Cinnamon, each 1 dram ; Venice Treacle half an ounce ; Macerate close in Balneo 2 hours, and use the strain'd, as hot as can be suffer'd.*

This is indeed a noble Remedy, notably comforting, warming, strengthening, and is used with good Success, when the Stomach being grown cold and flaccid, is troubled with Flatus, Pain, Queasiness, Vomiting, loss of Appetite and ill Digestion. Its good also in a Diarrhæa, Hypercatharsis, Dysentery, &c.

### A Foment for a Tympany.

*Take Nitre 2 ounces ; Salt Armoniac 1 ounce ; Spirit of Wine with a great deal of Phlegm in it 1 quart ; mix and dissolve in a glass.*

Foment the Belly with Flannel Stupes dipt in it, twice a day for half an hour at a time,  
and

and after Fomentation, apply a Cataplasm of Cowdung, sprinkled over with *Album Græcum*; to which may be added our *Appertive* or *Splanchnic Ointment*.

### A Frontal with Camphir.

Take Camphire 8 grains; Vinegar 1 ounce; red Rose Water 7 ounces; dissolve.

Its useful in Watching, Headach and Delirium, in such Fevers as fetch their Original from Fervor and Rarefaction of the Blood, and not from Oppression and Confusion of the Spirits, as it useth to be in malignant Fevers. Which Distinction is to be accurately made and observ'd.

### A Frontal with Mastic.

Take powder'd Mastic, Frankincense, each 2 drams; white Chalk, Bean Meal, each half an ounce; white of Egg well beaten, Oil of Roses, each 6 drams; Vinegar as much as needs to make it fit for spreading on a Cloth.

Its to be used when the Eyes are afflicted with Rheums, and that for prevention as well as Cure. For it sticks very fast, compresses and constringes the little Tubuli, and internal Passages, and so hinders the deflux of Humours. For you must know, that the parts about the Eyes are so constituted, both by their spongy Fabric and declivous Situation, as to be apt to receive whatever Humor flows down from either the Pericranium or Neigh-



Neighbouring Muscles. Yea (which tho' it be wonderfull, yet) its not unusual for a blow upon the Head to settle down into a black Eye.

### A Frontal with Opium.

*Take Breast Milk, white of Egg well beaten, each 1 ounce; Opium 10 grains; Camphire 5 grains; mix and use it to the Forehead cold.*

It hath the same Virtues with the Camphorate Frontal, unless perhaps, it refrigerates the Humors less, and quiets the Spirits more.

### A Rosaceous Frontal.

*Take red Rose Water 4 ounces; Vinegar of Roses 2 ounces; Oil of Roses 1 ounce; white of 1 Egg, mix.*

Let double Linnen dipp'd in this mixture be laid to the Forehead and Temples cold, and be changed as often as it drieth.

Its a Remedy for very hot, pulsing pains of the Head, Watchings and Deliriums, in such Fevers as are not malignant.

### 1. A Fume in a Catarrh.

*Take Olibanum, Amber, Benjamin, Storax calamite, Gum of Guaiacum, Balsam of Tolu, each 2 scruples; reduce all into a coarse Powder to sprinkle upon live Coals for a Smoak.*

If the Catarrh have brought on an Asthma, Fumes are to be avoided, for fear of Suffocation. I knew one strangled thus, almost to Death.

## 2. Fume in a Catarrh.

Take Gum Guaiacum, Gum of Juniper, Mastic, Benjamin, Myrrh, Orpiment, each 1 dram; Cloves 2 drams; Balsam of Peru 16 drops; make them into a gross Powder, to be strew'd on Coals to perfume a Night Cap with.

## A Fume in a Consumption.

Take Fistic nut peel, Myrrh, Amber, each 2 drams; Sulphur vive, Orpiment, each 1 dram; make all into a gross Powder, the Smoak of which is to be receiv'd into the Mouth, by the help of a Funnel inverted.

Whilst the *Pareuchyma* of the Lungs is imbued and replenish'd with extraneous Juices: Your stronger sort of Fumes are by no means to be used, but milder ones are not to be omitted, saith *Bennet*.

Fumes are not to be taken immediately upon the Erosion of a Vessel, or breach of *Parenchyma* of the Lungs, but 14 days at least after the spitting of Blood, saith the same Author.

## A Fume for falling out of the Anus.

Take Male Frankincense, Amber, Cloves, each half a dram; red Roses, Balaustines, each 2 drams; make a gross Powder, the Fume of which is to be receiv'd (after the Anus is put up) through a close Stool Chair.

Thus



Thus Use and Custom will have it; but as for me, I can scarce perswade my self to believe, that the Smoak of Balauftines, or any other (tho' never so Astringent) Vegetables, can retain any Astringent quality.

### A Fume for falling out of the Uterus.

*Take Beetles 3 drams; Eel skins minced small 1 dram; make a Powder.*

This odd thing was communicated to me, and said to be good also in the blind Piles.

#### 1. An Odoriferous Fume.

*Take Benjamin 1 ounce; Storax calamite half an ounce; Labdanum 2 drams; Musk, Ambergrise, each 1 grain and half; with mucilage of Gum Tragacanth, make Troches; of which and dust of Willow coals being added, odoriferous Candles may be made.*

Some things (saith Zwelfer) that are sweet enough of themselves, strew'd upon Coals yeild a stink. So Cinnamon, Cloves, Coriander and Nigella seed, Roses, yea and Musk it self, if thrown upon a hot Fire, and burnt quick, are wont to give but an ill Scent.

#### 2. An Odoriferous Fume.

*Take Cyperus roots 1 ounce and half; Calamus aromatic, Willow coals, each 1 ounce; Storax calamite, Benjamin, each 2 drams; with mucilage of Gum Tragacanth (extracted with Spirit of Wine) make Pastils according to Art.*  
Being

Being put into a Chaffing dish of fresh Coals, they exhale a very sweet Odour, to correct the ill Smell of a Room.

### A Fume in a Tenesmus.

*Take white Poppy heads half an ounce ; Mullein half a handful ; red Roses ; Balaustines ; Frankincense each half a dram ; Mastic 1 dram ; make a gross Powder, the Smoak whereof ( cast upon Coals ) is to be received through a perforated Chair.*

### A common Gargle.

*Take Plantain water 10 ounces ; red Rose water 3 ounces ; Syrup of Mulberries 2 ounces ; Honey of Roses strained 1 ounce ; Oil of Vitriol, as much as serves to give it a fitting acidity.*

It's used in Fevers, to wash, cleanse, cool the Mouth, and put off Thirst.

### A Detergent Gargle.

*Take Verjuice 12 ounces ; Syrup of Raspberries 4 ounces, mix.*

It deterges, and scours off thick Viscosity, and slimy Nastiness sticking to the Tongue, and parts of the Mouth ; humects and refrigerates the Throat, when dry'd up and parch'd ; corrects the muriatic Acrimony of the Saliva, and extinguishes Thirst. But in case of a sore Thrush, Erosions, and little Exulcerations, 'twill cause such smarting, that it can scarce be born : And then we must



must have recourse to Refrigerants Moisteners, Emollients, Mucilages, and Astringents.

### An Emollient Gargle.

*Take Roots of Marsh Mallow, Liquorice, Pearl Barly each 1 ounce ; Bran ( ty'd up in a Rag ) 1 handful ; inner Rind of Elm, Gum Arabic each half an ounce ; Figs 8. Boil in Water 3 pints, in 28 ounces of which ( when strained ) dissolve Syrup of Marsh Mallows, and of Fijubes each 2 ounces ; Lohoch Sanans half an ounce.*

We use it in Fevers, against Inflammation, Siccidity, Asperity, Chaps, Clefts, afflicting, parching, and burning up ( as 'twere ) the Tongue, Mouth, and Throat.

### A Levigating Gargle.

*Take Comfrey roots 2 ounces ; Gum Arabic 1 ounce ; boil in Barly Water 20 ounces to 12 ounces ; strain and add red Rose water 1 ounce ; Syrup of Marsh Mallows 3 ounces, mix.*

For Virtues it may compare with the next before, only it digests less, and refrigerates more.

### A Gargle for heat of the Mouth.

*Take Plantain Water 8 ounces ; red Rose water 4 ounces ; whites of Eggs beaten thin 4 ; Salt Prunel 4 scruples ; Syrup of Marsh Mallows 4 ounces, mix.*

It Refrigerates the Tongue, Jaws and Parts adjacent when burnt up with heat, refreshes them with Moisture and Mucous, when dry and parch'd, and moderately repels acrious Humours flowing into them.

### A Gargle with Myrrh.

*Take red Astringent Wine 1 pint; powder'd Myrrh 2 drams, mix.*

It Detergeth, Astringeth, Repelleth, Drieth, Healeth. Is a most excellent Wash for swell'd, fungous, flaccid, bleeding, eroded and putrid Gums; cleanseth and freeth the Mouth from foulness and ill scents; Healeth (even Venereal) Ulcers of the Jaws and Throat. Moreover it may be injected or snuffed up into the Nose, to good Purpose in an Ozena, where putrid Matter lodg'd in the little Caverns of the spongy Bones, sends forth abominably stinking Effluvia.

### A Paralytic Gargle.

*Take white Wine half a pint; Mustard made up as it comes to Table 2 ounces; Savory (or Thyme) water 4 ounces; Honey of Roses 2 ounces; Vinegar enough to render it pretty Tart, mix.*

*Riverius* prescribeth thus. Take Mustard seed powder'd 1 dram; Vinegar of Roses, white Sugar, each 1 ounce; Water 3 ounces; mix.

Instead of Savory or Thyme water (if not at hand) may be substituted a Decoction of Sassafras.



### A Gargle with Pellitory.

*Take Pellitory of Spain half an ounce; Seeds of white Poppy and Henbane, each 2 drams; Cloves half a dram; white Wine half a pint; Vinegar 4 ounces; boil till it come to half a pint; then strain and add Brandy 2 ounces.*

By vellicating the Parts, melting down gross Phlegm and making it flow, it powerfully draweth both it and sharp Serum out of the Gums and Glands. And by appeasing enraged Spirits, and composing their dolorific Conflicts; it extinguisheth the sense of Pain, and then by warming the Parts, discussing the Tumor and restoring their Elasticity, hinders any further afflux of Humors. And so Reason tells us, and Experience mostly confirms it, that 'tis a Noble, and every way well appointed Remedy for the Tooth Ach.

### A Gargle for Phlegm.

*Take Hyssop water 10 ounces; Rectify'd Spirit of Wine 1 ounce; Spirit of Scurvy grass half an ounce; Spirit of Castor 2 drams; Spirit of Salt Armoniac 4 scruples; powder'd Pellitory of Spain 1 dram; Honey 4 ounces, mix and use it cold.*

By Attenuating, Inciding, Vellicating and Irritating, it powerfully draws and evacuates Saliva and viscous Phlegm out of the Glands and Emunctories of the Mouth: And therefore justly claims place in Phleg-

matic, cold, chronical, cephalic Diseases, in torpid, soporose Maladies. In the Lethargy, gravative Headach, Palsy (especially of the Tongue) Toothach, Elongation of the Uvula, Tumor of the Tonfils, Quinsy, &c.

And no Body here need fear increasing of the begun Inflammation, by the use of so acrid and brisk a Medicine, for as much as its caused (generally speaking) by gross, clammy Phlegm, impacted in the spongy Parts; which damming up the Blood, and stopping its course, occasions an Inflammatory Inundation: And therefore most certain it is, that the true cure of a Quinsy, mainly consists, in the Eliquation and Eduction of that same stagnating and obstructing Phlegm.

### A Gargle for a Quinsy.

*Take Columbines 2 handfuls; inner rind of Elm 1 ounce; Jews Ears, Liquorice, Album Græcum, each half an ounce; boil in Water 2 pints and half to 26 ounces; in the strain'd dissolve Salt Armoniac 2 drams; Syrup of Raspberries, Honey of Roses, each 3 ounces.*

It humects, foment and mollifies the Muscles of the Throat, when inflam'd, swol'n up 'till almost crack'd, parch'd and scorch'd with Drought and Heat. It deterges the Glands and salivale Ducts, when outwardly smear'd over with Slime, and opens them when inwardly stuffed up with Phlegm.

But



But where viscid Phlegm is the main cause, and the Glands suffer more than the Muscles, there's a necessity of flying to such Medicines as attenuate powerfully and draw out.

### A Refrigerating Gargle.

*Take waters of Frogs Spawn, Plantain and Elder flowers, each 4 ounces; red Rose water 2 ounces; whites of Eggs (beat up to Water) 4; white Sugar 1 ounce, mix.*

Its a most grateful thing in hot burning Fevers, and very commodious in Heat, Drought, Asperity and Erosion of the Tongue and Mouth.

### A Gargle with Roses.

*Take dry'd red Rose flowers 3 drams; Pomgranate flowers and peel, each 2 drams; Myrtleberries, powder'd Bole and Japanic Earth, each 1 dram; Alum 1 scruple; boil in Plantain Water and rough red Wine, each 6 ounces to 8 ounces; in the strain'd dissolve Honey of Roses 2 ounces.*

It cleanseth the Tongue when besmear'd and coated over with slimy Filth, and helps for the laxity of the salivale Glands.

### A Scorbutic Gargle.

*Take Maddar roots 1 ounce; Pellitory of Spain, Winters Cinnamon, each 2 drams; Honey suckle leaves, Sage, Sanicle, Columbines, each 1*

*handful; boil in Lime water 2 pints and half to 28 ounces; to the strain'd add Spirit of Scurvy grass half an ounce; Honey of Roses 4 ounces; mix.*

It freeth the Gums and other parts of the Mouth, from the nasty foulness of the Blood and Saliva, occasioning in Scorbutic Persons, Corruption, Putrefaction and Stench. And it drieth and healeth up the little Ulcers occasion'd thereby.

### A Gargle in the Small Pox.

*Take French Barly, Liquorice, each half an ounce; Marsh Mallow roots, Tares, each 1 ounce; Figs 12; Jews Ears 1 handful; boil in Water 2 pints and half to 28 ounces; in the strain'd dissolve Oxymel simple and Honey of Roses, each 2 ounces, mix.*

It mollifies, humects and smooths the Mouth and Throat, when inflam'd, swell'd, distended, stiff, parch'd, rough and painful. It maturates Pock Pustules in the Throat, and helps on Salivation.

But towards the last Stage of the confluent sort, when the Ptyalism begins to sink and go off, if it fall out, that the Saliva be so excocted and viscid, as to bring hazard of Suffocation (which is a not unusual Case) then necessity calls for Medicines that powerfully Attenuate and Irritate (such as the *Gargle for Phlegm* above describ'd) and when it is used, the proportion of Spirit of Salt



Armoniac is to be increased or diminished, according as the present Exigence requires, and the Patient can bear.

### Gargle of black Thorn.

*Take black Thorn bark 2 ounces ; boil it in Water 2 pints and half to 24 ounces ; in the strain'd dissolve Alum 4 scruples ; Vinegar 2 ounces ; Honey of Roses 6 ounces.*

It Astringeth most powerfully, and is a good thing when the Gums are grown loose, putrify'd, ill scented, eaten away, and apt to Bleed. It fastens the Teeth, and brings up new Flesh on them, it heals Ulcers, and helps for stinking Breath.

Another notable effect of it is, that when the Salivale Glands are so stuff'd up, as to be over strain'd and lose their Tone ; it by constringing and squeezing them closer (like a Sponge) presseth out the influx'd Phlegm, and makes them able to resist the afflux of more.

But if it happens that the Pituita in the Glands be too thick and tough to be wrung out by Constringents, then recourse must be had to the above describ'd *Gargle for Phlegm*, or such like Medicines, as potently incide the Phlegm, and vellicate and open the Parts.

### A Gargle with Vine leaves.

*Take Vine leaves, Sage, female Fluellin, Cinquefoil, Bramble Buds, each half a handful ;*

N 4

*boil*

*boil in Water 1 pint and half to 1 pint, to the strain'd add Alum 1 dram and half; Vinegar, Honey, each 2 ounces; boil again and skum it.*

It most excellently refrigerates, washes, deterges, astringes, resists Putrefaction, cleanses out Filth, and purifies the Mouth, and merits place, as well in Fevers as in the Scurvy.

And here I take occasion to observe, that Alum, and the like austere things, do in no wise (as some may think) shut up the Salivale Passages, or hinder the issuing out of Spittle; but on the contrary (because they squeeze the Glands into less compass, as I noted in the *Gargle of black Thorn*) much promote the same, which may evidently appear to any one that minds Experience.

### A Gargle for the Uvula.

*Take Columbines 4 handfuls, red Roses dry'd, Balaustines, each half a handful; long Pepper 4 scruples; Myrrh 2 drams; boil in Water 1 quart, and white Wine half a pint to 26 ounces; to the strain'd add Brandy, Syrup of Raspberries and Mulberries, each 2 ounces; mix.*

N. B. Black Currants make the pleasantest Syrup that ever I tasted: I frequently use it, and prefer it, for sore Throats, far before that of Mulberries.

Its prescrib'd (and that to very good purpose) when the Uvula, Tonsils, Muscles of  
the



the Jaws, Larynx and Pharynx are stuffed up, swol'n and inflamed: For partly by attenuating and vellicating, partly by constringing and expressing, it evacuates the pituitous filth therein collected.

And then by squeezing into less compass the spongy, tumid and tense Glands, and reducing them to their natural Bounds and Crasis, it cuts off any further Afflux to the Parts.

### Of Gargles.

*Now that I may gather up into one View, what I have before scatter'd under several Heads: I'll lay down the following Rules, concerning the several sorts of Gargles, and their skilful choice, according to Curative Intentions.*

1. If extreamly thick and tough Matter be to be brought out of the Glands; then acrious, penetrating and irritating things (such as Spirit of Salt Armoniac) are to be used.

2. If it be not so very tough, and yet stagnates by reason of the fungous laxity of the Glands, austere Constringing things will perform that Office.

3. If slimy Filth coat over the Tongue and Mouth, Acids and Detergents are required.

4. If the Parts be excoriated, tender, smarting, dry and parch'd, Mucilages and Emollients are most commodiously prescrib'd.

5. If the Muscular parts be a little (and but a little) inflam'd, and there be no great fulness, or afflux of Blood, Refrigerants and Repellents may be allow'd at first.

6. But if the Muscular parts be inflam'd much, by reason of the Ebullition of the Blood and the Inflammation be fix'd, Emollients will do the Business.

### An Anodyne Glyster.

*Take new Milk half a pint ; Brandy 2 ounces ; Oil of Aniseed half a dram ; Diascordium 6 drams ; let it be given lukewarm, just before Sleep and retain'd if possible all Night.*

When the Intestines are besmear'd over with a glutinous Slime, and thereby refrigerated, relax'd and tortur'd with Spasms, Wind and Gripes : This warms, comforts, eases and reduces them to a sound Crasis.

'Twould make one Smile and Vex both at the same time, to see the silly Pride and Malignity of some of our little pert Scorners, who, though they have neither Read, Seen, nor Thought much in Physick, are yet continually setting up for Judges, and condemning all, but their own dear selves, and Notions. Such Insolents as these, I expect may fall severely upon me, for prescribing such quantities of vinous Spirits and chymical Oils in Glysters. But were they to make due trial of the same, there's no doubt on't, but Observation would teach 'em better, and happy Success



Success would command them to applaud, what they now oppose.

And though this be not a very vulgarly establish'd Practice, yet they may know its not mine only, nor a new one neither. For *Rondeletius* (born above 200 Years ago, p. 895.) cured a Woman of a grievous Colic Fit with a Glyster of nothing but *Hippocras* Wine, in which were infused Cinnamon, Pepper, Ginger, grains of Paradise. And *Sanchez* (p. 123.) orders the same.

Dr. *Stubbs* (*Philo. Transac.* N<sup>o</sup> 37. p. 271.) relates, that in the Colic Bilious, they (in *Jamaica*) usually give Glysters of a pint of Brandy, which will make them as drunk and as mad, as if they had taken it at their Mouth. He observ'd, that less Brandy would fox them in a Glyster, than if drank by them. He try'd a quarter of a pint in a Glyster on himself, and it made him not dead Drunk, but raging Mad. And he saith, he remembers still how unruly he was, so as to be held in Bed, his Reason being depraved by these Fumes.

Upon this Observation, I would scarce ever exceed 2 or 3 ounces of Brandy, and I declare, so far I have often gone, with safety and Success.

As to chymical Oils, I find *Duretus* (*de Morb. Internis* cap. 41. p. 410.) commends Oil of Juniper distill'd half an ounce, in  
Mal-

Malvatic Wine. And *Claudius Deodatus* prescribes boldly thus.

Take *Malvatic Wine*, *Oil of Walnuts*, each 3 ounces; *Spirit of Wine* 1 ounce; chymical Oils of *Juniper* and of *Rue*, each 2 drams; mix and put it up very hot.

### An Apoplectic Glyster.

Take *Pellitory of Spain* half an ounce; *Coloquintida* (tied up in a rag) half a dram; *Rue* 2 handfuls; boil in *Water* to 12 ounces; and to the strain'd add *Infusion of Crocus Metallorum* 3 ounces; *Tincture of Castor* half an ounce; *Salt Gem*, *Oil of Amber*, each 2 drams; mix.

If the *Coloquintida* be not tied up in a rag, its little dust that boils off, will cause most horrid Gripings, which I should never have imagin'd it could, had not Experience assur'd me of it, saith *Ettmuller*.

Its very conducive in Soporose Affections, as *Lethargy*, *Coma*, *Apoplexy* and the *Palsy*. But if it stay not with the Patient, it must be repeated again: For its no unusual thing in these Cases, for Glysters to come slip a way presently, by reason that the Intestines having their Fibres benumbed, and paralytically relaxed, lose their retentive Faculty.

### A Balsamic Glyster.

Take *Broth of Sheeps Inwards (or Head)* 10 ounces; *Yolks of Eggs* 2; *Lucatellus's Balsam*



1 ounce; Sheeps Sewet 2 ounces; mix and put it up just hot enough to keep the Sewet melted.

By fomenting, anointing and lining the Intestines, it cherisheth, composeth, appeaseth and healeth their Fervours, Corrugations, Tortours, Erosions and Ulcers. And is a most desirable Remedy for a Dysentery, after once Bleeding and Purging.

### A Glyster of Bitters.

Take Virginia Snake root powder'd 1 dram; pulp of Coloquintida (tied up in a nodule) 1 scruple; Tansy, Savine tops, each half a handful; decoct in Water to 6 ounces; strain and add Oil of St. John's Wort half an ounce; chymical Oil of Wormwood half a dram; Species of Hierapicra half a scruple, mix.

It kills and expels Ascarides which have their residence near the Anus. But as to the other common long sort of Worms, while they are well, and lively to creep about; and inclinable to ascend into the upper Guts and Stomach, the bitter Glyster is not to be administered, lest it force them upwards, where they may prove very troublesome and mischievous. But the true and effectual way for them is, first to give Anthelminthics by the Mouth for some Days, to make the Worms weak and languishing, and to drive them down into the lower Guts, and then after that, the bitter Glyster to fetch them out.

The *Ascarides* are but a feeble Nation, and yet so exceeding hard to be destroy'd, that tho' they should all and every individual be drove out, yet there will not be an end of 'em so, for a new and numerous Off-spring will, in a little time be hatch'd out of their Eggs, which they leave deposited in the *Intestinum rectum*. And therefore assure your self, its of no great avail to expel the Parents unless their Seeds also be extirpated, and clean cast out.

And this may be best atchiev'd, if we do not presently give over the Glysters, as soon as the *Ascarides* cease coming away, and are quiet, but repeat them every third Day, and after once a Week, 'till they, their Nests and Eggs are all torn off, and thrown out, which piece of Practice I have not yet found in any Author.

Since I wrotethis, I have met with something like it in *Mercurialis* (Consil. 13. p. 71.)

*Id minimè silentio prætereundum judico, ad consumendam omnem Ascaridum materiam; delendam Intestinorum proprietatem; nec non præcavendum ne malum redeat, detur Aloes Scrupulus unus singula quâq; hebdomade.* To prevent their return, give every Week a scruple of Aloes.

And I found in *Bartholine* (*Act. Med.* Vol. 4. cap. 46.) an account of a Woman of 50, who for many Years had a fresh brood of *Ascarides* hatch'd every Month, and which (when



( when numerously swarming ) she easily expell'd with a Wormwood Glyster. She told him their manner was, to come at the new Moon, continue the first Quarter, and never trouble her all the rest of the Month.

From this Relation I conclude, that such an eradicating Glyster as this, given every new Moon, and first Quarter, for some Months, may probably destroy them quite.

### A Carminative Glyster.

*Take Camomile Flowers, Bay Berries, each half an ounce; sweet Fennel, and Cummin Seeds ( added at last ) each 2 Drams; boil in Water to 12 ounces; strain, and add Brandy 2 ounces; Oil Olive 1 ounce; Oil of Anniseed 2 drams.*

It's useful, and good for the Intestines, when refrigerated, debilitated, relaxed, obstructed, lined with Phlegm, blown up, and tortured with Wind and *Flatus*. In particular, in the Wind Collic, Hypochondriac, and Hysterick Affections; in a general Dropsie, and Marasmus also, when it happens ( without an Hectic Fever ) upon the account of want of Concoction, and Distribution into the Lacteal Veins.

For the better apprehending of this, I wou'd have it understood, that Wind and *Flatus* are very different things.

Wind is what is caused by either windy Diet; or else by bad Digestion, or by both. It's no where but in the Cavity of the Stomach,

mach, or Intestines ; it happens presently upon eating ; it discovers it self by a little Sick-ness, and Fulness at Stomach, Yawning, and Drowziness, which in a while either finds vent upward, or if it pass into the Guts, puffeth up the Abdomen, rumbleth about a while, and so breaks away downward, or else if it continue pent up there, causing a pinching Pain, it's what I call a Wind Colic, and is no great Illness, ( provided the Stomach and Intestines be not organically depraved ) but easily cured by Glysters, Carminatives, and Paregorics.

*Flatus*, ( which *Helmont* calls *Gas Sylvestre*, an invisible, impalpable, and incoercible Spirit, and may perhaps be likened to that of bottled flying Ale, the wild part of which no Chymist can catch ) is produced by an Acrid Glandulous Juice, viciously fermenting with a crude viscous Matter, and that not in the Cavity of the Intestines so much as in their Membranes, the Mesentery, yea and uttermost Loculi of the Body, where the Arteries have thrown out, and deposited it. This troubleth mostly when the Party is empty, and is what I mean by Hypochondriac, and Hysterick Affections, such as unaccountable Uneasiness, Vermiculations, Flushings, acid Ructus, Tension of the Hypochondria, croaking of the Guts, Gripes, and what useth to be called Vapours, and Spleen Pains.



In this case, these Glysters do good, by appeasing the Spirits, comforting the weak Fibres, attenuating heavy Phlegm, correcting the Intestinal Glands, dissolving the Fermenting Combinations, and driving them out of the Body.

But when it rises higher, and the Case becomes downright Convulsive, as it doth in a true Hysterical Colic, then every extraneous thing that touches on the tender Membranes gives Offence and irritates, and increases the exorbitant Explosions. Of which see more in the next ensuing.

### A Colic Glyster.

*Take Canary Wine, Linseed Oil, each 6 ounces, Oil of Amber half a dram; to which may be added Liquid Laudanum 40 drops, mix.*

It brings good Assistance in horrid tormenting Pains of the Bowels, and pertinacious Costiveness, for as much as it recreates the Membranous Substance of the Guts, explicates Corrugations of the Fibres, expels Wind and softens Excrements.

But if a Colic (which often occurs) takes up its Stage high, either in or just below the Ventricle, then Glysters, though never so powerful, signify little or nothing, because their comfortable Operation reacheth not up into the small Guts.

Since I penned this, I find the same in *Crato* (Consil. 10. p. 85.) *Clysteria, si malum*  
 O supra

*supra umbilicum est, parum juvant—dum Obstructiones in superioribus partibus sunt, parum materiam attingunt; & sæpe usurpata Incommodum afferunt.* If the Obstruction be fix'd above the Navel, Glysters scarce can reach the Matter, do little good, and are often incommodious.

Upon this reason it is, that *Sennertus* (*de Colica* 881.) saith, and is quoted by *Riverius*, If Glysters (which frequently chances) do no good, and the Matter is fixt in the upper Intestines, they are not to be obstinately insisted on too long. 'Twas observ'd, that when a certain Patient had had 30 Glysters, without any manner of Relief; another Physician cured him presently, with Manna 1 ounce and half; and Oil of sweet Almonds 2 ounces, in fat Chicken Broth.

N. B. What is hitherto said, is to be understood of the Bilious Colic. But

In the Hysteric Colic, Glysters are generally to be avoided, for they provoke the tender Fibres, excite stronger Convulsions and Dolours, render the Disease more outrageous and hard to be cured, and now and then raise it up to such a Degree that it becomes Mortal. Which young Practisers may do well to take good notice of.

Now as we find nothing of the Small Pox before the *Arabian* Authors, nor of the Rickets before *Dr. Glisson*. And the *Romans* (as *Pliny* assures us, lib. 26. cap. 1.) knew not the



the Colic it self before *Tiberius* had it: So neither did we ever read of the Hysteric Colic, as such, before Dr. *Sydenham*; and therefore whatsoever others have said before him of the Cure of the Colic, must by no means be referred to the true Hysteric sort.

I can't deny indeed, but that *C. Piso* publish'd (1618) his Opinion of the Colics being Nervous: And our Famous Dr. *Willis* made a much further advance since upon a like Hypothesis. But yet its manifest, that neither of them had a clear perception of this spirituous Colic, so as to distinguish it rightly from the other Humoral one. And therefore they never did, nor could establish a proper Method for its particular Cure.

No, this Atchievement was reserv'd for the immortal *Sydenham*. He it was that first plainly describ'd it and distinguish'd it, and determined it so essentially different from the Bilious Colic, that the self same Method which cures one, hightens and enrages the other. And he being our peculiar Author for this Disease (for none has written to much Purpose of it since that I know of) I think it not Pains ill placed, to give an Abstract of what he delivers.

Only first I crave leave to produce a remarkable passage out of *Lewis Duretus*, who though he dy'd above 100 Years before *Sydenham*, and could not in those dark times make out a thorough Discovery, yet went a great

way with it, both as to Notion and Practice.

In *Hollerium* l. i. c. 41. p. 407.] *Aliquando dolor Colicus prænunciatus est Arthritidis, & Paralysis; aut Translatione Materiae ad superiores partes, aut temerariâ Curatione; ut si Clysteres Materiam discutientes primò injeceris. Nam si innascatur dolor Colicus a Repentinâ collectione materiae; & injiciantur Clysteres Carminativi, fit Disseminatio materiae.*

A Colic is sometimes the fore-runner of the Gout or Palsy, and that either from a translation of the Matter to the superior Parts, or from Male Practice, as when Glysters are given that discuss. For where the Colic is caused by a sudden Collection of Matter, if Carminative Glysters be injected, they will disperse the Matter into other parts.

Now by superior parts, its evident he can mean nothing but the Brain, and its Appendixes the Nerves. By sudden collection of Matter, I think we may fairly understand (tho' he had not a clear and distinct Notion of) the Ataxy of the Spirits, whose Spasmodic Explosions are as sudden as the blast of Gun-Powder. And in such a Colic, he saith Glysters are Male Practice, because they drive the Convulsions out of the Bowels into the *Genus Nervosum*.

But to come to *Sydenham*, he saith (Epist. to *Cole*, p. 141.) Its manifest enough that the whole of Hysteric Affections is to be accounted



ed for, from the Animal Spirits being not rightly disposed, and not from corrupted Semen or Menstruous Blood, sending up malignant Vapours into the Parts affected, nor from (I know not what) perverse depravation or congestion of Humours. And if the Fomes lay in Matter, then Vomiting, Purging, Bleeding, Fasting and the like, would prevent Hysteric Affects; whereas we see (on the contrary) they constantly excite them.

*De Morb. Acut.* p. 228. Bleeding and repeated Purging, which are most apparently indicated in the beginning of the Bilious Colic, have no place here, except where there's a very great fulness of Blood and Humours, which sometimes (tho' seldom) I have found in Women of a mighty sanguine Temperament and Viragoes. For Experience teaches, that the Pain, and all the other Symptoms will be exasperated by the tumult which Evacuations cause. And I have more than once observ'd, that the repetition even of the most mild Glysters, hath brought on a continued Series of Symptoms.

And if we do but consider the Circumstances to which this Disease is mostly owing, such as too great loss of Blood, violent Passions of the Mind, hard Labours of the Body and the like; all which forbid such things as may raise up a greater perturbation of the Spirits, and instead call for Anodynes: I say

if we consider this, then Reason joins with Experience, and tells us, this Disease is produc'd rather by the Ataxy and inordinate Motion of the Spirits, than by any fault of the Humours. And I doubt not in the least, but that this Disease (which though it bring bitter Pains, yet of it self no hazard of Life) often becomes Mortal, by miscarriages of this kind.

Epist. to Dr. Cole p. 167. I affirm, That often repeated Evacuations (which are certainly much indicated in the Bilious) do in the Hysteric Colic, not only, not restrain the Pains and Vomiting, but irritate them, further (by promoting the Perturbation of the Spirits, which Perturbation is the true cause of these Symptoms) whence at length the Malady turns to Convulsions, and then quickly off goes the Sick.

Thus that great Man absolutely forbids repeated Bleeding, Purges and Glysters. Speaks home to the Purpose, and positively in the Case, urges Reason and Experience both. And his Opinion hath stood in his Works above 30 Years, and they have been printed in several Countries, as in *England* twice or thrice, in *Strasburg*, *Geneva*, *Leipsic*, *Amsterdam*. And I remember not any design'd opposition to it in any Book in all this time: Only a little spiteful Libeller has of late (to defend an ill Cause) shew'd his Teeth and bark'd at it.

And



And now because this great distinction of Bilious and Hyſteric Colic, and their reſpective Cure, is ſo immediately Practical, and of ſuch concern in Practice; it were to be wiſh'd, that ſome Perſon or Society, of ſufficient Ability and Integrity, would be ſo public-ſpirited, as to give us their Experience, Reaſon and laſt Thoughts, concerning it, to the end, that if it be an univerſally true Doctrine, they may eſtabliſh it as ſuch, or if it want diſtinguiſhing, they may clear it, and ſet us right. And this would be better Work, than running into Parties and Factions, and Abusing and Villifying one another, and by that means (accidentally at leaſt) ruining the Repute of (next to Divinity) the moſt Uſeful and Honourable Profeſſion in the World.

We had a moſt lamentable Inſtance lately, of a Symptomatic, Hyſteric Colic, which becauſe it may occaſion more Caution for the future, and has been foully repreſented, merits a true Relation. But being too long to crowd in here, it muſt find a place at the end of the Book. However ſince an unknown Glyſter was given, and a great deal depends upon it, perhaps I may ſtrike ſome light into the dark Caſe by ſubjoining what follows.

*Ettmuller* (vol. i. p. 615.) ſaith *Bartholine* obſerv'd, That a Glyſter of the *Decoction of Tobacco* cauſed wonderful Diſturbance, Con-

vulsions, cold Sweats, and other most terrible Symptoms; and tells us, he himself had seen the very same in his Practice. And (p. 1301.) *Clyster ex Decocto Tabaci summè periculosus est, cum usum ejus (subitò ac modò applicatus fuerit) Præcordiorum Anxietates, Lypothymias, Vomitus, Sudores circa frontem frigidos, totius feralem quasi Pallorem, aliàq; similia Symptomata insecuta fuisse noverim.* A Glyster of the Decoction of Tobacco is a most extremely dangerous thing, for I have known where there have followed (immediately, as soon as ever it was Injected) Sickness and Anguish at Heart, Swooning, Vomiting, cold Sweats, cadaverous Paleness, and other the like frightful Symptoms. And I my self (who write this) had a Relation given me of one Mr. O. who from a Glyster of Tobacco infused in Sack, when he had a Colic upon him, fell presently into horrid burning Pains, Convulsions, Faintings, and so perish'd miserably upon the spot, as 'twere all in Flames.

### The comon Glyster.

*Take of our Decoction for Glysters 12 ounces; Syrup of the Juice of Groundsell (or of Buck-Thorn) salt Butter, brown Sugar, each 1 ounce; Oil of Aniseed 8 drops, mix.*

Its to wash out the Intestines, especially the great ones, and to discharge them of Wind and Excrements.



### A Comforting Glyster.

Take *Canary Wine* 1 pint; *Diascordium* half an ounce; *Yolks of Eggs* 2, mix.

But half the usual quantity is prescrib'd, to the end that it may the longer be retain'd in the Body.

What Cordial Juleps are to the Stomach, the same this Glyster is to the Guts. For it so refreshes them, as to raise an universal Exultation of the whole Syftasis of the Spirits, whereby they are roused up, and enabled to perform their Business briskly; and throw out whatsoever is offensive to Nature, and noxious vigorously.

Besides many other uses, its eminently serviceable in malign Fevers; and that not only because it succours the fainting Spirits, but also because it defends the Viscera themselves, and driveth the *Radii* of the Miasme outward, from the Center to the Circumference.

I had acquaintance with a celebrated Physician, who sometimes prescrib'd this Glyster in the Small Pox, to promote Expulsion. But I judge this piece of Practice is rarely and cautiously to be imitated, because this Inflammatory Distemper oftner wants a Bridle to keep it back, than Spurs to prick it forward.

### A Corroborating Glyster.

Take dry'd *Wormwood*, *Centory*, each 1 handful; *Camomile flowers*, *Bay berries*, each 3 drams;

*drams; boil in Sheeps-head-Broth to 10 ounces; to the strain'd add Brandy 2 ounces; Oil of Turpentine and Juniper, each half a dram, mix.*

It (like an internal Fomentation) in the Intestines, repairs their natural heat and vigour, re-establishes the relax'd Fibres, refreshes the tir'd Spirits, deterges heavy Phlegm, breaks off Wind, and appeases Pains.

### An Emollient Glyster.

*Take Milk 10 ounces; Oil of Camomile 3 ounces; Honey of Herb Mercury, Brown Sugar and Pulp of Cassia, each 1 ounce; Oil of Aniseed half a dram, mix.*

It softens hard Excrements and conglobated Scybala, Lubricates the Bowels and Purges.

### An Epileptic Glyster.

*Take Camomile flowers 1 handful; boil in Water to 3 ounces; strain and add Spirit of Harts-horn 8 drops; Oil of Aniseed 5 drops; Honey of Roses 3 drams; the Author saith, there's no need of Yolk of Egg to mix it.*

The use of Volatile Salts in Glysters, I take to be a new Practice, not thought of by our Fore-fathers in Physic. Yet Ettmuller (whose Prescript this is) writes that a certain eminent Physician commends them (not without Success) in an Epileptic Paroxysm, and gives them as well to Children, as to grown



grown Persons, and this he order'd for an Infant of a Year old.

### A Febrific Glyster.

*Take Peruvian Bark fine powder'd 2 ounces; boil in several Waters 'till it come to half a pint; let it pass through a Sieve, so as to be turbid, and add Diascordium half an ounce; Oil of Aniseed 1 drop, mix.*

If the Patient cannot retain it long enough boil in it Pomgranate peel (or Flowers) half an ounce; and add Cinnamon Water 2 ounces.

I have often Experimented this Glyster, and found it egregiously prevalent against Intermitting Fevers, especially in Children in a less Dose. For I must ingenuously own, that I have known it fail of its effect, more commonly in grown Persons; and I never order it, but to those Patients that either have a prejudice against the Cortex, or are so tender Stomach'd or so Humoursome, that they cannot or will not take it by the Mouth.

The manner of using it is, to administer it presently after the Paroxysm, and as soon as it comes away, to give another of the same, and repeat it *toties quoties*, so as that the Intestines may be continually imbued with it, from Fit to Fit, 'till the Fever be driven.

*Ad. Helvetius*, a Parisian Doctor, perhaps found out this sort of Remedy; and wrote a little Book of it. His way is thus.

*Take*

*Take pulverised Bark 1 ounce; mix it in a pint of warm Water, without putting any thing to't besides.*

He gives it just after the Fit, and repeats it three times a Day, 'till the Patient is thoroughly well. After the Cure he continues the same for the space of 12 Days, *viz* the first 6 Days one in the Morning and another in the Evening. The 6 last Days one in the Morning only.

He saith, when the Patient cannot hold the Glyster long enough, he adds to each Syrup of Meconium 1 ounce, which will make it stay without Pain.

### A Glyster in Gripes.

*Take powder'd white Chalk half an ounce; Rue, Camomile flowers, each half a handful; boil in Water half a pint to 4 ounces; to the strain'd add Tincture of Castor 3 drams; Diascordium 2 drams; Syrup of Meconium half an ounce; Oil of Aniseed 10 drops, mix.*

It concentrates Acids, comforts the Intestines, dissipates Wind, eases Pain, takes off Spasms, and is superlatively good and convenient for small Children; when (by reason of hard breeding of Teeth, or acrious Humours) they have green griping Stools, and are troubled with Inquietude, Watchings, feverish erratic Flushings, and Convulsions threaten them.



### An Hysteric Glyster.

Take round Birthwort and white Bryony roots each half an ounce; Rue, Feverfew, Pennyroyal, Camomile flowers, each half a handful; boil in Water to 1 pint, in which (when strain'd and cold) dissolve Asa Fatida 1 dram; Oil of Amber 2 drams; brown Sugar 1 ounce, mix.

In the very actual Hysteric Fit, it may be injected, powerfully to repress the Ataxie of the exploding Spirits. Perhaps it may be found too strong for some worn-out, weakly Constitutions.

### A Glyster for Infants.

Take new Milk 3 ounces; Oil of sweet Almonds, Syrup of Violets, each half an ounce; Oil of Anniseed 12 drops, mix.

It mollifies and loosens, dissipates Wind, and eases Pains.

### A Laxative Glyster.

Take either Chicken, or Veal-Broth 12 ounces; Oil Olive, brown Sugar each 2 ounces; Oil of Anniseed, half a dram, mix.

It comforts the Intestines, discusses Wind, softens the Excrements, and loosens the Belly.

### A Lenient Glyster.

Take new Milk 10 ounces; Mucilage of Fleawort, and Quince Seeds (extracted in red Poppy Water)

*Water* ) 3 ounces; Yolks of 2 Eggs, *Diacodium*  
2 ounces, *mix.*

It hath place, when the sharpness of Cholerick Humours vehemently stimulates, vellicates, pricks, and corrodes the Intestines. For it obtunds Acrimony, lines the Membranes with Mucus, and composes and appeases the irritated Spirits.

### A Glyster with Mullein.

Take *Mullein*, and *Elder Flowers*, each half a handful; *Herbs*, *Hemlock*, *Henbane*, each 1 handful; boil in *Smith's Forge Water* to 12 ounces; to the strained add the Yolk of 1 Egg; *Linseed Oil* 2 ounces; oil of *Amber* half a dram; *Balsam of Sulphur* 2 drams, *mix.*

It discusses the Swellings of the internal Hemorrhoids, effectually allays their Pain, heals the little Ulcers, and hinders a further afflux of Blood, and ill Humours.

### A Nourishing Glyster.

Take *Broth made of Sheep's Inwards* 10 ounces; Yolks of 3 Eggs; *Canary Wine* 3 ounces, *Juice of Kermes* half an ounce, *mix.*

Some deny that there are truly Nourishing Glysters; but I incline to the contrary Opinion, 1. Because the Colon hath Lacteal Vessels implanted into it, tho' not many. 2. I have sundry times observed, that the Glyster of Pomgranate Peels hath been kept in the Body 24 hours, and the next Stool  
that



that followed was not liquid, but hard and solid. 3. *Hildanus* (Cent. 4. Obs. 30.) tells of a certain Woman, who for 6 Weeks took in no Sustenance at her Mouth, but by the benefit of such Glysters, was so well supported, that being great with Child, went out her full time, and was happily brought a bed. 4. *P. Borellus* (Cent. 1. Obs. 56.) saw a Person made drunk by a Glyster of Wine. And the like I noted before, in *Anodyne Glyster*. I could produce many more Arguments, but I presume these may abundantly suffice, to prove that there are such things as Nourishing Glysters.

### An Oiley Bitter Glyster.

*Take Linseed Oil 6 ounces; Coloquintida tied up in a Rag 1 dram and a half; boil a little, and strain it.*

*Rulandus* anointed the Belly with part of it, and injected the rest Glyster-wise, into one that was most miserably afflicted with the Iliac Passion, and gave present Relief. But he is not to be rashly imitated, lest the Glyster should be forcibly driven up into the Ventricle, and increase the Vomiting, which was very enormous before, and so hasten Death. Yet, notwithstanding, when the Belly is obstinately bound up, before the Peristaltic Motion of the Guts is wholly inverted, and before the Colic is passed into an Iliac Passion, I judge it may be a profitable Remedy.

### A Glyster of 4 Oils.

*Take Oils of Linseed and Camomile each 6 ounces; Oil of Scorpions and Turpentine each 2 drams, mix.*

It's commodiously prescribed against the Stone, and Sand in the very Paroxysm, for it lubricates the Passages, breaks the Spasme of the Viscera, softens hard Excrements, disburthens the Intestines pressing upon the Reins, Ureters, and Bladder, and so openeth the Ways, and forceth small Stones, gravelly Matter, and Sand to descend, and be evacuated with less difficulty and dolour.

### A Glyster of Pomgranate.

*Take Pomgranate Peel bruised half an ounce; Flowers of the same 1 dram; boil in Milk half a pint to 4 ounces; to the strained add Brandy (or Cinnamon Water) 2 ounces; Diascordium 6 drams; Oil of Nutmeg 6 drops, mix.*

That it may be the longer and easilier retained, (which is of great moment in this case) foment the Anus with some warm Astringent Decoction, or at least, apply hot Cloths to it, and let the Patient compose himself to sleep, as soon as he can. Perhaps also, it might be well for him to lie upon his Right side, for so the Colon will not be so much pressed upon, by the weight of the other Intestines.



This ( beyond almost all other Astringents ) is prevalent in stopping such a Looseness, as comes without Gripes, and is occasioned, not so much by the quantity and sharpness of Matter, as Laxity and Lubricity of the Intestines.

### A Purging Glyster.

*Take of the Decoction for Glysters 12 ounces ; Mixture for Glysters 3 ounces, mix.*

The Title sets forth its use.

I am of Opinion, that Glysters ( notwithstanding the valve of the Colon, which hinders their corporal Ascent any higher ) may purge not only the Rectum, and Colon, but all the upper Guts also. For the peristaltic Motion once begun in the lower ones, may very easily ( and useth to ) be continued successively up, even to the Pylorus it self, and by that means the Excrements are born downwards, and squeez'd forwards, through the whole Tract of the Intestines; and this especially in those, whose Guts being wove up of fine-spun Fibrillæ, are touchy and irritable, and therefore easily purged.

### A Refrigerating Glyster.

*Take of the common Emulsion 12 ounces ; Oil of Lilies 4 ounces ; Salt Prunel 2 scruples ; Sugar of Lead 1 scruple ; mix, and inject it milk warm.*

It's adviseable, when a very acrid, fiery Bile being plentifully suffused into the Intestines, excites Fervor, Fury, and Dolour, as in the *cholera morbus*, and some sort of Fevers.

Some have dared to inject Glysters actually cold; and some again condemn it, as male Practice But seeing the Stomach, (which is of a far more exquisite Sense, and hath such a sympathetic Influence upon the whole System of the Spirits) I say, seeing the Stomach can bear cold, yea even icy Draughts, why should not the Guts the same, or more? But I never made any Experiment of this Matter, and therefore only propose, but not impose it.

### A Saponaceous Glyster.

Take Mallows, Golden Rod, each 1 handful; Juniper and Bay Berries; Daucus and Parsley Seed each 2 drams; boil in Water to 12 ounces; in the strained dissolve Castile Soap half an ounce; Oil of Camomile 1 ounce; Oil of Anniseed, 30 drops; Syrup of Violets 2 ounces, mix.

It potently disperseth Wind, softneth indurated Feces, evacuateth the Intestines, lubricateth the Urinary Passages, expelleth Sand, and therefore, upon all these accounts, belongs especially to, and is very commodious for those that are troubled with Gravel and Sand.



## A Somniferous Glyster.

Take Opium 8 grains ; dissolve it in erratic Poppy Water 6 ounces, and add Diascordium half an ounce ; the Yolk of 1 Egg, mix, and inject lukewarm at sleeping time.

In acute, and other great Distempers, when want of Sleep, (caused by vehemence of Pain, Estuosity of Humours, or restlessness of Spirits ) grows to that pass, as to weaken so much, that 'tis no longer safe to venture Opiates in the Stomach, then ( that Nature may not be destitute of all Assistance ) Authors advise to give them in Glysters. Thus *Sennertus* (*de Phrenet.*) counselleth to mix Opiates in Glysters, where the Patient is weakened to the utmost degree, and therefore may not take them by the Mouth. And *Riverius* (*de Phrenit.*) asserts, that Laudanum used in Glysters procures Sleep effectually enough, and more safely, than when swallowed.

Notwithstanding young Practitioners may be careful in ordering it : For *Platerus* (lib. 1. obs.p. 136) tells us, he prescrib'd an Opiate Glysterto an old Man, in a Fit of the Stone ; upon which he slept and waked easy, but the Nerves of his Tongue were so struck, that he stammer'd like a drunken Man, yet his Speech return'd again, as the force of the Narcotic wore out. And *Salmuth* (Cent. 3. obs. 97.) writes of a *Coma Somnolentum*, occasion'd

occasion'd by 1 dram of Opium dissolv'd in a Glyster, which was cured by another of Malvatic Wine.

### A Sweet Glyster.

*Take New Cows Milk 6 ounces; Melassos 2 ounces, mix.*

This Glyster is to be made use of, before the bitter one, whilst the Worms lying in the small Guts, bite and gnaw, and cause the Belly-ach. For they will greedily make to the Milk, which is sweet and delicious to them, and so leaving off biting, will come out of their lurking Holes, and crawl downwards, and lie ready and easy to be cast out by Siege.

### A Cerebinthine Glyster.

*Take Urine of a Man in Health 1 pint; Venice Turpentine (dissolved in 2 Yolks of Eggs) 1 ounce; Oil of Aniseed 1 dram; Melassos 1 ounce, mix.*

Its but a Whimsy to prescribe Urine of Wine Drinkers, as supposing such most enrich'd with Spirits; whereas it has no vinous Spirits at all, and is not so pure, natural and humane a Liquid, as the Urine of such as drink little, and let themselves be healthy.

Urine seems a very proper Ingredient in a Glyster, because it being lately a Guest in the Body, is now receiv'd again in a Friendly Manner, and supplieth the place of Bile.

For



For *Pecquet* is clear in it, and *Helmont* also, that the Salt of Bile, and of Urine is the very self-same, and both most certainly Nitrous.

Terebinth dissolv'd in Glysters is beneficial in the Dropsy, Colic and Stone; not only because its Balsamic Particles comfort, and heal the Intestines, but also, because taken up by the Veins, and circulating with the Blood, they move Urine.

*Ettmuller* reports, that when a Glyster of Milk and Turpentine 3 drams, dissolv'd with the Yolk of an Egg, had been given in the Morning, and retain'd all Day, it gave the Urine a sensible Violet odour at Night, as Turpentine taken by the Mouth useth to do.

This Observation makes it very probable, that the Particles of Turpentine diffuse themselves every where; and that they agitate stagnating, morbid Matter, and where they find it degenerated into Mucid, Salt or Sharp, they incline and reduce it to Freshness, and a better Crasis. But then for this use of Altering and Meliorating the Juices of the Body; it must be given frequently, and in such small quantities as will not purge it self off. Which perhaps the courteous Reader will take kindly, as a new hint in Physick; and the currish one may snarl at, as a thin Conceit.

### Honey of Raisins.

*Take Malaga Raisins freed from the Stalks and Stones 2 pound; Currants pick'd and rubb'd clean with a Cloth 1 pound; Fijubes half a pound; beat all in a Marble Mortar, and boil in a convenient quantity of clear Barly Water, 'till the Goodness be boil'd out into the Liquor, then strain and squeeze it out, and having set it by to settle and decanted the clear, and added to it clarify'd Honey, and white Sugar Candy, each 4 ounces; boil it again gently, 'till it be reduc'd to a Mellaginous Consistence.*

Here I desire the *English* Reader to take notice once for all, that our Herbals give such poor, sorry, deficient, false and undistinguishing accounts of the Virtues of Simples, that he must not venture Practice upon their Authority. To instance in Raisins, when they are prescrib'd, Raisins of the Sun are generally made use of, whereas they, and Malaga have their several Faculties and uses, no where to be found in such like Books.

For Raisins of the Sun are pleasanter to the Palate, quench Thirst and deoppilate more than Malaga, by reason of a delicate Tartarous Acidity, mixt with the Sweet, and so are better in thirsty Fevers, and Splanchnic Cases.

But Malaga Incrassate, Obtund and Maturate more than they, by reason of their mucilaginous Sweetness, and therefore are

pre-



preferable in Catarrhs, Rheumatism, Small Pox, Stone, and wheresoever a thin, acrid, crude Serum is to be corrected or ripen'd.

### Mayer's Honey of Raisins.

*Take Raisins stoned and chop'd small 4 pound; Water 6 quarts; macerate them 24 hours; then boil 'till but a third part remains, which strain and boil again, 'till it become as thick as Honey.*

### A Chartaceous Hydromela.

*Take of the finest Writing Paper cut small 4 Sheets, Naple Biskets 2; Spring Water 2 pints and half; having boil'd it to 1 pint and half and strain'd it, add Milk 1 pint and half, then boil it again to 1 quart; and at last, season it with fine Sugar and Nutmeg, according as may be grateful.*

It edulcorates, incrassates, obstipates; in particular, it succours those that are troubled with Diarrhæa, immoderate flux of the Terms or Morning Sweats.

### An Hydromel of Cherries.

*Take Spring Water 6 quarts; Honey 1 quart; when its boil'd to a perfect Despumation, add Juice of red Cherries 1 quart; and boil it a little more, scumming it carefully.*

Its a delicate pleasant tasted Liquor, and may serve for usual Drink, to quench Thirst, Dilute and Maturate.

After the same manner, may be prepar'd Hydromels of Juice of Citron, or any other grateful acid Juices, saith Dr. Lasber.

### A Diuretic Hydromel.

*Take roots of Madder, Fennel, each 1 ounce; Parsly 2 ounces; Bay and Juniper berries, each half an ounce; Daucus and sweet Fennel Seeds, each 2 drams; boil in Water 2 pints and half to 28 ounces; to the strain'd Liquor add Juice of Pellitory of the Wall and Honey, each 4 ounces; boil it again as long as any Scum ariseth.*

### Joel's Hydromel.

*Take Zedoary half an ounce; Gum Ammoniac (not strain'd) 2 drams; Flour of Sulphur 3 drams; clarify'd Honey 2 ounces; Water 1 pint; boil (without scuming it) to 12 ounces; at the latter end, adding Saffron 12 grains; and when its quite cold strain it off.*

It very potently incides, liquifies and brings off tough Phlegm, that by stuffing up the pneumonic Passages, causeth an Orthopnæa and moist Asthma. But whether it be convenient in a dry, convulsive, feverish Asthma, during the Fit I am scarcely satisfy'd; but I am inclin'd to believe in that Case, it may give the Blood too much Fervour, increase the Orgasm of the Humours, and consequently make the Fit greater.

You may give the Patient a spoonful or 2 often.



## 1. A Pectoral Hydromel.

Take Liquorice 2 ounces ; Malaga Raisins stoned and cut small 4 ounces ; boil in depurate Barly water from 3 pints to 1 quart ; to the strain'd add Honey 2 ounces, and boil again 'till it be well despumated.

## 2. Pectoral Hydromel.

Take Pearl Barly, Malaga Raisins stoned, each half an ounce ; Figs 4 ; Liquorice 2 drams ; Roots of Elecampane, Orris, Calamus Aromaticus and dry'd Tobacco, each 1 dram ; Colts foot, Ground Ivy, Rocket, Sanicle, each 1 handful ; sweet Fennel and Aniseed (added towards the last) each 2 drams ; make a Decoction in simple Hydromel 3 pints to 1 quart, and strain it out for use.

It almost equals that of Joel (above describ'd) for inciding and expectorating, but for mollesying, lubricating, digesting and maturing, it goes beyond it. Its eminently beneficial in a deep, laborious Cough, where the inward Recesses of the Thorax are stuff'd up, and over-loaded with tough Phlegm. But in a feverish, thin, sharp Catarrh, perpetually dropping thro' the guttural Glands, 'twill prove prejudicial ; for by fusing, heating and tumultuously exagitating the Humours, 'twill most infallibly increase the Distemper.

You may give 3 ounces or more, to be supped up as hot as Coffee, three times a Day.

### Simple Hydromel.

*Take pure Spring Water 2 quarts; Honey half a pound; boil it 'till its thoroughly scummed.*

Some make it of Water 5 pints, and Honey 1 pint.

This may serve to prepare any compound Hydromel with, is seldom used alone Yet might be a good agreeable Drink, during the whole Fit of an Asthma, for such as are troubled with an old Cough, or with Gravel or Sand.

Honey consists of a sweet, viscid Principle manifest, and of an Acrid Volatile something occult. From its Acridness, it detergeth and drieth; from its Viscidness, digesteth and healeth.

### An Anthelminthic Infusion.

*Take Wormseed bruised half an ounce; Mint Water 4 ounces; Gentian compound and Cinamon water, each 2 ounces; infuse hot for an hour; then strain and add Syrup of Succory with Rhubarb 2 ounces; Oil of Nutmeg 2 drops; mix.*

Give a Child 2 spoonfuls twice a day, for 3 days, and then after it, a proper Cathartic.



*Aegineta* ( Book 4. chap. 57. page 384. )  
 faith, when Children will not take Medicines  
 if you lay them on their Backs and bind them  
 down, and hold open their Mouths with an  
 Instrument, and put a Glyster-Pipe down  
 their Throats, you may inject what bitter  
 you please, in spight of their strugling.

### An Arthritic Infusion.

Take ground Pine (dry'd, washed and bruis'd)  
 1 ounce; Lavender flowers dry'd, Venice Treacle,  
 each half an ounce; stout, strong, red Wine  
 1 quart; infuse hot 2 hours and strain.

To drive the Gout out of the Stomach  
 and Intestines, let the Patient drink half a  
 pint, and repeat the same Draught, as often  
 as the Physician shall judge needful.

### A Bitter Infusion.

Take common Water distil'd 2 quarts; Brandy  
 half a pint; Salt of Tartar 32 grains; Gentian  
 root 3 drams; tops of Carduus, Centory,  
 Camomile flowers, each 6 drams; Cochineal 2  
 scruples; Infuse in Balneo 12 hours, and strain.

Common Water distil'd in an Alembic will  
 keep in the Shop as well as other distil'd Waters,  
 and may serve as a cheap and general  
 Vehicle in Julcps, Infusions, &c. And is divested  
 of all sorts of Salts.

I choose Carduus tops rather than Seed,  
 because the Seed being Oiley, is apt to make  
 the

the Infusion muddy; but as here order'd, 'twill be diaphanously clear.

Its a little warmer, than the common bitter Draught, because in a quarter of a pint of the Liquor there is about half an ounce of Brandy.

I use to give it either alone, or with bitter Wine, sometimes prescribing equal quantities: Sometimes of the Infusion 12 ounces, and of the Wine 4 ounces, and so varying as I see fit. The Dose is 6 or 8 spoonfuls, twice a Day.

### A Bitter Chalybeat Infusion.

*Take Alexiterial Milk water 1 pint and half; Mint, Gentian compound, Magistral Worm water, each 4 ounces; Gentian root 4 scruples; tops of Carduus, Centory and Camomile flowers, each 8 scruples; after 12 hours warm infusion, run it through a Sieve without Squeezing, so as that it may be pure clear and fine, and mix with it Chalybeat Wine 1 quart.*

### An Infusion of Camomile.

*Take distil'd Water 1 quart; Brandy 4 ounces; Salt of Tartar 2 scruples; Camomile flowers dry'd and bruis'd 2 ounces; infuse warm 12 hours, and decant the clear through a Flannel strainer.*

See the bitter Febrific Decoction.



### A Cardiac Infusion.

Take conserve of red Roses 1 ounce ; conserve of Borage flowers 2 ounces ; candy'd Citron peel, beat to a Mash 6 drams ; pour on them Borage water 9 ounces ; Meadow sweet water 3 ounces ; Damask Rose water 2 ounces ; having mix'd all very well in a marble Mortar, and let them stand cold an hour, strain out the Liquor and add to it juice of Kermes half an ounce ; juice of Lemon 1 ounce ; Syrup of Raspberries half an ounce ; and pass it all through Hippocrates's sleeve, 'till it be pretty clear and fine.

It restrains the Fervour, and allays the impetuosity of the too inflammable Blood, at the same time, it also clarifies and rouses up the Spirits, darkned and depress'd with atrabilarious Vapours. 'Tis a very grateful and comfortable thing in a burning Fever, especially if the Patient be inclinable to Hypochondriacism and Melancholy. You may give a large Wine glass full thrice a day.

### A Cephalic Infusion.

Take dry Peacocks dung (the white part) 4 ounces ; Millepedes alive bruised 1 ounce ; black Cherry water, white Wine, each 1 pint and half ; let them stand cold 24 hours, then having clarify'd it, by often passing it through a Flannel bag, add Langius's Antepileptic water 3 ounces ; Spirit of Lavender compound 1 dram and half ;  
Oil

*Oil of Nutmeg 3 drops; Syrup of Piony compound 6 ounces, mix.*

It cleanses out the Meatus of the Brain, when choak'd up and grown unpassable, by reason of muddy Feculencies, roborates its Tone when flaccid and sunk, and defecates the Animal Spirits, when clog'd and incens'd with an heterogeneous Copula, refreshes and invigorates them when feeble and fainting; discusses the Mists and Clouds of the Head, and procures Serenity and Sun shine. Therefore we employ it with happy Success in an Idiopathic Head-ach, Vertigo, Scotomy, &c. giving a quarter of a pint Nights and Mornings.

#### An Infusion for a Colic.

*Take Zedoary root contused 2 ounces; Canary Wine, Brandy, each half a pint; macerate in a gentle heat 12 hours. To the strain'd add Oil of Juniper 16 drops; Oil of Cloves 4 drops; fine Sugar 1 ounce, mix.*

In a Bilious Colic no Medicine will avail much, 'till the Body be wrought thro' with a Purge; and after it is so, this Medicine will be useful. In an Hysteric Colic Dr. Sydenham prescribes Zedoary between the Fits. Two or three ounces are to be taken three or four times a Day.

#### An Epileptic Infusion.

*Take Misselto cut and bruis'd 4 ounces; juice of Rue 1 ounce; Brandy 4 ounces; Spring wa-  
ter*



*ter 28 ounces; Salt of Tartar 2 scruples; infuse in a gentle heat 12 hours: Let the strain'd subside, 'till depurated, which decant and sweeten with Syrup of Piony compound 4 ounces.*

Mr. Boyle (usefulness of Philos. p. 175.) relates an History of a radicated Epilepsy cured by *Misselto* of an Oak. But for ought I know, its only the Superstition of the Druids, and scarcity of that of the Oak, which gives it the preference before that of Hazel, white Thorn, Lime, Apple or even Crabtree.

### A Purging Infusion.

*Take Senna 1 ounce; white Tartar powder'd half an ounce; Elder flower water, white Wine, each half a pint; infuse warm and close in a glass, or glased (but not Brass) Vessel, 12 hours: To 12 ounces of it clear strain'd, add Syrup of Scammony with Rhubarb 4 ounces; Oil of Aniseed and Oil of Nutmeg, each 2 drops, mix.*

Senna (saith *Fr. Sylvius*) is a kindly, gentle Medicine, if given either in Substance or Infusion; but decocted is not so, for then its apt to cause Gripes, especially in such as abound with austere and acid Humours.

This Infusion will fit Children, as well as grown People; for it operates very friendly, and yet effectually. If any Constitution call for it stronger, a few grains of powder'd Scammony may be added (when cold) to each Dose. The Dose to grown Persons, is

3, 4 or 5 ounces. Hence it may easily be proportion'd for all Ages.

### A Red Infusion.

Take *Diascordium* half an ounce; *Cochineal* 2 scruples; *Cloves* 1 scruple; *red Lisbon Wine* 6 ounces; *Cinnamon Water* 2 ounces; let all stand at the Fire stopp'd close 2 hours. Strain and add *Syrup of Quinces* (or of *Meconium*) 1 ounce and half, mix.

Its for 2 Doses against a *Diarrhæa*.

### [A Referating Infusion.

Take green *Fig leaves* 1 ounce; common *Daisy roots* 6 drams; *Contrayerva* 2 drams; *Spring water* 1 pint; *Brandy* 2 ounces; *Salt of Tartar* 1 scruple; make a warm and close Infusion, which strain and edulcorate with *Sugar*.

Its use is to referate the too close compages of the Blood, that it may shed off its Serum and other Recrements.

### An Infusion of Rhubarb compound.

Take *Rhubarb sliced thin* 2 drams; *yellow Mirobalans bruised* 1 dram; *Salt of Wormwood* 15 grains; *Plantain and Cinnamon water*, each 2 ounces; infuse warm and close a Nights space, then having strain'd it out, add *Oil of Aniseed* 1 drop; *Syrup of Roses solutive* half an ounce; (or 6 drams) mix.

Sometimes where there are Gripes, I prescrib'd thus.

Take



Take Rhubarb 2 drams, Brandy 1 ounce and half, Cinnamon Water 1 ounce; infuse (over hot Coals) an Hour; to the strained, add Syrup of Roses solutive, 1 ounce, Oil of Nutmeg 1 drop, powdered Rhubarb half a scruple, mix.

It evacuates slimy, bilious, or any other Matter that offends, and provokes the Intestines; takes away Gripes, dissipates Wind, roborates the Bowels, corrects their Lubricity, fortifies their Tone, and so is thoroughly furnished with all Requisites, rightly and rationally, to stop and cure a Diarrhæa.

### An Infusion with Roses Compound.

Take Red Roses, Balaustines, each 2 drams; Oak Bark half an ounce; Spring Water 1 quart; give it a warm Infusion for 12 hours; then strain, and add Barly Cinnamon Water, 4 ounces; White Sugar 2 ounces; Oil of Nutmeg 2 drops.

It astringes potently, and therefore conduceth in a Diarrhæa, and Spitting of Blood. But because it may possibly be mischievous in the Hands of the unskilful, or unwary, I am willing to put down here two Cautions, worth observing.

1. In a Symptomatic Flux of the Belly, where an Acute Fever is the primary Distemper, its a difficult Case; and it's safer then to set upon it with direct Alexipharmacs, which may be able to grapple with the hostile Venom, and drive it cutwards; than

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with

with Astringents and Opiates, which unhappily concentrate, and shut up the Malignant Humours, hinder the Depuration of the Blood, and ruin the weak Spirits.

2. In an Hæmoptysis ; after the Eruption of Blood is actually stopt, there may be extravasated Gore, and grumous Clots remaining in the Lungs ; and while there are so, Astringents are bad ; forasmuch as they are an Impediment to Excretion, and cause Shortness of Breath, Suffocation, vehement acute Fevers, Inflammation of the Lungs, and Death it self.

The Dose is 3 or 4 ounces, to be repeated till the Indication be answered.

### An Infusion of Roses simple.

*Take Conserve of red Roses 4 ounces ; Oil of Sulphur 48 drops (or as much as suffices to bring it to a fit Acidity) Spring Water 1 quart ; macerate warm all Night ; in the Morning run it, till clear, through a Flannel Bag.*

It doth all that can be looked for from Tincture of Roses ; namely, refrigerates over-heated, restrains boiling, corrects salt acrid, and incrassates thin Blood. It tempers Choler, satiates Thirst, refreshes the Stomach, restores lost Appetite, and moderately astringes. 'Tis a pretty pleasant Julep, useful in burning and malignant Fevers, in Hæmorrhagies at the Nose, spitting and vomiting of Blood, Flux of the Terms, bilious,



lious Diarrhæa, Dysentery, Pica, and Danger of Abortion.

A Wine Glass of it may be taken twice or thrice a Day.

After the same manner may be prepared an Infusion of Conserve of Wood Sorrel, or Violets, against great Heat of the Stomach, and Thirst in Fevers.

### The Spanish Infusion.

*Take Spring Water 3 pints; Salt of Tartar half an ounce; Saffron (snip'd small with Scissors half a dram; Spanish Juice of Liquorice, sliced thin, 1 ounce; digest warm, and close 24 Hours; And then strain it.*

It edulcorates, maturates, incides, and expectorates. In a thin Defluxion, owzing out of the Glands of the Throat, whose Nature is to return mostly in the Evening, and then molest with a Vexatious Cough, give half a pint cold, just at going to Bed.

But in a true Pectoral Cough, which is owing either to an acrid Lympha incessantly suffused, or to gross heavy Phlegm deposited, obstructing and oppressing the Bronchia, or lobular Appendixes of the Lungs, let a quarter of a pint be drank hot every Night and Morning.

In a Feverish Catarrh, with frequent, uncertain Returns, and Changes of Shiverings and Flushes, Heaviness of the Head, Noise in the Ears, Redness of the Eyes, and thin

running at the Nose ; let it be sipped off hot, like Coffee, all day long at times, and let the Patient keep himself up in his Chamber, and avoid the cold Air.

### A Styptic Infusion.

*Take stinging Nettle-Roots 4 ounces ; Salt Prunel half an ounce ; Juice of Nettles 2 ounces ; Spring water 1 quart ; make a warm Infusion for 12 Hours ; then strain, and add Syrup of Marsh-Mallows, (or of Meconium) 4 ounces, mix.*

### A Traumatic Infusion.

*Take green Twigs of woody Nightshade (cut like Sarsaparilla) 4 ounces ; Cochineal 1 scruple ; White-wine 1 quart ; infuse hot and close, all Night ; then having strained out the Liquor, add Syrup of Ground Ivy 4 ounces ; Venice Treacle half an ounce, mix.*

It's a singular Experiment in a Contusion ; for it dissolves extravasated Clots of Gore, after a marvelous manner, drives it again into the circulating Mass of Blood ; and there, partly by Diaphoresis, partly Diuresis, and sometimes by Purging, throws it out of the Body. It operates so powerfully and specifically, that upon the use of it, I have sometimes (not without Astonishment) observed black Urine, which I supposed was made so, by Clots of Blood dissolved, absorbed, and mixed in with the Serum. Let

6 ounces



6 ounces be taken twice, or 4 ounces thrice a day.

### Attempering Juice.

*Take Dandelion, as much as you think fit, pound it to a Mash, put it into a glazed Pipkin with a Cover, stop it up with Past, set it in an Oven after the Bread is drawn; let it stand in six hours, then putting it into an Hair Sieve, let the clear Liquor drain out.*

Thus may Juices be extracted from any other juicy Herbs.

Those who have a cold, weak Stomach, apt to Crudities and Belching, had need abstain from all manner of raw Juices; and therefore the most convenient way of preparing them for such Persons, is thus to bake them in an Oven.

This simple Medicine dilutes the Blood and Humours, corrects their acrid Salt, and is a principal thing in an hot Scurvey, and Cutaneous Affections. I have known where it hath done good, even in a *Lepra Græcorum*, so far as to keep it from itching, heating, and spreading, and made it tolerable, though it could not cure it.

Let four or six ounces be drank thrice, or oftener in a day.

### Juice for the Hæmorrhoids.

*Take the Juice of Tarrow depurated, 1 pint; White Sugar 2 ounces, mix.*

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When the Flux of the Hæmorrhoids is seasonable and moderate, it purgeth the Body of feculent gross Blood, and preserves from, and cures many ill Distempers, such as Pleurisie, Scurvy, Leprosie, Cancer, Melancholy, Hypochondriacism, Madness, Scirrhus, Tumours of the *Viscera*, &c.

But if by loss of Strength, Pain in the Back and Thighs, failing of Appetite, squalid Habit of Body, greenish or dusky Colour, and deadness of Look, you are certainly assured, that the Flux is too much, and ought to be moderated; then this (easily procured) Styptic, may bring good Assistance; and was the great Secret of a certain great Physician. And *Riverius* saith, the Decoction of Yarrow, used as usual Drink, for three Days together, happily takes off the Pain of the Piles.

The Dose is 3 or 4 ounces, twice a day.

### Juices for a Dropsie.

Take green Plantain Leaves 4 handfuls; Liverwort, Brooklime, each 2 handfuls, having pounded them in a Stone-Mortar, add Horse-Radish water compound, half a pint, and wring it out hard through a Cloth.

The everlastingly famous *Willis* asserts, that he hath often prescribed it with Success. The Dose is 3 ounces, thrice a day.

### Scorbutic Juices.

Take Juice of Plantain, Brooklime, Water Cresses, Dandelion, each 1 pint; of Sorrel, Lemons,



*Lemons, and Whitewine, each half a pint, let it stand (in a Cellar) till the thick part subside; then having decanted the clear Liquor, add to it Horse-Radish water compound, magistral Worm-water, fine Sugar, each 4 ounces; Spirit of Scurvey Grass 6 drams, mix.*

The Juices of Herbs egregiously dilute, edulcorate, purifie, and soften salt, harsh, torrid, and irritable Blood; convey off by Urine, Saline, and Bilious Recrements, refresh the estuating Hypochondria, with a grateful Refrigerium, correct a dry strigose Habit with mollifying Moisture: And (in my Judgment) are the very first in the Family of Antiscorbutics; and so much the more, because they are carried into the Blood in their true natural State, and full and entire Virtues, without being perverted and spoiled by Coction, or any other ill applied Artifice.

But they are more medicinal in the *Spring*, than any other time of the Year, and that not only, because Nature in human Bodies being then of it self upon raising a *Σύμωσις*, and Renovation of the Blood, may be easily assisted in its Work: But also, because the Juices themselves are then, in their own Nature, really much richer, and efficacious, as *Simon Paulli* observes, saying, An evident Proof that Scorbutic Herbs are enriched with Volatile Salt, most especially in the *Spring* Season is this; that if we prepare an Essence

or Tincture of them, at the end of *April*, or beginning of *May*, 'twill look red like *Chio*, or *Malvatic* Wine, which it will not do in other Seasons of the Year.

Let a quarter of a pint be drank daily in the Morning, and at four in the Afternoon.

### An Acid Zulep.

Take pure Spring Water (boiled half away) 28 ounces, Syrup of Violets 3 ounces; Syrup of Gilly Flowers (or Raspberries) 1 ounce; Spirit of Vitriol, as much as serves to make it pleasantly tart, mix.

Spring Water (when its Crudity is boiled off) drinks clean in the Mouth, and in many Cases, I prefer it before Barly Water, which being full of heavy, fulsome Mucilage, is often found ungrateful, both to the Palate and Stomach of weak People.

*Riverius* tells us, Acids should never be omitted in bilious Fevers, because Bitters are dulcify'd by Acids. And if they be intense in their Degree, they'll destroy the bitterness even of Aloes, and *Coloquintida* it self: And when Choler is despoiled of its bitterness, its mortified, and can do no hurt.

And at another Place he says, it ought to be minded of Spirit of Vitriol and Sulphur, that the use of them is great in Putrid Fevers, because they notably refrigerate, open, resist Putrefaction, hinder Inflammability of Humours, and quench Thirst. Yet notwithstanding,



withstanding, in a Pleurisie, Peripneumonie, Coughing of Blood, Consumption, and the other Pulmonary affects, in Inflammation of the Ventricle, Dyfentery, bloody Urine, and Ulcers of the Kidneys and Bladder, they are very pernicious, and must be forborn.

This (elegant, and delicately pleasant) Julep, may be given cold, in burning Fevers, to three or four ounces, four times a day.

### An Alexiterial Julep.

*Take Alexiterial Milk Water, black Cherry Water, each 4 ounces; Rue Water 3 ounces; Epidemial 2 ounces; Tincture of Saffron (extracted in Treacle water) 1 ounce; Syrup of Gilly-flowers 2 ounces; Goa, and Contrayerva Stone, each 1 dram; Confection of Alkermes 2 drams, mix.*

It's useful and necessary in putrid and malignant Fevers, where the Spirits are overborn, and almost slain, by a deleterious and mortifying Venome, namely, to give them a lively brisk Expansion, and to rouse 'em up, and make 'em able to recover the due Mixture of the Blood, vanquish the Venom, and expel it.

For these Purposes, it may be allowed to 5 spoonfuls, ever 8th, 6th, or 3d Hour, as the Case requires.

But it's heedfully to be observed, that as soon as ever the Phlogosis, and Vigour of the Spirits and Blood, is thus regained, we must immedi-

immediately desist, or at leastwise diminish its Dose, and give it seldomer, lest so raging a Fire be kindled, that it ruin the human Fabrick.

### An Amber Iulep.

*Take Waters of Parsley, and Fennel, each 4 ounces; Magistral Worm, and Horse-Radish compound Waters, each 1 ounce; Syrup of the 5 Roots 2 ounces; Salt of Amber half a dram, mix.*

Aperients, Dissolvents, and Diuretics, do much in an Anasarca (tho' not in an Ascites). For this Malady ariseth from a morbose Redundancy of Lympha, soaked into the minute hollowneses, and interstices of the Fibrillæ, of which (disposed like little Pipes) the whole System of the Body is wove up and constituted: And 'tis increased by that Lympha's growing thick, gelatinous and sizy; whereupon it dams up the small Aquæducts, and occasions the rest of the Lympha, that comes streaming after, to break over its Banks, and lay all under Water about it.

Therefore such things as have power to liquefie and thin that same Size, thrust it out from the Filaments, bring it back into the circulating Mass, and at last turn it out by Urine, are apparently of mighty Efficacy and Advantage.

Which



Which things being to be expected especially from Aperients, and volatile Diuretics, this present Julep must be looked upon as a Medicine of much avail against an Universal Dropsie; provided it have not gone on too far, and be as yet only an Affusion in, or among the fleshy Fibres, and have not burst the Lymphatics, and fallen into the Cavity of the Abdomen.

Due Purging not omitted, 4 ounces are to be drank thrice a day.

### An Antemetick Julep.

*Take Oak Bud, and Barly Cinnamon Water, each 3 ounces; Gentian and Wormwood Waters (both compound), Syrup of Lemons, each 2 ounces; Salt of Wormwood 2 scruples; Liquid Laudanum 40 drops, mix.*

The constituent Elements of this are, a Fixt Salt put to an Acid, and turn'd into a third of a neutral Sort, Aromatics, Astringents, and Laudanum. Therefore it obtunds the acrious Ferment, recalls the Vigour and Tone of the Stomach, regulates the Furies of the Spirits, charms the Spasme of the Fibrillæ, and effectually stops Vomiting.

The Dose is 3 spoonfuls, often repeated; for the recoiling Stomach will bear but small Quantities.

### An Astringent Julep.

*Take Waters of Plantain, and Oak Buds, each 4 ounces; Mint Water half an ounce; strong*

*Strong Cinnamon Water* 2 ounces; *Syrup of dried Roses* 1 ounce and half; *Diascordium*, *Bole*, each 4 scruples; *Japanic Earth* 2 scruples; *Oil of Nutmeg* 2 drops, mix.

It's designed against a *Diarrhæa*. Now a *Symptomatic Diarrhæa* (and that is ever such an one which breaks out at the beginning of Fevers) is always bad: 1. Because it impedes the Concoction of the Morbifick Matter; or (in other Terms) the legitimate Separation of Humours by natural Fermentation. 2. Because it very much waists the Spirits, and weakens. 3. Because it's an effect of Febrile Colliquation, as appears by the Excretions, which are then always remarkably fetid. And therefore, such a *Diarrhæa* is certainly to be stopped, or at least, so far restrained, as that it may not grow exorbitant.

You shall commonly have Physicians think, that Purging is then indicated: But *Lindamus* saith well, they don't rightly consider the nature of it, when it supervenes another Distemper: For since such a *Diarrhæa* is occasioned from extream Crudity and Acrimony, and often Malignity of the Matter, and from the Confusion and Colliquative State of the Humours, assuredly it ought not to be irritated, and exasperated more by Purgers; but either be wholly stopt, or at least, kept under, within due Bounds.



The Dose is 3 ounces, every six hours, or oftner, if need be, until the Symptom be moderated. And after that, twice, or thrice a day, according as the Case shall require.

### A Camphorated Julep.

*Take Water of Elder Berries and Black Cherries, each 6 ounces; compound Bryony Water 1 ounce; then fire 4 scruples of Camphire, and quench it in this Mixture; fire and quench it again and again, till the Camphire be quite consumed; at last add Syrup of Elder Berries and Black Cherries, each 1 ounce and half, mix.*

Often repeated Experience hath approved this to be one of the most excellent among the Hysterics; for by wonderfully charming the frantic Spirits, restraining the defultory, condensing and fixing the dissipable, it breaks off a present Paroxysm, and prevents the return of any more. Yea, if it be used but long enough, it sometimes extirpates it radically. The Dose is two or three ounces.

### A Carminative Julep.

*Take White Wine 4 ounces; Waters of Camomile Flowers and Rue, each 3 ounces; compound Piony Water 1 ounce and half; White Sugar 6 drams; Oil of Juniper 24 drops, mix.*

It incides tenacious Phlegm in the Ventricle and Intestines, breaks the Froth and Bubbles in it, occasioned by Convulsive Twitchings and Conquassation, dissipates the Wind  
and

and Vapours included therein, recalls the defective Heat of the Viscera, and takes off the Spasmodic Agitation of the Membranes. 'Tis usefully prescribed against Belching, and against Wind distending and racking the Ventricle and Hypochondria's, against the Wind Colic, Womens After-Pains, Vertigo, &c.

The Dose three or four ounces, the Glass being well shaken before it be poured out.

### A Cephalic Julep.

*Take Waters of Black Cherries 4 ounces ; of Rue 3 ounces ; Piony compound 2 ounces ; Bryony compound 1 ounce ; Tincture of Castor, Spirit of Lavender compound, each 2 drams ; Oil of Nutmeg 4 drops ; Syrup of Piony compound, 1 ounce and half ; Powder called de Gutteta, 4 scruples, mix.*

It's used with Benefit, against the Epilepsie, all kinds of Convulsive and Soporose Affections, the Head-ach, Giddiness and Palsey.

Five spoonfuls may be given, before, in, or immediately after a Paroxysm ; but for Prevention, near the Lunary Periods ; for about these Times the Brain suffers wonderful Alterations ; insomuch, that at the Full-Moon, it groweth so turgid (which appears by Wounds of the Head) as to fill up the whole Capacity of the Skull ; yea, hath often been seen to thrust out through a Wound. And as the Moon waineth, it proportionably



tionably again subsides to the New, and then it's in it's least Appearance. Thus we see Oysters, and all Shell Fish, are fuller and better at the Full, and the contrary at the New-Moon.

### A Chalybeate Julep.

*Take Fennel and Parsly Water, each 12 ounces; Salt of Steel 2 drams, having thoroughly dissolved it at the Fire; set it by 24 hours, and poured off the clear, add to it compound Radish Water, Syrup of the 5 Roost, each 4 ounces; Spirit of Scurvygrass, Elixir Proprietatis tartarised, each half an ounce, mix.*

Begin with a small Quantity, as three spoonfuls, and by degrees increase the Dose to six or seven.

Whilst this is a taking, let the Physician observe whether the Steel be carried off, which is to be known by the Blackness of the Stools; and if it be not, he may order a Glyster, or Eccoprotic, to cleanse the Intestines. Yea farther, he may mix Purgers with Chalybeates, to the end, that the Body being open, the Steel may not remain stop'd up, saith *Primrose de Morb. Mulier. 176.*

### A Cordial Julep.

*Take Waters of Baulm, Black Cherries, each 3 ounces; of Barly Cinnamon 2 ounces; Epidemial 1 ounce and half; of Piony compound, Syrup of Gillyflowers, each 1 ounce; Syrup of  
Lemons*

*Lemons half an ounce ; Confection of Alkermes  
4 scruples, mix.*

As soon as these sorts of Spirituous Cordials come to touch upon the Stomach ; ye a sometimes as soon as ever tasted in the Mouth, they exert their Virtues ; for by a grateful appulse they refresh and restore the Spirits waiting in the first Rooms, or Porch, as 'twere of the Body. And then these Spirits affecting others contiguous to them, and they likewise others successively onward, the pleasing Ovation undulates, in a trice, through the whole System of the Sensitive Soul : And so the Brain and *Præcordia* being recruited and irradiated with a full Influx of exulting Spirits, perform their Business of Vital Functions, with a new Briskness, and fresh Alacrity ; and the Pulse, that lay before weak and wavering, rouseth up, falls a vibrating lustily, and drives round the Wheel of Life vigorously.

But this same ascititious Vigour, wholly depending upon the meer Blast of so fleeting and fugitive a thing, as Spirit of Wine, is found false and fading, and flies off in a moment : And then the poor Sick Man (his fine Julep nothing availing) falls sadly back into his late sick Fits and Languors.

Upon this Consideration (if the common Custom of Practice would permit) I should willingly, in the place of these little deceitful Juleps, substitute your generous Electuaries,



aries, which being rich with Aromatic Oils, would not soon go off the Stomach, but by their gratifying Warmth, and delectable Effluvia, would put as much Joy and Exultation in the Spirits, for the present, as the customary Juleps could, and would continue so to do, a great deal longer than the best of 'em can pretend to.

### A Temperate Cordial Julep.

*Take Damask Rose Water 8 ounces ; strong Cinnamon Water 2 ounces ; Rhenish Wine 4 ounces ; Juice of Orange and White Sugar candy, each 1 ounce ; burnt Harts-horn finely levigated 4 scruples, mix.*

It brings Comfort and Help in Fevers, when the Sick is parched and scorched up with fervent Heat, and lieth failing and languishing with unsupportable Thirst. Also when burnt, bilious, acrid Recrements, being scummed off from the boiling Blood, and shed into the Ventricle, cause miserable sick Fits, Torture and Anguish.

The Dose is 4 ounces, thrice or oftner in a day.

### A Diuretic Acid Julep.

*Take Rhenish Wine 1 pint ; depurated Juices of Pellitory of the Wall, and of Lemons, each 2 ounces ; Cleaver Water, French Brandy, Syrup of the five opening Roots, each 4 ounces, mix.*

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Acid

Acid, diuretic Salts, fuse the Blood, and precipitate it into *Serum*, just as four Liquors do, when poured into boiling Milk. But this effect is not wrought upon all alike, nor equally upon any. In a sound Constitution, or one not far from it, the Salt of the Blood is partly fixt, partly nitrous, and partly volatile. Also in some Scorbatic, and some Hydropic Persons, it's mostly fix'd ; wherefore in all these recited Cases, your Diuretics consisting of an acid Salt, are used with Success.

But in Rheumatic Affections, and those Scurvies where the fixt salt Particles of the Blood are carried up to a State of Fluxion, and the Volatile deprest (which is an usual Case) acidulate Remedies are apt to do more hurt than good, forasmuch as they further pervert the Blood (which was too much degenerated before) from an healthy Crasis. And here Medicines that partake of fixt and volatile Salts, ought rather to be made use of.

The Dose is four or six ounces.

### A Diuretic Aromatic Julep.

*Take White Wine 8 ounces ; Fennel Water 4 ounces ; Radish Water compound 3 ounces ; Tincture of Salt of Tartar half an ounce ; Oil of Juniper 24 drops ; Oil of Aniseed, Oil of Nutmeg, each 8 drops ; White Sugar 1 ounce, mix.*



Aromatics, considered as Diuretics, do not operate so much upon the Blood, as upon the Organs themselves: For it seemeth not to be in any wise their Business to unlock the too close Contexture of the Blood, and liquefie it, till it lets go its hold of the *Serum*. But their principal *Ratio Operandi* (most assuredly) consists in this, that by their Volatility, Tenuity, and Heat or Activity, they open, deterge and comfort the Reins and Ureters, and encourage and stimulate them to the Performance of their Office.

And therefore this Medicine hath place, not in a Fever, Scurvey, &c. to fuse, and (by that means) depurate the Blood, but most chiefly in Fits of Gravel, to remove Sand and Slime obstructing the Urinary Passages, and so to regain a Freedom of making Water. But in a Nephritic Fit, where there's great Incalescence and Dolour in the Kidneys, we must wholly forbear such hot and stimulating things, lest the Membranes and Ureters be driven into Spasms and strong Constrictions, and so the Descent for Sand and Stones be quite shut up and stopt.

But it's a good serviceable Medicine in other Cases also besides Gravel and Sand; for being 'tis of subtle Parts, and endowed with a Faculty of opening, stimulating and comforting, it liquefies the congealed Lympha, scours out feculent Rubbish deposited in the Recesses of the Canalicular Habit of the

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Body,

Body, sweeps it into the Common-Sewer of the Circulating Blood ; and so (though but secondarily) evacuates by Diuresis, and is profitable in the Dropsie ; and that it is eminently so also in Obstructions of the Menses, hath been found by good Experience.

The Dose is four or six ounces twice or thrice a day.

### A Diuretic Nitrous Julep.

*Take Water of Cleavers 20 ounces ; of Horse-Radish compound, Syrup of Marsh Mal-lows, each 6 ounces ; Salt Prunel half an ounce ; Salt of Amber 2 scruples, mix.*

It eliquates the Blood, dilutes the Juices, dissolves and drives out the tartarous Salt, and aggested *Mucus*, refrigerates, opens, deterges the Reins and Ureters. This seems a safer Medicine, when the Region of the Loins rageth with Heat and Pain, than the above-said Aromatic one. But it's to be observed, that the too liberal and frequent use of such kind of nitrous Diureticks, useth to weaken the Tone of the Kidneys. Give to drink four or six ounces three times a day.

### An Emmenagogue Julep.

*Take Waters of Pennyroyal 3 ounces ; of Bry-ony compound 2 ounces ; Whitewine 6 ounces ; Oil of Savine 12 drops ; Oil of Cloves 8 drops ; white Sugar 1 ounce, mix.*



It moves the Menfes, by exagitating the Blood, unlocking Obstructions, and stimulating the Uterus: And it's then especially most convenient, when the Menfes are not totally stopt, but flow too sparingly, slowly and uneasily, with Pain of the Back, Belly, and Womb; but where the Blood is much diminished in Quantity, or empoverished, where there is a total Suppression, the Malady confirmed, and of above six Months standing, its wholly in vain to give it.

The Dose is 3 ounces (together with *Pil. de Myrrha*, or the like) twice a day, two days before the expected Term, and during the Evacuation.

### An Epileptic Julep.

Take fine powdered Bark of Peru 6 drams, and Virginia Snake Root 2 drams; Waters of Black Cherries, and of Lime Flowers, each 8 ounces; of Rue and Goat's Rue, each 3 ounces; of Piony compound 2 ounces; Epileptic Tincture (after described) 3 drams; Syrup of Piony compound 3 ounces, mix.

The Title indicates its use: This was communicated to me. Let the Patient take three ounces Morning and Evening, before New and Full Moon, shaking the Glass.

### A Golden Julep.

Take Canary Wine 1 pint; Cloves bruised half a dram; Saffron clipped small half a scruple;  
R 3 digest

*digest close in Balneo an hour; to the strained add Spirit of Clary (ennobled with Essence of Ambergrise) half an ounce; Spirit of Lavender compound, 1 dram; Syrup of Gilliflowers 1 ounce and half; Juice of Kermes strained half an ounce; Leaves of Gold 3, mix.*

This is a very rich, comfortable Cordial.

### A Julep with Housleek.

*Take Frog Spawn Water 8 ounces; Juice of Housleek depurated, Syrup of Lemons, each 2 ounces, mix.*

It powerfully refrigerates, checks the Estuosity of the boiling Blood, recreates a burning Stomach, alleviates Thirst, and heat of the Mouth.

### An Hysteric Julep.

*Take Waters of Black Cherries, Mugwort, Pennyroyal, each 3 ounces; of Bryony compound 1 ounce and half; Tincture of Castor half an ounce; Oil of Amber (ground very well together with white Sugar, 1 ounce) 24 drops, mix.*

This and other fetid Medicines, take off Hysteric Fits, by handling the Spirits roughly, and driving and dispersing 'em: For when they grow mutinous, and unequally dispersed, running in tumultuous Crowds in some Places, and leaving others almost ungarrisoned; and so either intermit their Duty within the Precincts of the Brain, or *Præcordia*, or else do it perversely: Then the  
best



best Course is, to send such a stern Remedy among them, as may use severe Discipline, and lash and scourge them, till they are glad to leave their Disorders, and run to their proper Posts, and fall to their Charge again. But this Medicine is not equally agreeable to all, for we meet with some, in whom Oil of Amber raises such abominable fetid Belching, and makes them so sick, that they cannot possibly away with it. The Dose is two or 3 ounces.

### A Musk Iulep.

*Take Waters of Damask Roses 6 ounces; of Orange Flowers, Piony compound, each 1 ounce; of Barly Cinnamon 2 ounces; Cælestis half an ounce; Musk, Ambergrise (both ground with Salt of Harts-horn 1 grain) each 2 grains; Saffron (clipped small, and tied up in a Muslin Rag) 1 scruple; Confection of Alkermes 2 drams; Oil of Cloves 1 drop, Syrup of Gillyflowers 1 ounce and half, mix.*

Its delectable Gas, wonderfully gratifieth the Spirits, allureth them plentifully into the Stomach, and refresheth them when harraled and languid. 'Tis a temperate indeed, but a most noble Cordial; and I never knew a better Medicine in Fevers of a suspicious ill kind, which sending dilerious Vapours into the Ventricle, insult the sick Spirits, push them into Confusions and Convulsions, and so excite an Hiccough. But to be ingenuous,

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though

though this Remedy hath sometimes (like Succour from Heaven) totally vanquished a Singultus; yet I must confess, I have more often observed this Symptom, so desperate and deadly, that neither this, nor any other Means I could find out of my self, or learn of others, was able to grapple with it: And when we had strove with all our Strength, we found it in vain to struggle with the Fates.

Let five spoonfuls be admitted every third hour; or else (which I think more adviseable) let one spoonful be given every half hour; so shall the weak Stomach not be overcharged with Quantity, and be continually imbued with the Medicine.

#### A Musk Julep for Children.

*Take Black Cherry Water 2 ounces and half; compound Piony Water half an ounce; compound Spirit of Lavender 12 drops; Musk (ground on a Marble with Salt of Harts-horn 1 grain, and white Sugar candy 1 dram and half) 6 grains; Pearl well levigated 1 scruple, mix.*

Let two or three drams be given to a new born Infant, thrice or oftner a day, against Convulsions; and so more proportionably to the respective Ages of Children two or three Years old, for the Chin Cough.

#### A Præcoxal Julep.

*Take Waters of Fennel 6 ounces; of Pennyroyal, Hyssop, each 2 ounces; Sweet Tincture,*  
and



*and Tincture of Saffron (made in Treacle Water) each 1 ounce ; Oil of Anniseed 12 drops ; white Sugar 6 drams ; Spirit of Salt Armoniac 12 drops, mix.*

I commonly add Tincture of Gum Ammoniac (made in Spirit of Wine) to twelve or twenty four drops.

It consists of Volatile, Oleose, and Balsamic Particles, lodged in, and incorporated with a pulposus Body of Sweets : Upon which accounts its Operations are divers and different ; it incides, yet lenifies, attenuates, yet maturates, corrects salt Serum, melts down thick Phlegm, roborates the Springey Tone of the Lungs, frees the Bronchia from stuffing : In a word, it's a most excellent Thoracic, and convenient in any sort of Cough. The Dose two spoonfuls, presently after every Fit of Coughing.

### A Pearl Antiphthitic Julep.

*Take of our Pectoral Snail water 8 ounces ; Barly Cinnamon water 6 ounces ; Syrup of Balsam 2 ounces ; Pearl prepared 4 scruples ; Oil of Nutmeg 1 drop, mix.*

Barly Cinnamon Water, is Cinnamon Water without Vinous Spirits in it : And I look upon Barly Water not much better for that use, than common Water would be.

It's useful to refresh the Spirits, support Strength, retund the acid of the Stomach, and preserve its Tone ; to dissolve the crude  
Tubercles

Tubercles in the Lungs, conglutinate the Mouths of the Vessels, sweeten the Acrimony of Humours, correct the colliquative Diathesis of the Blood: Lastly, to extinguish Hectic Heats, and hinder the Lympha's being plentifully spewed out of the Glands, into the Trachea and Lungs. The Dose is four ounces thrice a day, or 5 spoonfuls in sick Fits.

### A Temperate Pearl Cordial Julep.

*Take waters of Borage, Woodsorrel, each 4 ounces; Damask Rose, and Barly Cinnamon water, each 2 ounces; Pearl prepared 1 dram; white Sugar candy 3 drams; Oil of Nutmeg 1 drop, mix.*

It brings an exceeding grateful and present Relief to those that are troubled with sick Fits, and Anxieties in Fevers: For it neither exagitates nor rarifies the Blood; neither doth it promote or increase its Effervescence; and yet nevertheless, succours the Ventricle, labouring and almost sinking under the oppression of sharp Feculencies, and adust Humours flowing from the Blood, endeavouring Despumation, and excocted by preternatural Fermentation: And all this it does, by imbuing the Stomach with a sweetly pleasing Gust and Flavour, whereby it being recreated and rejoiced, the Spirits (both indwelling and inflowing) through the whole Machine, are inspired with fresh Vigour, at  
an



an instant recruited, and mightily supported. The Dose is 6 spoonfuls at pleasure.

### A Warm Pearl Cordial Julep.

*Take Black Cherry, and Alexiterial Milk water, each 4 ounces; Barly Cinnamon water 2 ounces; Epidemial, compound Piony water, each 1 ounce; Pearl prepared 1 dram; white Sugar candy 3 drams, mix.*

It hath the Virtues of the last foregoing; but because it's a little warmer, spirituous and active, it's fitter than it to be prescribed, when not only the Stomach is grieved and sick; but moreover, the due Fermentation of the Blood declines, the Pulse fails, the Spirits droop, and the Animal Regimen universally languishes. Let 5 spoonfuls be given in the sick Fits.

### A Pearl Hysteric Julep.

*Take waters of Black Cherries, and Mugwort, each 3 ounces; Pennyroyal, Rue, Bryony compound, each 2 ounces; Pearl prepared 1 dram; white Sugar candy 3 drams, mix.*

The use of this is indicated, not as the two last, when the Stomach or Blood are primarily and principally affected; but when the Spirits themselves, being either inordinately clustered together, are spasmodically exploded, or being over-press'd with heterogeneous Combinations, sink under it, and give out; as it happens when vaporous and hysteric Languors,

Languors, trembling, twitching and convulsive, or comatous Affections, either assault or threaten in Fevers.

Let 5 Spoonfuls be taken, thrice or oftner a day, as the occasion shall call for it.

### A Pleuritic Julep.

*Take Erratic Poppy water 6 ounces; Colts-foot water 4 ounces; Syrup of Erratic Poppies 2 ounces; Salt of Prunel, Goats Blood, each 4 scruples, mix.*

To alleviate Thirst, refrigerate the Blood, dissolve fizy Coagulum, break through Obstructions thence proceeding, relax dolorific Crispations of the Membranes, recover due Circulation through the part, and promote Expectoration and Diuresis. Let 4 ounces be offered thrice a day.

### A Julep of Propriety.

*Take Canary Wine 10 ounces; Mint water 2 ounces; compound Gentian water 4 ounces; powdered Cloves 2 scruples; Spanish Angelica-Root 4 scruples; give it a warm and close Infusion for 2 hours; to the strained, add Elixir Proprietatis Tartarised 2 drams, mix.*

To excite an Appetite, take off Nauseousness, and assist Digestion, drink 2 ounces half an hour before, and immediately after Dinner daily.



### A Julep with Raspberries.

Take *Canary Wine* 4 onnces; *Orris-root* sliced thin 4 scruples; infuse in a gentle heat an hour; to the strained add waters of *Damask Roses* 4 ounces; of *Barly Cinnamon* 2 ounces; *Cælestis, Spirit of Clary, Juice of Kermes* strained, each 2 drams; *Syrup of Raspberries* 1 ounce and half; *Leaves of Gold* 2, mix.

This is a good pleasant and temperate Cordial, proper against sick Fits, Swooning, and Palpitation, where they proceed from meer lowness and poverty of Spirits, and not from hysteric Depression.

### A Refrigerating Julep.

Take waters of *Purflane, Borage, Wood Sorrel*, each 4 ounces; *Damask Rose water, Juice of Lemons* (fresh drawn, clear, and not musty), 1 ounce; *Syrup of Raspberries* 2 ounces, mix.

It's a very desirable Medicine in Fevers, to temper adust Filth and Reliëts in the Ventricle, incide its tough Phlegm, extinguish its Fervour, alleviate unquenchable Thirst, and repress enormous Ebullitions of the Blood.

But too much of any thing is never good; for of the Juice of Lemons (saith *Riverius*) this is to be noted, that we ought to be cautious in the use of it; because if it be given too frequently or liberally, it makes Aphthæ in the Stomach, and Excoriations, whence succeeds

succeeds a Lienterie ; which thing may much more be said of strong Mineral Acids. The Dose 3 or 4 ounces thrice a day.

### A Scorbutic Julep.

Take Elder Flower water 20 ounces ; Horse-Radish water compound, Syrup of Elder-berries, each 6 ounces ; Spirit of Scurvygrass half an ounce ; Oil of Sassafras 4 drops, mix.

The Title points out its Virtues. Of the *Ratio Operandi* of Scorbutics, see Scorbutic warm Ale, Decoction against the Scurvy, warm Scorbutic Electuary. The Dose is 4 ounces twice a day.

### A Splanchnic Julep.

Take waters of Cuckom pint, Fumitory, Elder Flowers, each 6 ounces ; Gentian compound, magistral Worm water, Syrup of the 5 opening Roots, each 4 ounces ; Tincture of Salt of Tartar 1 ounce and half ; Spirit of Scurvygrass, Elixir Proprietatis Tartarised, each 2 drams, mix.

It corrects the acid nidorous Juice of the Ventricle, cuts its Phlegm, confirms its Tone, cures the Scurvy. But as to it's other Effects in the region of the Viscera, and mass of Blood, that I may not make nauseous Repetitions, I remit the Reader to the *Splanchnic Ale*, and *Decoction*. The Dose is 3 or 4 ounces, Mornings and Afternoons, to be continued for some Weeks.



### A Stomachic Julep.

Take Sherry Wine, Barly Cinnamon water, each 4 ounces; waters of Mint, Gentian compound, Wormwood compound, Syrup of Quinces, each 2 ounces; Oil of Cloves, Nutmegs, each 2 drops, mix. Venice Treacle 2 drams, may be added upon occasion.

It incides and removes heavy Slime, and putrilaginous Filth, sticking in the Folds and Villæ of the Ventricle, polluting, and loading it, imbues its feeble and flaccid Fibres with volatile oleous Salt, and corroborates them, encourages Spirits to flow in plentifully, and refreshes them; and by so doing, repairs the Tone of the Stomach, restores its natural Heat, recals lost Appetite, helps Concoction, cures Belching, dissipates Wind, takes off Loathing and Vomiting.

Let 3 or 4 ounces be drank half an hour before Dinner, to raise Appetite in a cold Stomach, or immediately after it to help Digestion.

### A Styptic Julep.

Take Plantain water 6 ounces; Frog Spawn water 4 ounces; Syrup of Coral compound 2 ounces; Japanic Earth, Astringent Crocus of Mars, each 2 scruples; Sugar of Lead 6 grains; Liquid Laudanum 40 drops, mix.

It takes down the inordinate Turgescence of the Blood, and gives a stop to its mad Career,

Career, corrects the too sharp Serum, by Precipitation, makes it rough and austere, and so prevents its Erruption, and closeth up the Gapings and Apertures of the Vessels: And therefore is available in Hæmorrhagies at the Nose, coughing up of Blood, flux of Hæmorrhoids, Menses, and bloody Urine. Let 3 ounces be given cold twice or thrice a day.

### A Julep for Child-Bed Women.

*Take waters of Baulm, and Black Cherries, each 3 ounces; of Barly Cinnamon, and Dr. Stephens's waters, and Syrup of Meconium, each 2 ounces; Liquid Laudanum 40 drops, mix.*

It's a blessed and well-experimented Remedy for Puerperial After-Pains: And none here need fear stopping the Lochia, for that most frequently is occasioned by intense Pain, which by troubling the orderly Motion of the Spirits, convulling the Fibres, constringing the Membranes of the Uterus, and Vagina, and pursing up the Mouths of the Vessels, suppresses the efflux by these ways: And therefore, Opiates that take off those Pains, hurry of Spirits, and Constrictions of Fibres, must needs promote the Purgation, and render it placid and plentiful.

And this is not a Practice only excogitated in a Study, and there deemed Rational; but is sufficiently vouched by undoubted Experience;



Experience, and particularly my own. I know many are against it, and especially a late Author, whom I must for ever Honour, and therefore shall not name. But Dr. *Willis* saith, If there be a Suppression of the Lochia, together with a violent Perturbation of the Blood, Vomiting, Thirst, and Watching; I have often known Laudanum (mix'd with Saffron) given with happy Success.

Dr. *Sydenham*, after trial of Emmenagogues to no purpose, gives one single Dose of Laudanum, joined with Emmenagogues, and saith however Astringent Laudanum may be of its own Nature; yet since it composeth the Perturbation of the Spirits, that interrupted the due Evacuation; it sometimes helps mightily, and recovers the desired Flux, when forcing Things would do nothing. But (which ought to be heeded carefully) if upon giving it once, the Lochia do not follow, the Opium is not to be repeated; for if it be, 'twill so perfectly stop them up, that they cannot be provoked again by any Art.

Perhaps this Caution of his may be right enough, in case of a total Suppression from loss of Spirits, and Failure of Nature, occasioned by an hard Labour, and Flooding. But otherwise, when the Catamenia flowed not freely enough, and Strength was not wanting: I have seen where Laudanum

daily repeated, hath brought them down fresh again, quelled Hysterick Vapours, caused Rest, and supported more, than the highest Cordial could do. The Dose is four ounces, to be repeated as the Occasion requires.

### An Hydropic Lavament.

*Take rectified Spirit of Wine 3 ounces ; Spirit of Lavender 1 ounce ; Pil Cochia the greater half an ounce ; Crude Opium 2 drams, mix.*

It may be used alone, or (which is better) with an equal quantity of Oil of Elder Flowers by Infusion, and is to be well rubbed upon the Parts, at the Fire, twice a day.

This was communicated to me as an efficacious Remedy against watery Tumours, Childrens great Bellies, and Hydropical swelled Feet. Neither is there any fear of a Gangrene from its use ; for (by reason of its spirituous Particles) it cherishes native Heat, opens the Pores of the Parts, and causes the viscous stagnating Lympha, either to evaporate, or be sucked into the circulating Blood.

### An Hysterick Laudanum.

*Take London Laudanum, Asa Fætida, each 2 grains ; Oil of Amber 1 drop, make 2 Pills for one Dose.*



### A Liniment with Alum.

*Take crude and burnt Alum, each 2 drams ; Bole, Japanic Earth, each 1 dram ; Oil of Sassafras 6 drops ; Honey of Roses as much as suffices, mix.*

It's for scorbutic, putrid, spongy, loose, bleeding Gums, that scarce cover or stick to the Teeth. Powdered Gum Lac may be added.

### A Cephalic Liniment.

*Take Oil of Nutmeg by Expression, and Palm Oil, each 1 dram and half ; Chymical Oil of Cloves, Rosemary and Sage, each 1 scruple, mix.*

It's used externally, for Debility, Pain, Dulness, Phlegmatic, and Catarrhus Affections of the Head.

Now whether outward Applications affect the Meninges and Brain, or not, truly I doubt ; for those are so closely and securely shut up in the Cranium (as 'twere in a Bone-Box) that I suspect they can scarce have any Communication with the Pericranium.

But be that as it will, there may yet be sundry Cases, where the Pericranium it self being primarily affected, permits and requires the use of Externals. And tho' the Matter of a Catarrh do not really flow down out of the Brain, yet the Original of Defluations is commonly from the Sinciput and

Vertex, where the Humour is collected on the outside of the Cranium, and under the Skin, and thence distilling through the Pericranium, into the adhering Membrane, falls down into the Eyes, Ears, Cheeks, Neck, Teeth, Uvula, &c.

Neither is it strange, that these thin Humours should be able to descend thus, since there are Passages open enough for the Blood it self (tho' much thicker) when thereabouts suffused into the Parts, by Reason of a Contusion and Rupture of the Vessels. For thus saith *Meekren* (in his Epistle to *Barbette*) when we opened the Cranium of *P. James*, we found *Tulpius* his Opinion true, That in Wounds of the Head, the Blood which commonly is seen to run out at the Ear, descends from the upper part of the Head, between the Cranium and Pericranium; and so entering the space that is between the *Os Parietale* and *Petrosum*, goes on and strains it self (as through a Sieve) into the Auditory Passage.

### A Frontale Liniment.

Take Ointment of Alabaster 2 drams; Oil of Roses 6 drams; Opium 16 grains; Camphire 8 grains; Oil of Nutmeg 4 drops, mix.

Let it be used to the Forehead and Temples, to procure Sleep, and ease the Head-ach. But it hath place, not when the Cause is in the Brain it self, but in the outward

Parts



Parts only : And that we may be surely satisfied of, if the Forehead be extreamly hot to feel to, the Pain be Pulsing, and the Eye-Balls do not ake.

### An Hæmorrhoidal Liniment.

*Take Poplar Ointment 2 drams; Oil of Eggs 6 drams; Sugar of Lead 2 scruples; Opium 8 grains; Oil of Amber 16 drops, mix.*

The blind Piles are caused by reason of mucous, thick, stagnating Matter obstructing the Vessels, and hindring Circulation, and so necessarily exciting Tumour, Tension, Inflammation and Pain. And this Liniment is therefore very profitable, because it attenuates, discusses, quiets Pain, abates Inflammation, and by contracting the various Vessels, reduces them to their due Tenor and Size.

### Joel's Liniment.

*Take Verdigrise 1 dram; Honey of Roses 1 ounce; Vinegar half an ounce; boil to the Consumption of the Vinegar, and when it's cold, add powdered burnt Alum 2 scruples; Mastick, Frankincense, and Myrrh, each 1 scruple.*

It's for ulcerous, putrid Gums. Let a Rag dipped in it be often applied, after washing with a proper Gargle.

### A Liniment with Gum Lac.

*Take Gum Lac 1 dram and half ; burnt Alum 1 scruple ; Salt 15 grains ; Honey of Roses 6 drams, mix.*

It's for the Scurvy in the Gums.

### A Lateral Liniment.

*Take Ointment of Marshmallows 6 drams ; Oil of Lilies and Bricks, each 3 drams ; Camphire half a dram, mix.*

It smooths, lubricates, and composes into order the Fibrillæ, which by dolorific Spasms being torn and racked, strained and stiff, tangled in their Series, and confusedly corrugated, deprave the internal Channels, by distorting them, and shut up the cutaneous Vents, by purring them up. Also it liquefies, exagitates, and discusses the gelatinous Lympha, which by stuffing up the minute Passages of the Parts, and hindring the Course of the Blood, occasioned the Inflammation. And by these means, namely composing the Fibrillæ into Order, opening the Pores, restoring Circulation, taking down Inflammation, and quieting Pain ; it must needs conduce very much in Pains of the Side, especially when the Muscles and outward Parts are affected.

But in a true, internal, membranous Pleurisie, or Peripneumony, I don't remember, that I ever yet saw it do the least good at all ;



all; and 'tis probable it cannot penetrate so far, as to touch upon the Part.

Anoint an Issue-Paper with it, lay it warm on the Place, cover it with a piece of Flannel, and repeat it twice a day.

Just before we use Liniments and Inunctions, it were good to foment the grieved part with a Flannel or Sponge dipped in attenuating and discussing Decoctions, actually hot, that the Unguents may penetrate deeper; and the Matter being attenuated, and actuated by the both actual and potential Heat, may either be dissipated and returned again into the Blood, or brought out of the Body by Evaporation.

### A Paralytic Liniment.

*Take Ointment called Martiatum 2 ounces; Oil of Spike, Petroleum, each 3 drams; powdered Euphorbium 1 scruple; Oil of Amber 1 dram and half; Oil of Rosemary half a dram, mix.*

Let the relaxed Member be rubbed strongly with this Liniment two or three times a day; namely, to remove Dams and Obstacles in the Nerves, stopped up with viscid Juice, reintegrate the wonted Irradiation of the Spirits, bring the slack Fibres into order, and recover their Tonic Tension, exagitate the Blood, and give it a rapid Motion through the part, and so resuscitate natural Heat, Sense and Motion.

But here it's to be heedfully observed, that sometimes the paralytic Part, by the ill use of Externals, too intensely hot, shrinks up and withers, to the irretrievable Damage of the Patient. And this happens mostly (as I conceive) when the Temperament is hot, and the cause of the Resolution not in the relaxed part it self, but in the Brain, or some Member at Distance, whence the part, which is sound enough of it self, and rightly conformed, suffers by way of Eclipse, being deprived of the Rays of the Spirits: For in that case, if such heating and drying Things be administred, as are immoderate, and beyond what the Temper of the part can bear; then they scorch, dry, and shrink up the *Fibræ Motrices* dissipate their indwelling Spirits, and occasion an incurable Contraction: For these *Fibræ Motrices* are not fit to perform the Function of Motion, unless they remain soft, flexible, moist and slippery.

### A Spinale Liniment.

Take Urine of an healthy Person, Tent Wine, Neatsfoot Oil, each 2 ounces; Sperma Ceti 2 drams; Mace 1 dram; boil to 4 ounces and strain.

A certain Physician kept this as a Secret for the Rickets, and was wont to use it it on the Spine of the Back, beginning first at the Neck, and so rubbing downwards.

Since



Since this Malady ariseth from Obstruction of the Medulla Spinalis, and Debility of the Members, such Ointments as are Aperient and Corroborant, must needs be useful. And since it seizeth none but tender Infants, whose Flesh is limber and flaggy, things that are over-hot must not be applied.

### A Litus for the Face.

*Take Ox Galls 3, rectify'd Spirit of Wine 3 pints; having extracted a Tincture, and exhaled to the consistence of Honey; dissolve it in Juice of Lemons 2 ounces; and add powder'd Calomel 3 drams; Salt of Vitriol 2 drams; Venetian Borace 1 dram; Facula of Cuckow pint 1 dram and half, digest in the Sun 4 days, strain and evaporate to a mellaginous Consistence.*

For Sun-burning, Freckles, Spots, Pusles, Pimples, Redness, Gutta Rosacea, and all blemishes in the Face whatsoever. Strike it over the part thrice a day.

### An Hydropic Lixivium.

*Take sifted Ashes of Broom and Bean stalks, each 2 ounces; Juice of Parsley 4 ounces; white Wine 2 quarts; make a Lixivium, to which (when strain'd and clear) add Salt of Tartar 1 dram; Saffaphras 1 ounce; Bay and Juniper berries, Seeds of Daucus, Mustard, Cummin and Anise (all bruis'd) each half an ounce; infuse cold 2 days; then strain and add compound Radish water 4 ounces.*

Let a quarter of a pint be drank twice a day, with 30 drops of Spirit of Scurvy grafs, in each Dose.

### An Apophlegmatic Lohoch.

*Take Syrup of Hyssop 2 ounces and a half; Oil of sweet Almonds 1 ounce, Oil of Aniseed 2 drops; Tincture of Myrrh 1 dram; powder'd Orris root 4 scruples; Flower of Benjamin half a scruple; Tobacco 4 grains, mix.*

By pricking the Parts, drawing the limpid Saliva, inciding thick Phlegm; exonerating the Glands, and lubricating the Passages: It brings viscid Phlegm up out of the Throat, and is useful whensoever the Uvula, Parotides, and internal Parts of the Gula are swell'd, and oppress'd with mucous Filth: And when Secretion is to be provok'd, and a failing Cough to be recover'd

### An Asthmatic Lohoch.

*Take Syrup of Ground Ivy, Horehound, each 1 ounce and half; Oxymel simple 1 ounce; Powder of Arum compound, of Orris and Gum Ammoniac (dissolv'd in Cinnamon water, and strain'd) each 1 dram; Elixir Proprietatis (prepared with Oil of Sulphur by the Bell) half a dram; Flower of Benjamin 12 grains, mix.*

It's eminent for the same Virtues with the Lohoch of Garlic (after describ'd) namely, it powerfully incides, provokes a Cough, and Expectorates. But hath this further  
Pri-



Privilege, that it neither accuates, nor accends the mass of Blood; and therefore is more proper for such as are of an hot Constitution, or actually Feverish, as Phthifical People generally are.

### A Balsamic Lohoch.

*Take Balsam of Tolu (powder'd, searced and subacted with Yolk of an Egg) half an ounce; Lohoch Sanans 1 ounce; Balsam of Peru 4 drops; Syrup of Coltsfoot flowers, as much as needs, mix.*

It entirely possesses all the Virtues that are after to be rehearsed, of the *Balsamic Electuary*, but with this advantage, that being much more grateful to the Palate; it may be more commodiously offer'd to the Nice and Nauseous, that abhor the Oiley bitterness of Capive.

### A Bechic Lohoch.

*Take powdered and searced black Bechic Troches 2 drams; Lohoch Sanans half an ounce; Syrup of Fijubes as much as sufficient, mix.*

It obtunds Acrimony, appeases Irritation, coats over, lubricates, incrassates and matures. It's then especially useful, when acrid, salt, thin Serum, dropping out of the Glands, continually tickles the Larynx, and cruelly fatigues the Patient, with a perpetual returning Cough.

### A common Lohoch.

*Take powder'd white Bechic Troches 3 drams ; Oil of sweet Almonds, Syrup of Marsh Mallows, each 1 ounce and half, mix.*

It refrigerates, humects and lubricates the Gullet, and parts of the Throat, when burnt up, parch'd and rough, more than the Bechicpreceeding : But it coats over, incrassates and maturates something less. Its prescrib'd (to very good Purpose) in Fevers with asperity of the Throat, difficulty of Swallowing and Hoarsness : As also in such a Cough as is caus'd by matter of a midling Consistence, between thick and thin.

### A Lohoch with Elecampane.

*Take powdered Elecampane, Orris, Liquorice, Japanic Earth, each 2 drams ; Oil of Aniseed 2 drops ; Syrup of Meconium 3 ounces ; or as much as sufficient to mix.*

It operates after a mixt manner, viz. First it attenuates, and brings away Matter gather'd in the Throat ; and then quiets Irritation, and stops the farther extillation of sharp Serum. And is then principally indicated, when the Catarrhous Matter flows slowly, and the Cough is excited rather by aggestion, than acrimony ; such as that Cough is, that makes it returns mostly in the Morning, and is troublesome a while , 'till the load of Phlegm be Coughed up, and entirely clear'd off



off, but then yields to a Truce for all day ; and is scarce at all Vexatious, 'till a new flow of Filth rise up to a Turgescence, and provoke it again.

### A Lohoch with Garlic.

Take Lohoch Sanans 1 ounce and half; Garlic candy'd (as in the Pharmac. Bat.) half an ounce; Gum Ammoniac (dissolv'd in white Wine, and strain'd) 1 dram; powder of Arum compound, Myrrh, each half a dram, mix.

It powerfully incides thick Matter impacted in the Tubes of the Bronchia, and even the uttermost Vesicles of the Trachea. And by pricking the *Fibræ Motrices*, and provoking a Cough, causes it to be forcibly cast out.

For Garlic is endu'd with such Acrid, Volatile wonderfully penetrating, all searching and stimulating Particles, that we find (saith Bennet) upon eating it, Issues will plainly smell of it, and grow sore and painful. And (Lower observes) if bruis'd Garlick be laid to the Feet, the Breath will stink of it.

But this Medicine is in no wise convenient, where there's a thin, acrid Defluxion, Hæmoptosis, estuation of the Blood, or Præcordia and hot Constitution of Body.

### A Green Lohoch.

Take fine Venice Soap scraped thin 2 scruples; Oil of sweet Almonds, Syrup of Violets, each 1 ounce, mix. It

It recovers a Cough by irritating the Larynx. And the whole Republic of Medicine can scarcely produce a more effectual thing, to lubricate the Passages, and render Excretion facile, prompt and expedite.

### Haly's Lohoch.

*Take Haly's Powder, fresh made up half an ounce; Diacodium 1 ounce and half; or as much as is sufficient, mix.*

It most potently incrassates, obtunds Acrimony, gratifies the Parts, quiets a tickling Cough, and is precisely appropriated to a thin Catarrh. It's good for Consumptive People, I don't deny; but 'tis so only secondarily, namely as it appeaseth a guttural Cough, which, by continual Succussion, useth to agitate the Lungs, and pump out acrid Serum into them; but it does not primarily affect the Lungs, into which it cannot descend. For the *Asperia Arteria* (by the wise and careful Providence of Nature) is lin'd with a Nervous Membrane, of so exquisite a Sense, that it cannot admit of any thing to enter it, but meer Air, not one drop of clear Water, no not so much as Spittle it self (though a Liquor so near a kin to what the Glands spew into it) without grievous Offence, and resistance, and Coughing violently, and Struggling, and almost Strangling, 'till its thrown out again.

Let



Let it be then an establish'd Article, that no Eclegme, or any other Medicine (except Vapours and Fumes) can be sent directly and immediately into the Lungs. And whatsoever the Remedy be that affects them most (as Balsamics and Volatiles) its convey'd mediately only, by the Curricule of the Blood, into the Tracheal Ducts ; and Nature never knew any other way.

### A Japanic Lohoch.

*Take powder'd and searced Japanic Earth 2 drams ; white of Egg beaten 6 drams ; Syrup of Comfrey sufficient to give it due Consistence, mix.*

It's a good serviceable thing against an Hæmoptoe, for it refrigerates and incrassates the Blood, stops a Catarrhus Cough, that strains and tears the Lungs, and shuts and seals up the gaping Mouths of the ruptur'd Vessels.

### An Incrassating Lohoch.

*Take powder'd Marsh Mallow root 3 drams ; Flower of Sulphur 1 dram ; Gum Arabick half a dram ; white of Eggs beaten up 1 ounce ; Syrup of Marsh Mallows as much as wants to mix it into due Consistence.*

Its egregiously advantageous, in all hot, thin, sharp, salt Rheums, falling from the exterior parts of the Head, upon the Larynx, and hindring Sleep by incessant Coughing.

### A Levigating Lohoch.

*Take Syrup of Marsh Mallows, white of Eggs beaten to Water, each 1 ounce; Sugar Penids half an ounce, mix.*

In Fevers its a singular help and comfort, against Heat, Siccity, Roughness, Hardness, Excoriation, Soreness and Smart of the Tongue, Mouth and Throat, caus'd by either Deficiency or Depravation of the Saliva.

### A Lohoch with Linseed Oil.

*Take Linseed Oil new drawn, white Sugar Candy powder'd and searced, Syrup of Ground Ivy, each half an ounce; powder'd Orris 1 dram; Flower of Sulphur half a dram; Tincture of Gum Ammoniac 12 drops; Oil of Aniseed 4 drops; Salt of Harts-horn (or Volatile Salt of Salt Armoniac, or flowers of Benjamin) 6 grains, mix.*

It incides and expectorates thick Phlegm, and is of excellent service against a Pleurisy and straitness of Breath.

### Lucatellus's Lohoch.

*Take conserve of red Roses 2 ounces; conserve of Hips 1 ounce; Lucatellus's Balsam (made with Dragons Blood instead of Sanders) 3 drams; Syrup of Comfrey sufficient to give it a due Body, mix.*

Though



Though I have (in *Haly's Lohoch*) utterly denied the immediate descent of Lambatives into the Lungs, yet I positively assert their Admission into them, by the Mediation of the Blood.

And here I am willing to subjoin, that our true Pulmonics consist of such Particles, as being brought into the Blood, cannot be digested, subdued, and assimilated by it; and because they are immiscible, are presently (as Circulation brings them to the Place) thrown out of the Pneumonic Arteries, and so penetrating into the Tracheal Ducts, have there, according to the diversity of their Nature, a respective different Operation. Thus Volatiles incide, open, stimulate. And Balsamics discuss Tubercles, ease Distensions, and heal Ruptures.

But to speak particularly and briefly of this Balsamic Linctus, it stoppeth a guttural Cough, violently exagitating and rending the Lungs: and it detergeth and healeth the tumid tense, broken and injured Tracheal Vessels.

### A Mucilaginous Lohoch.

Take Seeds of Fleabane and Quinces, each 1 dram and half; decoct in a due quantity of Rosewater to the Extraction of the Mucilage; to 4 ounces of which strained, add one White of Egg beaten, and white Sugar candy powdered and searced, 5 drams, mix.

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This

This for Efficacy equals, and it may be, excellsthe foresaid Levigating Lohoch.

### A Lohoch of Myrrh.

*Take Myrrh well powdered 2 drams ; Saffron half a scruple ; Nutmeg half a dram ; Honey 2 ounces, mix.*

This trusty Thoracic has the Privilege to be readily admitted (the Blood introducing it) into the inmost Penetralia of the Lungs, there to dissolve thick impacted Matter, deterge the Canals and Vesicles, dissipate Tubercles, heal Excoriations and little Breaches, imbue the whole Body of the Lungs with Balsam, impart Tone and Strength to its Fibres. In short, it's truly a most desirable and gallant Medicine for such a Consumption as is not yet gone beyond its first Stade.

### An Oleous Lohoch.

*Take Oil of Sweet Almonds, Syrup of Maiden Hair, each 1 ounce and half ; white Sugar candy powdered and searced 1 ounce ; powdered Liquorice half an ounce, mix.*

### A Lohoch with Olibanum.

*Take powdered Olibanum 1 dram ; Balau-  
stines 1 scruple ; Honey of Roses 2 ounces ;  
Spirit of Vitriol, enough to give it a convenient  
Acidity, mix.*



It serves very commodiously for the healing of Excoriations in the Mouth and Throat.

### A Peruvian Lohoch.

*Take Lohoch Sanans 1 ounce and half ; Balsam of Peru 1 dram and half ; Yolk of Egg half an ounce, mix.*

See Lucatellus's Lohoch.

### A Pleuritic Lohoch.

*Take Syrup of erratic Poppies, Linseed Oil, each 2 ounces ; Oil of Aniseed 2 drops ; white Sugar 2 drams, mix.*

It's convenient in a true Pleurisie and Peripneumonie, accompanied with difficulty of Breathing and Spitting of Blood ; asswages Pain, opens, maturates, lubricates the Passages, and expectorates.

### A Red Lohoch.

*Take Conserve of Hips half an ounce ; Syrup of Elder Berries, Oil of Sweet Almonds, each 1 ounce, mix.*

This fine coloured and pleasant tasted Lohoch, anoints as 'twere, with a grateful Mucous, and imbues with a lenifying Oleosity the Mouth and Throat, when parched, rough, hard, contracted, scorched up, chap'd, crack'd, and excoriated ; takes away ill Tasts in the Mouth, corrects the Acrimony of the Saliva, palliates Thirst, makes the parts  
T 2 smooth,

smooth, slippery, and flexible, and so facilitates Deglutition.

I remember one in the Small Pox, who lying miserably bad, rather devoured than took this Linctus, and clamoured, and even roared out for it, saying he could not live without his Golden Medicine, as he call'd it.

And I knew another, a Child of about a Year old, that was presently and perfectly cured by it of a most violent Cough, that was like to kill him.

### A Lohoch with Sperma Ceti.

*Take white Bechic Troches, Sperma Ceti, each 1 dram and half; Oil of Sweet Almonds, Syrup of Balsam, each 1 ounce and half; Conserve of Hips 6 drams, mix.*

It's given, with happy Success, for a Ferine, Catarrhous Cough, that makes the Breast cruel tender, sore, and excoriated; for it obtunds Acrimony, lubricates the Parts, and wonderfully heals.

### A Styptic Lohoch.

*Take Syrup of Comfry, Linseed Oil, each 1 ounce; Astringent Crocus of Steel 4 scruples; Sugar of Lead 1 scruple; powdered white Sugar candy 1 dram and half, mix.*

It's extraordinarily useful in Vomiting and Spitting of Blood. But be cautious concerning Astringents in Hæmoptysis. See in the Infusion of Roses compound.

And



And here, for a Conclusion to the Lambatives, I freely communicate two or three Notes concerning Pectorals, which perhaps are not clearly and distinctly understood by every one, and may possibly be worth taking notice of by young Practicioners.

1 Sweet, Mucaginous, Incrassating Things, though they may help Excreation out of the Throat it self, may render the Blood softer, and dispose the Humours for Maturation and Evacuation: Yet nevertheless (to speak properly) it is not their Talent to fetch up any thing that lies deep in the Chest. And therefore, when the Blood and Habit of the Body is foul, and a Load of thick Phlegm is to be brought out of the Lungs, such things as these are very wrongly and noxiously prescribed, for they will further pollute the Blood, with a mucous, heavy Chyle, and stuff up the Lungs with a greater Colluvies of Recrements.

2. Brisk, acrious, stimulating Things, which do not really descend into the Lungs, but only by tickling, pricking, and irritating the Fibres, excite a Cough, and by means of it, exagitate the Lungs, and shake the Humours out of them; and so do it not primarily, but secundarily. These, I say, pump out of the Pneumonic Pipes, only such Matter as lies loose and fluid. And therefore are in vain attempted, when a great Mass of tough Phlegm is deposited, and sticks fast in

T 3

the

the Bronchia, and inmost Vesicles. Yea, oftentimes their use is not only in vain, but hurtful also, because they raise a Cough, and tire out of the Lungs to no purpose, and weaken their Tone to no Advantage.

3. There are no such Things as Expecto-  
rators, properly so called, except Volatiles  
and Balsamics: And these do not slip down  
directly by the Trachea, but being first con-  
veyed into the Circulating Blood, are thence  
suffused into the Pneumonic Vessels, and  
their inmost Recesses. And it's such only  
that have the power to remove and cast clam-  
my Phlegm, purulent and gypseous Matter  
out of the Bronchia, Vesicles, and crude  
Tubercles. And so, when a Physician con-  
jectures the Foundations of a true Consump-  
tion are laid in the Lungs, all other in-  
significant Pectorals, and little Cough Me-  
dicines set aside; let him in good earnest in-  
sist on these primarily and chiefly, and he  
that doth not, shall be convinced at last of his  
Miscarriage, by sad and mortal Experience.

### A Camphorated Lotion.

*Take Camphire cut into thin Slices 2 drams ;  
grind it in a Glass Mortar, pouring into it (by  
little and little) Juice of Lemons 1 ounce ; when  
it's dissolved, add White Wine 1 pint, strain ;  
and having tied the remaining part of the Cam-  
phire (that would not quite dissolve) up in a Rag,  
hang it into the Bottle.*



It's to clear the Face of Spots, Redness, and other Blemishes.

### A Cephalic Lotion.

Take Bay leaves, Betony, Vervain, Marjoram, Rosemary, Lavender, each 2 handfuls; boil in Lixivium of Wood Ashes 3 quarts to two quarts, adding at last powdered Cloves and Nutmeg, each 2 drams, strain.

It's Vertues may be seen under the Cephalic Liniment, but it discusses more powerfully than it, and evacuates by Diaphoresis. I have been told of stammering in Children, cured with such an Application, whereby the Organs of Speech were strengthened.

Let the Head be shaved and fomented a Mornings (for a quarter of an hour at a time) with a Sponge dipt into this Liquor hot, and squeezed out again. But let there be great care taken against catching cold from the use of it.

### A Lotion for the Face.

Take Litharge of Silver powdered, half an ounce; Vinegar 4 ounces; boil to the Evaporation of a third part. And in another Vessel boil Alum and Salt, each half an ounce, in Rose-water half a pint, till it be despumated, and then mix both Liquors together.

Litharge of Gold and Silver are the same thing, only the yellow sort hath undergone a greater degree of Fire than the White, and

perhaps may be a little more drying and restrictive. Both are but a Spume blown off in the refining of Silver from Lead, and perhaps meer burnt Lead; for they may be reduced again into Lead, by melting with Charcoal. And that which Vinegar takes out of Litharge, is scarce at all different from *Saccharum Saturni*.

It washeth away Spots, destroys foul cutaneous Ferment, repels and drives in the Matter, and then shuts the Pores, that it break not out again. Let the Face be washed, and gently rubbed with it, twice a day, suffering it to dry in of it self.

### A Lotion for the Feet.

*Take White Poppy heads (bruised together with their Seed) 4 ounces; Willow leaves, Lettuce, Mallows, and Violet leaves, each 2 handfuls; boil in Water and Milk, each 5 pints, to a Gallon; strain and dissolve in the Liquor Nitre 4 ounces, and put it into a convenient Wash-Pot.*

Let the Patient sit with his Feet in it (as hot as can be endured) for half an Hour, and so go to Bed, and compose himself for Rest, and try to sleep. *Joel* would have, that after the Lotion, the Soles of the Feet should be rubbed hard with Salt and Vinegar; and then, that the Patient should stand on an Oaken Board, heated very hot; for this (he says) will wonderfully draw down Rheums from the Head. In



In violent, hot, raging, effuating Fevers, when the acrid, fervent, boiling Blood gets an head, and tumultuously breaks in upon the Brain, and accends the Spirits, and drives them into Distraction and Fury ; thereby exciting in the Head, ardor, hissing, humming, crackling, unexplicable Conturbation, frightful Fancies, Terror, Frenzy, Delirium and Watching. Ifay, in such a Case, a Pedilave that is potentially Cold, and actually Hot, useth to bring great Relief ; for as much as it inclines the motion of the Blood downwards into the inferiour parts ; and at the same time, does not enkindle or flutter it e'er the more, but rather on the contrary, refrigerates and quiets it.

For you must know First, there are two perfectly distinct, great Provincial circles of the Blood. One by the ascending Artery, through the Parts situate above the Heart, and the other by the descending Artery, through the Parts below. Secondly, that by how much the more rapidly, and with greater Stream, the Blood rusheth through the inferiour Province, by so much the more placidly, and with less current, of Necessity will it flow through the opposite superiour Province, and so on the contrary. And upon this Foundation is grounded the rational Doctrine of universal Revulsion.

But here, its of great Concern to observe, that in such Fevers as are *Mali Moris*, where the Blood doth not boil, and rage, and rush violently ;

violently; but rather is too sluggish and dead, and scarce irrigates and vivifies the Brain, Nerves and Muscles enough. And also where the poverty, weakness, broken ranks, desertion and dissipation of the Spirits produce Watching, Phrenzy and Twitchings: In such a case (I say) *Lotion of the Feet*, is found utterly pernicious; because by how much the more it increases the inferiour Circle, just so much the more doth it diminish the Superior, and so consequently defrauds the Brain of Blood and Spirits, which fail'd too much for want of them before.

### A Mercurial Lotion.

*Take Mercury sublimate powdered 1 ounce; put it into a pewter Pot with Water 3 pints; let it stand (now and then stirring it with a Stick) 24 hours 'till it look black, and continue so; at last filtre it through Cap Paper, that it may become clear and limpid.*

Dr. Harris acquaints us, that the way of knowing true Sublimate from Arsenical is, by rubbing a little of it with Salt of Tartar. For if it then proves yellow, it is true Sublimate; but if black, 'tis most certainly an Adulteration with Arsenic.

This Medicament doth signal Service against any sort of Cutaneous Foulness; for as much as it fetches out Humours impacted in the Pores and Spaces, be they never so small, dissolves the inveterate and pertinacious

ous



ous Combinations of Salts and Sulphurs ; and wherever it is applied , rectifies all the ill form'd Meatuses of the Skin, and makes it freely passable. Upon which account it's a useful thing, not only for deterging the Face, and clearing it from Spots, but also for Pushes and Redness ; as also for Erysipelatose Affections, black Specks and little Worms that nestle there, and may be squeezed out with ones Fingers.

But nevertheless, it's to be used with great Caution, because it hath sometimes dismal Consequences. For the Particles of the Quick-Silver coming at the Face together with the Salts (by which they are divided and acuated) do indeed remove the noxious and defiling Matter residing in the Pores, and drive it back, but then they enter in together with it ; and so nimbly insinuating themselves into the Blood and Nerves, grow desperately Mischievous, and break and destroy their Crasis. Yea oftentimes impress an indelible Virulency upon the Brain, Præcordia, Teeth and other Parts.

*Hoechstetter* (Dec. 3. Cas. 4. pag. 233.) relates, that *Rumlerus* was wont to use the following *Diaphoretic* and *Diuretic Decoction*, to expel the Mercury, when it had been used in Ointment for the *French Pox*, too freely.

Take roots of *Elecampane* 2 ounces ; of *Fennel* 1 ounce and half ; white Wine 2 pints and half ; having let it stand infusing 24 hours,  
boil

boil away to 1 quart, which strain. And let the Patient take half a pint Morning and Evening, and lie in Bed close cover'd, and try to sweat. He saith the Sweat will be yellow; and its use must be continued, 'till that Colour disappear and be no more seen.

And sometimes when the Mercury doth not enter into the Blood, yet it causeth a great *Phlogosis* and Tumour in the Part, with extrem, both Pain and Peril. And when it doth so, it must be very well fomented with warm Milk, or a *Decoction* of *Liquorice* and *Mallows* in Milk, and after that, with the following lukewarm.

Take *Lime Water* 14 ounces; *Brandy* 2 ounces; *white Troches* of *Rasis* half an ounce, mix.

*Wepfer* (*de Cicutâ aq. Cap. 20. p. 296.*) saith, its a memorable thing which *Kunkel* delivers viz. that a tender young Child was ordered this Liniment to kill Lice.

Take *Mercurius dulcis* 1 dram; *Mercurius vitæ* 1 scruple; *Pomatum* 1 ounce, mix.

But an unskilful Apothecary making a vile mistake, put in *Sublimate* instead of *Mercurius dulcis*; upon which the Head became so grievously Tumefy'd and Inflam'd, that the poor little Innocent must necessarily have perish'd, had not a Physician presently fomented it with a strong *Lixivium*; by the help of which proper Antidote, it soon recover'd indeed, but yet so as to lose all the Hair of its Head.



**Balsamic Lozenges.**

*Take fine Dragons Blood (in drops) 2 scurples ; Flower of Benjamin 16 grains ; Balm of Gilead 24 grains ; fine Sugar searced 4 ounces ; Mucilage of Gum Tragacanth as much as requisite, make Lozenges according to Art.*

They are good for such as are in danger of a Consumption, to be carried always about, and taken frequently.

**Cardiac Lozenges.**

*Take powder'd Spanish Angelica root, Species called Diambra, each half a dram ; Oil of Nutmegs 4 drops ; Oil of Cinnamon and Cloves, each 2 drops ; fine Sugar (dissolved in Aqua Mirabilis) 3 ounces, make it out into Lozenges.*

They repair languid and spent Spirits, cure cold Distempers of the Stomach, and help for palpitation, and trembling of the Heart.

**Lozenges for a Catarrh.**

*Take Spanish Juice of Liquorice 2 ounces ; white Sugar 4 ounces ; Opium 1 dram ; beat all exactly well, so as to mix the Opium intimately and with Mucilage of Gum Tragacanth, form the Mass into Lozenges.*

A dram of these contains about 1 grain of Opium, but great care must be taken in the well mixing of the Opium, that it lie not in Lumps.

**Cephalic Lozenges.**

Take powder called *de Gutteta*, Native Cinnamon, each 2 scruples; Oil of Rosemary and Nutmeg, each 2 drops; fine Sugar 2 ounces; make all up into Lozenges with Mucilage of Gum Tragacanth.

These are proper in an Idiopathic Cephalalgia, Megrim, Epilepsy, and all manner of Convulsive Affections.

**Lozenges of Elder.**

Take Juice of Elder berries as much as you please, make it up into a Paste, with powder'd Tormetile roots, bake it in an Oven: Then having powder'd it, wet it with the same Juice, and bake it again, and repeat the same a third time, after which, make it up with the same Juice into Tablets, and dry them.

For a Dysentery and immoderate flux of the Menfes and Hæmorrhoids, give 1 dram for a Dose.

**Hæmoptoic Lozenges.**

Take Earth from Japan 2 drams; Astringent Saffron of Steel 1 dram; Sugar of Lead, Starch, each half a dram; fine Sugar 4 ounces; Mucilage of Gum Dragacanth, enough to make up Lozenges with.

**Hysteric Lozenges.**

Take Loaf Sugar 4 ounces; put 2 or 3 spoonfuls of Water to it, boil it up to a Tablet height; then add Oil of Amber 8 drops; and so drop it in small Cakes, on a cold pewter Plate.



**Paralytic Lozenges.**

*Take fine powder'd and searced Sugar 1 ounce; Spirit of Lavender compound 60 drops; Oil of Rosemary 4 drops; make it up with Mucilage of Gum Tragacanth into little Lozenges.*

**Pectoral Lozenges.**

*Take powder'd roots of Orris, Liquorice, Elecampane, each half a dram; Flower of Sulphur 1 scruple; Flower of Benjamin half a scruple; Oil of Amber 2 drops; Oil of Aniseed 4 drops; fine powder'd and searced Sugar 4 ounces; make it into Lozenges, with Mucilage of Gum Tragacanth. These are Excellent.*

**Black Pectoral Lozenges.**

*Take fine powder'd Sugar 1 pound; Spanish Juice of Liquorice 4 ounces; Balsam of Sulphur anisated 1 dram; make it into Lozenges with Mucilage of Gum Tragacanth, extracted in Fennel Water.*

**Peruvian Antihætic Lozenges.**

*Take fine powder'd Bark of Peru 1 ounce and half; Balsam of Capive 2 drams; Sugar of Roses (dissolv'd in compound Wormwood Water) 8 ounces; with Mucilage of Gum Tragacanth make Lozenges, each weighing 2 drams.*

The Communicator of these saith, Lozenges are a pretty pleasant sort of Medicines, and fit for delicate nice Persons, that  
must

must have their Palates complimented, as well as their Distempers cured. These are good in Hectic Fevers, Consumptive Coughs, difficulty of Breathing, and the like Symptoms.

Let the Patient eat one four times a Day, and drink after it a draught of Pectoral Decoction, made of Colts-foot, Ground Ivy, Oak Lungs, &c. Bleeding being premised where needful.

### Masticatories.

*Take Pellitory of Spain powder'd half an ounce; Mastick 2 drams; Oil of Cloves and of wild Marjoram, each 3 drams; Oxy-mel of Squills, and Wax, each as much as needful to make it into Pellets.*

They are convenient in Catarrhal affections of the Head and parts adjacent, in elongation of the Uvula and Toothach. And although they do not procure an immediate Evacuation from the Brain it self, yet in as much as they bring away Lympha, they thereby avert it from the Brain; and so by Consequence do good in a Cephalalgy, Megrim, Lethargy, Apoplexy, Palsy, &c.

### An Acobistic Mixture.

*Take Tincture of Castor 2 drams; Oil of Sage, Rosemary, Cloves, Marjoram, each 2 drops, mix.*



It roborates the interior parts of the Ear, new braceth the relaxed Tympanum, clear-eth the obstructed Auditory Nerve, opens a free passage for the Spirits through it, and availeth much against noise in the Head and Ears, and thickness of Hearing.

But if the Ear be stuff'd up with Wax, or other Foulness, it must be syrenged and cleansed with a proper Injection, before this can do any good.

Let 3 drops be put into the Ear with Cotton or Wooll, every Night at Bed time.

*The following general Rules, to be observ'd in all Maladies of the Ears, are taken out of Sennertus.*

1. Let Medicines to be put into the Ears be lukewarm, not intently hot nor cold.

2. Put no new Medicine into the Ear, 'till it be well clear'd from the foul Relicts of the former.

3. Three or four drops are enough at a time.

4. When a Medicine is put into the Ear, let the Patient lie down upon the well Ear.

5. Let the Medicines to be put in, be neither too Unctuous nor Viscous.

6. In all sorts of Deafness, let the Head be carefully Roborated, by both internal and external Medicines.

The two following are out of *Wedelius*.

7. Fumes are best for Exsiccation, humid Vapours for Mollifying and Easing, oleose and spirituous Things for Discussing and Roborating. But in all ever bear it in Mind, that too much of any thing is good for nothing.

8. When Topics are put into the Ear, its convenient to Masticate, that the Medicine may penetrate the deeper.

### An Aromatic Mixture.

Take Tincture of Salt of Tartar 6 drams; Oil of Cinnamon, Cloves, Nutmeg, each 6 drops; Oil of Pepper, Wormwood, Mint, each 4 drops, mix.

Or you may make it a Volatile Aromatic, by taking Tincture of Salt of Tartar half an ounce; Spirit of Salt Armoniac 2 drams, and the aforesaid Oils.

Its a very useful thing for a Cold and weak Stomach; cherishes its natural Heat and Strength, discusses crude Inflations, stirs up Appetite, promotes Concoction.

The Dose is 20 drops in a glass of Canary or white Wine.

### An Asthmatic Mixture.

Take erratic Poppy Water 9 ounces; Oxymel of Squills 3 ounces, mix.

In this Disease, for the most part the Blood boils vehemently, the Bronchia are clam'd up with Phlegm, and the Fibres spasmodically



cally constringed. Upon all which accounts, this is a direct Remedy. Let 4 ounces be given twice or thrice a Day, in the time of the Paroxysme.

### A Balsamic Mixture.

*Take Balsam of Capive half an ounce; dissolve it in the Yolks of 2 Eggs, and add white Syrup 2 ounces; white Wine 8 ounces; at last strain it.*

*Copayba* I know, by great Experience, to be a most noble Medicament, and had I the placing of it, it should stand in the fore front of the very best of Balsams. But because its not commonly known so well as it deserves, I shall not grudge a little Pains in setting forth, and briefly explaining some of its Properties.

It hath a bitter, hot, Terebinthine Taste, very penetrating and durable in the Mouth, and though it seems to be of the Turpentine Class, yet it gives not the Violet smell to Urine, but imbues it with a manifest bitter Taste, and wonderfully takes off the muriatic Saltiness of it, and of the Serum of the Blood, and of the Saliva.

It impresseth a Balsamic character on the Mass of Blood; cures its scorbutic, rancid, and putredinous Cachexy. Is prevalent (both externally and internally) against Ulcers, the Palsy, Gout, Weakness and Pains of the Back, as also *Fluor Albus* and Gonorrhœa.

It in a wonderful manner deterges the Reins, Ureters and Bladder, when obstructed with Sand, Mucous or Pus; strengthens them when relaxed, and heals them when ulcerated.

It provokes Urine, extinguishes its Heat, and cleanses off its bloody, foul and purulent Contents, more effectually, than any thing I ever yet met with. A Patient of mine (now living) who voided meer Chyle instead of Urine, and not one drop of Water with it, and had great Pains and Weakness, was restor'd to perfect Health and Soundness, by the use of this Medicine.

It may very justly be accounted the best of all Thoracics: Deterges the Bronchia and Vesicles, recovers the Tone of the Lungs, heals their Breaches, and (as I have thought) even dissolves the *Tubercula cruda*, for I have seen, where this Balsam alone, hath (beyond all Expectation) perfectly cur'd dry, deep Coughs, that appear'd horribly dangerous, and manifestly threatned a Consumption. And I have more than once, cured with it Coughing up of Blood and Pus in frightful quantities. At this very time of writing, I have a poor Workman, that is an eminent Instance of it.

And notwithstanding it is intently Bitter, and manifestly Hot, yet (which is an admirable Advantage of it) I have found it mighty agreeable to Hectic Persons, and rather abates,



abates, than augments their Heats, as one might fear it would. The reason of which is, I suppose, because it so powerfully subdues Saltness and Acrimony, and obliterates putredinous Inquinations.

If it be given to 2 or 3 drams, in the form of a white Potion, it purges like Turpentine.

Some cry it up for a Diarrhæa and Dysentery; but of these Virtues, I know not much yet by Experience.

But to conclude, this Mixture cannot be accus'd of any Inconvenience, except you'll blame it (forsooth) because though its an honest benign Medicine, yet its not very complaisant to the Palate.

Let a spoonful be given every Night and Morn daily, for a long time together. If it loosen the Belly more than you would desire, either lessen the Dose, or now and then at times omit it.

### A Balsamic Nephritic Mixture.

*Take Balsam of Capive half an ounce; Oil of Juniper half a dram; dissolve it in the Yolks of 2 Eggs, and add Syrup of Marsh Mallows compound 2 ounces and a half; Arsmart Water 10 ounces, mix.*

The Communicator saith, its endow'd with most noble Virtues in the Cure of internal Ulcers, the Gout, Weakness and Pain in the Back, *Fluor Albus* and *Gonorrhæa*.

Also it provokes Urine and expels Stones, as well out of the Gall Bladder, as the Kidneys, of which we had an amazing Instance of late, in a certain Artificer at our Town of *Peterborough*, who being horridly tortur'd with Nephritic and Colic Pains, fell into such strong Convulsions of all his Members, that several strong Men could not hold him in his Chair. When I had consider'd the Symptoms I judg'd that Volatile Salts and Antiepileptics would never reach the Case. And therefore I thought with my self, I'd give this Mixture: Well, upon taking a few spoonfuls, he brought away a great quantity of Urine, together with Gravel and Sand: And (which is the remarkable thing) several Stones, as big as Capers, by Stool; which without doubt, must come down by the choler Passage, out of the Gall-Bladder. And thus was he (to the wonder and satisfaction of his Friends) restored to his former Health.

### A Bechic Mixture.

*Take Syrup of Meconium 1 ounce and half; Fracastorius's Electuary, Mithridate, each 1 dram; Lohoch Sanans 2 drams; Penny-royal Water 4 ounces, mix.*

Its a great Remedy against such a Cough as proceeds from catching Cold, whilst its recent, and a thin Rheum distils out of the Glands. For it incrassates, obtunds, lubricates; and it pacifies the fury of the Spirits,



rits, takes off the irritation of the Fibres, and advances Diaphoresis. Let it be taken at one Draught at Bed-time.

### A Mixture with Bole.

Take Barly Cinnamon Water 4 ounces; Mint Water, Syrup of Myrtle (or of dried Roses) each 1 ounce; finely powder'd Bole 2 scruples; Diascordium 2 drams Oil of Cloves 1 drop; Liquid Laudanum 30 drops, mix for 2 Doses.

It comforts, corroborates and moderately constricts the Intestines, qualifies their gripping, spasmodic Plunges, tempers and absorbs Acidity, drives the steams of acrid Humours to the extream Parts, and so away by Diaphoresis. Thus it is a Remedy, every way well appointed for the cure of a symptomatic Diarrhæa, and Hypercatharsis.

Now Bole (which is an *Alkali*) being one of the Ingredients of this Mixture; I'll here, by the by, take this opportunity of translating the following Paragraph out of *Wedelius*, for the great Patrons of, and Sticklers for, *Acid* and *Alkali*, to read and consider of.

Its to be noted, and Experience testifies it, that Medicinal Earths precipitate Bile, as well as absorb, acid and ferous Juices; whence it cannot absolutely be concluded, that wherever Alkaline Medicaments do good, there an Acid did the Mischief; for common Experience assures us, that Earthy ones give Relief to many Patients in divers Distempers,

where by the consent of all, an Acid is not in fault, but Bile is, being too much excocted, whereupon it regurgitates, flies, foams, and makes wild Mischief, and these Earths mix in with it, and dissociate it, and put a restraint upon its preternatural exestuation.

To which Sir *John Floyer's* Experiment is Consentaneous, that the Species of the bitter Decoction being boil'd in a Lixivium of calcin'd Oyster-shells, lay by their bitterness, and become sweetish. But since the writing of this, I have made the Experiment, and did not find it so.

### A Cardiac Aquose Mixture.

*Take black Cherry and Alexiterial Milk Water, each 12 ounces; Barly Cinnamon, Epidemial Water, each 8 ounces; Aqua Cælestis 2 ounces, mix.*

### A Cardiac Edulcorating Mixture.

*Take Syrup of Gilly flowers 4 ounces; of Raspberries 1 ounce and half; Confection of Alkermes half an ounce; Oil of Nutmegs 4 drops, mix.*

These two Mixtures were invented for Expedition sake, that a Cordial Julep may be thrown together in an instant; for if both be kept ready in the Shop, the whole Composition will not cost a Minutes time to put it up thus.

*Take*



Take of the *Aquose Cardiac Mixture* 10 ounces and half; of the *Cardiac Edulcorating mixture* 1 ounce and half; mix.

### A Cardiac Oleose Mixture.

Take the Yolks of 2 Eggs, Oyl of Cinnamon, Nutmegs, each 4 drops; refined Sugar half an ounce; Juice of Kermes 2 drams; Canary Wine 8 ounces, mix and strain.

Give 3 spoonfuls in sick Fits, and when the Spirits want support.

### A Carminative Mixture.

Take Canary and white Wine, each 6 ounces; Spirit of Wine rectify'd 2 ounces; the Yolk of 1 Egg; fine Sugar 1 ounce; Oil of Juniper 32 drops; Oil of Nutmeg, Caraway, Fennel and Anise, each 8 drops, mix.

A full Dose is 5 spoonfuls.

#### I. A Colic Mixture.

Take Tincture of Rhubarb simple 1 ounce and half; powder'd Rhubarb half a dram; Syrup of Roses solutive half an ounce; powder'd long Pepper 3 grains; Oil of Anise 2 drops, mix.

Sometimes it may be expedient to add Spirit of Salt Armoniac 10 drops, and sometimes (as the Case may require) Liquid Laudanum 20 or even 30 drops, or Salt of Wormwood half a scruple, namely when there are enormous Vomitings, and horrid Pains and sick Fits.

## 2. Colic Mixture.

Take Mint Water half an ounce; strong Cinnamon Water 1 ounce and half; Elixir Proprietatis tartarised 1 dram; Oil of Juniper 2 drops; powdered Rhubarb 1 scruple (or half a dram;) Salt of Wormwood half a scruple; Spirit of Salt Armoniac 15 drops, mix, for one single Draught.

## A Consolating Mixture.

Take Sherry Wine half a pint; strong Cinnamon Water 4 ounces; Rose Water, white Sugar candy, each 2 ounces; Juice of Kermes strain'd 1 ounce; Species called Latificans Galeni 2 drams; Leaves of Gold 4; Oil of Nutmeg 4 drops, mix.

This Medicine I fish'd out of a very worthy Gentleman, in whose Family it had been kept as a sacred *Depositum*, and great Secret, and was religiously delivered down, from Mother to Daughter, in a constant succession of several Generations.

It helps Concoction, corrects Crudities, dissipates Flatus, cherishes native Heat, specifically recreates Women with Child, when drooping and languid, comforts the weak, feeble Foetus, prevents Miscarriage from dejection of Spirits, and cold flaccidity of the Womb, and supplies desir'd Strength, Vigour and Ability for the happy performance of the great work of Child-birth.

Its



Its proper for such only as are cold, weak, and languishing. I should by no means advise it to any of a strong and hot Constitution, nor to those that are Plethoric, or apt to Flouding.

Let 2 ounces be allow'd Night and Morn, whensoever failure of Spirits make it needful, and more especially the last Month of Ingravidation, even till Delivery.

### A Corollate Mixture.

*Take red Coral finely levigated 2 drams; Salt of Wormwood 4 scruples; Juice of Lemons fresh drawn 4 ounces; strong Cinnamon Water 2 ounces; mix in an open glass, and let them stand uncork'd, lest their Fermentation break the Bottle.*

It wonderfully, and almost miraculously (like a God in a Machine, as they say) represseth subversions of the Stomach, and motions to Vomit. I have many times observ'd, that in continual Fevers miserably afflicting with Anguish at Stomach, and symptomatic Vomiting, more good hath been done with this Medicine alone, than with all that ever I could, by anxious Study and various Trials, find out.

Let 2 spoonfuls be given every hour, or a spoonful every half hour, 'till the Symptom be overcome, the Glass being first well shaken.

### A Diuretic Mixture.

Take white Wine 12 ounces; Oil of Juniper 24 drops; Oil of Anise 12 drops; white Sugar 1 ounce and half, mix.

Let it be for 4 Doses, with 20 drops of Spirit of Salt Armoniac in each. To force away Sand, Gravel and Mucous.

### An Ecphractic Mixture.

Take Pine tops cut small 6 handfuls; boil in Water 2 quarts to 1; strain, wringing it hard through a Cloth; add to the Liquor depurated Juice of Scurvy-grass 1 pint; of Brooklime, Water-cresses and Dandelion, each half a pint; Radish water compound 1 pint and half. In this whole Mixture dissolve Vitriol of Mars 8 scruples; set it by a Night, 'till the yellow Faces are settled, then decant the clear Liquor, to which add Salt of Wormwood 4 scruples, white Sugar 12 ounces, mix.

It enricheth the Blood when impoverish'd, depurateth it when feculent, new mixeth it, when run asunder into parts, and quickeneth it when sluggish.

Also it dissolves scorbutic or atrabilarious Feculencies, deposited and fixing obstructions in the Mesentery, Spleen, Liver, Ureters, or Habit of the Body: Opens the Pores, and Passages for the Fluids, scours the common Sewers, procures a free Circulation through the minutest Conveyances of the Humane



Machine, sets all the Offices of the vital Functions at work again, and enables them to do it well. The Dose is 4 ounces Mornings and Afternoons.

### An Epileptic Mixture.

Take Lime tree flower and Fennel Waters, each 2 ounces; Syrup of Stechas and of Meconium, each 1 ounce; Spirit of Salt Armoniac 1 scruple, mix, for 2 Doses.

See the Cephalic Draught and Julep. This Prescript was sent me from *Leyden*, and said to be a Secret of *Fred. Deckers*, which he highly esteems, and frequently orders. And truly such things as dissipate *Flatus's*, depurate the Spirits, repress Explosions, and roborate the *Nervosum Genus* (which are the manifest Intentions of this Remedy) seem rightly contriv'd for the breaking off of a spasmodic Paroxysme.

### An Erysipelas Mixture.

Take Spirit of Wine half a pint; Venice Treacle 2 ounces; long Pepper, Cloves, each 2 drams, mix.

Dr. Sydenham (whose Prescript this is) due Phlebotomy and Purging premised, useth an Emollient, Discutient, and Diaphoretic Foment, and then binds upon the part Cap Paper dipt into this Mixture, to the end that he may vent and discuss the impacted Matter.

For such things as are Emplastic, Refrigerant and Repellent, are (especially if the Erysipelas seize the Face or Head) extreamly dangerous. But Spirit of Wine is very agreeable (saith *Heide*) by reason of the subtilty and motion of its Particles, which reduce the distorted *Tubuli* of the Cutis, and the entangled Fibres into their natural Order, and so set open the Pores, and bring forth the Matter by Diaphoresis.

And here I'll drop in a small Observation, which perhaps may not be quite useles; and that is, that this Medicine useth to change the Colour of the part and turn it black, which may possibly impose upon young Practisers (that never used it before, and don't consider the reason) as though it were Sphacelated; whereas that blackness portends no ill, for it proceeds not from the Distemper mortifying the Spirits, but the Medicine staining the Skin.

### 1. Expectorating Mixture.

Take Tincture of Benjamin half an ounce; Tincture of Saffron (extracted in Spirit of Wine) Tinctures of Myrrh, of Gum Ammoniac and Spirit of Salt Armoniac, each 1 dram; Hyssop Water 6 ounces; Magistral Worm Water 3 ounces; Syrup of Horehound 2 ounces, mix.

Its made up of volatile, brisk, acrious, penetrating, gummy and balsamic things, and its  
Title



tle denotes its Virtues. Let 2 spoonfuls be taken as often as clammy, tough Phlegm, sticking in the Throat or Breast, occasions shortness of Breath, or a laborious straining Cough.

## 2. Expectorating Mixture.

Take Hyssop Water 8 ounces; Tincture of Benjamin half an ounce; Tincture of Gum Ammoniac, Spirit of Salt Armoniac, each 40 drops; Oil of Anise 8 drops; white Sugar 1 ounce, mix.

## A Mixture for Glysters.

Take Domestic Syrup 2 ounces; Lenitive Electuary 1 ounce; Species of Hiera 1 dram, mix.

Concerning this, see the *Purging Glyster*.

## A Golden Mixture.

Take Juice of Kermes strain'd half an ounce; Syrup of Gilly flowers and Raspberries, each 2 ounces; Oil of Nutmeg 2 drops; Oil of Cloves 1 drop; Leaves of Gold 5, mix.

This Medicine (truly Golden, more from its Virtue, than Substance) does so singularly refresh the Mother and Child; and gives to both such a Vigour and Vitality, that (as saith my Communicator) if a spoonfull be taken twice a day, for a Month before lying in, 'twill procure an happy Delivery, and a lively Child.

### An Hysteric Aquose Mixture.

*Take Waters of Mugwort, black Cherries, each 12 ounces; of Rue, Penny royal, Bryony compound, each 8 ounces, mix.*

This would I have kept always ready mixt in the Shops, to make up Hysteric Juleps with, in an instant, without expense of time, like these *Formulae*, viz.

*Take of the Hysteric Aquose Mixture, 12 ounces; Pearl prepared 1 dram; white Sugar candy 3 drams; mix. Or,*

*Take of the Hysteric Aquose Mixture 10 ounces and half; Tincture of Castor 4 scruples; Syrup of Gilly flowers (or Baulm, or Mugwort, or Stechas, or Piony compound) 1 ounce and half, mix.*

### An Hysteric Spirituose Mixture.

*Take Tincture of Asa Fatida (extracted with Spirit of Wine) Tincture of Galbanum, of Castor, and Spirit of Salt Ammoniac (or Harts-horn) each 1 dram; Oil of Amber 32 drops, mix.*

Because the Elements of this are Heterogeneous, they can't be so perfectly mixt, but that they'l easily run assunder, and after a little standing appear separate; but this is no great Inconvenience, 'tis but just shaking the Glass, and they'l all run in order, and unite again into a white Liquor like Milk.

Its



Its an extraordinary Medicine for Hysterical People, and is singularly to be noted for Women in Labour, whensoever the Spirits being Hysterically confused, do not flow in plentifully, and powerfully enough to the Muscles of the Abdomen, and other Parts promoting the Birth, and so the necessary Pangs thereupon slacken and fail, and the Womb it self riseth not up to make strong efforts of Expulsion. In this Case, I say, this useth to bring as 'twere Divine help, beyond almost any thing else, if 20 or 30 drops be ministred in an appropriate Vehicle, and repeated at due times.

### A Juniper Mixture.

*Take Oil of Juniper 1 dram; Subigate it perfectly with the Yolk of 1 Egg, mix in white Syrup 2 ounces, and strain.*

By the same Artifice may most efficacious Mixtures be contriv'd, of any sort of Chymical Oils, according to the various Intention of the Prescriber.

It very signally relieves the Ventricle and Intestines when refrigerated, relax'd, troubled with Wind, Pains, and Sicknes. It egregiously refreshes, stimulates and cleanses the Reins and Ureters, when being debilitated and obstructed, they perform not their Office duly.

The Dose is a spoonful twice or thrice a day, upon an empty Stomach.

### A Musk Mixture.

Take depurated Juice of Mint 4 ounces; compound Wormwood and strong Cinnamon Waters, each 1 ounce; powder'd Castor 1 dram; Musk 4 grains; white Sugar candy 3 drams, mix.

Its design'd against pain of the Stomach, Vomiting, and especially a *Singultus*; See the *Musk Julep*. Let 3 sponfuls be exhibited, and repeated as shall be judged needful.

### An Diocese Mixture.

Take Oil of Sweet Almonds (or rather Oil of Walnuts) 2 ounces; Syrup of Marsh Mallows 4 ounces; water of Pellitory of the Wall 6 ounces, Salt Prunel 1 dram, mix.

It lubricates, relaxes, obtunds Acrimony, and moderately promotes Diuresis. Its ever to be observ'd, that in a Nephritic Paroxysme, the greater the Pain is, the less ought Diuretics to be used, and the milder must they be. The reason of which is to be found under the Title of Draught for Gravel, and Diuretic Aromatic Julep. The Dose is 3 or 4 ounces.

### A Pacific Mixture.

Take Liquid Laudanum tartarised 2 drams; Oil of Nutmeg and Cinnamon each 4 drops, mix.

It has the common Virtues of *Laudanum*, but in a more especial manner, respects Vomiting and Looseness; besides which,



which, its a good blind for Laudanum, to hide it from the knowledge of the Patients and By-standers; which Trick is sometimes exceeding necessary, when they are curiously impertinent and meddling, or have taken up a foolish Aversion to Opium.

The Dose is 15, 20 or 25 drops.

### A Paralytic Mixture.

Take Spirit of Scurvy grass 2 drams; compound Spirit of Lavender, Tincture of Castor, each half a dram; Elixir Proprietatis tartaris'd 1 dram; Oil of Nutmeg 4 drops; Oil of Cinnamon and Cloves, each 2 drops; Spirit of Salt Armoniac 2 drams, mix.

It quickens the flat Ferment of the Stomach, repairs its decay'd Vigour, attenuates the Blood, when polluted with a pituitous Colluvies, prepares pure fine defecated *Materia Subtilis* out of it for the Brain, recovers the Elasticity of the Spirits, deoppilates the obstructed Nerves, and deterges the *Fibræ Motrices*.

Its most commodious for a weaken'd or relax'd Stomach, occasion'd by reason of the Nerves being somewhere obstructed, or overstrain'd, for a Palsy, (especially a scorbutic one;) and in a word, for all sorts of Maladies depending on the failure of the Animal Spirits and imbecillity of the Nerves.

But these high, hot Medicines, that abound with mighty active Particles, are so far from

being agreeable to Choleric Paralytics (whose Blood is Acrid and Fervid, without much Serum to temper it) that they often do hurt, whereas they are signally serviceable to the Phlegmatic, whose Blood being colder, holds much Serum, and but little Active Elements.

You may allow 30 drops in a proper Vehicle, thrice a day.

### A Pectoral Mixture.

*Take of the Pectoral Decoction 30 ounces; Tincture of Saffron (made in Treacle Water) 6 drams; Tincture of Benjamin 2 drams; Syrup of Ground Ivy 1 ounce and half; Oil of Anise 1 drop, mix.*

The *Pectoral Decoction* (by means of it's mucilaginous, incrassating and mollifying Substance) generates soft Juices, retunds the Acrimony of the Blood, freshens its muria-tic Saltness, and hinders its Colliquation. And then Saffron, Benjamin, Aniseed and Ground Ivy, (upon account of their Aromatic, Balsamic and Volatile parts) roborate the Lungs themselves, delicately stimulate and instigate them to excretory Efforts.

And so this Mixture prevents the breeding of such irritating Humours as provoke a Cough, frees the Lungs from the offensive load of Phlegm gathered in them, and fortifies 'em against the Incurfion of more of the same.



Let 6 ounces be supped up as hot as Coffee, thrice a day.

### A Peruvian Mixture.

Take very finely powder'd Peruvian Peel 1 ounce; Alexiterial Milk Water 1 pint; Mint, Cinnamon, Epidemial Waters, and Syrup of Gilly flowers, each 4 ounces; Oil of Nutmeg 4 drops, mix.

This is such a neat and agreeable form of giving the great Medicine in Substance, that it seldom goes against any ones Stomach, and very rarely exciteth a Diarrhæa, which are two desirable Advantages.

Let a quarter of a pint be advised every 3 or 4 hours, in the absence of the Fit. See the *Peruvian Electuary*.

### A Pleuritic Mixture.

Take Waters of Hyssop 2 ounces; Fennel 1 ounce; Epidemial and Treacle Water, each half an ounce; Crabs Eyes, Bezoar Mineral, each 1 scruple; Spirit of Salt Armoniac 15 drops; London Laudanum 2 grains; Syrup of the Juice of Erratic Poppy 1 ounce, mix.

The Communicator saith, its (after due Bleedings) convenient in a Pleurisy, takes away the pricking Pain and short Cough. The Sick may take a spoonful or two every hour. But as to my own Part, I advise no Body to trust to Pleuritic Internals, so as to neglect, or be too sparing of Bleeding, for

upon it depends Safety, and in a manner the whole Cure.

### A Saline Mixture.

*Take Penny royal water 6 ounces; Salt of Tartar 2 drams, mix.*

Let it be taken by spoonfuls in Broth, so as that the Stomach be continually imbued with it; thus its good to stop Vomiting. Taken a Mornings for some time, it lays a good Foundation for a Course of Steel in the Green Sickness.

### A Saponaceous Mixture.

*Take fine Venice Soap scraped thin 1 dram; mix with it Oil of Aniseed 3 drops; add Syrup of Maiden Hair 3 ounces; Syrup of Horehound 1 ounce; Penny royal water 2 ounces, mix all according to Art and strain.*

It most effectually lubricates, attenuates, removes, stimulates and expectorates from the bottom, and in most recesses of the Lungs. Let 2 spoonfuls be given often for tough Phlegm, Orthopnæa and straining laborious Cough.

Its good also to provoke Urine and bring away Gravel.

### A Scorbutic Mixture.

*Take Horse Radish water compound half an ounce; Spirit of Scurvy grass 3 drams; Elixir Proprietatis tartaris'd 2 drams; Spirit of Salt*

*Ar-*



*Armoniac* 1 dram; *Oil of Juniper* 40 drops,  
*mix.*

This Aromatic, Volatile Mixture is used, with much Advantage, by such Scorbutic Persons, as are troubled with a relaxation of the Ventricle, want of Appetite, ill Digestion, also Listlessness, weariness of the Body, and Stupor or Resolution of the Members.

Let 30 drops be taken, if it be to rectify the Stomach, an hour before Dinner and Supper, and that in a small quantity of a solid Vehicle. But if an alteration of the Fluids in general, and of the habit of the Body be intended, then in a pretty large liquid Vehicle, every Morning and Afternoon, fasting 2 hours after.

### A Mixture with Sperma Ceti.

Take *Canary Wine*, *Linseed Oil*, each 3 ounces; *Oil of Turpentine* 10 drops; *Sperma Ceti*, *Crabs Eyes*, each half a dram; *white Sugar* 3 drams; *mix artificially*, and give it warm for one Dose.

Its profitable (after due Bleeding) for those that being hurt by a fall and bruised, have Blood extravasated, settled and coagulated.

### A Stomachic Mixture.

Take strong *Cinnamon water* 1 ounce; *Oil of Vitriol* 1 dram; *Oil of Cloves* 24 drops;  
*mix.*

It excites Appetite, roborates the Stomach, takes off Nauseousness, stays Vomiting, and in a word, performs all that can be expected from that operose Elixir of Mynsicht.

Let 40 drops (more or less) be given in a glass of Canary upon an empty Stomach.

### A Sulphurate Mixture.

Take Syrup of Juice of Hounds tongue 4 ounces; Balsam of Sulphur Anisated 80 drops, mix.

Its for a Cough that troubles mostly a Nights, and proceeds from a thin, sharp Rheum. The Dose is a spoonful Night and Morn.

### A Tartareous Mixture.

Take Spirituous Cinnamon Water 6 ounces; Oil of Tartar by Deliquium 3 drams; Spirit of Salt Armoniac 90 drops, mix.

Let it be taken, by a spoonful at a time, in a Bilious Colic after Purging, Liquid Laudanum being added, as the Case shall require

### The Thebane Mixture.

Take Thebane Juice (or, for want of it, London Laudanum) 12 grains; dissolve it in black Cherry Water 12 ounces; and rectify'd Spirit of Wine half an ounce; add white Sugar half an ounce; strain and drop in Spirit of Salt Armoniac 36 drops, mix.



Its for 6 or 9 Doses, the Glass being well shaken before it be pour'd out.

### A Mixture for the Throat.

Take Seeds of Flea wort and Quinces, each 2 drams; Decoet in Water half a pint to 4 ounces; to the strained Mucilage add one white of Egg well beaten, Damask Rose Water 2 ounces; Syrup of Raspberries 1 ounce and half; mix.

This is for heat, dry Parchedness, asperity and foreness of the Throat. Let a spoonful be taken after every time the Mouth is Gargled.

### An Hysteric Module.

Take Asa Fatida half a dram; Castor, Camphire, each 1 scruple; Oil of Amber half a scruple; mix, and tie it up in a rag or piece of Silk.

Being often held to the Nose, it helps Vapours and Fits, for it represses the raging Spirits, drives them back from their wild excursions and exorbitancies; forces them into order, and hinders 'em from running into Tumults and Convulsive Explosions.

### An Acovistic Oil.

Take Oil of bitter Almonds 1 dram; Oil of Nutmeg, Cummin, Marjoram, Petre, each 4 drops, Civet 2 grains, mix.

It hath the same Virtues with the Acovistic Mixture, but is more durable in the Ear.

## A Cephalic Oil.

Take Balsam of Peru 1 dram; Oil of Rosemary, Sage, Marjoram, Nutmegs, each 4 drops; Camphire half a dram, mix.

Outwardly used it warms, discusses, and roborates, and therefore is of use for cold, catarrhus Affections of the Head, especially of the Pericranium.

## A Paralytic Oil.

Take Oil of Amber, Sassafras, each 1 dram; Oil of Rosemary, Pepper, each 1 scruple, mix.

Let it be rubbed hard with a warm Hand, on the part primarily affected; but it signifies not so much on a Member that suffers at second Hand by Consent. See the *Paralytic Liniment*.

## Oil of Rhubarb.

Take Oil of sweet Almonds and Rhubarb powder'd, each as much as you please; put it into a glased Pot, lain upon lain, give it a warm Digestion for a Nights space, and then press out a golden colour'd Oil, strongly in a Press, as you would do Oil of Almonds.

As I have heard, its frequently in use at Heidelbourgh, for the Colic, Dysentery and Worms. They give to a Child half an ounce. Indeed I never used it; but because its an odd Medicine, and has something singular in it, I would not omit it.



### An Asthmatic Drymel.

Take Zedoary 1 ounce; boil in Water 1 quart to 1 pint and half; in the strained Liquor, mix Gum Ammoniacum (first dissolv'd in Vinegar 4 ounces) 1 ounce; strain and add Honey 4 ounces; boil, scum and strain it out.

This is the Experiment of Dr. Sir J. F. (a late Author) for Persons labouring under an Orthopnæa and Asthma. It attenuates tough Phlegm, clears out Obstructions of the Lungs, and maintains and fortifies their Tone. Let 3 spoonfuls be given Night and Morn for some Months.

### A Purging Pectoral Drymel.

Take Raisins of the Sun stoned, and cut small, Orris Root, each 1 ounce; Elecampane, Calamus Aromaticus, each half an ounce; Senna 2 ounces; Agaric (tied up in a Rag) half an ounce; white Horehound, Savory, Hyssop, Groundy Ivy, each 1 handful; Tobacco dried 1 dram; Ginger 3 drams; Spring water 2 pints and half; Vinegar half a pint; boil away to 1 quart, throwing in at last Aniseed 2 drams, strain, and add Honey 1 pint; boil it again to a fit Consistence, carefully scumming it.

It powerfully attenuates, removes, and carries out, thick, slimy Phlegm, which sticking in the Stomach, Guts, Lungs, or Habit of the Body, and occasioning various Obstructions, produces an Oedematous, Catarrhus,

tarrhous, Consumptive, or Paralytic Diathesis.

The Dose is 3 ounces every, or each other Morning, as the Case calls for it.

### An Oxy-mel of Tobacco.

Take Tobacco leaves (powdered and tied up in a Rag) 1 ounce and half; Agaric (likewise tied up) Liquorice, each 1 ounce; Senna, Raisins of the Sun, each 2 ounces; Vinegar 2 quarts, boil to 2 pints and half, adding towards the last, Thyme, Hyssop, each 2 handfuls; Aniseed half an ounce; Cloves 3 drams, having strained and clarified it, add Honey 1 pint and half; and then boil it up to a due Consistence.

When you have occasion to use it (saith Quercetan, who had composed a mighty operose Oxy-mel of Tobacco, of which this is an Epitome) give *Cochlearia aliquot*, some spoonfuls, either alone, or with a Pectoral Water.

Truly this Medicament most excellently and strongly purges, exhausts, deterges, extirpates the Saburra, and Eluvies of depraved Humours out of the whole Body in general, and the Ventricle and Thorax in particular, and is most accommodated, and specifically peculiar, to Asthmatick People.

But in giving it there's need of Caution and Distinction, to increase or diminish, and nicely adjust the Dose, so as to fit the Age and Strength of the Sick.

Some-



Sometimes (because of the Tobacco) it provokes Vomiting; but then the other Purgers that are mixt with Vinegar (which is it self a prime Corrector and Mollifyer) divert its vehemence, by drawing it downward, and so render it a good and effectual Remedy for Pituitous Maladies of the Ventricle and Thorax. Thus he.

### A PASTE for Aphthæ.

*Take new Butter, just out of the Churn, unsalted (and washed in Rose water) 1 ounce and half; Liquorice powder 1 dram and half; white Sugar candy powdered, and passed through a Searce, as much as serves to make it up like Paste, mix.*

Let a little Pellet of this be put into the Mouth to dissolve by degrees; it's good against the Thrush, parchedness, Heat, and roughness of the Tongue, foulness in the Mouth and Throat, wheezing and painful Breathing. It may also be put up the Nose when stopped and sore.

### Gallic Paste.

*Take Bole 1 ounce; Burnt Alum, burnt Crust of Bread, powdered Tiles, Porcelane Ware, each 2 drams; clarified Honey as much as is sufficient to give the Consistence of Paste, beat all up together.*

This

This is used in *France*, to cleanse, scour, and whiten the Teeth, to take off Filth, the *Lapis dentalis*, and all manner of Inquinations and ill Smells. Every Morning put a little on a fine Woollen Rag, and rub the Teeth with it. But the Teeth especially, rather than the Gums, are to be rubbed; for frequent and hard rubbing the Gums will wear and waſt them away.

### Pellets for the Teeth.

Take *Aſaſetida*, 8 grains; Camphire, Dragons Blood, each 1 grain; Oil of Pepper 2 drops, mix.

It's to ſtop an hollow Tooth; 'twill oftentimes eaſe the moſt ſharp Pains, and prevent their return.

### Alexiterial Pills.

Take powdered *Virginia Snake Root* 1 dram and half; Camphire, Salt of Amber, each half a dram; thin *Diaſcordium* as much as needful; beat it up into a Maſs, and make every ſcruple into 4 Pills.

### Amber Pills.

Take *Ambergrife* 2 grains; Musk, Salt of Hartshorn, each 1 grain; Opium 3 grains; Balsam of Peru as much as is ſufficient; bring it into three Pills for three Doſes; but be ſure to beat it well, that the Opium may be well divided.

These



These are serviceable against a Singultus. But when this Symptom happens in continual and malignant Fevers, we must be very wary how we give Opium. See the *Musk Julep*.

Most Hysterick Women, and many Hypochondriac Men, cannot away with the smell of Musk, for their Animal Spirits being of too fine and rare a Texture, are greatly agitated with such strong Odours; and so running into inordinate Motions, easily produce Spasms in the *Plexus Nervosi*, and internal *Viscera*. See *Solenander's Pills*.

### Antemetic Pills.

Take powdered Mint 2 drams; Wormwood 2 scruples; Balaustines 1 scruple, Oil of Cinnamon 2 drops; *Diascordium* (or *Venice Treacle*) 1 dram; reduce into a Pilularry Mass with Syrup of Quinces.

### Arthritic Pills.

Take powdered Ground Pine 6 drams *Ens*; *Veneris* 2 drams, make it up into Pills with *Venice Turpentine* for 16 Doses.

They assist Nature in the Business of Chylification and Sanguification, brace up the relaxed Fibres to a due tonic Tension, break and subdue tumultuous, fermenting Salts, and turn them out by Urine.

Let the Patient swallow a Dose Mornings and Afternoons, and drink upon them  
the

the Edulcorating Decoction, Decoction of Woods, or the Sacred, according as the Case, and Constitution shall make most eligible.

### Astringent Pills.

*Take true fine Bole, Dragons Blood in Tears, red Coral, Amber, Mastick, Astringent Crocus of Mars, each 1 dram; Oil of Cinnamon, Nutmeg, each 6 drops; make all into an Alcohol, and then with Turpentine, a pilulary Mass, cut of every scruple of which form 3 Pills, and dust them with Powder of Dragons Blood.*

They exsiccate, absorb, edulcorate, stop up, astringe, and roborate; they restrain a Diarrhæa and Dysentery, stanch Spitting, Vomiting, and Pissing of Blood, overflowing of the Menses, Flooding in Child-birth, give ease in a Lumbago, when it proceeds from either great Loss of Blood, or *Fluor Albus*.

Three may be given, twice, or oftner a Day, 'till the Indication be satisfied.

### Balsamic Pills.

*Take Millepedes prepared, 3 drams; Gum Ammoniac strained (with Spirit of Wine) 1 dram and half; Flowers of Benjamin 1 dram; Saffron, Balsam of Peru, each 15 grains; Balsam of Sulphur, enough to embody it into a Mass fit for Pills.*

These



These are excellent and most approv'd Pills in a chronic, scrophulous, consumptive Cough, where the Glands and Passages of the Lungs are stuff'd up with Slime and Phlegm, and where we may conjecture that crude Tubercles are a growing.

Let 3 be taken thrice a day, together with an appropriate Decoction.

### Bennet Pills.

*Take of the very finest Aloes half an ounce ; Senna 2 drams ; Asa Fetida, Galbanum, Myrrh, each 1 dram ; Vitriol of Mars 6 drams ; Saffron, Mace, each half a dram ; Oil of Amber 40 drops ; Syrup of Mugwort sufficient to beat it up with into a Mass of Pills, for 40 Doses.*

They exalt and brisk up the depauperated, vapid, heavy Blood, attenuate and purge off muddy, settling Humours, open and stimulate the Vessels and Fibres of the Uterus, when daub'd up with Slime, and unfitted for their Functions. They are properly Womens Physic, and a truly experimented, and scarce failing Remedy, for such Obstructions of the Menses, as (tho' they are inveterate) are yet curable. And have moreover this good Property, that Women mostly bear them well enough, notwithstanding they purge, because they repel Vapours and Hysterick Fits.

Let one scruple be given either every, or every other Night, for some Weeks,

according to the judgment of the Physician.

### Black Pills.

*Take powder'd Elecampane, Orris, Aniseed, Sugar candy, each 1 dram; Liquid Pitch 2 drams; or as much as is sufficient, make it into 36 Pills.*

They attenuate, incide, warm, are admirable and approved by good Experience, to bring off crude, tough Phlegm, sticking in the Throat and Chest. And to restore a tonic Vigour to the Lungs. But where there's a defluxion of thin Rheum, or a Catarrhal Fever, they are not to be used. The Dose is 6 Evening and Morning.

### Cachectic Pills.

*Take fine pick'd Ammoniacum in drops, pure Aloes, each 6 drams; Steel prepared with Sulphur 5 drams; Oil of Cloves and Anise, each 10 drops; Spirit of Wine (or Elixir Proprietatis tartaris'd) sufficient to reduce it to a Mass.*

These are taken out of the *Leuwaerden Dispensatory*; and as the *Bennet Pills* are more especially appropriate to Women, so are these to Men, because they do not so directly respect Hysteric Vapours. But yet being hotter than those, they more strongly exagitate and exalt the Blood, open Obstructions as well, recover the lost Tone of the Fibres, exonerate the Habit of the Body, and mend  
its



its Crasis. They are to be given in the same Dose and Manner with the *Bennet Pills*.

I am not ignorant that the everlastingly famous *Sydenham*, holds, Cathartics are to be forborn all the while Chalybeates are taken, because the Virtue of the Chalybeate is infringed by the Cathartic; and when the main thing aim'd at is, that the system of the Spirits be reintegrated, repair'd and confirm'd. All that is built by Steel in 8 days space, is ruin'd and flung down in 1 by a Purge, tho' never so mild an one. And its no doubt at all to him, but that the giving now and then a Purge, during the Course of the Chalybeate Mineral Waters, renders them much the more ineffectual.

But on the contrary, I have very often observ'd Effects happy enough from Chalybeates and Cathartics join'd together. And all Practical Books and Bills on the Apothecaries Files ('till perhaps of late) are full of it. To solve this Difficulty, I judge we ought to distinguish thus.

If when we give Steel, we have but this one Intention only, *viz.* to exalt the Crasis of the deprest Blood, and consequently corroborate the System of the Spirits, then I hold with *Sydenham*, that we ought wholly to abstain from Cathartics.

But put Case, that together with the exaltation of the Blood and Spirits; there are also Obstructions to be removed, and muddy

Settlements to be carried off; then Cathartics, assisted with Chalybeates, operate best, and with united forces, do their Business to purpose. And that this is right, we have the constant Practice of all our former Physicians to Vote for it, and certain, and undoubted Experience hath seldom fail'd to confirm it.

### Camphorate Pills.

*Take powder'd Liquorice, Sugar, Camphir, each 2 scruples; with Venice Turpentine, make it up into Pills.*

### Carminative Pills.

*Take Gum Ammoniacum strain'd 2 scruples; Myrrh, Amber, Mastick, each 1 scruple; Olibanum, Saffron, Castor, each half a scruple; Salt of Mars (calcin'd to whiteness) half a dram; Oil of Nutmeg 8 drops; Elixir Proprietatis as much as sufficient, make it into 40 Pills.*

This is *Sylvius* his Prescript, and excellently compos'd to attenuate and scour off Phlegm, smearing and oppressing the Ventricle and Intestines, exciting Pain, Wind, and a thousand Mischiefs.

Things that discuss Wind, are not at all different from such as incide Phlegm, saith *Riverius*, and very rightly: For Wind is generated by the Conquassation of Phlegm, after the manner as we see Whites of Eggs beat



beat up, and whisk'd, 'till it stand all in froth and little airy bubbles. Those things therefore that correct the Viscidity of Phlegm, slay the very Parent of Wind, and so prevent its Birth.

Let 5 Pills be given twice a day, upon an empty Stomach.

### Catarrh Pills.

*Take Pil. Ruffi 1 scruple; Storax Pills 6 grains; Oil of Aniseed 1 drop; make it up into 5 Pills.*

They hinder the transfudation of Lympha, attemperate acrid, vellicating Serum, blunt the Sense of Irritation, stop a Cough, procure Sleep, and the next day very gently carry off the Matter by Stool.

But in Catarrhs, all strong Cathartics are to be religiously avoided, for as much as they not only debilitate Nature, but also (by accuating and exagitating the Blood) augment the Colliquation and raise the Fever.

Let them be taken at Night without any observance the next day, and be repeated each, or each other Nights.

### Catholic Pills.

*Take Pill Cochiae the greater 1 dram; Rudius's Extract 2 scruples; Rosin of Jalap 1 scruple; Oil of Aniseed 2 drops; with Balsam of Peru, make all up into 20 Pills for 4 Doses.*

They purge well and briskly. Take 'em very early in the Morning in Bed, and sleep an hour after them.

### Cephalic Pills.

*Take Pill Fatid 15 grains; Rosin of Jalap, Castor, Salt of Amber, each 5 grains; Oil of Amber 2 drops; Spirit of Lavender compound as much as sufficient to make all up into 5 Pills.*

There's a common Opinion, which takes with most, that Pills are more proper than Potions, for Purging of the Head: and the reason is given, because they lying longer in the Stomach before they dissolve, irritate longer, and consequently draw Humors more forceably from the Head and remote Parts.

These are of a middle operation, neither weak nor strong, and are extraordinarily agreeable, where Persons obnoxious to the Headach, Paralytic, Soporose, Convulsive or Hysteric Affections, have need of Purging.

Swallow two at Bed time, and the other three the next Morning, keeping within doors that day, but without any great observance.

### Chalybeate Pills.

*Take Cloves half an ounce; Mace, Cinnamon, each 45 grains; Virginia Snake root, Steel prepar'd with Sulphur, each 2 drams; Vitriol of Mars 1 dram; Oil of Nutmeg 24 drops; reduce all to a subtile Powder, and with Liquid Honey make it up into Pills of a usual size, for 24 Doses.*

These



These are fit for cold Stomachs and Constitutions.

### 1. Purging Chalybeate Pills.

*Take Ruffus's Pill 1 scruple ; Vitriol of Mars 5 grains ; make it up into 5 Pills with Balsam of Peru.*

### 2. Purging Chalybeate Pills, by Dr. A.

*Take Gum Ammoniac (strain'd with Rhenish Wine) 2 ounces ; Vitriol of Mars (calcined to a little redness) half an ounce ; Scammony Sulphurated 10 drams ; Oil of Mint 12 drops ; Syrup of Buckthorn as much as sufficient to make all up into a Mass.*

They are good in Hypochondriac Melancholy, Cachexie and pertinacious Obstructions.

The Dose is from 5 grains to 1 scruple ; for when Cathartics are joined to Chalybeats, a small Dose is best.

### Cinnaber Pills.

*Take Native Cinnaber reduced into an Alcohol Humane Cranium, each 2 drams ; Castor, Salt of Amber, each 1 dram ; make all into an exquisite fine Powder, to which add Oil of Marjoram 12 drops ; Balsam of Peru 1 dram ; Syrup of Piony as much as sufficient, beat all up in a Mortar into a pilulary Mass.*

Its against an Epilepsy and Convulsion Fits for 24 Doses.

**Cochineal Pills.**

*Take Cochineal 2 drams; Saffron 1 dram; with Honey bring it to a Mass for Pills.*

They are Alexipharmac, and may be properly prescrib'd in Malignant Fevers, especially such as are accompanied with a Symptomatic Diarrhæa.

**Colic Pills.**

*Take Pills e duobus half a dram, Calomel half a scruple; Oil of Amber 2 drops; London Laudanum 2 grains; Diacodium as much as useful to make 5 Pills.*

All Purging (and even Glysters) are found hurtful in an Hysteric Colic. But in a Bilious Colic, when a cruel Pain is fixt in one place (especially the Ventricle and upper Intestines,) and the Belly is absolutely shut up, and no Glyster may be injected, because of the Spasms drawing up the Intestines. Then these Pills come in, as a seasonable aid, for they first appease the Pain and dissolve the Spasm, and after strongly stimulate and turn downwards the Peristaltic Motion, and exterminate the morbose Matter.

But if it chance (as it often doth) that they fail of their Business the first time, then use Carminative Fomentations, and repeat the Pills again, that the Operation may follow, for as soon as ever they make their way through



through the Intestines (and not before) the Spasm, together with the main of the Distemper, is broken and goes off,

### Crato's Pills.

*Take Cubebs, Nutmeg, Cloves, Mastick, Calamint, each 1 dram; Ambergrise half a dram; Musk 6 grains; with Juice of Marjoram, make Pills.*

To prevent an Apoplexy, give 1 scruple Night and Morn, every new and full Moon.

### Diaphoretic Pills.

*Take Virginia Snake root 1 dram and half; Saffron, Camphire, Salt of Amber, each half a scruple; make all into a subtle Powder, of which with the thin part of Diascordium, make up 30 Pills.*

Some have a great Aversion to Powders and Bolus's, especially if bitter, who yet can swallow Pills well enough; and these Pills are composed for the use of such, and design'd against such Fevers as are suspected of Malignity: As for the manner and reason of their Operation, turn back to the Decoction called Sacrum.

Let 5 be given every 3, 4 or 6 hours, as the occasion requires, in a fit Vehicle.

### I. Diuretic Pills.

*Take powder'd Bees 2 drams; Salt Prunel 1 dram; Salt of Amber, Mustard seed, each half*

*a dram; Oil of Aniseed 12 drops; Venice Turpentine sufficient to make all up into Pills for 12 Doses.*

They liquefy the compages of the Blood, deterge the Glands and interior Recesses of the Body, stimulate the Reins, scour out Mucus and Sand, and powerfully provoke Urine.

Moreover given at Night, they egregiously assist the *Tunbridge* Water Drinkers, whensoever the Waters (either by reason of pituitose Obstructions, or the sluggishness of the propelling Fibres) remain in the Habit of the Body, and pass not off, as they ought to do.

But as to Water-drinking, young Practisers must observe that there are two Cases in which such acrid Medicines as this, are in no wise convenient.

*First*, When the Waters stagnate in the Habit of the Body, because of some Feverish Intemperies or Acrid Diathesis of the Blood; which by troubling the Spirits, and irritating the Fibres, contract and crisp up the *Tubuli*, and shut up the little Passages. And in this Case, Bleeding, Laxatives, Refrigerants, Liniments and Demulcents come in opportunely.

*Secondly*, When the Waters are stopt, not in the Habit of the Body, but in the Ventricle it self, and first passages, and are felt as an oppressive fulness and weight, for then Diuretics are not indicated; but Aromatics,  
Car-



Carminatives, warm Stomachics, and such things as heat and comfort, and revive the function of Expulsion. This Reason persuades, and Experience teaches.

## 2. Diuretic Pills.

*Take Egg shells calcin'd half a dram; Camphire 1 scruple; Cantharides half a scruple; Venice Turpentine sufficient to form out of it 9 Pills.*

Of the internal use of Cantharides, see Dr. Groenvelt. Let 3 be swallow'd every 3 hours.

## Dysenteric Pills.

*Take true Bole powder'd 2 drams; Oil of Paper 4 drops; Galbanum strain'd, as much as will make it into a pilular Mass. I suppose there will be need of some Syrup to bring it to a Body.*

A certain Outlandish Physician communicated this Prescript to me, and protested upon his Word, he had ample Experience of their Virtues, when he was in the Army in Ireland. And it seems to me, that Bole may retund the Acrimony, and stop the afflux of Humours. And then Galbanum, and Oil of Paper may appease the dolorific Corrugations of the Intestines. The Dose is 1 scruple.

**Ecephractic Pills.**

Take Stomach Pills with Gum, Aloephangine Pills, powder'd Rhubarb, Gum of Guaiacum, Salt of Steel, each 4 scruples; Salt of Wormwood, extract of Gentian, each 2 scruples; Elixir of Propriety as much as needs to make up a Mass for 16 Doses.

They have the same Virtues with the Ecphractic Mixture, and Cachectic Pills, which see. Let them be taken, either every, or each other Night, for a Month together.

**Emmenagogue Pills.**

Take Venetian Borace, Myrrh, each 45 grains; Birthwort root, Saffron, each 15 grains; Oil of Pennyroyal, Savine, Cloves, each 2 drops; with Syrup of the 5 opening Roots make 18 Pills for 6 Doses.

The Title tells their Design. Let them be given (after the Bennet Pills have been used) about the Menstruous Time, when Nature is slothful and wants Stimulation, twice a Day.

**Expectorating Pills.**

Take Gum Ammoniac strained (or rather the fine Grains of it picked out) Millepedes, each 1 dram and half; Castor, Flower of Benjamin, Salt of Amber, each half a dram; Camphire, Saffron, each 15 grains, with Balsam of Sulphur  
beat



*beat it up into a Mass, and form three Pills out of every scruple.*

### **Pills for Fainting.**

*Take Musk 6 grains ; Cinnamon, Nutmeg, each 1 scruple ; Cloves, Saffron, each half a scruple ; make it up for 3 Doses of Pills, with Confection of Alkermes.*

They inspire the Spirits, that have their Station about the Stomach, with fresh Vigour ; and an exulting Undulation thence arising, the whole System, that was sunk before, and fallen, becomes roused up and recruited.

### **Febrifuge Pills.**

*Take powdered Camomile flowers 2 drams and half ; Diaphoretic Antimony 1 dram ; Salt of Wormwood half a dram, with Mucilage of Gum Tragacanth, make up Pills for 12 Doses.*

I have known these more than once (though not always, I confess) put off an Intermitting Fever (without a Relapse) when I had before attempted it in vain, with the Cortex. . Let them be taken every three Hours in the absence of the Paroxysme.

### **Garlic Pills.**

*Take Juice of Garlic half an ounce ; Gum Ammoniac 1 dram and half ; Millepedes prepared 1 dram ; Saffron 1 scruple ; Flowers of Benjamin half a scruple ; Oil of Aniseed 4 drops*

*drops ; Elecampane Powder, as much as serves to give it a Pilular Consistence, mix.*

They most powerfully incide, attenuate, and expectorate.

### Gentian Pills.

*Take powdered Gentian 2 drams ; Salt of Wormwood 2 scruples ; Extract of Gentian 1 dram ; Syrup of dried Roses as much as needs, mix.*

They are levelled against intermitting Fevers, and weakness of Stomach.

### Gilead Pills.

*Take white Sugar candy powdered and searced 2 drams ; the cold Species of Gum Tragacanth 1 dram ; Balsam of Tolu 2 scruples ; Flower of Benjamin 1 scruple ; bring these to a fine powder, and with Balm of Gilead baat it up into Pills for 12 Doses.*

They are a commodious Prescript for such as are in danger of falling into a Consumption, are troubled with a chronical Pain of the Side, and an old, dry Cough. For they correct the Acrimony of the owzing Serum, expedite Pulmonary Infarctions, discuss crude Tubercles, establish the Tone of the Fibrillæ, and heal up the Ruptures of the minute Vessels. They are to be given Night and Morn with a suitable Vehicle.



**Guaiacum Pills.**

*Take Gum of Guaiacum, Aloes, each 1 dram and half; Balsam of Peru enough to make them up, mix.*

The Manuscript, out of which I fetched them, will needs have it, that the Aloes in this Mixture loses all its Bitterness. I think it a fine Pill for cold Distempers of the Stomach, and I fancy it much for Prevention of the Gout. The Dose is half a dram before Suppers.

**Hæmoptoic Pills.**

*Take powdered Harts Tongue leaves, as much as you please, and make it up into Pills, with Balm of Gilead.*

The Physician that communicated these, assured me they were very effectual against Spitting of Blood, and sufficiently experimented. The Dose is 1 scruple thrice a day.

**Hydragogue Pills.**

*Take Gamboge powdered 12 grains; Oil of Juniper 2 drops; Mithridate as much as suffices, and make them up into Pills for one Dose.*

These Pills commonly begin their Operation on those that are not used to 'em, with something of Qualms and sick Fits, and two or three Vomits: But after a few Doses taken, they leave their Vomiting Quality,

lity, and Purge only downwards: And they work so strongly and fast, that I have often wondered to see them bring off twelve or fifteen great watery Stools; and the whole Operation, from the time of taking, performed in two Hours space.

Though the fashionable Opinion of late runs, that there is no such thing in Nature as Elective Purgation, and no Cathartic respects one Humour more than another, yet irrefragable Experience proves to the very Senses, that these Pills draw off especially and specifically watery Humours; yea, so watery, that sometimes the Stools are very little tinged. And therefore in an Anasarca (where the Bowels are sound) one would bless himself to see how much good they do, as also in Oedematous Swellings, and running Ulcers.

They also very strangely put a stop to those Sweats which are owing (not to the Crisis of a Fever, but) to a plenty of Serum, and Fusion of the Blood: And I know nothing else in all the *Materia Medica* that will do the like.

*Note,* They are proper Physick for Persons of a cold, moist Constitution, but are pernicious to those of an hot and dry Temperament.

Concerning the manner of purging Drop-sical People, see the *Purging Hydropic Potion*, hereafter described.



**Hysteric Pills.**

Take Galbanum strained, *Asa Fætida*, Myrrh, each 1 dram ; Castor, Camphire, Salt of Amber, each half a scruple ; Oil of Amber 4 drops ; Balsam of Peru as much as needs, and so beat them up. Note, if the Galbanum be of a soft Consistence, there will be no need of the Balsam.

They seem to exert their Force, by driving the exorbitant and deserting Spirits into their proper Stations and Ranks, which is more largely explained under the Title of *Hysteric Julep*.

If they chance to Purge (which in some Bodies that are easily moved, they will do, because of the Gums) they must be forborn, for vapourous Persons cannot bear Purging.

Let one scruple be exhibited for a Dose with the *Hysteric Pearl Julep*.

N. B. If two scruples of Salt of Steel be added, they are called *Hysteric Chalybeate Pills*.

**Japanic Pills.**

Take Japanic Earth powdered 2 drams ; Oil of Cinnamon 4 drops ; Syrup of dried Roses sufficient to make a Mass of Pills.

They notably corrugate and astringe ; mend the Laxity of the Stomach, and Slipperiness of the Intestines, stop Vomiting, repress a Diarrhæa, and stanch inward Bleedings, especially Bloody Urine. Laud m  
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may be added, as the case shall call for it.  
The Dose is 1 scruple thrice a day.

### **Iteric Pills.**

*Take Cream of Tartar, Cochineal, each half a dram ; Venetian Soap 2 drams ; beat these up into Pills. Or instead of Cochineal may be used Barbadoes Indigo.*

I have experimented these, and recommend them for an excellent AntiIteric. Let half a dram be given thrice a day, till the Disease be conquered, which will be in a short time, unless some almost invincible Tumour, or Obstruction in the Liver or Gall-Passages, hinder.

### **Pills of Crude Mercury.**

*Take crude Mercury, cleasned well 6 drams ; Turbith 2 drams and half ; Aloes, Rhubarb, Coloquintida, Diagrydium, Agaric, each 2 drams ; Hermodactyls, Myrrh, Mithridate, each 1 dram and half ; Musk, Ambergrise, each 15 grains ; Leaves of Gold 12 ; Venice Turpentine 1 ounce and half : Make up a Mass of Pills, with Syrup of Lemons as much as sufficient, according to Art.*

The Dose is from half a scruple to two scruples.

### **Pills of Mercury Dulcis.**

*Take powdered Mercury Dulcis half a scruple ; Radius's Extract 15 grains ; Resin of Jalap 5 grains ;*



grains; Oil of Cloves 1 drop; Syrup of Roses enough to make 5 Pills.

Taken in the Morning, they work very well, and may be given wheresoever a Load of Phlegm burthens the Intestines; slimy Matter settles in the Habit of the Body, Muriatic Salt causeth the Scurvy, Acrid Juices make painful Ulcers, filthy Ichor blemishes the Skin, and where there are Worms:

I make a doubt whether its proper to prescribe Salt of Tartar (or any *Lixivial Salt*) together with *Mercury Dulcis*, for seeing *Sublimate* (of which *Dulcis* is made) is *Mercury* coagulated with an Acid, if the *Lixivial Salt* break the Acid, perhaps the Compost may be dissolved, and the *Mercury* let loose thereby.

### Myrrh Pills.

Take Myrrh 1 dram; Saffron 1 scruple; Balsam of Peru half a scruple; Yolk of Egg as much as sufficient to bring all into a Mass.

They are Pectoral, Stomachic, Alexiterial, and Emmenagogue. The Dose is two scruples.

### Nephritic Pills.

Take Millepedes, Crude Salt Armoniac, Venetian Soap, each 2 drams; Gum of Ivy 1 dram and half; Saffron half a dram; Oil of Juniper 16 drops; make all up into Pills with Venice Turpentine.

A certain Physician in great Vogue and Practice, used very much, and set a great value upon these Pills, to expel Urine, Mucus, Gravel and Sand. Hitherto may be referred what was above said of *Diuretic Pills*, Dose half a dram.

### **Olibanum Pills.**

Take *Olibanum* powdered and searced, 4 scruples; Salt of Harts horn 1 scruple, with Yolk of Egg, make a Mass.

These are commodiously and to good purpose prescribed, for flatulent, flying, pinching Pains in the Side, and Stitches, with difficulty of Breathing, no Fever or Inflammation present. As also in the Pleurisie it self, after due Bleeding. But the trusting to Specifics in a Pleurisie, to the neglect of Bleeding, hath been (I fear) the Death of many an one: Let this be a Caution to the young Practitioner. The Dose is half a dram three times a Day, with the *Pleuritic Decoction*.

### **Pectoral Pills.**

Take powdered *Elecampane*, *Orris*, *Liquorice*, each 1 scruple; *Saffron*, *Flower of Benjamin*, each half a scruple; white Sugar candy 2 scruples; make it up into a Mass with Balsam of Sulphur Anisated.

They open, cleanse, and free the Chest and Lungs, when stuffed up and clogg'd with



with heavy Phlegm ; are extraordinary convenient in a wheezing Cough, with difficult short Breath, and Consumption it self, whilst yet in its first Stage, and before the Hætic Fever begins to burn. The Dose is half a dram thrice a Day.

### Pleuritic Pills.

*Take Goat's Blood prepared 1 dram and half ; Volatile Salt of Salt Armoniac (or of Harts-horn) Salt of Amber, Camphire, each half a scruple, with Venice Turpentine make a Mass.*

They answer the same Intentions with the *Tar Pills* (after described) moreover they seem useful for those that are bruised, for they dissolve coagulated Gore, and carry off by Urine. The Dose is 1 scruple every four or six hours.

### Polychrest Pills.

*Take lucid Aloes, Scammony prepared, each 3 drams ; Troches of Albandal 2 drams ; Mastick, Saffron, each 45 grains.*

Let the Aloes, Mastic and Scammony be powdered severally, and brought into a Mass with Spirit of Wine, and then mix the other Powders with it.

It's borrowed from the *Leuwaerden Pharmacopœia*, purges strongly, and is to be given in the Morning, from 15 to 25 grains, or half a dram.

**Poterius's Pills.**

*Take Flower of Sulphur, Liquorice, white Sugar candy, each 1 dram ; Balsam of Sulphur enough to reduce it into a Mass.*

They correct,edulcorate, temper, incrasstate, and make fit to be spit forth, thin, sharp, hot Rheum, which falling upon the Larynx, or into the Lungs, tickles, and causes a troublesome Cough.

For Sulphur is called the Balsam of the Lungs, and nothing stops a Catarrh so much, as Sulphur and Sulphurate Things. *Wallæus* saith, upon the use of Sulphur, the Spittle that is coughed up will be globous, as we see any moist Mass is converted into Roundity by Heat.

*Sennertus* asserts, That Sulphurate Medicines are not convenient for Women with Child, for fear of Miscarriage. But I cannot tell whether Fancy or Experience produced this Caution.

**Saffron Pills.**

*Take Extract of Saffron 16 grains ; Flower of Benjamin 24 grains ; Spanish Juice of Liquorice 2 scruples and half ; Oil of Aniseed 2 drops, make with Elixir of Propriety 12 Pills.*

The Virtue of these is carried (by the Vehicle of the Blood) into the Lungs themselves, and there, partly by tempering the Acrimony of the *Lympha*, and hindering its Trans-



Transudation, partly by attenuating gross, and removing stagnant Phlegm, and partly also by irritating the Membranes of the *Bronchia*, and invigorating their Tone, they potently succour the Lungs, when stuffed up and oppressed.

Take a Pill three times a day, and sup up after it some appropriate Draught.

### Salt Gem Pills.

Take powdered Rue, long Pepper, Salt Gem, Camphire, each half a dram; Oil of Cummin 4 drops, Balsam of Peru 1 dram; Diacodium sufficient to make it into Pills.

These are good in a Colic.

### Saline Pills.

Take Salt of Wormwood 2 scruples; Oil of Anniseed, Cloves, and Amber, each 1 drop, with Venice Turpentine make 8 Pills for 4 Doses.

They are against Vomiting, Wind and Belching.

### Salt of Steel Pills, the greater.

Take Salt of Steel, Gum Ammoniac, each half a dram; Zedoary, Extract of Gentian, each 2 drams, with Syrup of the 5 Roots; make a Mass, and out of it 60 Pills.

The Dose is six twice a Day.

**Salt of Steel Pills the less.**

*Take powdered Salt of Steel 2 drams; Galbanum strained, as much as needful, and a little Syrup of the 5 Roots, all which beat up into Pills for 24 Doses.*

I have sometimes brought Salt of Steel into Pills, with only Honey. It may also be done with Mucilage of Gum Tragacanth. And then one single Pill may suffice for a Dose, and be not very ungrateful to the most nice, or nauseous Palate.

**Scammony Pills.**

*Take powdered Jalap root, Scammony prepared, Calomel, each half a scruple; Oil of Caraway 1 drop; Honey enough to make 5 Pills.*

They are almost of the same Virtues with Pills of Mercury Dulcis.

**Smegmatic Pills.**

*Take Venetian Soap 2 drams; Oil of Aniseed 8 drops; beat them up together, and make 24 Pills.*

They singularly cleanse the Passes of the Reins and Ureters, and are egregiously prevalent against a Dysurie and Jaundise.

The Dose is six, after which, let a Draught be taken of Tincture of 1 dram of Saffron, made in White wine, 1 pint.



**Solenander's Pills.**

*Take Musk 8 grains ; Dragon's Blood, white Sugar, each 1 scruple ; make all up with Balm of Gilead into Pills, for 4 Doses.*

These are conducive for such as are troubled with Vomiting, Hiccough, Faintings, and sometimes also, Mother Fits.

The Smell of Musk and Civet makes Hypochondriac and Hysteric Persons swoon away ; but when they are taken in Substance, they are so far from being injurious to them, that they most effectually stop and restrain Hysteric Fits, saith *Ettmuller*.

Now, I conceive, they are most especially agreeable, not where the Spirits are furiously exploded, upon the account of their Plenty and Turgescence, but where they fall into Confusion, and are put out of array, because of their Want and Weakness. For Musk exagitates the Blood after a potent manner, and mightily refreshes the Spirits.

**1. Splenetic Pills.**

*Take Spikenard 1 dram ; Asa Fætida, Ens Veneris each half a dram ; Oil of Amber 8 drops, with Balsam of Peru, reduce them into a Mass ; and form 3 Pills out of every scruple.*

**2. Splenetic Pills.**

*Take Ens Veneris 4 scruples ; Saffron, long Pepper, Virginia Snake root, Spikenard, each 1 scruple ;*

1 scruple; Galbanum 4 scruples, with Tincture of Myrrh, make 24 Pills.

These are much hotter than the former, and so are fitter for a cold lumpish Constitution.

### Stomachic Pills.

Take powdered Cinnamon, Mace, Nutmeg, each 1 scruple; Cloves, long Pepper, Balau-stines, each half a scruple; extract of Gentian 1 dram and half, Elixir of Propriety, as much as will reduce them into a fit Mass, whereof roll up large Pills, that they may remain, and be the longer a Dissolving in the Stomach.

They warm, comfort, and strengthen the Stomach, discuss Wind, restore lost Appetite, take away Loathing of Meat, assist Concoction, and stop Vomiting.

He that helps a weak Stomach with hot things, must leave them off again, as soon as ever he perceives the Urine grow high coloured, saith Wallaus. But, I suppose, this is rather spoken of Vinous Spirits, than Aromatics and Bitters.

### Stomachic Pills with Ammoniac.

Take Gum Ammoniac strained, Aloes, each 1 dram; Myrrh, Senna, Saffron, each half a dram; Oxymel of Squills, as much as will bring it into a convenient Consistence.

There may be added, according to the Intention of the Prescriber, Salt of Steel, Oil  
of



of Juniper, Anise, Caraway, Wormwood, Mint, Cloves, &c.

The Dose a scruple at Bed-time.

### Stomachic Pills Purging.

Take Ruffus's Pill 1 scruple ; Resin of Jalap, Salt of Wormwood, each 5 grains ; Oil of Wormwood, Mint, each 1 drop, with Elixir of Propriety Tartarised, make 5 Pills.

They not only incide, scour off, and benignly purge out, viscid Phlegm, sticking to the Folds and *Villæ* of the Stomach, and occasioning a thousand Mischiefs, but also warm and roborate the Stomach into the Bargain.

Let two be taken over Night, and the other three the next Morning.

### Styptic Pills.

Take Astringent Saffron of Mars 2 scruples ; Sugar of Lead, Camphire, each half a scruple ; Oil of Amber 1 drop, make up into Pills with Venice Turpentine.

These are against immoderate Flux of the Menfes or *Lochia*.

### Sulphur Pills.

Take Powder of Liquorice 2 drams ; Mastic 1 dram ; make up Pills with Balsam of Sulphur Anisated.

They are for Distempers of the Breast.

**Sylvius's Pills.**

*Take Gum Ammoniac strained 2 scruples; Vitriol of Mars (gently calcined to Whiteness) 1 scruple; Myrrh, Castor, each 15 grains; Saffron half a scruple; Troches of Alhandal 1 dram; Resin of Jalap, Scammony prepared, each 1 scruple; Oil of Fennel 5 drops; Elixir of Propriety, as much as sufficient, to make the Mass into 50 Pills.*

They are mainly serviceable, to cut viscid Phlegm, discuss Wind occasioned thereby, and kindly purge it off. I have used these often, and esteem them much.

Let the Patient take three, or more at Bed-time. Or he may take five in the Morning, or as many as shall be found agreeable to his Constitution, so as to evacuate vicious Humours gently and benignly.

**Tar Pills.**

*Take hard shining Wood Soot 1 dram and half; Salt of Harts horn half a dram; Tar as much as you want to bring it into a fit Mass.*

They melt down fizy Blood, discharge Obstructions caused thereby, restore the Circular Course through the part affected, refresh the sinking Spirits, and promote Expectoration. Therefore they are given in Pleurifies (after due Bleeding) with good Advantage, to 1 scruple every fourth hour.

**Tur:**



**Turpentine Pills.**

*Take Venice Turpentine (cocted in Plantain water to a due Consistence) half an ounce; Amber, Dragons Blood, Bole, each half a dram, make Pills.*

They are Styptic and Restricting.

**The Womens Pills.**

*Take powdered Savine, Dittany of Crete, each 1 dram; Myrrh, Galbanum, Gum Ammoniac, Castor, each 2 drams; make all into a Mass with Syrup of Mugwort.*

These are forceable to bring the necessary Pains in Child-Birth, to expel the After-Birth when left behind, and increase the Cleanings. But let nothing be over-done; as soon as ever Matters answer, and the Intention is satisfied, you must hold your Hand and give no more. And always remember this necessary Rule, never to give any Forcers, where the Child lieth not right for a Birth. The Dose is 1 scruple, or half a dram.

**Pellow Pills.**

*Take Resin of Jalap 1 dram; Oil of Juniper 6 drops; Saffron 8 grains; Myrrh 12 grains, with Yolk of Egg make up 16 Pills for 4 Doses.*

1. **Plais**

## 1. Plaister against Abortion.

Take Plaister for Ruptures 1 ounce; Cerate of Sanders, Countesses Unguent, each 3 drams; Oil of Myrtle 3 drams and half; Wax half an ounce; to these (when melted) add the following Powder, viz. Dragons Blood, Mastic, Bole, Galls, Bistort Root, each half a drame; Amber, red Coral, Nutmeg, each 2 scruples; at last cast in Cyprus Turpentine, as much as needful to make it into an Emplastic Mass.

Let it be worn upon the Region of the Loins, to prevent Miscarriage.

My Opinion is, that Bole, Coral, Plaister of Paris, and the like, in Plaisters, do no good, upon the score of their being properly Astringents; for they touch nothing but the outward part where they lie; and (having nothing of Volatile Steams) send no Medicinal Effluvia inward. But they make the Composition to be of a more Compact Body, and as 'twere better Mortar, to stick and cleave faster on. For Astringent Plaisters, (as I judge) do nothing at all, but adhere strongly, and compress the *Cutis*, and like a Bandage, constringe the Fibres, and so give the Part, as 'twere, an Artificial Tone, and new Strength; and all this without Heating, or Discussing, or sitting uneasy on the parts, as Bandages are apt to do.

## 2. Plai-



## 2. Plaister against Abortion

*Take Plaister for Ruptures (or Caesar's) Diapalma, each 1 ounce ; Cyprus Turpentine half an ounce ; make it into two Plaisters, one for the Back, the other for the Belly.*

## An Anodyne Plaister.

*Take Red Lead Plaister 4 ounces ; Oil of Lilies half an ounce ; Venice Turpentine 2 drams ; Opium, Camphire, Sugar of Lead, each 2 scruples, mix.*

It refrigerates, and to a wonder, appeases Pains and Tortures, yea sometimes (laid to the Back) even Nephritic Pains.

Although a little Opium taken inwardly can so affect the Spirits, as to stop their Activity, and thereby stupefy Pain ; yet I must confess, I have a secret Doubt with my self, whether outwardly applied, it be Anodine. For it abounds with a fiery volatile Salt, and strong foetid Sulphur, is inflammable, bitter, acrid, and so very hot, that perhaps it's in the highest degree of Discutients, and almost a Caustic. And so it seems but ill-suited for an Anodine, whose Business is to cool the Fervour that Pain raised in the part, to afford a benigne Moisture to dilute and temper the Acrimony of irritating Salts, and supple and mollifie the Tense distorted, and divulsed nervous Fibrillæ : So that the solid parts returning to their due Laxity, Temper and Position,

Position, the Fluids may freely flow again through them, as Nature appointed.

### An Apopleætic Plaiſter.

Take Galbanum, Opopanax, Pellitory of Spain, Mustard seed, long Pepper, Caſtor, each 1 dram and half; Venice Turpentine 3 drams, or as much as ſufficeth; adding Oil of Amber 1 ſcruple, mix.

Shave the Head, and apply it all over in Soporose Diſtempers, not occaſioned by a Fever, and in a Palsey.

### An Arthritic Plaiſter.

Take Gum Elemi, Colophonia, Burgundy Pitch, each 2 ounces; powdered Red Lead, Maſtic, Olibanum, Bole, each 2 drams; Oil of Petre, Spike, Aniſe, each 1 dram and half, mix.

It obtunds ſharp gnawing Pains, attenuates thick obſtructing Humours, and calls them out through the Pores. Alſo it gently relaxes Spasmodic, dolorific Tensions of the Fibrillæ; and at the ſame time wonderfully comforts and corroborates the Nerves and Joints.

### A Balsamic Plaiſter.

Take Diapalma 2 ounces; Cyprus Turpentine, yellow Wax, each half an ounce; melt theſe together, and add Oil of Numeḡ 16 drops; powdered Baſam of Tolu 1 ounce, mix.

Lay



Lay it to the Back for Pain and Weakness, and *Fluor Albus*. If it cause a troublesome Itching, it must be pulled off for a few days, till its volatile parts are a little flown off, and then put on again.

### A Cephalic Plaster.

Take Plaster of Betony half an ounce; *Caran-na*, *Tacamahacca*, each 3 drams; powdered Balsam of Tolu 2 scruples; Balsam of Peru (or Capive) 1 scruple, mix.

It warms and roborates the Head, is accounted good in a cold Head-ach, Giddiness, Night-Mare, Epilepsie, Palsy, Deafness: And useth to be prescribed for Convulsive and Soporose Affections.

### A Dorsale Plaster.

Take Rupture Plaster, Diapalma, each as much as you please, and melt them together.

It's for Pain and Weakness of the Back, and the *Fluor Albus*. Applications are made to the Loins in these Cases, not because the Kidneys are there situated, but because the Arteries that bring the Blood to the *Pudenda*, issue out of the *Aorta* at this place. And also because of the relaxed Muscles and Ligaments of the same part.

### An Epispastic Plaster.

Take white Pitch 8 ounces; Venice Turpentine, Cantharides finely powdered and searced, each 2 ounces and half, mix.

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Among

Among the many Receipts, every where about, for blistering Plaisters, I account this far the best: For it doth its business in 10 or 12 hours, and never fails: And then (for which I think it valuable) 'tis of so right a Consistence, and so adhesive a Nature, that (if an Artist have the managing of it) it brings off all the Skin with it clear at once.

Epispastics are proper for such as are pituitose, of a cold Constitution, and abounding with *Serum*. They may be applied at the very first Attack of Fevers, by way of Prevention, to secure the Head from ill Symptoms. As also in its Augmentation, State, or Declension, by way of Cure, when the Spirits being struck with Sleepiness, Vertigo, grievous Head-ach, Convulsions, and the like dolorous and dangerous Affections, require a particular regard.

But in very hot Constitutions, where there is not much *Serum*, and the Blood is adust. Also in such Fevers as are accompanied with intolerable parching dry Heat, Restlessness, and Phrensy, Epispastics seem not so agreeable. Neither are they allowable for Women great with Child, for such as have the Stone, or are apt to Sharpness of Urine.

### A Febrific Plaister.

*Prick a piece of white Leather all over with the sharp point of a Knife; strew upon it powdered Frankincense, melt it with an hot Spatula, and then over that spread Turpentine.* Let



Let it be worn upon the Navel till it grow dry, and fall off of it self.

### A Plaister for the Feet.

Take Cephalic Plaister 3 drams ; hard Pitch 2 drams ; powdered Euphorbium 2 scruples ; Camphire and Oil of Amber, each 1 scruple, mix.

It's useful and necessary in such Fevers as are accompanied with Head-ach, Doziness, Watchings, Phrensie, &c. for as much as the estuating Blood is then circulated unequally, and more impetuously thrown up into the Head, than the lower parts ; concerning which see *Lotion for the Feet*.

### A Frankincense Plaister.

Take Frankincense 2 drams ; Tacamahacca 1 dram ; Saffron powdered half a scruple ; Venice Turpentine sufficient, mix.

'Tis a very sightly, neat Plaister, and is to be put on the Wrists in Fevers.

### A Plaister with Hiera.

Take Aloes, Myrrh, each 1 dram ; Species of Hiera, Venice Treacle, each half a dram ; Chymical Oil of Wormwood 4 drops ; Ox Gall 1 scruple ; Honey as much as sufficient.

Lay it to Childrens Bellies against Worms.

**An Hydropic Plaster.**

*Take the Soap Plaster 2 ounces ; Oil of Aniseed, Potroleum, each half a dram, mix.*

It attenuates, removes, and carries out by Diaphoresis, the *Lympha*, which is collected and coagulated in the Habit of the Body. But as to the Water shed out into the Cavity of the *Abdomen*, it signifies nothing at all. Lay it all over the Belly.

**An Icteric Plaster.**

*Take powdered Saffron 2 drams ; make a Plaster of it with Honey, which spread upon a piece of Leather, and lay it so as to cover the Region of the Liver and Navel.*

It was the Experiment of an eminent Physician, for small Children affected with the *Icterus*, who can take little.

**An Ischiatic Plaster.**

*Take white Pitch 2 ounces ; Galbanum 1 ounce ; Sulphur vive 2 drams ; Amber 1 dram ; Hermodactyls, Orris root, Cummin seed, Camomile flowers, each half a dram, make it up into a Mass with Petroleum.*

It attenuates gross, and sweetens saline, acrid Juices ; it roborates the nervous Parts, and qualifies Arthritic Pains without Repulsion.



**A Lateral Plaister.**

Take Cummin Plaister 1 ounce ; Camphire 1 scruple ; Oil of Aniseed 16 drops, mix.

It penetrates, attenuates, discusses, and dissipates Flatulencies, eases Pains, and takes away Stitches.

**A Plaister for the Loins.**

Take Vigo's Plaister of red Lead 2 ounces ; Diapalma (prepared with Oil of Roses instead of Hog's Lard) 1 ounce and half ; Caranna (dissolved in Vinegar of Roses, and strained) half an ounce ; Bole, sealed Earth, Mastic, each 4 scruples ; Cyprus Turpentine 1 ounce, mix.

It hinders the afflux of Humours, and repels ; withal it's friendly to the nervous Parts, comforting and corroborating them. And it eases Pains in the Back.

**A Plaister with Marjoram.**

Take white Pitch half an ounce ; powdered Marjoram half a Dram ; Euphorbium 5 grains, mix.

It's to be laid behind the Ears, or in the Nape of the Neck, for a Catarrh, Tooth-ach and Headach.

**Mastic Plaister compound.**

Take Mastic, Gum Juniper, Nutmeg, Cloves, each 1 scruple ; Labdanum 6 drams, work it

A a 3

with

*with an hot Pestle and Mortar, with a sufficient quantity of Oil of Mastick into a Plaister.*

Lay it all over the top of the Head, to restore Heat and Tone to the *Pericranium*, when having suffered prejudice by cold Air, or ill Humours, it is weak and relaxed. For it stops the Stream of the Rheumatic Colluvies, which hath its Fountain there. And so its convenient in a Cephalalgia, from a cold Cause *Dentalgie*, Tumour of the Tonsils, Inflammation of the *Uvula*, Asperity of the *Gula*, &c. See the *Cephalic Liniment*.

### A Nephritic Plaister.

*Take powdered Opium 2 drams; soft Soap 1 ounce; Oil of Juniper half a dram, mix, and lay it to the Region of the Reins.*

Whether Opium externally used, be Anodyne or not, one may lawfully doubt, as before-said of *Anodyne Plaister*.

### A Pectoral Plaister.

*Take Tacamahacca strained half an ounce; Yellow Wax 2 drams; melt together, and add powdered Benjamin, Storax Calamite, each 1 dram; Saffron half a scruple; Oil of Aniseed 8 drops; Oil of Nutmeg, Cloves, each 4 drops; mix artificially.*

It warms, attenuates, discusses, roborates, comforts the Thoracic Muscles, when clogged up and hindered in their Motion, by a rough, cold, Phlegmatic, or Lymphatic Colluvies



luries ; and is then especially of use, when the violence of Coughing hath made the Breast fore and tender, and painful.

### A Plaister with Pellitory.

*Take Galbanum colated, Sagapenum, Ammoniacum (dissolved in White Wine, and strained), each 1 ounce, powdered Pellitory of Spain, Mustardseed, each half an ounce ; Wax 1 ounce and half, Venice Turpentine a sufficient quantity, mix.*

It warms, deobstructs and roborates the nervous Parts, stimulates the sluggish Animal Spirits, and puts them into Motion. It's great use is, for Paralytic Members. It's a Sinapism, or Phænigm, which the Antients used much, and might be serviceable yet, if rationally applied.

### A Pleuritic Plaister.

*Take Stictic of Paracelsus, Soap Plaister, each 1 ounce ; Poplar Ointment 1 ounce and half, melt them over a gentle Fire, continually stirring with a Spatula ; then take off, and when it begins to grow coldish, add Camphire in Powder 3 drams, and make it up into a soft Plaister.*

The Communicator saith, it's very Anodyne, appeases Pleuritic and Podagric Pains, dissipates inflammatory Tumours, and the Quinsey, without any danger of Repercussion.

### A Quinsy Plaister.

Take Diachylon simple 3 drams ; Chymical Oil of Wormwood 18 drops, mix.

Lay it to the Throat, from Ear to Ear, but trust to no inward nor outward Remedies, without good Bleeding.

### A Spinale Plaister.

Take Diapalma half an ounce ; Oxycroceum 2 drams ; Oil of Amber 12 drops, mix.

'Tis excellent in Pain and Weakness of the Back, where 'tis not too hot, and in Obstructions of the Spinale Marrow. Let it be laid to the Back Bone of Rickety Children, all along, from the Nape to the Os Sacrum.

#### 1. Splenetic Plaister.

Take Plaister of Cummin, Melilot compound, Gum Tacamahacca, each 2 drams, Plaister of Hemloc, with Ammoniac, Balsam of Peru, each 1 dram, mix.

It returns into the Channel of Circulation, atrabilarious Feculencies collected, and stagnating in the Hypochondria: And also quiets and composes the Corrugations, Tensions, and Spasmodic Affections of the Fibres.

#### 2. Splenetic Plaister.

Take Plaister of Cummin 3 drams, Oxycroceum, Tacamahacca strained, each 1 dram and half ; Oil of Sassafras 3 drops, mix.



## 1. Stomach Plaister compound.

Take Magistral Stomach Plaister half an ounce ; Tacamahac colated 2 drams ; melt, and then add powdered Balsam of Tolu 1 dram ; Dragons Blood, Balsam of Peru, each half a dram ; Oil of Nutmeg, Cloves, each 2 drops ; Oil of Aniseed 1 drop, mix.

It warms and helps Concoction, represses Queasiness and Vomiting, frees the Stomach of Crudity and Flatulency, and remedieeth its Laxity, Imbecility and Distention.

## 2. Stomach Plaister compound.

Take Tacamahac colated, 7 drams ; powdered Mint, Balaustines, each half a dram ; Oil of Cloves, Nutmeg, Anise, Amber, each 2 drops, mix.

The Left Orifice of the Ventricle is tied to the Diaphragm, about the 11th Vertebra of the Thorax, and inclineth toward the hinder Parts. Hence Doctor *Higmore* argues, that in debility of Stomach, it's of most Advantage to lay the Stomach Plaister to the Back ; which thing also *Riverius* (*de Appetitu Canino*) noteth : And *Bartholine*, in his *Anatomy de Ventrículo*, pag. 68.

## A Plaister for the Temples.

Take Caranna 1 dram ; spread it upon a fitting piece of Leather, and put in the middle of it Opium 2 grains ; Oil of Amber 4 drops.

It's

It's an Anodyne; applied to the Temples, it hath power against Restlessness and Head-ach: Behind the Ears, it takes away pain of the Teeth.

Two Twigs of the external Carotid Artery running under the Ear, and entring into the inferior *Maxilla*, are disseminated thro<sup>o</sup> all its length, into the Roots of every Tooth, to carry Blood for their Nourishment. In these Vessels, acrid Humours (together with the Blood) pass to the Teeth, and gnaw and vellicate the exquisitely sensible Membrane, that coats their interior *Medulla*, and are the cause of the intolerable shooting twinging Pain. And from this Origine of the Arteries that run to the Teeth it is, that Remedies behind the Ears are found more successful in the Tooth-ach, than at the Temples, saith the same *Highmore*.

### A Volatile Plaster.

Take fine Venice Turpentine 1 ounce; work it with a Pestle in a Mortar, pouring in by little and little, Spirit of Salt Armoniac, 'till it hath taken up its own Weight of it; labour it very well, till it unite into a white Emplastic Body.

### Posset with Tamarinds.

Take Tamarinds 2 ounces, put to them (in a Marble Mortar) a little Milk, work it about with a Pestle, till the Tamarinds are dissolved, then pour it into boiling Milk 1 quart, and  
strain



*Strain the Whey from the Curd, through a Sieve.*

This is a little more acid than the following of Wood Sorrel, and therefore quenches Thirst more; but because it should be taken in less quantity, it does not so effectually dilute the Blood. That of *Lujula* is best when a Diarrhæa is feared, and this when the Belly is too much bound. You may give to half a pint three or four times a Day.

### A Posset with Wood Sorrel.

*Take new Milk 1 quart; good fresh Small Beer 1 pint; White-wine half a pint, make Posset, boiling in it Wood Sorrel 2 handfuls.*

In burning Fevers, it doth not only dilute and temper bilious acrid Humours miserably burning in the Stomach, exciting intolerable Thirst and bitter Anguish; but also refrigerates the fervent Blood, represses its Ebullition, liquifies its gross Contexture, and exterminates its adust Recrements by Urine.

Let it be drank plentifully at pleasure.

### An Ammoniac Potion.

*Take pure Gum Ammoniac 2 scruples; dissolve it in Hyssop water 2 ounces and half; to the strained add Lenitive Electuary half an ounce; Syrup of Roses solutive 1 ounce; Salt Prunel 2 scruples, mix.*

### A Lenitive Potion.

*Take Cream of Tartar powdered 2 scruples ; first dissolve it over the Fire in Elder flower water 4 ounces ; then dissolve Manna 1 ounce and half in the same ; and strain, and add Syrup of Roses solutive half an ounce for one Dose.*

It's a pleasant tasted, and very gentle Medicine to loosen the Belly, and empty it a little.

### A Purging Hydropic Potion.

*Take powdered Jalap root half a dram ; Ginger 2 grains ; Salt of Tartar 12 grains ; White-wine 3 ounces ; Syrup of Roses solutive 1 ounce ; Domestick Syrup half an ounce, mix.*

As to the Method of Purging Dropfical Persons, our famous Sydenham would, First, That such Cathartics only be used, as work smartly, and apace. Secondly, That they be given daily, unless it be found reasonable to omit now and then a Day or two, when the Patient is too weak to go through with it ; or when the preceding Purge worked almost too much. Thirdly, That Purging be continued on in a Course, without ceasing (except upon some urging Necessity) until all the whole Mass of Water be drained off.

I know not whether that of Ettmuller will be thought of use, where he saith, It's best Purging those that have the Dropsie in the decrease



decrease of the Moon: For in the increase the Disease increases also; and on the contrary, in the decrease it decreases. And Purging will do most good, when we have Nature helping us.

### A Purging Nephritic Potion.

Take Mallows 1 handful; Senna 2 drams; Salt of Tartar 1 scruple; Boil in Water half a pint to 3 ounces; strain and dissolve in the Liquor, Manna 1 ounce and half; Oil of Sweet Almonds half an ounce; Oil of Juniper 10 drops, mix.

### A Purging Rosinous Potion.

Take Rosin of Jalap 12 grains; Oil of Anised 1 drop; having mixed these well with the Yolk of an Egg, add Syrup of Roses solutive 6 drams; White-wine 2 ounces, mix. It may be farther enforced with Gamboge, if needful.

### A Rhubarb Potion.

Take powdered Rhubarb 1 scruple (or half a dram); Mint and Cinnamon water, each 1 ounce and half; Oil of Nutmeg 2 drops; Syrup of dried Roses 6 drams, mix.

It happily cures a Flux of the Belly, by recreating the weak Intestines, moderately correcting their Slipperiness, and gently drawing down and carrying forth the acrid material Cause.

### The Potion called Sanda.

Take powdered Gum of Guaiacum 1 dram and half; dissolve, and subigate it with the Yolk of an Egg; add Cinnamon water half an ounce; Funitory water 1 ounce and half; Syrup of Roses solutive half an ounce, mix.

After the same manner may Potions be prepared of any sort of Rosins.

This is said to be a prevailing Specific against Gouty and flying vagous Pains. It purgeth pretty strongly and roughly, mostly by Stool, though sometimes by Vomit.

### The Vulnerary Potion of Arcæus.

Take powdered Rhubarb half a dram; Madder, Mummy, each 1 scruple; sealed Earth half a scruple; Juice of Pomgranate, Waters of Scabious and Bugloss, each 1 ounce, mix.

### The Warwick Potion.

Take Scammony sulphurated, Diaphoretic Antimony, Cream of Tartar, each half a scruple; Succory water 3 ounces; Cinnamon water 2 drams; Syrup of Roses solutive 1 ounce, mix up a white Draught.

Diaphoretic Antimony (as saith Zwelfer), if exposed to the Air, puts on in tract of time a most scurvy and malignant Nature; and being taken into the Body, produces Anguish, Heart-burning, Swooning, Vomiting, and the like bad Symptoms; all which may yet  
be



be easily avoided, either by making it fresh every two or three Months, or by calcining the old, either *per se*, or with the Addition of Nitre; and then (if Nitre be used) washing it and reverberating it a little.

It's a certain thing (saith *Hofman*), that Antimony Diaphoretic, join'd to Purgers, adds to their Purgative Virtue, and prevents griping. Thus if you take Jalap Root half a scruple, and throw into it 3 or 4 grains of Diaphoretic Antimony, its Energy will equal a Dose of 1 scruple of Jalap.

Some have been fearful of using Diaphoretic Antimony at all, by reason of its uncertain Operation. *Riedlin* reports, That he gave it a Woman, and it caused above twenty Stools. And he gave the very self-same Preparation to a Man, and it provoked Sweat, and not one Stool. He quotes *Welschius* for it, and tells us, *Cornachines* Powder was forbid at *Rome*, upon Pain of being condemned to the Gallies.

This Potion differs little from the *Warwick* Powder. Among other its Vertues, it's a seldom failing Remedy for Vernal Tertians, if given so as to begin Work just before the invasion of the Fit. Sometimes 'twill give a Vomit or two, when the Stomach is weak or foul.

### The White Potion.

Take *Venice Turpentine* 3 drams (or half an ounce;) *Oil of Nutmeg* 2 drops; subigate these with the *Yolk of an Egg*; then add *Syrup of Marsh Mallows* 1 ounce; *White-wine* 3 ounces, and strain it. *Syrup of Violets* may be added, instead of that of *Marsh Mallows*.

### Powder against Abortion.

Take *Kermes berries* 1 dram; *red Sanders*, *Tormentile root*, each half a dram; *Cloves*, *Pearl*, *red Coral*, each 1 scruple; *pearled Manus Christi* 3 drams; *Leaves of Gold* 3, make all into a Powder.

### Alexipharmac Powder.

Take *Goa-Stone*, *Contrayerva Stone*, *Gascoign Powder*, *Virginia Snake root*, each 5 grains, make a Powder.

It's a Champion against malignant and pestilential Fevers, for it encourageth the Spirits, and drives out the Enemy by Sweat.

And here I would not have this most noble Antidote thought the worse of, because its jumbled up of such a vast number of Ingredients: For the virtue of an Alexipharmac, or Counter-Poison, doth not consist in this alone, that by reason of a ceratain occult Quality, it opposes Poison (as they phrase it) *totâ substantiâ*; but especially, because it stirs up



up a fresh Ferment in the Body, by means of which, the sinking and almost dying Spirits being rous'd up again ; and the Blood recovering its due mixture, and being brought off from Coagulation and Putrefaction : Nature makes a brisk Effort, and expels the deleterious Matter. Now to produce such a Fermentation, there are necessarily required Heterogeneous Particles, that cannot be intimately mix'd with, or subigated by the Blood : And the greater number of Ingredients there are, so much the greater likewise will be the Heterogeneity, and consequently the Fermentation. Thus we see, the great Alexipharmacks ( such as Venice Treacle ) are an huge hodge-podge of things wonderfully unlike each other, which because Experience hath establish'd for standing Medicines, some Body hath this Expression, *That a Wise Man will make use of that which none but a Fool could have invented.*

### Amber Powder.

*Take Species Diambra, powder of Crabs claws compound, each 1 dram; Oil of Cinnamon 1 drop, mix for 6 Doses.*

Its good against trembling of the Heart and Syncope.

### Powder of Angelica compound.

*Take Spanish Angelica root 5 grains; Japanic Earth 15 grains; Species of Hyacinth half*

*a scruple; Oil of Cinnamon 1 drop, make all into Powder.*

It recreates the Spirits that want support, drives morbid Matter outwards, comforts the Intestines, and notably represses a symptomatic Diarrhæa, breaking out in the small Pox or malignant Fevers.

### Anthelminthic Powder.

*Take Coralline prepared 1 dram; Mineral Æthiops (made without Fire) half a dram; Oil of Wormwood 1 drop, make it into Powder.*

I thought the Preparation of Æthiops Mineralis without Fire, had been an Invention of this Age, but I find it in *Rondeletius* (*de Unguentis* 1037.) where he saith, *Argentum vivum extingui potest, vel Sulphure, vel Aceto, vel Calcinatione.*

Let 15 grains be given to an Infant Morn and Even, for 3 Days before new and full Moon to disturb the Worms, and drive them out of their Nests and kill them. And then after it, the next following to cast both them and their Seed quite out of the Body.

### Anthelminthic purging Powder.

*Take Scammony prepared 6 grains; Rhubarb 4 grains; Calomel half a scruple, make a powder for a Child 6 or 8 Years old.*

*Sylvius* powders a Dose of Scammony; puts Water to it, dissolves what will dissolve, and then pours it off, leaving a blackish Matter



ter at the bottom. He saith, he knows no Purging Medicine to be prefer'd before it, when thus prepared, for it works effectually without Gripes or trouble, and is so safe, that he has abundance of times, given it to lying in Women and Children, with mighty Success. And he could not but laugh at the fears of our Theoretic Writers, that are perpetually crying out against the use of *Scammoneats*, and yet those most common Medicines *Diaprunum Solutivum*, and Electuary of *Juice of Roses*, owe their principal Virtue to Scammony.

### Arabic Powder.

Take Gum Arabic, white Sugar candy, each half an ounce; Oil of sweet Almonds 16 drops; make a powder for 8 Doses.

For its Virtues consult *Decoction of Mallows* and Arabic Emulsion.

### Aromatic Powder.

Take Cinnamon, Mace, Nutmeg, Cloves, Ginger, each 8 grains; Seeds of Anise, Caraway, Coriander, sweet Fennel, Bay berries, each 16 grains; Loaf Sugar 2 drams; make all into a powder for 8 Doses.

Its Virtues are much like those of the Peptic Powder, which see.

### Arthritic Powder.

Take Ground Pine, Southern wood, each half a scruple, Gum of Guaiacum, white Sugar,  
B b 2. each

*each 1 scruple ; Oil of Saffaphras 1 drop ; mix for a single Dose.*

Let it be given Mornings and Afternoons, with the Decoction call'd *Sanctum*, if the Patient be of a cool Constitution: Or with Decoction of *Sarsa*, if of an hot; and let it be continu'd for the whole Months of *March* and *September*, to prevent the Gout.

### An Astringent Powder.

*Take Balaustines half a scruple ; Cinnamon, Nutmeg, each 4 grains ; Cochineal 2 grains ; Sugar of Roses 1 scruple ; make it into Powder for 1 Dose.*

Its to stop a Diarrhæa, concerning which see the Astringent Julep.

### Balsamic Powder.

*Take Balsam of Tolu half a scruple ; Benjamin, Myrrh, each 5 grains ; Balsam of Peru 1 drop ; white Sugar candy 1 scruple, mix.*

Its profitable for such as are in danger of a Consumption, who have crude, putrid Matter impacted in their Lungs, with fætid Breath, Orthopnæa, dry Cough, pain in the Breast or Side shooting to the Back, Leanness, Languishing and Weakness.

Its to be drank every Morning and Afternoon, in a Draught of Asses Milk.



**Bezoartic Powder.**

Take Powder of Crabs claws compound, Goa and Contrayerva Stone, Oriental Bezoar; each 5 grains; half a leaf of Gold, mix.

**Powder for a Bruise.**

Take Irish Slate, Mummy, each 12 grains; Salt of Amber, Salt of Harts horn, each 3 grains, mix.

Zwelfer abhors the common Mummy, that we have brought over now a days, which he saith, is black cadaverous Flesh, wrap'd up in foul rags, and is most usually such as died of some noisome Disease; and is nothing less, than the true Aromatic Mummy of the *Ægyptians*. And so far from being fit to be taken into our Bodies, as a Medicine, that its for the most part an unwholsome and very prejudicial thing.

See the Traumatic Decoction, and Mixture of *Sperma Ceti*, to which its Virtues are akin, only it raises the Spirits more, and helps for Fainting, by reason of its volatile Salts.

**Capillary Powder.**

Take roots of Orris 1 ounce; Male Piony half an ounce; Spanish Angelica 2 drams; yellow Sanders, Nutmeg, Mace, Cloves, each half a dram; Liquid Storax, Balsam of Peru, each 4 grains;  
B b 3

*grains; Oil of Rosemary, Lavender, each 2 drops; make all into a Powder.*

It hath a very pleasant Scent, and emulates the Virtues of the *Cucupha*, which see. But as to a Catarrh, see the Cephalic Liment.

Dust it into the Hair every Night, and kemb it out again 24 hours after.

### Cardialgic Powder.

*Take soft white Chalk (wash'd in Rose Water) half an ounce; Crabs Eyes, Liquorice, white Sugar, each 4 scruples; Oil of Nutmeg, Cloves, each 2 drops; make it up for 8 Doses.*

### Carminative Powder.

*Take Seeds of Anise and sweet Fennel, each 26 grains; Nutmeg, Cinnamon, each 18 grains; long Pepper, Cloves, each 6 grains; Mastick 1 scruple, mix for 6 Doses.*

It serves for the same uses with the Peptic Powder, but is something hotter.

### Common Cathartic Powder.

*Take Rosin of Jalap, Scammony prepared; each 5 grains; Senna, Cream of Tartar, each half a scruple; Oil of Cloves 1 drop, mix.*

Its not much different from *Pulvis Diasenne*, but is contracted more, and in my Judgment excells it.



## Cephalic Powder.

Take Powder de Gutteta, native Cinnaber prepared, each half an ounce, mix.

By this Powder de Gutteta (saith the Communicator) is meant that which Sir Theodore Mayern describes in *Capite de Epilepsiâ* (which see after) for it very much excels that of Riverius.

'Tis a Specific in Convulsive Affections, Vertigo, Clowdiness and Headach.

Its an Observation worth noting, that pertinacious pains of the Head, almost to Madness, have been happily Cured (when other means had been to no purpose) with this *Pulvis de Gutteta* alone, and an infusion of Primrose flowers, Betony or Thea.

Its a memorable History of a young Gentlewoman of note among us, who permitting a little Dog that was Mangey and Mad, to lie in Bed with her, was so contaminated by the Effluvia passing from him, and perhaps by his venemous Saliva also, that she fell into Convulsive Motions, and an Hydrophobia; and (marvellous to relate) could not forbear Barking like a Dog Night and Day. She having consulted divers Physicians, among other Remedies took this Cephalic Powder with relief, and after some time recovered her former Health. Thus the Communicator.

### Chalybeate Powder.

*Take rust of Iron powder'd and searced 8 scruples ; Salt of Steel, Saffron, Ginger, each 1 scruple ; Aniseed 5 scruples ; Mace 4 scruples ; white Sugar 10 scruples, make all into a Powder for 20 Doses.*

Chalybeates are *Instar Omnium*, for a Cachexie, Green Sickness, Obstructions, Jaundice, Dropsie, and all Diseases whatsoever owing their Origin from Crudity and Poverty of the Blood. For they raise a new Fermentation ; and agitate, beat up, mix, depurate and exalt the Mass of Blood, in such a manner, that whereas before it wanted the rich red Globuli, and look'd pale and watery, it is by degrees; render'd pure red, spirituous, brisk, spumous and sparkling. Also whereas the unconcocted, slimy Pituita, having daub'd up the Passages, and made Obstructions ; and so the Blood was forced to circulate unequally, here swiftly, there slowly, Steel breaks its way thro' those Obstructions, and opens the ways, and causes the Blood to run, pass and re-pass freely, and vividly, through all the minutest Canals and Rivulets of the Body, so as to bring and distribute, equally and benignly, Nourishment, Heat and Life, to every individual particle of the Machine.

But if the condition of the Blood be such as is altogether incapable of the requisite, lustry,



lusty juvenile Fermentation, because of its Principles being grown old, the Fibres worn out, the Tone broken, the Passages fallen in, and the whole Humane Fabric in an old ruinous State. In vain then, do we expect much from a Remedy though so generous and powerful an one as Chalybeates are. 'Twould be as easie to reduce dead Vinegar into sweet Wine, a withered Rose into a fresh and florid one, yea to turn old Mutton into Lamb, or old Beef into Veal. As to my own part, I ingenuously confess, that looking back, and carefully calling to mind the Series of my Practice, I don't remember, that I ever observed any great Advantage accrue to Antient People, from the use of Chalybeates.

### 1. Colic Powder.

*Take Zedoary 6 drams ; Balsam of Peru 12 drops, mix for 6 Doses.*

### 2. Colic Powder.

*Take Sperma Ceti washed, white Sugar, each half a dram ; Castor 3 grains ; powder it for a single Dose.*

### Comfrey Powder compound.

*Take the root of Comfrey that bears a red flower, Mouse flesh dried in an Oven, Hogs claw, Bucks priapus, each as much as you please, make a powder of all and mix.* Its

Its said to be a well Experimented, and almost infallible Secret, against involuntary Pissing a Bed.

Incontinence of Urine in old Folks is common, and is mostly incurable. In Children it frequently goes off, as Years and Strength come on, but it ought to be before the 25th Year, for if it pass that time, there's danger of its being an utterly incurable Malady.

Give 1 scruple or half a dram in a glass of white Wine, Evening and Morning 3 or 4 Days about the time of New and Full Moon. Thus goes the traditional Direction. But I should rather give it with a Decoction of Agrimony, or *Solomon's Seal* root. You may also apply a corroborating Plaister to the Region of the Loins, and another to the *Os Pubis*.

### **Powder of Crabs Eyes compound.**

*Take Crabs Eyes ground on a Marble 1 dram; Cream of Tartar half a dram; Salt of Wormwood, Prunel, each 12 grains; Salt of Amber 6 grains; make all into a Powder for 6 Doses, to be given twice or thrice a Day.*

It restoreth the ferment of the Viscera and Blood, when almost lost and gone. Fuses thick Blood, promotes the Secretion of Febrile Matter, and by way of Precipitation, throws it off into the Emunctories.

Da<sup>s</sup>



**Damask Powder.**

*Take roots of Orris 1 pound; Calamus aromatic, Cyperus, each 4 ounces; Marjoram 1 ounce; Damask Roses, Nutmeg, Cloves, Storax calamite, Benjamin, Labdanum, each 2 ounces; make all into a gross Powder.*

**Dentalgic Powder.**

*Take Tobacco 1 scruple; Ginger, Flower of Sulphur, each half a scruple; mix.*

Let the Patient snuff a little of this up into the Nostril that is opposite to the Pain, and presently throw himself upon a Bed, for 'twill immediately give him a Twinge, as though he were shot through the Head, yet it scarce provokes Sneezing, though it draw out a great deal of Water, anon it brings a little Doziness as 'twere; and seldom fails of driving the Toothach for that time.

**Schroder's Dentrifice.**

*Take powder of Tiles half an ounce; moisten it, at several times, with Oil of Tartar, 'till it hath imbibed its own Weight, and bring it to the consistence of Paste, then add white Tartar 3 drams; Bread burnt black 2 drams; make it into Powder.*

Rub the Teeth with it when grown foul, yellow or black, and wash it off with warm Wine.

The Teeth are never overgrown with *Lapis Dentalis*, while the Gums are found, and rise up to the middle of the Tooth, in a pointing shape, and stick fast to it. But Gums that are spongy, apt to bleed, flaccid and loose from the Teeth, and so give way for external Injuries to come at the Teeth, and don't supply them with good Nourishment but pervert it: Such occasion these stony Concretions.

### Diaphoretic Powder.

Take *Virginia Snake root*, *Spanish Angelica root*, *Contrayerva*, each 5 grains; *Myrrh* 3 grains; *Saffron* 2 grains, mix.

### 1. Diuretic Powder.

Take *Prunel Stone* 1 dram; *Egg shells calcined* 2 scruples; *Salt of Amber* 1 scruple; *white Sugar* 2 drams, make it into Powder.

The Dose is half a dram or 2 scruples. See the Diuretic Nitrous Julep.

### 2. Diuretic Powder.

Take *Aniseed* 1 dram and half; *Salt of Amber* half a dram; *Oil of Nutmeg* 3 drops, make a Powder for 3 Doses.

The best way both of giving and keeping *Salt of Amber*, is to mingle it with double its weight of *Nitre*, saith *Dr. Willis*.



**Edulcorating Powder.**

*Take Lemnian Earth 1 scruple; red Coral, Crabs Eyes, Egg and Oister-shells, each 5 grains; powder and mix all.*

Wheresoever there's an Acid offending in the Stomach or Intestines, these absorbing and Concentrating Medicines have place, but whether or no that be found beyond the first Passages, I am not sufficiently assur'd.

Its observable, I confess, that Flesh Broths, if kept 'till they corrupt, grow fowr, and thence perhaps a probable Argument may be drawn to prove that Animal Juices shut up, and corrupted in the uttermost recesses of the Body, may contract Acidity. But this granted, it in no wise follows, that edulcorating Earths are able to correct those Juices, lodged up at so great a distance out of the way, for its most likely, their dusty Particles spend their whole force in the first Passages, being utterly unfit to enter the Mouths of the Lacteal Veins, and so get into the Mass of Blood; or (if they were there) to pass through the Glands and many fine Strainers to arrive into the remote Habit of the Body.

If we consult Experience, that most certainly tells us, that small Children are apt to abound with noxious Acids in their Bowels:

els : That a great part of their Maladies are to be hence accounted for, and that consequently their Cure is to be fetched from Testaceous, and Cretaceous Medicines ; and these are so proper and peculiar to this Age, that I have very rarely known them given to Infants in acute Distempers, skilfully, and in sufficient quantity, but that commendable Success hath followed. On the other side, I confess, I have seldom seen them do much good to grown Persons. I reckon it therefore an establish'd Axiom, that Testaceous and Cretaceous Things are appropriated to Children, and to Illnesses in the first Passages, but signifie not so much to grown People, and Distempers of the Blood, and more remote Juices.

### Emmenagogue Powder.

*Take Venetian Borace 15 grains, Myrrh 12 grains, Saffron 3 grains, Oyl of Cloves 1 drop, mix.*

It's endow'd with the same Virtues with the *Emmenagogue Decoction*, and is proper to give with it.

### Epidemial Powder.

*Take Troches of Vipers 1 dram, Virginia Snake-root, Contrayerva, each half a dram mix.*

It's not only prevalent against malignant Fevers, but also (being given before the  
Fit)



Fit) commonly drives Agues. The Dose is from 1 scruple to 2 scruples.

### Eye-bright Powder compound.

*Take Eye-bright 3 drams, Mace 1 dram, make it into a fine Powder.*

I have seen decrepit old Men almost blind, which were by the help of this Powder restor'd to entire sight, saith *Montagnana*.

But besides its being a good Eye-medicine, its eminently available against the Head-ach, if taken in a Glass of Wine at Bed-time: That time is best, because the Brain imbibes Medicines (by the Vehicle of the Blood) most of all in the time of sleep.

For the Eyes, take half a spoonful before Meals in a Glass of Sack.

### Eye-bright Powder more compound.

*Take Eye-bright half an ounce, sweet Fennel-seed 2 drams, Mace, Nutmeg each 1 dram, White Sugar 1 ounce. Make all into Powder.*

The Dose is 1 dram twice a day.

### Febrific Powder.

*The Salt of Wormwood half a dram, Diaphoretic Antimony, 1 dram, Camomile-flowers 2 drams and a half. Make a Powder for 8 Doses, to be taken every 3 or 4 hours between Fits.*

*Ma-*

**Mayerus Powder de Guttetâ.**

Take Male Piony-root, Seed of the same, White Amber, Crystal, Harts-horn vitriolated each 3 drams, Humane Cranium both crude and vitriolated each half an ounce, Calamus aromatic, Misselto of the Oak, Box-wood each 2 drams and a half, Red Coral, Coralline, Wild Valerian-root, Bedeguar Sponge each 2 drams, Nutmeg, Lavender Flowers each 1 dram, Secundine of a Woman 1 ounce, 6 drams and 1 scruple, Leaves of Gold and Silver cut small 24, Ambergrise 1 scruple to every ounce. Make all into fine Powder.

Because this was before prescribed in Cephalic Powder, I thought it needful to be describ'd. The Dose is from 1 scruple to 1 dram.

**Hæmoptoic Powder.**

Take Seeds of Henbane, White Poppy each 2 drams, Sealed Earth, Hematites each 1 dram, Sugar of Roses 6 drams mix.

Its near allied to Mr. Boyle's Electuary, and may be given to good Purpose, with Asses Milk twice a Day to 1 dram.

**Powder against Hæmorrhagies.**

Take Astringent Crocus of Mars half a scruple; Dragon's Blood 5 grains; Alum 3 grains; Sugar of Lead 2 grains, make all into Powder.

**Pow.**



**Powder in an Hernia.**

*Take of Solomon's Seal and Comfrey Roots, Aniseed, each 1 dram ; make a Powder.*

It doth good, by expelling Wind, easing Pains, and consolidating the Parts. Let a small Child take 15 grains thrice a day.

It greatly avails also, against both Pain and Flux of the Hæmorrhoids. Let grown Persons take half a dram or 2 scruples ; with a draught of Decoction of Yarrow, or our styptic Decoction.

**Hibernic Powder.**

*Take Irish Slate 15 grains ; Salt of Amber 3 grains ; Salt of Harts horn 2 grains ; Oil of Nutmeg 1 drop, mix.*

Its ordered against a Pleurisy, Rheumatism, and all manner of Distempers, where the Serum of the Blood turns into Size.

**Hysteric Powder.**

*Take roots of white Bryony 1 dram ; Piony root bearing a white flower 2 drams ; Castor 2 scruples ; Salt of Amber 1 scruple ; Oil of Amber 4 drops, make a Powder.*

It not only correcteth and lasheth the disorderly Spirits (as before said of the Hysteric Julep) but moreover extricates them from their Heterogeneous Copula, and depurates them ; adds Strength to the Brain it self, roborates the whole Nervous System. And

upon these Accounts, useth to be a great help, then especially to Hysterick Women, when the Brain it self is chiefly affected ; and the Distemper threatens running over to an Epilepsy. The Dose is half a dram.

### **Incrassating Powder.**

*Take marsh Mallow root, Gum Arabic, Dragons Blood, Liquorice, each 5 grains; beat all into a fine Powder.*

For its Virtues, consult the Incrassating Decoction.

### **Gum Lac Powder compound.**

*Take Gum Lac 2 drams; astringent Crocus of Mars 3 drams; Dragons Blood 1 dram; make of it a subtile Powder.*

It hath a notable Stypticity, and is therefore prescrib'd in all manner of internal Hæmorrhagies; but particularly is celebrated, with wonderful Elogies, for its remarkable faculty of stanching bloody Urine. The Dose half a dram.

### **Laxative Powder.**

*Take Senna and Cream of Tartar, each as much as you will, and reduce them into a Powder.*

Its a short Composition, but a most benign Medicine, purging very mildly and without Trouble, Gripes or Sickness. For Cream of Tartar is the best Corrector of Senna.

The



The Dose is from half a dram to 2 scruples, or 1 dram for grown Persons, to be taken at Night.

### **Marjoram Powder compound.**

*Take Marjoram, Arabian Stechas flowers, each 5 grains; Nutmeg 3 grains; Mustard seed 2 grains; Oil of Saffaphras 1 drop, make all into Powder.*

It opens the Meatus of the Brain and Nerves, when subsiding by reason of Laxity, clears them out when obstructed with Phlegm, depurates the Spirits when clogg'd with Filth, rouseth them up when sluggishly stagnating, restoreth the animal Expansion. And therefore is a most desirable Remedy against Soporose and Paralytic Affects, to be given Night and Morn.

### **Mastic Powder compound.**

*Take Mastic, Olibanum, Japanic Earth, Flower of Sulphur, each 5 grains; Sugar candy 1 scruple; powder all.*

Its of egregious use in a Catarrh, and emulates the Electuary of Mastic.

Let it be given at 4 in the Afternoon, and at Bed time, with a Draught of the Decoction of Hounds Tongue:

### **Powder of Millepedes compound.**

*Take Millepedes prepared 12 grains; Saffron 3 grains; Flower of Benjamin, Salt of Amber,*  
Cc 2
each

*each 2 grains; Ginger 1 grain; Oil of Aniseed 1 drop; bring all to a Powder.*

I have known this prescrib'd for an Asthma, but to no purpose; perhaps because the boiling Blood and heated Lungs might require cooler things. However, in a straitness of Breath from a Cold, and tenacious Colluvies stuffing the Bronchia; its an efficacious and most desirable Medicine; for it potently incides, removes and expectorates Phlegm. But of these consult the Expectoring Decoction and Electuary.

### Myrrh Powder compound.

*Take Myrrh, Savine, Grains of Paradise, each 5 grains; Saffron 3 grains; Castor 2 grains; Oil of Amber 1 drop, make a Powder.*

Its something like the Womens Pills, which see.

### Nephritic Powder.

*Take Smalage and Saxifrage roots, each 2 drams; Crabs Eyes 1 dram; vitriolated Tartar, Prunel stone, each 2 scruples; Cream of Tartar 4 scruples; Oil of Juniper 4 drops, make all into a Powder.*

The Communicator saith, it promotes Urine, expels the Stone, bringeth the Menses, &c. The Dose is from 1 scruple to 1 dram, with a Decoction of Marsh Mal-lows.



**Nitrous Powder.**

Take *Prunel stone* 1 dram and half; *Cinna-ber of Antimony* half a dram; *white Sugar* half an ounce; reduce all to a Powder.

Its prescrib'd in hot burning Fevers, to temper Heat and Thirst, allay Ebullition, and provoke Urine. The Dose is 1 dram in some grateful Vehicle.

**Nutmeg Powder compound.**

Take *Nutmegs* half an ounce; *Cinnamon* 2 drams; *Mace*, *Cloves* *Marjoram*, *Betony*, *Rosemary*, *Lavender flowers*, each 1 dram, make all into a Powder.

*Verzascha* saith, this Powder useth to be kept in the Stops at *Basil* in *Swisserland*. It roborates the Stomach, helps Digestion, comforts the Brain, and is of egregious use whensoever the Head suffers by Sympathy from the Stomach. Let 1 dram be taken after Meals, and at Night, immediately before Sleep.

**Odoziferous Powder.**

Take *Rhodium Wood* half an ounce, yellow *Sanders*, *Damask Roses*, *Florentine Orris*, each 2 drams; *Spanish Angelica root* 4 scruples; *Mace* half a dram; *Apoplectic Balsam* half a scruple; *Oil of Cloves* 6 drops, beat them into a gross Powder.

To recreate the Spirits and delight the Sense.

### Orange peel Powder compound.

*Take the thin yellow peel of Orange, Cummin seed, each 12 grains; Castor 5 grains; long Pepper 1 grain; Oil of Juniper 1 drop, make a Powder.*

It comforts the Ventricle and Intestines, corrects Phlegm, discusses Wind, solves the Spasm: And ( after needful Purges have made their way ) happily cures a Colic.

Let it be taken thrice a Day, and after it a draught of the bitter Febrific Decoction.

### Panchymagagogue Powder.

*Take Cream of Tartar half an ounce; Senna 1 ounce; Rhubarb 6 drams; Scammony 2 drams; Mace half an ounce; beat all up to a Powder.*

This is translated from the *Leuwaerden Pharmacopœia*. Its Dose is from 2 scruples to 1 dram.

### Peacock Powder.

*Take the white part of Peacocks Dung 15 grains; Salt of Amber 5 grains; Oil of Nutmeg 1 drop; reduce them to a Powder.*

'Tis a Specific against a Vertigo, to be given Night and Morn, with a draught of Cephalic Decoction.



**Pectoral Powder.**

Take Sulphur vive, Florentine Orris, Liquorice, Aniseed, each 5 grains; Sugar candy 1 scruple; make these into Powder.

It contends in Virtues with the Pectoral Julep.

**Peptic Power.**

Take Seeds of Coriander half an ounce; Anise, sweet Fennel, each 4 scruples; Nutmeg half a dram; Cinnamon, Cloves, each 1 scruple; long Pepper half a scruple; white Sugar 1 ounce, of these make a Powder for 16 Doses.

Its most commodiously us'd, when after Meals happen Illness, Nauseousness, Belching, Heaviness, Tension, Inflation, and fulness of the Stomach. As also flushings in the Cheeks, Listlessness, Drowsiness, Head-ach, and other the like Signs of bad Digestion.

For Aromatics correct slimy Phlegm in the Ventricle, and by their volatile, oleose, quick Salt, incide and attenuate it, kindly deterge the *Plicæ* and *Villæ* of the Stomach, and resuscitate native Heat, upon which, Appetite and Digestion return of course.

The way I most use in giving it is, to have it sprinkled upon a Toast dipt in Wine; and so eaten presently after Dinner and Supper.

**Pearl Powder compound.**

*Take Pearl Oriental, white Coral, each half an ounce; Crabs Eyes 1 ounce; levigate them into an absolute Alcohol, on a Marble.*

I think testaceous Powders exert their Virtues much easier and sooner when fine, than when coarse. Its to be used either alone, or in Pearl Juleps, to 2 scruples or 1 dram in 12 ounces.

**Piony Powder compound.**

*Take Male Piony root, Humane Cranium, each 5 grains; native Cinnaber half a scruple; Oil of Nutmeg 1 drop; bring it to a Powder.*

This Powder being fetch'd out of the triple Kingdom, Animal, Vegetable and Mineral; very notably succours Children troubled with Convulsion Fits.

**Pleuritic Powder.**

*Take Olibanum half a scruple; Crabs Eyes, Flower of Sulphur, each 5 grains; reduce them to a Powder.*

I have several times cautioned the young Practitioner against trusting to Specifics in a Pleurisy, to the neglect of Bleeding. And I here repeat the same.

**Splanchnic Powder.**

*Take Ashtree rind half a scruple; Rhubarb 5 grains; Spikenard, Saffron, each 2 grains; long  
Pep.*



*Pepper 1 grain; make them into a Powder. To which may Chalybeats be added, pro re natâ.*

It removes Obstructions of the Viscera, corrects depraved Ferments, represses spasmodic Flatulencies, rouseth up a languishing Appetite, and alleviates pain and tension of the Hypochondria.

As a *Porrigo* or a *Leprosy*, which have their *Minera* in the cutaneous Glands, though they are external Maladies, and lie fair and open enough for the application of Remedies; and yet are most excessively pertinacious and difficult of Cure. Even so may we conceive of the Hypochondriac Affections, that they have their *Minera* in the Glands of the Ventricle and Viscera, and remotest Parts; and there (by reason of some vicious, unconquerable Ferment spew'd out) deprave Chylification, and raise Hurry and Conturbations. And since its an internal Distemper, and wholly incapable of having the Touch of immediate Applications, its no wonder at all, if it be most stubborn, and almost uncurable.

This Age produces a set of idle shallow, shewish Men, that are for a short cut forsooth into Physic, without the Expence of that Learning that it cost our Forefathers. To bring this about, they read no Books, despise Pharmacy, cry down Hypotheses, crowd up Theory, confound Distempers; and tho' they affect to be call'd rational Practicers, are,

are, in truth, scarce tolerable Emperics. I know that Fætidus will repress Vapours in Women, but will seldom touch upon the Flatus of Men. Why then must Hystericism and Hypochondriacism be confusedly jumbld together, and accounted the same, and all their difference be in Degree? Why do we not rather let them be different, as to both Place and Essence? And then, why do we not study out, and settle their particular Remedies and method of Cure? But perhaps this *Parergon* may raise the Spleen in some sort of Readers, I therefore stop short.

Let a Dose be taken in a draught of white Wine every Morning and Afternoon, for a course of some Weeks.

### Sternutatory Powder.

*Take Florentine Orris 1 scruple; white Hellebore half a scruple; Oil of Nutmeg 1 drop, make a Powder.*

Sternutatories purge and cleanse the Head, because they irritate the Spirits nidulating in, and irradiating those Nerves that are disseminated into the internal Membranes of the Nostrils. For the Spirits being provok'd into Spasms and tumultuary Transports, loosen the impacted viscous Humours, shake them out of their Places, and eliminate them through the *Infundibulum* and Pituitary Gland, out of the confines of the Brain into the Veins. And so its all inward and out of sight.



sight. But as to that Pus and Putrilage, that is cast out of the Nose by *Sternutation*, it comes no further than from the Neighbouring Glands and Caverns, and not from the Brain it self.

### Stomach Powder.

Take Spanish *Angelica* root, Mint, Cinnamon, each 1 scruple; Mace 12 grains; Balau-  
stines long Pepper, each 4 grains; Oil of Worm-  
wood 1 drop; white loaf Sugar 4 scruples;  
make all into a Powder for 4 Doses.

It warms, comforts, corroborates, &c.  
much like the Stomach Electuary.

### Bitter Stomach Powder.

Take Virginy Snake root, Zedoary, Gentian,  
*Elecampane*, each 5 grains; Oil of Nutmeg 1  
drop, make a Powder.

It warms, roborates, deterges and useth  
to bring considerable Advantage, when by  
reason of Daily hard Drinking, Sotting and  
Soaking, the Fibres of the Stomach being  
over washt become lapse like a Tripe; and  
its *Villæ* being flabbered over, and oppress'd  
with slimy Putrilage, retain nothing, whence  
arise loathing of Food Morning Strainings  
and Vomiting.

Give a Dose every Morning, half an  
Hour before rising, in a draught of bitter  
Decoction.

**A Powder for Strumæ.**

Take Rocket seed and Poultry Bones dry'd in an Oven, as much as you will, beat both into Powder and mix.

Though this be an Empirical Remedy, and I never us'd it, yet because I knew a certain young Woman, who upon undoubted Experience found much good by it, I had a mind (though not to recommend, yet) to communicate it. She took as much as would ly on a broad Knifes point twice a day, for a long time.

Ettmuller appoints Medicines against *Strumæ* to be given, especially in the Wain of the Moon.

**1. Styptic Powder.**

Take Troches of Lemnian Earth, Bole, each 1 dram; Hematites Stone, Dragons blood, Mastick, Gum Arabic, each half a dram, make all into a Powder.

Its to stanch inward Hæmorrhagies.

**2. Styptic Powder.**

Take Astringent Crocus of Mars, Seeds of white Poppy and Henbane, each 1 dram and 12 grains; Sugar of Lead 24 grains, make a Powder for 8 Doses.



**Tartar Powder compound.**

Take Cream of Tartar 5 drams; Balaustines 1 dram; Spirit of Vitriol enough to make it pretty tart, mix up a Powder.

It corrects bilious Humours suffused into the Ventricle, restores natural Acid, strengthens the loose Tone, and so is of approv'd use, when a bitter colluvies brings Queasiness, loss of Appetite, Bradypepsy, Vomiting or Diarrhæa.

*Riverius* (*Cap. de Concoctione læsâ*) relates a very singular Story of himself, how that having been troubled with an *Alvine* Flux, for 4 Months, at last he was freed from it, and perfectly cured in a few Days by the use of Vinegar. He indeed lays the blame upon Phlegm and Melancholy, being imposed upon (as I imagine) by his Stools, which (the sharpness of Humours raking off the linings of the Guts) appear'd all Slimy and Pituitose: Whereas in reality, the whole Cause was to be referr'd to extream acrid Bile, plentifully flowing into the Guts.

**Tilingius his Powder.**

Take Crystals of Tartar, Pearch stone, Crabs Eyes, each 1 dram; Salt of Amber half a dram; white Sugar 3 drams and half; make a Powder adding Oil of Aniseed 5 drops.

Its used in Nephritic Cases. The Dose is from half a dram to 1 dram.

**Crea-**

**Treacle Powder.**

Take roots of *Tormentile* 2 drams; *Spanish Angelica*, *Virginia Snake root*, *Contrayerva*, *Zedoary*, *Spikenard*, *Saffron*, each 1 scruple; *Mace* half a dram; *Camphire*, *Opium*, each 15 grains; make all carefully into a well mix'd fine Powder.

By Malignity (saith *Ettmuller*) we can conceive nothing else, but an Acrimony in such Excess, that its vehemently Operative, even in the least quantity imaginable; which makes upon the Nervous System, an highly destructive preternatural Impression. And brings on the Humours, a putredinous Mutation of their proper Texture. Concerning the *Operandi ratio* of Alexipharmacs, see the Decoction called *Sacrum*.

It emulates the Virtues of Treacle. One scruple of it contains one grain of Opium.

**Viper Powder compound.**

Take Troches of *Vipers* (or rather *Vipers flesh dry'd*) 15 grains; *Salt of Amber* 3 grains; *Saffron* 2 grains; make a Powder.

Its held for a great *Arcanum*, against the Jaundise.

**Uvular Powder.**

Take *Japanic Earth*, *Balaustines*, each 1 scruple; *Alum*, long *Pepper*, each half a scruple, Powder and mix.

See



See the Gargle for the *Uvula*: The manner of using it is thus. The Tongue being held down with a *Speculum Oris*, let the Powder be blown upon the *Uvula*, with a Pipe or *Uvula Spoon*, and let the Operation be repeated, as occasion requires.

### The Womens Powder.

Take *Astringent Crocus of Steel* half a scruple; *Spikenard*, *Species of Hyacinth*, each 5 grains, bring all into a fine Powder.

Its of great Service to correct the laxity of the Uterus, hinder a Flux of Blood, and consequently prevent Miscarriage. Let it be given Night and Morn, with a glass of rough red *Lisbon Wine*. Or oftner, if there be an actual Flux.

### Ptisan.

Take *Quich Grass roots* 3 ounces; *Liquorice*, shavings of *Harts horn and Ivory*, each 2 drams; *Raisins of the Sun* 1 ounce and half; boil in depurated *Barly water* 3 pints to 1 quart; in the strain'd liquor dissolve *Salt Nitre* 4 scruples; *Syrup of Violets* 1 ounce, mix.

Its a Drink for People in Fevers, and pleasant enough; quencheth Thirst, mitigates Fervours, succours the Lungs, and provokes Urine.

### A Quilt for a Cap.

Take *Male Piony root* 2 drams; *Spanish Angelica root* 1 dram; *Florentine Orris*, *Lavender flow-*

*flowers, each half a dram; Arabian Stechas flowers 1 dram; Cloves, Nutmeg, Mace, each 1 scruple; Storax calamite, Labdanum, Amber, Balsam of Tolu, each 1 dram; Oil of Rosemary 5 drops; reduce it to a gross Powder; which being mix'd into Cotton, is to be quilted in a silk Cap according to Art.*

Every Night at Bed-time, let this Cap be fumed and warm'd with the smoak of Amber, Olibanum, Balsam of Tolu, or the like, sprinkled upon Coals.

Its of signal use in Humid, Pituitose Affections of the Head, in cold, customary, rheumatic Pains of the same. And its believ'd to recreate the Spirits, and roborate the Brain.

### A Cardiac Quilt.

*Take Spanish Angelica root, Calamus aromatic, each half an ounce; yellow Sanders, Lavender flowers, Saffron, Caraway seed, Cloves, Mace, Benjamin, Storax calamite, each half a dram; make all into a gross Powder, to be quilted in Silk with Cotton, and hanged from the Neck, upon the region of the Heart.*

### A Pectoral Quilt.

*Take yellow Sanders, Florentine Orris, Calamus aromatic, each 2 drams; Lavender flowers, Coriander seed, Nutmeg, Mace, Benjamin, Storax calamite, each 1 dram; Oil of Aniseed, Cloves, each 3 drops, bring all into a course Powder.*



## 1. Stomach Quilt.

Take Spanish Angelica root, Aromatic Reed, each 1 dram and half; dried Mint, Wormwood, each 2 drams; Seeds of Coriander and Caraway, each 1 dram; Cinnamon, Nutmeg, Mace, Cloves, Storax calamite, Benjamin, each half a dram; beat all into a gross Powder.

## 2. Stomach Quilt.

Take Florentine Orris, Aromatic Reed, each 2 drams; Cubebs, Nutmeg, Mace, Cloves, Calamite Storax, Benjamin, each 1 dram; Oil of Caraway, Mint, Rhodium, each 2 drops; Oil of Wormwood 1 drop; powder grossly and mix.

## Rob of Acacia.

Take Sloes (not fully ripe) as many as you please; stew them in warm water till soft; pass them through a pulping Sieve; evaporate away the superfluous humidity; then add half its weight of fine Sugar; and boil it up to a due consistence.

This deserves to hold one of the highest places among the strongest Astringents.

## Salt Volatile Sudorifick.

Take Spirit of Treacle camphorated 10 ounces; Volatil Sulphureous, Spirit of Vitriol rectify'd (which see in Collectan. Chym. p. 491.) 3 ounces; Spirit of Tartar, Spirit of Salt Armoniac each 2 ounces and half; digest all together three  
D d days

days in Balneo. Then make distillation almost to driness, and keep the Spirit close in a Glass-bottle.

The Communicator saith, besides other its uses, 'tis a most noble Menstruum; and with it is prepared the Epileptic Tincture, of which hereafter.

### Antiscorbutic Spirit.

Take bark of Guaiacum 7 ounces, Orange-peel 5 ounces, Juniper-berries 1 pound, Daucus-seed 6 ounces, Sugar 6 pound, Spring-water 25 quarts, Yeast as much as needs: Let it stand fermenting 12 days; after which, add the 4 greater hot seeds each 1 ounce, and (when the fermentation is almost finish'd) Scurvy-grass 12 handfuls, Brook-lime 3 handfuls, Indian and Water-cresses each 4 handfuls, Horse-radish-root 2 ounces, Sassafras 3 ounces, distil and rectify.

The Communicator saith, its Title speaks its use. 'Tis convenient in a cold Scurvy; infringes Acid; discusses Flatulencies, &c. The dose is from 1 scruple to 1 dram.

### Spirit of Caraway compound.

Take French Brandy 1 quart; Caraway comfits half a pound, Species of Aromaticum Rosatum, and Galens Latific, each 2 scruples; having let them stand macerating 14 days, strain, and add Musk and Ambergrise (ty'd up in a piece of Muslin) each 2 grains; Orange-flower-water 4 ounces; at last, put to it as much leaf-Gold as you please.

Spi.



**Spirit of Wine rectify'd without heat.**

Take good Brandy 10 ounces ; Salt of Tartar calcined high 4 ounces ; shake 'em well together in a Glass-bottle ; so will the salt imbibe the phlegm of the Spirit, and sink to the bottom, and the limpid yellowish Spirit swim a-top, which decant, and add to it more salt, and do as before ; and repeat this Operation again and again, till the salt finding no more phlegm to take hold of, remain dry at the bottom ; so shall the Spirit swimming over it be as purely rectify'd, as if 'twere done by distillation.

The Communicator saith, it's a much better Spirit than that rectify'd by distillation, because its aquated with saline Particles, which reiterate the Pores of Simples ; and therefore is to be preferr'd ; for the extraction of Tinctures from Cinnamon, Saffron, Castor, Myrrh, Aloes, &c.

**Alexiterial Stone.**

Take Amber, red Coral each half a dram ; diaphoretic Antimony, Contrayerva root, Crabs-eyes, each 1 dram ; Crabs-claws half an ounce ; levigate all upon a Marble, till it be an exquisitely fine, and impalpable Powder ; which make up into little Balls, with gelly of Harts-horn ; to these may be added Amber-grise 12 grains.

It is not so chargable as Powder of Crabs-claws compound ; because it hath neither

Pearl nor Bezoar, and yet perhaps is a composition inferior not much to it.

### Our Sugar of Pearl.

*Take white Sugar-candy powdered, and searced 3 ounces; Pearl prepared 1 ounce: Make it into a subtile Powder.*

Its use is for the making up of Pearl-Juleps speedily and easily, thus:

*Take what Waters you have occasion for 12 ounces, Sugar of Pearl half an ounce; mix.*

### Suppositories.

*Take common Salt (or Salt Gem.) powdered Aloes (or Species of Hiera) each half a dram; Hony boiled up to a just consistence (that is, 'till 'twill not stick to, and dawb the fingers) as much as sufficient; mix, and make out of it 2 Suppositories.*

Or they may be made with crude Alum 1 dram, Hiera picra half a dram, and Hony boil'd up to a due height.

### Our Syrup of Ammoniacum.

*Take gum Ammoniacum, not strain'd, half an ounce; dissolve it in Water 1 ounce; strain, and join it according to Art, with white Syrup 11 ounces.*

It powerfully incides, attenuates, deterges, and expectorates. It helps very much in inveterate Maladies that owe their original to thick tough Phlegm, in a laborious  
strain-



straining Cough, Empyema; yea, and in a Peripneumonia and Pleurisie, when the fury of the Inflammation is past.

### Asthmatic Syrup.

It's made after the same manner with Ammoniacum; only Syrup of Fox-glove-flowers is used, instead of the white Syrup.

It's accounted a fine Specific for a Phtisick.

### Balsamic Syrup.

*Take Balsam of Tolu 6 drams, boil it (without scumming) in Spring (or fine Barly) water 20 ounces, to 12 ounces; then add treble refined Sugar 1 pound, and without any further boiling, as soon as 'tis melted, take it off from the Fire; set it by to cool, and then strain it.*

### Mr. Boyle's Syrup.

*Take Comfry-roots 6 ounces; Plantain-leaves 12 handfals cut, beat, and strain out the Juice; to which add an equal weight of Sugar, and boil it up to a Syrup.*

He must be a meer Stranger in Physick, that is not acquainted with this (as its Author was) most noble Syrup; and how mightily it succours those that Cough up Blood.

**Chalybeate Syrup.**

Take white Wine 1 pint and half; filings of Iron 1 ounce and half; powdered white Tartar 6 drams; Cinnamon, Nutmeg each 1 dram and half; Mace, Cloves, each half a dram; make a warm infusion 4 days in a large open Glass (else it will burst asunder); or (which is better, if time will permit) let them stand cold 14 days; decant the clear Wine through a strainer; and having added to 1 pint of it fine Sugar 1 pound, make a Syrup.

Iron (according to Lemery) far excels Steel, for Medicinal Uses, because its not so compact; dissolves easily in the Body, and more freely gives out its virtue.

**Diuretic Syrup.**

Take Arsmart-water 1 quart; Prunella-stone 2 ounces; white Sugar 2 pound; boil it up to a Syrup.

It has the same Virtues with the Diuretic Nitrous Julep.

If the Spirit of Vitriol, Nitre, Salt, Oil of Sulphur, or the like intense Mineral Acids, be poured upon Nitre; 'twill raise a smoak like *Aqua fortis*: Therefore care should be taken, that none of these Chymical Acids be mixed with this Syrup, or any other Nitrous Medicine, because they'll produce such a corrosive sharpness, as will be extreamly noxious to the Stomach and Bowels.

Syr.



## Syrup of Elecampane.

Take Roots of Elecampane, Polypodium, Currants each 2 ounces; Liquorice half an ounce; Virginia Tobacco dry'd two drams; Colts-foot, spotted Lungwort, Savory, Calamint each 1 handful; boil them in simple Hydromel to 1 pint and a half; strain, and adding Sugar 1 pound and a half; make a Syrup.

It hath a great faculty at attenuating inciding, deterging gross, tough, viscid Phlegm; and opening the Lungs. 'Tis therefore convenient in a laborious, deep, pectoral Cough, shortness of Breath, Humoral Asthma, Emphyema, &c.

## Syrup of Garlic.

Take Garlic (peel'd, and cut into pieces) Aniseed bruise'd, each half an ounce; Elecampane-root 3 drams; Liquorice 2 drams; Brandy 1 pint and half; stop it up close, and give it a warm digestion, two or three days; then having strained the Liquor out clear, and put it in a silver Porringer over hot Coals, made it ready to boil, and added very fine Sugar 1 pound and a half; set it a-fire, and as it flameth, keep it stirred as long as 'twill burn. And at last, pass it through a flannel Bag.

This is Dr. Willis's Syrup. I have often caus'd it to be made, and found it a very good one. The virtues of Garlic may be seen in Lohoc of Garlic.

### Syrup of Hounds-tongue.

Take juice of Hounds-tongue (clarify'd by coction) and fine Sugar each 1 pound and half; boil it up to a Syrup.

The whole Body of Physicians hath, all along, with a general Voice, attributed to this Plant a soporiferous Quality; and therefore it's made the Basis of *Pil. de Cynoglossa*. Nay, *Schroder* saith, because it's suspected to contain a virulent (or venomous) Narcoticism, it's seldom us'd. Thus may a good Medicine (as well as Physician) be vogue'd down by a groundless fancy! I profess I have us'd this Syrup a multitude of times, and I could never yet find it cause sleep, or be in the least virulent; but I often experimented it to be a great Remedy, second to none, against hot, sharp, thin, Catarrhus Humours, and a Cough occasioned thereby.

### Increassating Syrup.

Take Plantain-water 1 pint; Gum Arabic 1 ounce and half; dissolve at the Fire; and add fine Sugar 1 pound: Make it into a Syrup.

See the increassating Decoction, whose Virtues it emulates. To which add, that externally us'd, it checks an Herpes.

### Syrup of Liquorice.

Take sweet Tincture, Honey each one pint; Oil of Anniseed 8 drops: Make a Syrup.



It incrassates, mollifies, maturates, obtunds Acrimony, helps for a Catarrh Cough. But when the Lungs are filled with thick matter, and so suffer a difficulty of Breathing, then attenuating, and inciding Medicines (such as Syrup of Elecampane) are more of use.

### Syrup of Mallows.

*Take the Magistrale Decoction of Mallows 1 pint ; fine Sugar 1 pound : Make a Syrup.*

For its Virtues, see the said Decoction of Mallows.

### Syrup of Moss.

*Take Moss (call'd Oak-Lungs) 4 handfuls ; Comfry-root 6 ounces ; Malaga Raisins ston'd 2 ounces ; Liquorice 3 drams ; Balsam of Tolu 2 drams ; boil in Hydromel simple to 1 pint and a half ; and with Sugar sufficient, boil it up, pretty high, into a thick Syrup.*

It's (saith the Communicator) famous, and effectual against clangose, convulsive, hooping Coughs ; if a spoonful or two be given often, both before and after every fit of Coughing, either in Penny-royal-water, or Pectoral Decoction, for some days.

### Syrup of Myrrh.

*Take Myrrh 2 drams (or at most half an ounce) grind it with brown Sugar-candy 4 ounces ; dissolve it in hard boiled whites of Eggs (just as Oil of Myrrh by deliquium is prepared).*

It's

It's most excellent in an inveterate Cough, Phtifick, and Ulcer of the Kidneys.

### Syrup of Salt of Steel.

*Take Succory-water 8 ounces; Salt of Steel powdered 2 drams; melt it thoroughly over the Fire in a glaz'd Vessel; then set it by two days, that its Crocus may be precipitated; which done, decant the pure clear Liquor, and adding fine Sugar 8 ounces; Oil of Cinnamon and Nutmeg each 2 drops: Make a Syrup.*

If you pour the solution of Salt of Steel into Milk, 'twill not coagulate it at all; therefore that Salt, tho' prepar'd out of Oil of Vi-triol, (one of the most Acid of Acids) yet contains no Acid in it; which is remarkable enough.

Where I had this Note I cannot call to mind; but I believe its partly a mistake, and I wish I knew all mine, that I might retract 'em. Others Experiments are not always to be rely'd on. My own was as follows.

I put into three earthen Porrengers, cold, tepid, and boiling hot Milk, and poured in- to each the Solution; and after having let them stand by 24 hours, found the cold scarce turned at all, the tepid a little, but the hot Milk was perfectly separated into a thin bluish Serum, and a coagulum swimming over it; which yet was rather a thick Cream than a true Curd.



## The White Syrup.

*Take pure Fountain-water 1 quart ; fine Sugar 3 pound ; boil (and scum it well) into a Syrup.*

I use to appoint my Apothecary to keep this simple Syrup always ready in his Shop ; and that, not for any Medicinal Quality I expect from it, but partly (since 'tis cheap) to make up Electuary (of the Bark, for instance) masses of Pills, mixture of Juniper, and a thousand other things where I require nothing at all from the Syrup, but meerly consistence or sweetning.

And partly that the colour of the Medicine may not be spoiled, and on this account it's an Ingredient in the Balsamic Emulsion ; and to instance in others, when I prescribe Spirit of Harts-horn, or any other of that Volatile Salt kind to be mixed in a Julep ; if I should order Syrup of Gilly-flowers, 'twould turn it nasty black, if syrup of Violets green, if syrup of Cowslips brown like Urine ; but when I use this colourless Syrup, it gives no unpleasing colour, nor alters the look of the Medicine in the least.

## Alexiterial Tincture.

*Take Virginia Snake-wort, Contrayerva, Spanish Angelica-roots, and Venice-Treacle each half an ounce ; Myrrh 2 drams ; Saffron 4 scruples ; Cochineal 2 scruples ; Tincture of Salt of Tar-*  
tar

tar 1 pint; digest according to Art, and filtre.

### Antiphthitic Tincture.

Take Sugar of Lead, and Vitriol of Mars powdered each 1 ounce; rectified Spirit of Wine 4 ounces; set it by till it extract a red Tincture, which filtre.

*Ettmuller* takes Vitriol of Mars 1 part, and Sugar of Lead 2 parts; and saith, the Tincture partakes not much of the Steel, but hath its chief Virtue from the Lead.

I have heard *Jo. Michael* was the Author of it, and that 'tis of great esteem in Germany. It restores due tone to the Bronchia, when grown lax, hinders the admission of acrid Serum, heals ruptured Vessels, extinguishes putredinous Ferment, keeps under Hectic Heat, is counted a Specific against spitting of Blood, and is a profitable Medicine in the first stage of a Consumption. *Wedelius* saith, it tempers the Acrimony, concentrates the Halituosity, restrains the rarification of the Serum, and stops profuse sweating, which, if it do, it merits a very particular regard. Let 20 or 30 drops be given twice a day in an appropriate Vehicle.

### Balsamic Tincture.

Take Balm of Gilead, of Capive, Peru, and Tolu each 2 drams; Spirit of Wine rectify'd half a pint; digest in Balneo 2 days, and filtre.

This



This Tincture was invented, to the end that the most delicate, nice and nauseous Persons, might take Balsamics in a Compendium; and without offence. Its a prevailing Medicine to heal Excoriations of the Lungs, and fetch off their Infractions. Also against bloody Urine, and Nephritic affects. The Dose is 30 drops thrice a day, in a good Vehicle.

### An Epileptic Tincture.

*Take Russia Castor half an ounce; yellow Amber powdered, English Saffron of each two drams; fresh Flowers of Lily of the Valley one ounce; to these pour Salt volatile Sudorifick (before described) ten ounces, digest without heat 6 days, and then decant and filtre.*

It thoroughly and miraculously (saith the Communicator) eradicates an Epilepsy and Hysteric Passion; if given before and after the Paroxysme, and repeated before New and Full Moons.

The Dose is from one scruple to one dram, in Black-cherry or Lime-flower-water, or a Cephalic Julep.

### Tincture of Gentian.

*Take Gentian sliced thin 4 ounces; Canary wine 1 quart; digest 3 days cold, and pour it thro' a Strainer:*

Its Stomachic, Anticolic, Anthelminthic, Antapoplectic, Febrific; and good in the  
Bite

Bite of a mad Dog.

The Dose 3 ounces thrice a day.

### A Martial Tincture.

*Take salt of Mars of Riverius (described cap. de Melanch. Hypoch.) soluble Tartar (of which see Collect. Chymic. Leydens. p. 444.) each half an ounce; expose them in a Cellar to the Air, till melted; then add Saffron 2 drams; spirituous Cinnamon-water 8 ounces; let them stand cold, and close stop'd up, for a good while, and then filtre for use.*

The Communicator saith, its effectual against Palpitation of the Heart, Hypochondriac Melancholy, Cachexy, Womens Obstructions, Cardialgy. Give a Spoonful Night and Morn in white or Canary wine, for 40 days running; for sometimes in inveterate, and pertinacious affections of the Ventricle, Spleen and Uterus, Chalybeates ought to be given a whole Year together.

### Purging Tincture.

*Take Senna 3 ounces; Rhubarb 1 ounce; Scammony 4 scruples; Brandy 2 quarts; digest.*

The Dose is from 2 ounces to 3 or 4.

### Purging Cephalic Tincture.

*Take Senna half an ounce; Rhubarb, Agaric ty'd up, species of Hiera, each 2 scruples; white Wine 1 pint, macerate and strain.*



I have known it do much good in an Headach, occasioned by Crudity, and Foulness of Stomach.

Let 3 spoonfuls be given at Night, and 4 the next Morn, each other day, with slight observance.

### **Tincture of Rhubarb.**

*Take Rhubarb sliced thin 2 ounces ; Brandy 1 quart ; infuse cold.*

Its excellent in the bilious Colic. The Dose 3 or 4 ounces.

### **Stomachic Tincture.**

*Take Cinamon 2 drams ; Mace, Nutmeg, each 1 dram and half ; Cloves 45 grains ; grains of Paradise 1 scruple ; yellow paring of Orange peel not dry'd 1 dram ; Saffron 2 scruples ; Cochineal 15 grains ; Tincture of salt of Tartar 12 ounces, digest.*

### **Stomatic Tincture.**

*Take Gum Lac powder'd half an ounce ; burnt Alum 1 dram ; small spirit of Scurvy grass 8 ounces ; stop up close in a glass Bottle, digest till a good Tincture appear, and warily decant.*

Its a singular thing for the cure of scorbutic Laxity, bleeding, wasting, putrefaction of the Gums, and stinking Breath, occasioned by the same.

**Sweet**

## Sweet Tincture.

*Take Spanish juice of Liquorice cut thin one ounce; Cochineal 2 scruples; Canary wine one quart, digest. To these may be added Saffron one dram.*

Liquorice is truly, in general, a laudable and useful Medicine; but is found fault with notwithstanding; because consisting of a thick, heavy, sluggish Juice, it creates Nauseousness in the Stomach, and passeth not currently into the Blood. But this Tincture happily possesses the entire Vertues of Liquorice, without its Vices; for it sits easie upon the Stomach, and finds ready admittance into the Blood; and (by its conveyance) into the inmost *loculi* of the Lungs, where it mollifies and obtunds acrid Serum, moderates the straining of a dry tiresome Cough; admirably digests, and maturates crude Phlegm sticking in the *Tubuli*, and Vesicles, and renders it fit for Expectoration.

Give a Spoonful often, either alone, or with a Pectoral Julep.

## A Tobacco for Catarrhs.

*Take Pistachio peels 6 drams; Tobacco 2 drams; Coltsfoot 1 ounce; oil of Aniseed 8 drops; cut and mix.*

Taken in a Pipe like Tobacco, its good to stop a Catarrh, and prevent a Consumption.



## A Tobacco for Consumptions.

Take Pistachio peels 3 drams; dry'd Hyssop<sup>i</sup> white Horehound, Rosa solis each 2 drams, Auripigment, Tobacco, each half an ounce; reduc<sup>e</sup> all into an exquisitely fine Powder; which grind upon a Marble with Yolk of Egg, till it become just like Painters Paint. This lay upon the rough side of Coltsfoot leaves with a Pencil or Knife, and hang them by single. When they are dry, cut them with Scissors fit for a Pipe.

Smoak it, like Tobacco, Morn and Even, and as you are smoaking, draw it into the Lungs with your Breath, and cough it out again.

Dr. Willis saith, Empericks ordinarily prescribe smoaking of Orpiment like Tobacco; and sometimes with good success. And its a practice with the common People, to smoak bits of Cloth painted with Orpiment (such as we find us'd for Hangings in some old Houses) and suck it into their Lungs, for a Cure of Consumptions.

## A Diuretic Vapour.

Take Horse Radish root pounded 8 ounces, put it into a Bottle with strong Beer 2 quarts; stop it up close, boil it in a Kettle of water, and then putting it in a Close-stool-chair, sit over it, as hot as may be endur'd.

When stoppage of Urine happens, by reason of Pain of the Stone (either cramp-

ing up the Fibres of the Bladder, or Paralytically relaxing 'em ) such a smart sort of a Vapour brings good relief, for by solving the Spasm, and rousing the Spirits, it causeth the said Fibres to fall to their necessary work again of Compression. But when the Water is suppress'd by a Stone, plugging up the Passage of the Ureters, or *Urethra*, little or no assistance can be expected from it.

### A Vapour for the Ear.

*Take Hellebore roots both white and black, of each one ounce; Juniper and Bayberries of each 6 drams; Cummin-seed half an ounce; Rue, Wormwood, Camomile flowers, each 1 handful; Water 3 pints; Vinegar 1 pint and a half, boil to 2 quarts for a Vapour.*

This subtle, piercing, and very sharp Vapour, penetrates to the Tympanum it self; fuses and deterges the Ear-wax and Filth, and notably strengthens the Tone of the Ear. An eminent Physician (in his place and time) held this as a very great Secret against Deafness, and wonderfully commended it to me. Perhaps the first hint of this might be taken from an Oil for the Ear, which *Rondeletius* makes of white Hellebore roots, Bay and Ash leaves, and Rue boil'd in Wine and Oil.



### A Vapour for the Hemorrhoids.

Take Mullein, Henbane, each 4 handfuls, boil in Water 4 quarts to 3 quarts, and let the Vapour be received hot thro' a perforated Chair.

Its a good thing for the Hemorrhoids, to abate their swelling, and allay their Pain.

### A Pectoral Vapour.

Take Balsam of Tolu, Benjamin, each 2 drams; Hyssop, Penny-royal, each 1 handful; Aniseed half an ounce; boil in Milk 3 pints to 1 quart, at last add Spirit of Salt Armoniac 2 drams, mix.

Altho' the *Aspera Arteria* admits no Liquors into it (as is aforesaid in *Haly's Lo-hoch*) yet it allows, without reluctance, that Vapours may insinuate themselves immediately into the *Tubuli* and Vesicles of the Lungs, with their intire Virtues.

This Remedy is profitable to Consumptive People, upon several accounts; for because of its comforting, digesting warmth, it refreshes the Tone of the parts, and ripens Crudities; because of its inciding and irritating Qualities, it attenuates viscid Phlegm; and brings it off: And lastly, because of its balsamic, sanative nature, it corrects a putredinous tendency, and cures and heals Ruptures of the Vessels.

### A Vapour for a Quinsy.

*Take Pepper powder'd 1 ounce; Milk 1 quart, boil it to 1 pint and a half; put it into a glass Bottle with a small neck, and let the Reek be receiv'd, as hot as can be endur'd, with open Mouth.*

This *Euporiston* doth, more powerfully than any Gargle whatsoever, attenuate, melt down, and draw forth tough Phlegm, which by obstructing the Glands, and spongy Flesh, and hindering the free passage thro' them of Blood and Humours, occasion'd the Inflammation and Tumour. And therefore, more effectually takes off this perillous Distemper, than any of them.

### Aloetic Unguent.

*Take powder'd Aloes 2 drams; Scammony, Troches of Alhandal, each half a dram; Oxe Gall 1 dram; Butter as much as needs. Make an Unguent.*

Its to be us'd to Childrens Navels, against Worms. I know not whether that of *Riverius* (*cap. de Hydrope*) be founded on Experience, or not, where he writes, That Unguents compos'd of the strong Purgers are dangerous, because the purgative Quality being carry'd into and fix'd in the Muscles and Membranes, often causes a mortal Flux.

Aperitive



## Aperitive Unguent.

Take Oil of Lilies, and of Thamarisk, each two Ounces ; Juice of white Bryony roots, and Smalage, each one Ounce : Boil to the Consumption of the Juices, and adding Ointment of Marsh-Mallows, fresh Butter, each one Ounce ; Gum Ammoniac strained half Ounce : Wax as much as needs. Make an Ungent.

All Tumours are caused by an Obstruction somewhere or other ; which like a Dam, stopping the Course of the influent Humours, makes an Inundation. Therefore Aperitives ought to be such as (by Reason of the subtilty of their Particles, and such a degree of warmth, as is agreeable to the nature of the part ) are able to dissolve those Concretions, supple and smoothe the rigid Fibres, deoppilate the Interstices, and internal Passages, relax the tense *Cutis*, and set open the Pores that were clos'd up. These things accomplish'd, the Blood whirls round and resorbs the thick Liquamen into its Channel ; and the free Pores give way for the thinner part to fly off by *Diaphoresis*. And so all is brought back, and restor'd to its due state of Nature again.

The common Opinion of Authors is, that Fat things obstruct the Pores, hinder Transpiration, and retain Vapours in the Part affected. But the contrary of this (if I am not mightily mistaken ) is true. For as the

*Fibrillæ* ( of which the *Tegmen* of the *Cutis* is made ) are either contracted or relaxed, Transpiration is accordingly either hinder'd or helped. And when, by reason of a painful Tumour, these *Fibrillæ* are tense, rigid, and constring'd, then they purse up the Pores, and suffer nothing to transpire: But when, by means of lenifying, suppleing Oils, those *Fibrillæ* are softned, lubricated, and relaxed; they suffer the Pores to open again, and facilitate *Diaphoresis*.

This Unguent is very prevalent in a tense Tumour of the Liver, Spleen and Abdomen; but not in an aquose, glandulous, or scirrhus Swelling.

### Unguent de Bills.

Take white Ointment half an ounce; Camphire ( ground with a few drops of Oil of Almonds ) Flower of Sulphur, each 24 grains; Flower of Benjamin 12 grains; Queen of Hungary's Water 40 drops; Oil of Rhodium 8 drops; Oil of Cloves 4 drops. Make an Ointment.

Its very useful for Pusshes, Pimples, and Blemishes in the Face.

### Cordial Unguent.

Take Orange flower butter, Palm Oil, each 2 drams; Apoplectic Balsam 1 scruple; Oil of Cinnamon, Cloves, Nutmeg, each 4 drops, mix.



**Crinific Unguent.**

Take Bees burnt, Mouse dung, each half an ounce; Balsam of Peru 2 drams; Honey as much as sufficient. Make an Unguent.

The fore-part of the Head only is liable to be bald, saith *Aristotle*: The reason given is, because, between the *Cutis* and *Cranium*, in the *Sinciput*, there are found no Muscles or Fat, as there are in the *Occiput*; and so the *Cutis* there becoming dry, and, as it were, testaceous, the Hair falls off.

**An Erysipelas Unguent.**

Take juice of Elder leaves (or rinds) Linseed Oil, each 2 ounces; boil to the consumption of the Juice, and then add powder'd Litharge as much as serves to make it up into an Unguent.

**A Frontal Unguent.**

Take Unguent of Alabaster 1 dram and half; Oil of Mace by expression 1 scruple; Opium (dissolv'd in a little Rose water) half a scruple, mix.

See the Frontal with Camphire.

**Hæmorrhoidal Unguent.**

Take Populeon Ointment 1 ounce; Oil of Amber 2 drams, mix.

Its for the Hæmorrhoids, when swell'd and painful.

**Unguent to drive back Milk.**

*Take powder'd Alum half an ounce ; Butter 2 ounces ; Wax 2 drams, mix.*

**Pectoral Unguent.**

*Take yellow Wax 6 drams ; Sperma Ceti, Oil of Mace express'd each 2 drams ; Oil of sweet Almonds 3 ounces ; Oil of Nutmeg 16 drops ; Oil of Cloves 8 drops : Mix.*

It's a very fine, yellow, fragrant, comfortable Ungent ; and has the same Virtues with the Pectoral Plaister.

It's generally to be observ'd, in the external use of Chymical Oils, that they are to be apply'd not alone, but mixed with Wax, and Fats, that they may adhere to the Skin the better ; otherwise they will be apt to be dissipated, and evaporated into the Air.

**I. Pleuritic Ungent.**

*Take Unguent of Marsh Mallows 1 ounce ; Linseed Oil half an ounce ; Oil of Cummin half a dram ; Camphire half a scruple : mix.*

In inflammatory Tumours, there's a congestion of gelatinous Lympha, which (by compressing the Vessels) stops the course of the Blood, and forceth it to extravasate ; and then the carneous Fibres, by that extravasated Blood (which drives in among them like wedges) being thrust out of place, confusedly tangled, and stretch'd and strain'd  
out



out beyond their due tone, produce the sense of Pain. Now towards the removal of this Evil, there are two things especially to be done, First the sily concretion must (by the assistance of Volatiles) be so dissolved, and liquefy'd, as that it may easily be remanded into the Veins again. Secondly the Fibres themselves must (by Oily things) be made limber, and slippery. These accomplish'd, the pulsific Motion of the Blood continually thrusting on, the Fibres will be disentangled, and recover their natural direct rows; due Circulation through the part will be reintegrated, congested Humour resorbed, and consequently the Distemper discharged.

## 2. Pleuritic Unguent.

*Take Altkea Ointment 1 ounce; Oil of sweet Almonds 3 drams; Camphir 1 scruple; spirit of Salt Armoniac 1 dram: mix.*

Anointed on the parts affected, it appeases, and takes away Pleuritic, and Podagric Pains, (saith the Communicator) for it's very penetrating, and either obtunds or dissipates the sharp stagnating Particles; or restores the extravasated to the circulating mass of Blood.

And I have learn'd from Experience (saith he) that Spirituous Medicines mixt with Unctuous, do mightily ease Pains, which Spirituous alone do not.

**Podagric Unguent.**

Take black Soap 4 ounces; Barbadoes Tar, Hony each 1 ounce and half; and the white of one Egg: Mix.

Of the manner how external Antipodarics operate; See the Arthritic Plaister, and Podagric Foment. This hath often brought relief.

**Renale Unguent.**

Take Ointment of Poplar 1 ounce and half; Oil of Scorpions, Juice of Limon each half an ounce; Opium 1 scruple; Camphir half a scruple: Make an Unguent, to be us'd to the Reins, in a Nephritic Fit.

**Saponaceous Unguent.**

Take Castile Soap 1 ounce and half; Oil of Tartar by deliquium 1 ounce; Fuller's Earth 3 drams; roots of white and black Hellebore each 1 dram and half; Elder Ointment (prepar'd with a mixture of Broom-flowers in it) 2 ounces: Mix.

It's for Spots, Pustules, Scabs, and all manner of foulness of the Face and Skin.

**Unguent for shrinking of the Sinews.**

Take Nerve Ointment 1 ounce; Neats-foot Oil, Oil of Earth-worms, Bullocks-fat Marrow (that droppeth out of a boil'd Marrow-bone) each



*each half an ounce; fine Turpentine 2 drams; liquid Storax, Sperma Ceti each 1 dram; Oil of Anniseed 12 drops: Mix up an Unguent.*

When a Limb, struck with a dead Palfie, begins to grow cold, waſt away, loſe its motion, and ſhrink up: In this difficult Caſe, ſuch a remedy as this, uſed with good friction, ſometimes is helpful. For by means of its ſuppleing, oily Subſtance; it mollifies and relaxes the dry, hard, contracted, carneous Fibres; by means of its Balsamic, and Aromatic Parts; it revives and roborates the benumbed, weak, nervous Fibres. And laſtly, when good rubbing is added to the reſt, one may well hope, that the Blood, and Spirits may be drawn more plentifully into the part; and that natural Heat, and Tone, and Nouriſhment may be reſtored to the Member again.

### Splanchnic Unguent.

*Take Dialthea Unguent 2 ounces; gum Ammoniacum ſtrain'd half an ounce; Oil of Juniper 20 drops; mix according to Art.*

It excellently attenuates, and diſſolves groſs, tough Humours, where-ever collected, and is mighty convenient in Tumours of the Abdomen, and Hypochondria.

### Splenetic Unguent.

Take gum *Ammoniacum* strain'd, half an ounce; *Labdanum* 2 drams; Hens-grease 1 ounce; Oil of *Roses* 4 ounces; juice of *Hemlock* 3 ounces; boil to the consumption of the Juice; at last, add (when it groweth cool) *Balsam of Peru* 2 drams.

It serves for the same uses with the next precedent. See the *Aperitive Unguent*.

### Stomachic Unguent

Take fine *Venice Turpentine*, spirit of *Salt Armoniac*, each 1 dram; *Wax*, Oil of *Juniper* each 2 drams; oil of *Cloves* 1 dram; oil of *Mint* 2 scruples; oil of *Wormwood* 1 scruple, mix with art.

Its an elegant and noble Unguent, which I have experimented my self, and highly approve of.

### Unguent for the Stone.

Take Ointment of *Marsh Mallows* 1 ounce; Oil of *Turpentine* and *Anise* each 1 scruple, mix.

Let the Region of the *Pubes* and *Perinæum* be anointed with it, in a grievous Fit of the Stone in the Bladder, to comfort the Parts weakned by torture, and to relax their dolorific Tension.



**Wafers of Tamarinds.**

*Take Tamarinds 1 ounce; maff them in a Mortar with thin Mucilage of Gum Dragant, paff them thro' a pulping Sieve, diffolve alfo Spanish juice of Liquorice in the fame fort of Mucilage 2 drams; mix, and make Troches as thin as Wafers to feal Letters; which dry in an Oven, according to art.*

These are very pretty defirable and useful things to hold in the Mouth, to alleviate Thirft, and take away an ill Tafte in Fevers.

**Burdock water compound.**

*Take Roots of Burdock, Avens, Tormentil, Hounds tongue fresh gathered, each 4 ounces; Herbs of Ragwort, Herb Robert, Plantain, Celandine, Agrimony, Speedwel, Ground Ivy, Houfleeke, each 2 handfuls; seeds of sweet Fen-net, Coriander, each 2 ounces; Whey 2 gallons; diftil in a cold Still as long as it runs good.*

In diftilling of Waters, its a very great (and perhaps common) Fault, to be over covetous; for a little bad that falls at laft, will quite fpoil all the good that came before. Let the Apothecary therefore leave off, as foon as ever it begins to tafte fcur, or burnt.

I moftly prefer Whey before Milk, for diftillation; becaufe the Cheefy part being taken

taken away, its less apt to burn, and give an abominable Taste to the Water. Yet I am of the Mind that for some uses Milk is to be preferr'd: My Reasons for which shall be hinted, when I speak of Scorbutic Snail water.

Its use is, to make Juleps of in obstinate Distempers, that lye deep and remote: such as Cancer, Kings-Evil, &c. In three Ounces of it may be mashed, washed and squeezed out 40 or 50 Millepeds, for a Morning Dose, to be continued for an whole Month together.

### Chalybeate Water.

*Take clean Filings of Needles, and white Tartar powder'd, each 4 ounces; Spring water 1 gallon; stir it well together, and either let it stand cold 14 days; or (if you want it sooner) digest it three days in a moderate heat, in an Oven. Then carefully decant the clear, and keep it for use in Bottles, not corked close, but ty'd over with a Paper only; for if it be kept close corked, or too long, it will corrupt, and stink, and be unfit for use: But if it should, that inconvenience will not be great; since its not very chargeable still to make fresh.*

Dr. Willis's Preparation of Steel (to be found in Dr. Harris's Pharmacologia) gave me the first hint of making this Liquor; which is highly impregnated with both Sulphur and Salt



Salt of the Mineral, and may not inconveniently be given in form of a pleasant Julep, thus:

*Take Chalybeate Water 1 pint ; Water of Mint and Wormwood compound, each 2 ounces ; Magistral Worm water, Gentian compound, Syrup of the five opening Roots, each 4 ounces ; mix, and give 6 Spoonfuls twice a day.*

### Horse-dung Water.

*Take Brooklime, Water Cresses, Harts tongue each 3 handfuls ; juicy Orange peels 3 ; Nutmeg 6 drams ; succulent fresh Horse dung 3 pound ; Whey 9 pints ; juice of Scabions, Dandelion and Hyssop water, each 1 pint. Draw off the Water gently, in a cold Still, for in an Alembic ( which is used for expedition sake ) they are apt to urge it with too much fire, and then the Water is not so pleasant.*

'Tis used in Juleps, in the Pleurisy, Scurvy, and vagous Pains.

### Juniper Water compound.

*Take Juniper berries well bruised 12 ounces ; Seeds of Anise, Caraway, Coriander, each one ounce ; Brandy 6 quarts ; Water ( boil'd half away ) 2 quarts ; decrepitated Salt 4 ounces. Distil in an Alembic according to art.*

If instead of Brandy you employ a foul Spirit, such as the common Distillers use, its filthy Phlegm would give your Water a nasty Smell and Taste.

I add

I add Water, both to take down the heat of the Spirit, and also to keep the Ingredients from burning: And I may put in as much as I will, for the Spirit will come over the Helm first; and afterwards when it runneth too small, I may cease the Operation, and leave the rest behind in the *Vesica*. My design in boiling it is, to drive off those crude Particles. that are apt to make it mothery or musty.

That Distill'd Water is not the same with Spring Water, appears from this Experiment (as I read in *Tachenius Hip.* 106.) If you drop a solution of *Saccharum Saturni*, made in common Water, or of Silver, made in *Aqua fortis*, into spring Water, 'twill turn it milky white; which 'twill not do, if dropped into the same Water distilled: And therefore *B. Porta* (*in magn. nat.* l. 5. C. 5. p. 254.) for the preparing of the Philosophical Tree, appointeth the Water to be two or three times distill'd, that it may remain diaphanous. And so he thinks its plainly prov'd, that Spring Water contains an occult *Alkali*, which distilling utterly divests it of.

It provokes Urine, expels Wind, warms and corroborates the Stomach and Bowels, and is good in the Colic and Spleen.

Water



### Water of Millepedes.

Take live Millepedes 1 pint and half; fresh Orange and Lemon Peel, each 3 ounces; white Bread 12 ounces; Nutmeg 6 drams; juice of Scabious and Cleavers, each 1 pint; Whey 3 quarts; Make Distillation.

The Peels ought to be green, and juicy; for tho' Aromatic Herbs (such as Mint, and Thyme) yield forth more Chymical Oil when dry, than green and clogg'd with Phlegm; yet on the contrary, Orange and Lemon Peel afford most Oil (and consequently most Taste, Smell and Virtue) before they are dry'd.

It depurates the Blood, clears the Nerves, carries off by Urine; is useful in Distempers of the Brain, and *Genus Nervosum*; in scorbutic Joint-pains, Gout, Spleen, Phthific, Consumption, King's-Evil, weakness of the Eyes. See more in Expression of Millepedes simple.

### Scelotyrbic Water.

Take Horse Radish and Arum roots, Orange-peel, each 3 ounces; Scurvygrass, Arsmart, each 6 handfuls; Water-cresses, Brooklime, Sage, Mint, each 3 handfuls; Nutmeg 3 drams; stale strong Beer 6 quarts; distil in an Alembic.

It serves to put into Juleps, Infusions, Decoctions, &c. against the Scurvy, and its various Symptoms; as also to provoke Urine, in case of Dropsie, Palsie, &c. F f    1Pe-

## Pectoral Snail Water.

Take Snails beaten to mass with their Shells 3 pound; Crumb of white Bread new bak'd 12 ounces; Nutmeg 6 drams; Ground-Ivy 8 handfuls; Whey 3 quarts; distil it in a cold Still, without burning.

If I would have this Water not so absolutely cold, I add Brandy half a pint, or a pint. I have had it also in my Thoughts to add Balsam of Tolu 6 drams, that it might be enrich'd with the grateful balsamic Gas, but I never try'd it:

The Essence and Affections of things are so minute and subtile, so abstruse and remote, that they are mostly better understood *a posteriori*, than *a priori*. 'Twas not speculative Philosophy, and fine spun Hypotheses, but Experience and Observation that taught us *Lapis Lazuli* is purgative, *Stibium* emetic, and Arsenic venomous. How many ingenious Hot-heads have we seen, whose Brains were fill'd with nothing but Fumes, Fancies, and Falsities, that might as well have been furnish'd with useful practical Knowledge, had they been content to have let Experience go before, and Reason follow after? Upon these Considerations, tho' *Zwelfer* deny any Virtue to such like Waters, because Snails and Bread cannot send their Mucilage and thick Juice over the Helm in distillation; yet for ought he knew (and 'tis believ'd Experience vouches



vouches it ) fanative Effluviūms, which our Senſes reach not, they may, ſufficient to enrich their watery Vehicle with Medicina Virtues.

This Water humects, dilutes, ſupples, tempers, nourishes, comforts; and therefore is highly conducive in hectic conſumptive Emaciations.

### Scorbutic Snail Water.

*Take Snails bruis'd with their Shells 3 pound, freſh Orange rinds 3 ounces; Brooklime, Water-cresses, Cleavers each 3 handfuls; Whey 3 quarts diſtil in a cold Still*

As to cold-Still Waters, its moſt certain, they are apt to carry off the Salt of the Metal: For I have often obſerv'd them to taſte as tho' a good quantity of *Saccharum Saturni* were diſſolv'd in them. And in the Book of Experiments, made in the Academy *del Cimento*, its ſaid, That if Water diſtill'd in a Leaden Still, be pour'd into River or Spring Water, 'twill muddy it; which Water diſtill'd in Glaſs will not: And that muddy Water will become clear again, if a few drops of ſtrong Vinegar be put into it, and ſhook about; the plain reaſon of which muſt be, becauſe the Acid precipitates the Salt of the Lead.

That Water diſtill'd from Milk is not (whatever others may ſuggeſt) meer, ſincere, elementary Water, manifeſtly appears

(among other Arguments) from hence; that if it be too long kept, it turns sour. Now Flesh Broth (which is Water impregnated with Animal Juices) will do the same; but as for simple Water, tho' it be kept an whole Age, it never will.

But Milk Water is (according to my Notion) a delicate Animal Dew, agreeable to our Nature; which supplying a soft and amicable *Lympha*, void of all saline Asperities, dilutes, edulcorates, contempers, and mingles the whole Mass of Blood, renders it uniformly liquid, benign, homogeneous; and so notably assists it to circulate freely through the minuteſt Paſſages, break open Obſtructions, caſt off its Excrements, ſubdue its Fervors, and cheriſh and nourish the Parts.

But to get ſuch a fine Water in perfection, I ſhould adviſe, to receive the Milk under the Cow into a Glaſs Cucurbit; to cloſe its Head upon it preſently while warm; to diſtil it with as low a degree of Fire, as will juſt ſerve to make it riſe; to draw no more at a time than the Patient is to drink at one Doſe, and to give it as ſoon as diſtill'd.

This Snail-water is commendable in erratic ſcorbutic Fevers, Fluſhings, flying Pains of the Joynts, hectic waſting of Fleſh, and Night-sweats.



**Deoppilating Whey.**

Take roots of sharp-pointed Dock and Polypodium each 4 ounces; Herbs Liverwort, Agrimony, Succory, Hoptops each 2 handfuls; Juic<sup>e</sup> of Fumitory 1 pint; Senna 1 ounce; Tamarinds 2 ounces; Whey 3 gallons: Boil to 2 gallons and strain.

**Purging Whey.**

Take white Briony roots 1 ounce; Senna, Agaric each half ounce; infuse in a lukewarmth for a Night, in Whey 1 pint half, in the Morning boil to 1 pint, adding, at last, Caraway seed half an ounce; Manna 2 ounces; in the strain'd dissolve syrup of Mugwort 2 ounces, mix for 4 Doses.

This particularly purges Phlegm, is proper in a Green-sickness, and after Lying in.

**Scorbutic Whey.**

Take Scurvygrass, Plantain each 2 handfuls; Brooklime, Water-cresses, Fumitory, Sorrel each 1 handful; beat them in a marble Mortar, pour to them Whey 1 quart; strain out, and boil till it be well clarify'd.

**Bitter Wine.**

Take Whitewine 1 quart; Brandy 4 ounces; Gentian root 4 scruples; tops of Carduus, Centory, Camomile flowers, each 8 scruples; thin yellow Parings of Oranges 2 drams; Mace, Nutmegs, Cloves, Cochineal, each 2 scruples; ma-

*cerate cold till the Virtues of the Ingredients be extracted; then decant thro' a Strainer.*

### **Bitter Cathartic Wine.**

*Take bitter Wine 1 pint; Senna 1 ounce; Rhubarb 2 drams; infuse cold, and strain.*

*The Dose is 5, 6, 7 spoonfuls.*

### **Bitter Chalybeate Wine.**

*Take bitter Wine, and Chalybeate Wine, each 1 quart, mix.*

*Begin at 4, and so gradually ascend to 8 spoonfuls, twice a day.*

### **Cathartic Wine.**

*Take Senna 2 ounces; white Tartar powder'd 8 scruples; White wine 1 quart; Brandy 4 ounces; macerate cold 3 days, and strain.*

*It may given, either alone to 4 ounces, or purging Potions may be made of it extempore, by adding Oil of Aniseed 1 dram, Scammony and Syrup of Roses solutive, as much as shall be deem'd requisite.*

### **Chalybeate Wine.**

*Take clean Filings of Needles (without mixture of Pin-dust) 2 ounces; Juice of 8 sour Oranges; Let it stand 24 hours, then add White wine 2 quarts; Cinnamon half an ounce; Cloves 2 drams; Mace 4 scruples; digest and strain. If it be done cold, the Wine will be the fresher, but the longer in doing.*



In the Chalybeate Syrup, you have also the preparation of another very good Chalybeate Wine; which see.

Whatever Virtue Steel can give out in Wine, this intirely possesses. Some there are, who conceiting that the principal use of Steel consists in destroying of Acids, are vehemently set against preparing it with Acids. But if they would serve their Hypothesis less, and consult Experience more, they would be certainly convinc'd, that Acids are the best Key to unlock Chalybeates with.

Of the Virtues and Use of Steel, more may be seen in Chalybeate Powder: To which I shall here add, that if the primary Intention be to correct the deprav'd ferment of the Stomach, Chalybeate Electuaries, or Powders are most proper Forms; but if exalting of the Blood, opening Obstructions, and rectifying the Habit of the Body be the design, then Wine is more eligible.

The Dose is to 3 ounces twice a day.

### Diuretic Wine.

*Take Whitewine 1 quart; Salt of Wormwood 2 drams, mix.*

Every one knows the Medicine for a Drop-sie made of Wormwood, or Broom Ashes in Whitewine: But since Wine can extract nothing out of those Ashes but their fix'd Salt, its manifest, that this is the self same thing, but cleaner than that, and prepar'd *extempore*.

Its not only a good Remedy against a Dropsy, but also against Nauseousness, Vomiting, and Intermitting Fevers. The Dose 4 or 6 ounces twice a day.

### Elecampane Wine.

Take green Elecampane root, white Sugar, Currants cut small, each 4 ounces; White wine 2 quarts, infuse cold.

It discharges the Lungs, roborates the Stomach, kills Worms, removes Obstructions, depurates the Blood. The Dose is 3 ounces twice a day.

### 1 Hydopic Wine.

Take Florentine Orris 2 ounces; Elecampane, Squills, each half ounce; Elder and dwarf Elder rind, each 1 ounce; Winters bark 2 drams; Senna 2 ounces; black Hellebore, Agaric, Jalap, each 2 drams; White wine 2 quarts, infuse cold.

Its a most excellent, and a thousand times experimented Medicine for an *Anasarca*; for it having attenuated, disturbed and remov'd the gelatinous Colluvies stagnating in the Habit of the Body, hindering free passage through the *Tubuli*, and occasioning the *Lympha* to overflow; it first returns it into the Channel of the circulating Blood, and then carries it away both by Urine and Stool. The Dose is 4 ounces in the Morning.



## 2 Hydropic Wine.

Take dwarf Elder rind, Florentine Orris root, each 2 ounces; inner rind of black Alder dry'd 1 ounce and half; Elecampane, Squills, each half an ounce; Juniper-berries 2 drams and half; Jalap half an ounce; black Hellebore 2 drams; Senna 2 ounces; Salt of Wormwood 4 scruples; White wine 2 quarts; digest cold and filtrate.

Its a very good Medicine for a universal Dropsy (saith our Communicator) for it incides and attenuates the viscous *Lympha*, which being congeal'd in the Pores of the Parts and Lymphatic Vessels, endangers bursting of them, and after, partly precipitates them thro' the Cataracts of the Kidnies, and partly evacuates 'em by Siege.

## Icteric Wine.

Take Turmeric powder'd 2 ounces; Saffron 2 scruples; Cochineal 4 scruples; Millepeds 320; Canary wine 2 pints and half, infuse cold.

Its eminent for the same Virtues with Icteric Decoction and Turmeric Electuary. The Dose 4 ounces twice a day.

## Wine called Mirabile.

Take Canary (or rather Sherry) wine 1 quart; Cinnamon-water 4 ounces; Cloves, Mace, Nutmeg, Cubebs, Cardamom, Galingal, Cochineal, Saffron, each 1 dram, digest cold and strain.

Its

Its an *Aqua Mirabilis* by Infusion; is stomachic, carminative, cordial, cephalic, and good only in cold Distempers.

### Pectoral Wine.

Take Spanish Juice of Liquorice 1 ounce; Saffron 1 scruple; seeds of Coriander, Caraway, Anise, each 2 drams; salt of Tartar half an ounce; Penyroyal and Hyssop Waters each 4 ounces; Canary wine 1 quart, digest cold.

Its akin to the sweet Tincture; but incides and expectorates more. Let 2 ounces be given four times a day, or oftner.

### Scorbutic Wine.

Take Garden Scurvy-grass (dry gather'd and whole) 1 handful; Horse Radish root scrap'd half an ounce; Winters Bark powder'd grossly 2 drams; Arum water, White wine, each 1 pint. Let them stand cold 3 days.

The Title speaks its use. See warm Scorbutic Ale.

Three ounces may be drank in Ale or Beer thrice a day.

### Stomach Wine.

Take Roots of Virginia Snake-weed and Gentian each 3 drams; Galingal, Cloves, Cubebs, Mace, Nutmeg, Saffron, each 1 dram; Cochineal half a dram; Canary wine 3 pints: Infuse cold.

For



For Weakness, Crudity, Belching, want of Appetite, bad Digestion, and all kinds of Stomach Illness from a cold Cause, give a Draught before and after Meals.

The Relation mention'd *Page 199*, is not forgotten, but for the present omitted, out of Civility to some who were trick'd in to concern themselves.

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# T H E I N D E X.

**A** Bortion to prevent  
Extern. Fem. Astring.  
F. Stom. Pl. against  
Abort. P. Dorsale.

Abort. to prev. Intern. Broth  
of Cray-fish. Elec. against A-  
bort. Infus. with Ros. Mix  
Consol. M. Go'den. Powd. a-  
gainst Abort. P. Womens.

Abort. to prev. Intentions. E-  
lect. against Abort. Mixt.  
Consol. Powd. Womens.

Acid to correct. Broth. of Cray-  
fish Elec. Cretac. Powd. Car-  
dialg. Powd. Edulcor. P.  
Pearl. C.

Acids in a Diarrhæa. Powd.  
Tart. C.

Acids when to be avoided. Jul.  
acid J. Diuret. acid. J. Re-  
frig. Syr. diuret.

Of Humane Acid. Powd. Edulcor.

Æth. Min. without Fire. Powd.  
Anthelminth.

After-Pains. See Pains.

Alkali and Acid. Mixt. of Bole.

Alcalies more proper for Chil-  
dren, than grown Persons.  
Powd. Edulcor.

Ale its Nature. Ale Antimo-  
nial.

Ale with Antimony, and Ca-  
thartics must not grow sour.

Ale Cancer. A. Purging.

Ale to Chalybeate. Ale Chalyb.

Alexipharmacs. Bole sudo-  
rif. Dec. Antiloim. D. Fra-

castor. 2. D. Sacr. D. Vario-  
lose Dra. Alexip. D. Bitter.

Emuls. Cord. Julep Alexiter.

Pil. Alexit. P. Camph. P.

of Cochineal. P. Diaphoret.

Powd. Alexiph. P. Angel. P.

Bezoart. P. Epidem. P. Treacle.

Stone Alexiter. Tinct. Alexit.

Of Alexiph. Dec. of Scorzon.

Alexip. consist of a number of  
Ingredients. Powd. Alexiph.

Alexip. their Ratio. Dec. Anti-

loim. D. Sacr. Julep. Alexit.

Powd. Alexiph.

Alexiph. must not be insisted on  
too long. Bol. Cord.

Almonds of the Ears. See  
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Diet. Ale Cancer.

Analeptics. Broth Consummate.

B. for Consumpt. B. Cray-

fish. 2. Cawdle Cordial. C.

Restorative 2. Decoc. Anti-ph.

Diet White, Draught Mil-

ky. Elect. Analept. 2. E. of

Satyrion. Gly. Nourishing.

Analept. their Ratio. Broth  
Consum.

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**O**pium to be cautiously used in the Ears. Catapl. with Cummin.

**O**pium outwardly apply'd perhaps not Anodyne. Plaist. Anodyn.

**O**range-peel best green. Water of Millepedes.

**O**ρθοπνæα. Dec. Expect. Dec. of Volatils. Elect. Expect. Emuls. Brunners. Hydrom. Joels. Mixt. Saponac. Oxym. Asthmat. O. of Tobacco. Pills Garlic. P. Pectoral. Powd. of Millep. Syr. of Ammoniac. S. of Elecam. See Asthma. Pect. incideri.

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